

# Student Bulletin

Week Commencing 14.10.2024



## Message from the Headteacher

### To Our Wonderful Students

As you all know, last week OFSTED came to visit our school.

Although we cannot tell you the outcome of the inspection until the report is published – in around 6 weeks' time – I have to tell you how proud I am of you, your teachers and staff in the school, and of the support we receive from your parents and carers. We look forward to sharing the report with you all.

We had 5 inspectors who looked into a number of lessons, walked around the school, reviewed your survey responses and talked with you individually and in small groups. They were very thorough and challenging - as they should be - to ensure we provide you with the best possible education.

They were also very impressed and made many positive comments about the school.

Not only did we have OFSTED last week, but we also had an Open Morning, a residential Biology trip, Y8 activity days and Drama and Music department trips to the theatre. There were over 500 intervention sessions, more than 450 students involved in extra-curricular activities and further sporting success.

This is Park High.

Be proud of your school. I certainly am.

With much appreciation

Mrs. O'Dwyer



## This Week

### Key Dates:

Monday:

Tuesday: Early UCAS Applicant deadline  
Year 10 Information Evening

Wednesday: Year 7 Trip to Phasels Wood  
PSHCEe p.2

Thursday:

Friday: Yr 13 A-Level English  
Symposium

Sports Award Evening

### ADVANCE NOTICE- Yr 11 MFL

Y11 will have their MFL Mock speaking exams from 8th-15th November. You will need to check your exact day and timings in front of the MFL office.

Character Virtue for this term: **TEAMWORK**

## Maths Challenge

Well done to the following students for participating in the Senior maths challenge, which is aimed at students in Year 13.

Avy Adapala (Yr11), Dylan Patel (Yr12), Pratham Butala (Yr12), Anaiya Pindoria (Yr11), Thajan Krishnakumar (Yr11), Sengodan Balamurugan (Yr11), Anuven Nanthakumar (Yr13), Rishan Hirani (Yr11), Diya Avinash (Yr10), Yashvi Modi (Yr11), Yash Patel (Yr12), Shourya Gor (Yr10), Diya Shah (Yr10), Stasha Modi (Yr10).

Maths Department



## Open Morning Reflections

We have had a number of Open Mornings over the last few weeks for prospective students and their families. This has been a great opportunity for the school to share how ambitious our teachers are, and how engaged students are in their learning. We had over 100 families visit us, with many commenting on the strengths of our student tour guides and how proud you were to be ambassadors for the school. Please continue to share the experience and opportunities you receive as students at Park High!

*I really enjoyed my experience as a tour guide as it really improved my speech and I was really excited to share with parents how wonderful our school is.*

Anika 8AY

*I was immensely proud to be selected to be a tour guide for open evening because I could boost newcomers' confidence by getting them more familiar with the school. Also, I am happy about the opportunity to give parents the first-hand experience of their child's potential school life. I would like to thank you to Miss Acheampong and Miss Ali for selecting me as a tour guide.*

Ayan 8DB



# Lessons from Auschwitz

Standing in the very places where millions of innocent lives were taken, I was faced with the overwhelming truths of the Holocaust.

Recently, I had the opportunity to visit Auschwitz-Birkenau. The experience was both moving and educational, leaving me with a deeper understanding of the horrors that took place and the importance of remembering those who suffered.

At Auschwitz, I walked through the preserved buildings, learning about the unimaginable atrocities that occurred there. Hearing the stories of the victims and seeing the names of the millions who were brutally murdered brought the reality of the Holocaust into more light. The memorial serves as a stark reminder of the cruelty faced by so many innocent people, but also of the strength of the human spirit.

Visiting Birkenau was equally impactful. I stood by the train tracks, known as the “ground of separation,” where the fate of many was decided. The harsh conditions these individuals endured were heartbreaking. We were told many stories of the millions of lives that were shattered by inhumanity and hate from Adolf Hitler.

