

Message from Assistant Headteacher

With only one week to go before our February half term I hope you can continue to show staff and your family what positive and resilient learners you are. Across all the many opportunities in school, one to highlight is the Year 10 'Speak Out' challenge. 60 students were taught how to develop their public speaking expertise and then had to execute their learning by speaking in public! Listening to their speeches highlighted that they had our Character Virtues of *compassion* and *resilience* in a nerve wrecking exercise. Well done all. When opportunities outside our extracurricular timetable arise, please grab them with both hands as you never know you might have a hidden talent that you didn't know about. It's an exciting time in the sixth form this week with 35 politics students going to **New York and Washington DC**. If you are interested in our sixth form, please speak to staff.

Kind regards, Mr Whittaker



This Week

NATIONAL APPRENTICESHIP WEEK

Key Dates:

Monday	PSHCEe P5
Tuesday	Year 9 Equalities Workshops
Wednesday	6 th form trip to USA
Thursday:	Year 7 Reward Trip Year 9 Royal Opera House Trip
Friday	End of half-term 3:10pm.

Prefect Applications



Prefect and Deputy Prefect Applications

Year 9 students can now apply to become a Deputy Prefect! Just fill in the form on Teams!

Year 10 students can now apply to become a Prefect for Year 11. If you are interested, please have ask for 2 teachers to be your referees and fill in the online application form on Teams.

Application deadline is on **9 February 2024** for both Year 9 and Year 10 students.

Charity Fundraising

Thank you for all your ongoing work for charity fundraising this year:

- You helped raise £186.42 for the Royal British Legion's Poppy Appeal.
- There is a collection of recyclable plastic currently taking place. Please take any clean plastic to the LRC.
- Later in the term, in March, will be Red Nose Day. Watch out for news of our fundraising campaign.
- Last week we submitted a presentation to the Goldsmith's Company celebrating all our charitable efforts. Well done Park High!



Year 11 Arts Trip to Tate Modern

On Wednesday 24 January, Year 11 artists and photographers visited The Tate Modern Gallery. The trip was to support students with their examination externally assignment. The students thoroughly enjoyed the trip and completed valuable research to help them in class developing their work for their final exam. One student commented ' ..this was great, I'm definitely coming again with my family over half term...'

I wish the Year 11s all the success in their upcoming studies. Please remember to check TEAMS each week and really challenge yourself to get the extra marks required to achieve the higher grades.

Mr Lordan



Student Review of 'Little Shop of Horrors'

Little Shop of Horrors Musical is a comedy with an exciting element of horror. The story follows an unfortunate florist shop worker- Seymour, who raises a plant that feeds on human blood and flesh. He names this new discovery "Audrey II," after his co-worker crush. The overall message to the audience is to be careful what you wish for; terrible consequences face those who get what they want rather than what they earn.

My personal favourite moments of the musical include the amusing lines of dialogue between the dentist and Seymour. The set and props were designed with notable talent: a noticeable green and floral theme to align to the florist shop. The prop design was excellent, along with the usage of darker background colours to show the ongoing theme of horror. I loved the costume of each character; the dancers all matched perfectly, and Mushnik's attire was amusing. The dancing was of exceedingly high standard, making us as an audience appreciate the effort put into this production.

My favourite character was Seymour; his character seemed funny and relatable; his high determination stands for those of us who strive to be the best.

I think it's important that Park High continues to put on productions such as this, as there is something for everyone. I also think it's important us students understand being book smart is not the only thing that matters; our creative side should always stand out no matter what we do.

Aisha Mehdi, 10RL.

