



PARK HIGH SCHOOL

January 2022

Dear Parents and Carers

We hope that you and your families have had a restful Christmas break and a positive start to the New Year. Our staff are looking forward to welcoming our students back on Thursday 6th January following any on-site testing that has taken place. We are writing to update you on further guidance around our practice in relation to Covid-19, much of which you may already be aware of.

Updated guidance on the use of face coverings in education settings

Face coverings help protect the wearer and others against the spread of infection because they cover the nose and mouth, which are the main confirmed sources of transmission of COVID-19.

From Sunday 2 January, the government advises and recommends that all pupils in education in Year 7 and above should wear face coverings in classrooms, when moving around the premises, outside of classrooms, such as in corridors and communal areas. **Please note that we expect all students (except those who are exempt) to have their own face covering which will be checked on entry to school.** School staff are not expected to wear a face covering whilst teaching. Additionally all visitors to the school will be requested to wear a face covering on entry.

This advice will remain in place until Wednesday 26 January 2022 and will be reviewed again when the Plan B regulations are scheduled to expire. This is a temporary measure and remains subject to change as the situation develops.

Symptomatic cases

Any person- including children- who present with COVID-19 [symptoms](#) should stay at home and self-isolate immediately. You should [arrange to have a PCR test](#) as soon as possible. If this PCR test result is positive, you must continue to self-isolate.

If your child does not have COVID-19 symptoms, but has a positive PCR test result, they must stay at home and self-isolate.



Headteacher Mrs Colette O'Dwyer

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Registered office: Thistlecroft Gardens, Stanmore, HA7 1PL



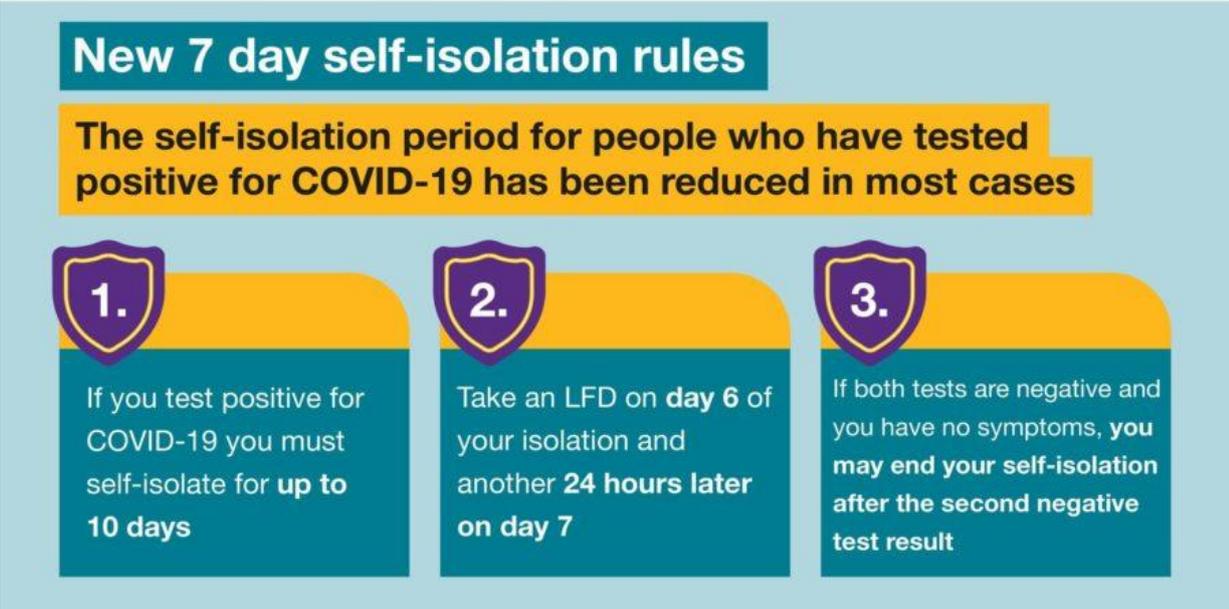
Close contacts

Any young person under the age of 18 years and 6 months who live in the same household as someone with COVID-19, are not legally required to self-isolate. However, they are strongly advised to take an LFD test every day for 7 days, and to self-isolate if any of these test results are positive.

Please ensure that you report any absence and update the school regarding the outcome of any PCR test. Twice weekly LFD testing should be reported to NHS [here](#) and the school log [here](#).

New Government Guidance on Isolation period for individuals who test positive for COVID-19

 UK Health Security Agency



New 7 day self-isolation rules

The self-isolation period for people who have tested positive for COVID-19 has been reduced in most cases

1. If you test positive for COVID-19 you must self-isolate for **up to 10 days**
2. Take an LFD on **day 6** of your isolation and another **24 hours later on day 7**
3. If both tests are negative and you have no symptoms, **you may end your self-isolation after the second negative test result**

New guidance regarding isolation states that since Wednesday 22 December, the 10-day self-isolation period for people who record a positive PCR test result for COVID-19 has been reduced to 7 days in most circumstances, unless you cannot test for any reason.

Individuals may now take LFD tests on day 6 and day 7 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation.

The first test must be taken no earlier than day 6 of the self-isolation period and tests must be taken 24 hours apart. If both test results are negative, and your child do not have a high temperature, you may end their self-isolation after the second negative test result and return to school.

Remote Learning

Information about remote learning and our policy is provided on the school website, located [here](#). Children who are not attending school for Covid reasons and who are well enough, will be able to access remote provision via Sharepoint and Microsoft Teams. Each student already has the log in details for this and have received further reminders in school. Where possible, students will be invited to participate in live lessons. As soon as children are well enough and the period of isolation has ended, they should return to school.



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The government has made it possible in this latest set of guidance to switch to remote provision for a class or group of pupils should a school not be able to adequately (and safely) staff the teaching in school. This will be for as short a period as possible and of course, will very much be a last resort.

Other measures

Around the school we continue to ensure ventilation by keeping doors and windows open. The school have several CO2 monitors that are used to check that ventilation is adequate in spaces around the school. Hand sanitisers are available at various points including entry to classrooms, and regular hand washing is recommended and encouraged.

We will continue to keep you updated of any changes the government implement. Your continued support in adhering to these guidelines as always is appreciated.

Kind regards

Mrs K Wilkinson
Deputy Headteacher

Headteacher Mrs Colette O'Dwyer

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