This experience has allowed me to understand our responsibility to spread awareness and ensure that such history is never forgotten for future generations.

Thank you to Ms Salkeld for putting me forward for this experience.

Valentina Motrescu 13HK



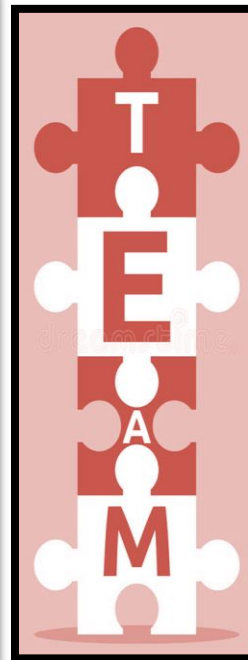
HOLOCAUST  
MEMORIAL  
DAY TRUST



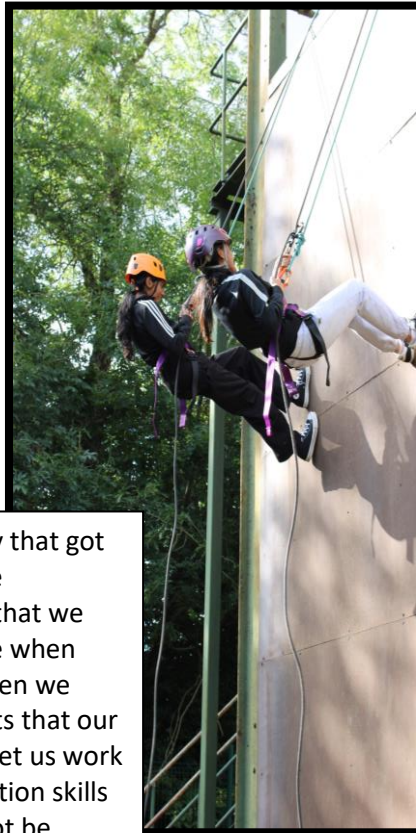
## Year 9 trip to Phasels Wood



I had fun on my trip to Phasels Wood. We indulged on a multitude of activities and overall build our teamwork skills. The character virtues we displayed on the trip would be teamwork, curiosity to find out and learn new skills in the activities, and integrity. The highlight of my trip would definitely be the final activity of the day that my group had: crate stacking. This was a test of 2 people's teamwork and balance (and the other's integrity too). We had to stack up the crates whilst standing on them, with people quivering as if they were going to fall to their deaths after they got about 10 crates high, and others just trying to stay on. The funniest part was Miss Wakeman chanting: "Fall! Fall! Fall!" and recording all of it. All in all, I liked this trip and was a nice mix up to the school day. Abel Botsan 9HW



My Phasels wood experience was extremely enjoyable because of the numerous activities such as the rock wall and the spider mountain. We worked hard to climb the rolling rock wall, and our group used many of the school's character virtues like teamwork for when we were doing the team challenges. The one task that was incredibly challenging was the Spider Mountain because of the multiple tiers that we had to climb up then afterwards you could slide down. Another reason that this trip was fun is because I got to experience this with my friends and the other people in my class.  
Rayaan Zafar 9RA



The Phasels Wood trip was a great opportunity that got our class to bond together and to demonstrate teamwork. Everyone enjoyed all the activities that we had completed together, we showed resilience when doing the team challenges and trying again when we didn't do it correctly. One of the main highlights that our group had was the high crates which not only let us work together but also made us use our communication skills when we were climbing. It got most of us to not be scared of heights and to enjoy the moment. Overall, the trip was a great experience for us and we enjoyed it very much and are so grateful for it.  
Daria Mirauti 9SC

## Free things to do for students and their families:

### Clothes Swap at Watford Palace Theatre

Visit the Watford Palace Theater for a fabulous Clothes Swap during **National Recycling Week**. This exciting celebration of recycling is the perfect opportunity to refresh your wardrobe while promoting sustainable fashion.