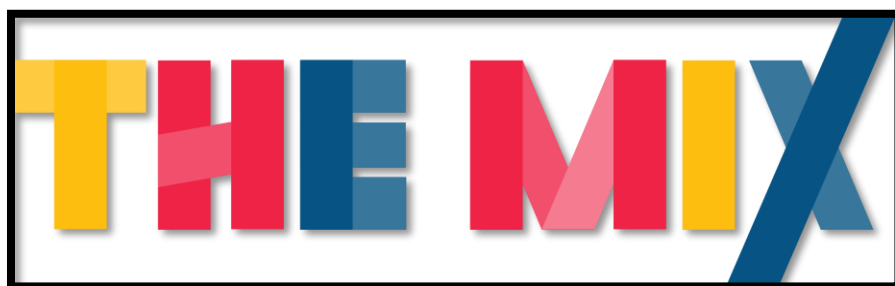


Children's Mental Health Week

This week we will be sharing support and information about how we can all look after our mental health. We all have mental health and it is important you we recognise when we need to look after our own, or support someone else. There are a number of places in school or beyond that can help:

- Talk to a trusted friend or adult.
- Talk to your pastoral team or Student Services.
- Make a referral in school to 'The Space'.
- Check out Kooth, The Mix or Childline.

Your tutors will share with you our 'Time to Talk' bingo in initiative, There are prizes, but most importantly a chance for us all to connect with each other in a positive way.



#TimeToTalk

Use this bingo card to help start conversations and get your friends, family, community and colleagues talking about mental health.

Click and complete four actions this Time to Talk Day.

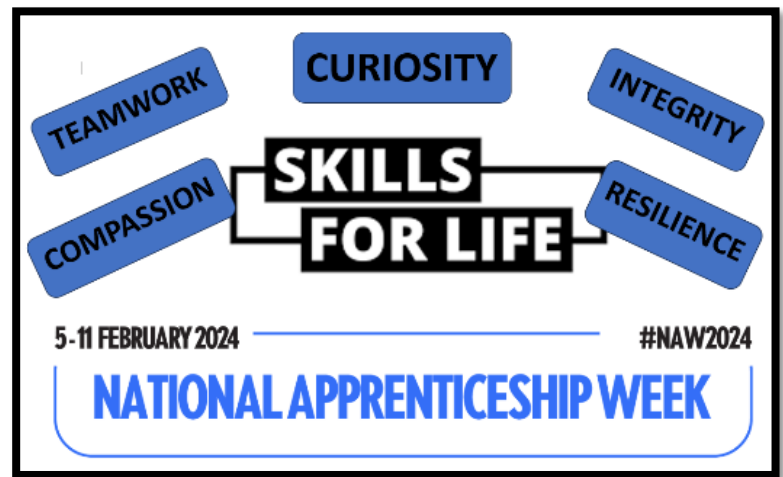
Make space in your day for a conversation about mental health this Time to Talk Day.

In partnership with

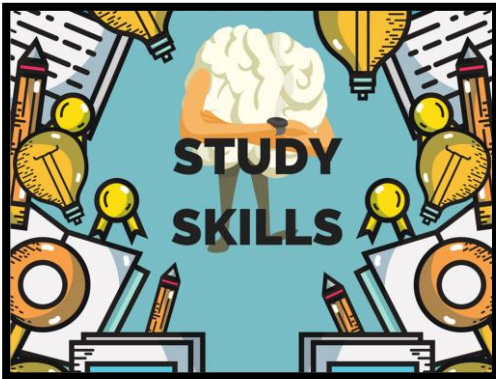
Talk to a friend about mental health Signed	Do something relaxing with others Signed	Create an account on Kooth. Signed
Talk to a family member about mental health Signed	My trusted adult is Signed	Spend one evening without your mobile phone Signed
Ask a friend how they are and talk about out Signed	List two ways you can get support for your mental health Signed	Tell someone something you like about them Signed

National Apprenticeship Week

National Apprenticeship Week provides an opportunity for all students to learn about and explore apprenticeships. It aims to raise awareness of the many benefits apprenticeships can offer. During the week there will be presentations, competitions, and a chance to hear apprentices' stories. Apprenticeships are a pathway that can be studied after Year 11. They combine on-the-job training in an organisation and study for a qualification, whilst receiving a salary. Apprentices provide employers with an effective way of growing their skills base. Watch Samah's apprenticeship journey <https://vimeo.com/623742647>



Year 11 P&E GCSE Conference



A massive thank you to the students in Year 11 who took part in the Philosophy and Ethics conference Thursday of last week. The vast majority showed great resilience and respect in how you approached the day and how you engaged with the content shared by our guest speaker. It's not easy to sit still for so long in a lecture style setting, so a very well done to you for doing so. We hope you gained a lot of useful exam tips, tricks and information which will prepare you for your upcoming examinations and thank you for helping the day run as smoothly as it did.

