

## **Yr11 into Yr12 A-Level Psychology – Summer Bridging work 2023**

<b>Week- 1 hr per week</b>	<b>Activities</b>
<b>Week 1</b>	<ol style="list-style-type: none"><li>1. Click the link below and print off the AQA Psychology Specification. <a href="https://www.aqa.org.uk/qualifications/a-level/psychology/specification">AS and A-level Psychology Specification Specifications for first teaching in 2015 (aqa.org.uk)</a></li><li>2. Familiarise yourself with the assessment criteria and topics taught from the specification.</li><li>3. Buy an A4 folder and dividers.</li><li>4. Buy the course textbook <a href="#">here</a>. The 1<sup>st</sup> edition may be cheaper.</li><li>5. Key Terms: Define the following:<ul style="list-style-type: none"><li>• Generalisability</li><li>• Reliability</li><li>• Applicability</li><li>• Validity</li><li>• Ethics</li><li>• Research Methods</li></ul></li></ol>
<b>Week 2</b>	Watch one film or two episodes from a series from the list in the table below. Note down the reasons for your selection and what is psychological about the content.
<b>Week 3</b>	400-word essay.  What is Psychology, what different approaches are there and how might it help me in the future.  Success criteria: <ul style="list-style-type: none"><li>- Definitions.</li><li>- Approaches.</li><li>- Research methods.</li><li>- Examples.</li></ul>
<b>Week 4</b>	Continue writing your 400-word essay.
<b>Week 5</b>	Continue writing your 400-word essay.
<b>Week 6</b>	Watch another one film or two episodes from a series from the list in the table below. Note down the reasons for your selection and what is psychological about the content.
<b>Week 7</b>	Research project Choose <b>one</b> of the following mental health conditions: <ul style="list-style-type: none"><li>-Depression</li><li>-Phobias</li><li>-OCD</li><li>-Schizophrenia</li></ul> Research the following about your chosen condition: <ul style="list-style-type: none"><li>- The signs &amp; symptoms</li></ul>

	<ul style="list-style-type: none"> <li>- Who is mostly likely to get it</li> <li>- 3 potential causes</li> <li>- 2 treatments</li> <li>- Evaluate the 2 treatments (strengths &amp; weaknesses)</li> <li>-</li> </ul> <p>This research can be done in several formats: poster, booklet, PowerPoint presentation, leaflet etc. You choose how you present your work.</p>
<b>Week 8</b>	Continue with your research project.
<b>Week 9</b>	Continue with your research project.
<b>Week 10</b>	Watch another film or another two episodes from a series from the list in the table below. Note down the reasons for your selection and what is psychological about the content.
<b>Week 11</b>	<p>Watch Dynasties by David Attenborough, episode one on chimpanzees on BBC IPlayer.</p> <p>Explain how the chimpanzees use aggression to maintain survival.</p> <p><a href="https://www.bbc.co.uk/iplayer/episode/p06mvpsw/dynasties-series-1-1-chimpanzee">https://www.bbc.co.uk/iplayer/episode/p06mvpsw/dynasties-series-1-1-chimpanzee</a></p> <p>Extension: Watch episodes 3 &amp; 5 and explain how they have behaviour and evolve to aid survival.</p>
<b>Week 12</b>	<p>Watch the following TED talk which discussed the reliability of memory and the impact of false memory. Reflect on the TED talk and make you own notes with your opinion on if a person's memory can be considered reliable.</p> <p><a href="https://www.youtube.com/watch?v=PB2Oegl6wvI">https://www.youtube.com/watch?v=PB2Oegl6wvI</a></p>

### Psychology films and series

- The Suffragettes
- The Prison experiments
- The mind explained
- Das experiment
- The wave
- Inside Out
- Inception
- The girl on the train
- Shutter island
- Freud
- Tom & Jerry- Imprinting (15-minute YouTube clip)
- Babies (series)
- 100 humans (series)
- Headspace- Unwind your mind (series)
- You (series)
- Criminal Minds