Taking part is simple – just come to Watford Palace Theatre on Saturday 19 October from 10am - 11am, and you'll be able to donate up to 10 unwanted, adult-sized, good quality clothes which will earn you one token per item. From 11am - 12pm, you can come back and exchange your tokens for new items.

Please see this [website](#) for more details.



## Job of the week

### JOB OF THE WEEK



This week's video focuses on the job role of a Disaster Manager. A **Disaster Manager** is responsible for planning, coordinating, and implementing measures to prevent, prepare for, respond to, and recover from disasters. Watch the video to learn more about how much you could earn, the qualifications you need. Use [Unifrog](#) to explore careers in more detail or click on the hyperlink on the wording Disaster Manager.

<https://youtu.be/jFCifuGxgbQ>



Park High School are holding their annual Careers Fair on

Tuesday 22<sup>nd</sup> October 24  
9.50am – 4pm in the Sports Hall. Further details to follow.

### Confirmed attendees.

NHS	Atkins Realis	Royal Navy	British Army
Gr8ness Coaching	RAF	Helix Ltd	Outer Circle
Metropolitan Police	Nat West Bank	Barclays Bank	
Colas Rail UK	Charles Horsey (Engineer)		
Karyn Sansom STEM Engineer	Alvarez and Marsal		
Louis Lanza-Parsons – Midwife. Olivia Fiszson – Careers Adviser			

Further Education – Harrow College, Stanmore College, West Herts College, Access Creative College, Park High Sixth Form

Higher Education – Brunel University, City, University of London, University of Hertfordshire, Aston University, UCFB, Royal Holloway University, University of Leicester, Middlesex University First Rung apprenticeship provider.

# Last Week's Round Up

## Best Attendance

**12MG**

## Most Achievement Points

**7JR**

## Best Punctuality

**7KL**

## ACE Lottery Winners

1. Kashvi Patel 9AM
2. Reehan Doulatzai 10LY

## Year 7

Team Year 7! Phasels Wood week is here and the first groups will be attending this Wednesday! We need to make sure that we are the proud ambassadors for Park High, which I know you all are. This trip will let you enjoy a range of different activities where you may have the opportunity to find new things about yourself and others. Make sure you look at the experience Year 9 have recently had to prepare for the trip.

Last week feedback from your teachers has been overwhelmingly positive, and it's clear that many of you are showing great effort in your lessons. You're representing both the school and yourselves in a way that makes us very proud.

As we move forward, I encourage you to continue working hard and striving to do your best each day. Remember, your dedication now will lay the foundation for your future success. Keep up the good work, stay focused, and always aim high.

**You achieve more together!** In a team everyone brings something unique to the table- whether it's ideas, skill, or strengths. By working together last week on the trip, you were able to overcome your fears and worries by encouraging one another.

**Teamwork** has been the character virtue this term and on the trip you created a shared experience that you will be able to discuss over the next few weeks. This week I want you all to work together in maintain our high standards in preparation for your up-and-coming progress check report.

## Year 8



## Year 9

Congratulations to the 6 students in Year 9 who are the FIRST students in the whole school to receive bronze badges. The Year 9 team is so proud of you, continue to be exceptional role models!

Progress checks are coming up! Ensure you are completing homework in a timely manner, engaging with classwork by asking questions, and showing exemplary behavior at all times. This data will be used in the important meetings your form tutors will have with your parents and guardians on the 24<sup>th</sup> of October.

