



Would you like to talk to someone for support?

- · Are your decisions about drugs and alcohol causing you or others concern?
- Are you experiencing difficulties with drugs and/or alcohol?
- · Are you concerned about someone else's drug and/or alcohol use?
- Is someone else's drug and/or alcohol use affecting you?

Our Service can help

We offer...

Email:

- Confidential 1:1 support for children and young people up to the age of 24, at a location and time that is safe and convenient for you
- Specialist advice, guidance and information on substance misuse, including if you are being affected by someone else's misuse
- · Specialist advice and support about how to reduce the risks associated with substance misuse

Contact us in confidence;

○ CompassElevation_※ @HarrowElevation

Freephone: **07917 261962**

compass.harrowyps@nhs.net

Opening hours: Monday - Thursday 9am - 5pm, Friday 9am - 4.30pm

Harrow Office: 21 Pinner Road, Harrow HA1 4ES

A Compass service