Ms. Stephenson and Mr Percy

School Council

Lunchtime Clinic

'Lunchtime Clinic' is in the foyer Tuesday- Friday for any students who want to find out more about the Student Council, have suggestions or questions. We have already received quite a few very good suggestions about canteen food, school facilities and activities! Do drop by and have a word with us!

Rose-Selling for Charity

Valentine's Day is round the corner. The School Council and the 6th Form Prefects are selling roses this week (until Wednesday for 6th Form, Thursday for lower school). You can purchase a rose and write a message on a card, and they will be delivered on Friday (9 February). All proceedings will go to Child Mind Institute.



**Child Mind
Institute**

Investing in each other to be the very best that we can be

Last Week's Round Up

Best Attendance

11SN

Most Achievement Points

7SG

Best Punctuality

**7FT/7TP/8HW
8WN/9SW**

ACE Lottery Winners

**Hafi Imran 10MJ
Luca Hutanu 7TP**

Year 7

Another week of showing **High Standards** around the school and in the classrooms. Here are some examples:

- Students being curious about their learning by asking questions in lessons.
- Excellent presentation in Geography books
- Great uniform
- Helping each other be successful learners in lessons

We now have **124** Bronze award winners and **1** Silver winner. Well done.



Congratulations to **Shayan Shah 7WK**, our first Silver Award Winner!

Upcoming Birthdays:
**Vihaan Damle,
Mahi Ekbote,
Rhama Farah and
Filp Balici**



Year 8



Geography club doing a volcanic experiment.

I had the pleasure of visiting three classes with Mr Tromans last week, it was wonderful to see students engaged with their work, asking insightful questions, showing integrity in the neatness of their books and putting in 100% effort. Well done 8RA, 8HW and 8WN.

Letters have gone out this week for our teambuilding day on Monday the 11th of March. I am looking forward to seeing you all work together to solve the challenges!

Top Character points of the week

Kashvi Patel
Ronak Panchi
Emanuel Buzdugan
Ayesha Mohamed Fairros
Elena Yu



Year 9

Helping others in need was a theme in last week's assembly on International Holocaust Remembrance Day. Taking on responsibility to support others when they need it is one way you can be your best. Now you have another exciting opportunity to do just that. Applications to become a Deputy Prefect are open! This is an excellent opportunity to develop your leadership skills and serve the school community. To apply go to the year 9 Teams page.

Most Character Points: 9SF – 120

Best Attendance: 9JE

Lowest B Logs: 9AK

ACHIEVEMENT POINT TOP PERFORMERS THIS WEEK

Student	CP
Lake, Adam	16
Mangu, Irina	15
Paraniroopasingam, Adsaja	14
Sabapathee, Pajeni	14
Shah, Harsh	9
Filipeanu, Natanael	5
Nanthakumar, Niharsan	5

Congratulations!

YOUR SCHOOL NEEDS YOU!

*Deputy Prefect
Applications Open!*

**Apply on the Year 9
Teams Page**

Investing in each other to be the very best that we can be

Year 10

Silver Badge Winners!!

Niraj Varsani	Parshvi Gudka
Keeya Patel	Kirran Varsani
Yash Patel	Kirsty Hil
Ioana Chirila	Khadija Abdo
Teodora Cornea	Onisim Asoltanei
Salome Buzdugan	Sengodan Balamurugan

Another successful week for Year 10! Our Girls Netball Team won their match against Avanti scoring 22 – 9. Great Work Girls! A huge congratulations to those achieving their Silver badges! Please collect them from my office. Good luck to our boys' basketball team who are playing in the final this afternoon. Please do support them in the sports hall after school and help them to bring home the trophy! Prefect applications are open, and you can access this on Teams. I hope to see lots of you applying as you are fantastic role models to younger years. I have been impressed with your engagement and behaviour during lessons this week Keep working hard and aim to be the best version of yourself!

