

Jumpstart your career
with **supercharged**
careers support:

Work
Placements



Accredited
Qualifications



Self-Employment
Bootcamps



Dedicated
Job Broker



CV and Interview Tips



Health, Wellbeing,
and Resilience
Support



If you are aged 16-24 and you are not in education or employment, **contact us** on **SparkChange@shaw-trust.org.uk** for more information.



@shawtrustyouth

shaw trust

SPARK ✨
CHANGE



European Union
European
Social Fund

What is it?

Our NEW and UNIQUE 'Spark Change' programme will work alongside our current IAG services in Bexley, Brent, Harrow, Hackney and Havering to provide young people with a personalised programme of support to progress into sustainable employment, education or training including self-employment.

Our current IAG delivery will be extended to support 19-24 year olds and the Spark Change project will deliver additional specialist and targeted interventions to 16-24 year olds. The programme will be delivered via face-to-face and virtual support across the region.

Who is it for?

- Young people who are not in employment, education or training and aged 16-24 years old.
- Living in Hackney, Havering, Harrow, Brent, or Bexley.

What's involved?

Once referred the young person will go through a Triage and Assessment process, using our Resilience Compass assessment to develop a personalised training plan.

The assessment will highlight key development areas for the young person and the training plan will map out their journey (see attached image)

The types of support and activities include:

Spark Change Me

- Personal development interventions focused on mental health, self-esteem and volunteering opportunities.

Spark Change Lifestyle

- Personal development interventions focused on physical health e.g. sleep, exercise and healthy eating

Spark Change Future

- Professional development including accredited courses and qualifications, self-employment support and employer engagement

What are the benefits?

- More young people will be supported into sustainable employment, self-employment, education or training.
- gain basic skills, including skills to cope post-Covid-19 e.g. confidence, healthy lifestyle;
- the cliff edge between children's and adult's services will be reduced due to supporting young people up to the age of 24
- young people aged 18-24 will receive personalised and contextualised IAG;
- young people aged 16-18 on our core IAG service will benefit from tailored additional interventions
- gain wider relevant skills e.g. skills to support self-employment such as creating a business plan and budgeting;
- become more confident and likely to access and sustain in Apprenticeship/Traineeship opportunities.
- become more resilient and able to overcome challenges as they arise.

Positive Outcome

We will stay in touch with the young person until they have sustained in their employment, self-employment, education or training for six months.

Enable & Succeed

Young people will be supported to progress and sustain in employment, self-employment, education or training.

Job Placements, Job coaching & Mentoring, and Specialist mentoring using a CBT approach.

Spark Change Me

A focus on personal development, including mental health and wellbeing, self-esteem, and volunteering.

Spark Change Lifestyle

Exploring ways to improve physical health, including sleep patterns, exercise, and healthy eating.

Spark Change Future

Looking into relevant accredited courses and qualifications, self-employment support, and employer engagement.

Curriculum & Activities

Training Plan

Reviewed monthly, with agreed engagement methods, frequency of contact, and activities.

Assessment

Identify priorities, create a plan, determine activities, and set Key Life area distance markers.

Resilience Compass, Key Life areas, Risk Assessment, Specialist Assessments, and Identify Priorities.

Referral

Self-referral, partner or internal referral, or social media.

IAG adviser will arrange a suitable time for assessment.

If you are aged 16-24 and you are not in
education, employment, or training, contact us on:

Bexley

0203 045 5555

BYA@prospects.co.uk

Brent

020 8438 1650

brent.cc@prospects.co.uk

Harrow

020 8427 8617

harrowys@prospects.co.uk

Hackney

0208 356 7866

sparkchange@hackney.gov.uk

Havering

01708 746 401

HaveringEnquiries@prospects.co.uk