Jack Petchey Speak Out Semi-Finalists

Jessica Poenaru
Netra Patel
Luiza Galan
Hafi Imran

Year 11

One more week down till study leave! At this moment we should be focused and be fully set to achieve every week! Build your confidence every day little by little. Remember you if have been chosen to go to intervention session it will help close those small margins. To see if you are in the intervention sessions log into Arbor and check, you will also receive a letter with more details.

On Tuesday our year 11 basketball team are playing in their first final- this is your one opportunity to cheer them on over the line and make use of our home advantage! The year 11 girls Netball team also beat Sacred Heart in their netball game this week. It seems like our sports team is having a great end to their school careers, hopefully they can make it to a final also.

A massive thank you to the students in Year 11 who took part in the Philosophy and Ethics conference Thursday of last week. The vast majority of showed great resilience and respect in how you approached the day and how you engaged with the content shared by our guest speaker. It's not easy to sit still for so long in a lecture style setting, so a very well done to you for doing so. We hope you gained a lot of useful exam tips, tricks and information which will prepare you for your upcoming examinations and thank you for helping the day run as smoothly as it did.

Ms. Stephenson and Mr Pearcy

- Lowest B logs 11GB - 6
- Best form Attendance: 11SN - 96.67%
- Highest Achievement points: 11CG and 11PB - 17

Sixth Form

CONGRATULATIONS to our Year 13 students as 106 students get their UCAS applications sent through! Offers are flying through already from universities across the country, it's now time for students to make their decisions on which places they will be spending the next few years of their educational journeys! Thank you to those who attended *Year 13 Parents' Evening* too, for the important support from your teachers for these crucial last months in getting you to the aspirational destinations.

To the students going on the USA trip – have a great time!

UCAS



Clubs this Term

Monday

Activity	Time	Location
Volleyball*	Before school	Sports Hall
Basketball Shooting Practice*	Breaktime	Sports Hall
Y8-10 Environmental Awareness Club	Lunchtime	S2
Y7-9 Dance Club	Lunchtime	Dance Studio
Geography Club	Lunchtime	H2
Y7 Netball Squad	Lunchtime	Sports Hall
Table Tennis Squad	Lunchtime	Assembly Hall
Textiles Club*	Lunchtime	T10
Cricket Nets *	After school	Sports Hall

Tuesday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Basketball Shooting Practice*	Breaktime	Sports Hall
U13 & 14'S Netball Squad	Lunchtime	Sports Hall
Product Design Club	Lunchtime	T11
Y7– Y8 Global Citizen Club	Lunchtime	H2
Basketball Squad	After School	Sports Hall
Goop! Dance Company	Afterschool	Dance Studio

Wednesday

Activity	Time	Where/Teacher
Volleyball*	Before School	Sports Hall
Basketball Shooting Practice*	Breaktime	Sports Hall
U15 & 16's Netball Squad	Lunchtime	Sports Hall
Y7-10 Robotics Club	Lunchtime	T12
Y8 Home learning club	After School	T1
Y9 Home learning club	After School	T4
Badminton*	After School	Sports Hall
Brilliant Club	After School	B2
Little Shop of Horrors	After School	Assembly Hall

Thursday

Activity	Time	Where/Teacher
Basketball*	Before School	Sports Hall
Basketball Shooting Practice*	Breaktime	Sports Hall
Art Club	Lunchtime	P5
Girls Badminton	Lunchtime	Sports Hall
Chess Club	Lunchtime	M1
Netball*	After School	Sports Hall
Little Shop of Horrors	After School	Assembly Hall

Friday

Activity	Time	Where/Teacher
Badminton Squad	Before School	Sports Hall
Basketball Shooting Practice*	Breaktime	Sports Hall
Little Shop of Horrors	Lunchtime	D1
Volley ball*	After School	Sports Hall
Table Tennis*	After School	Assembly Hall
Cheerleading	After School	Assembly Hall



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