Tutor group highlights:

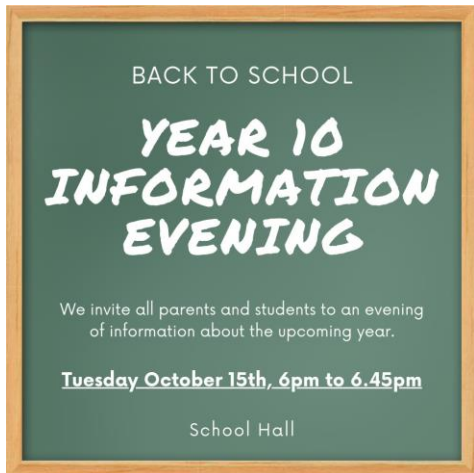
**Best punctuality:** 9GS **Best attendance:** 9SC Most Character points: 9BA (177!!)



**Congratulations Yousuf Ashgar 9WN, Yousra Salehah 9WN, Sneha Patel 9BA, Bianca Cornea 9WN, Dhrish Vekaria 9HC and Vihan Soneji 9WN**

# Last Week's Round Up

## Year 10



Information Evening is on Tuesday! Along with your parents/careers, you will hear important messages about key milestones and how to make year 10 successful. Please attend in full school uniform.

One of the focuses this year is being our best in the area of punctuality. Well, done to the following tutor groups who have had exemplary punctuality to school and lessons.... Being punctual shows that you have an attitude of excellence, taking yourself and you're learning seriously, maximizing success.

Finally, your Progress Check settling in grades are being decided by your teacher – you will receive them soon. We have an ambitious target of all A's and B's in behaviour, engagement and home learning. For you to get your best grade, ensure you are actively participating in lessons, attempting the challenge tasks, and demonstrating the Park High character virtues. I will share our results in assembly shortly.

## Year 11

Last week you proved you are mature and professional students rising to challenges and opportunities provided. The way you embody our character virtues has not gone unnoticed and I appreciate it more than you know. You worked as a team, working hard in lessons whilst being role models to younger year groups. I always speak about ensuring you are successful learners in school.

A huge congratulations to our boys football team for remaining undefeated in their match winning 7-0 against John Lyon. Some of our musicians were lucky enough to watch a performance of 'Guys and Dolls' on a school trip. I hope it has inspired some of you to continue pursuing your musical talents.

In assembly I set each of you the task to take part in an act of self-care. I encourage you to continue doing this on a weekly basis. It is so important to take a moment for yourself by

## Sixth Form

As part of your 6<sup>th</sup> form journey (and beyond!), it is important that you undertake activities outside of school to boost your CVs and personal statements for the outside World. This can be done in so many ways, including webinars, work experience, lectures, volunteering, wider reading, extra-curricular activities, watching TED talks...the list goes on.

Well done to the *many* of you that have already undertaken, or have planned to undertake, many of these opportunities.

There is so much out there, but if you are ever unsure, firstly, be reminded of the padlet that Mrs. Foster updates regularly. Secondly, take a look at Unifrog. They have a whole host of webinars and opportunities coming up in the coming months – with just a handful on the right hand side.

**Monday 14<sup>th</sup> October at 4.30pm** – Finance Virtual session (from Lancaster university)

**Monday 14<sup>th</sup> October at 5.30pm** – Law taster session (from University of Manchester)

**Tuesday 15<sup>th</sup> October at 5.30pm** – The Economics of Fast Food (from University of Manchester)

**Thursday 17<sup>th</sup> October at 4.30pm** – Sustainable Engineering session (from University of Southampton)

# Autumn Term 1 Clubs

## Monday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Y7 Girls Netball	Lunchtime	Sports Hall
Y7-9 Dance club	Lunchtime	Dance Studio
Y7-9 Global Citizen club	Lunchtime	G2
Choir*	Lunchtime	P1
Y10-11 Basketball Coaching	After school	Sports Hall
Y11 Boys Football	After school	Park
Cricket	After school	Playground

## Tuesday

Activity	Time	Location
Badminton Coaching**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Y8-9 Girls Netball	Lunchtime	Sports Hall
Debate Club*	Lunchtime	R3
Y7-10 Environmental Awareness	Lunchtime	S2
Y7-11 The Literary Lounge	Lunchtime	B4
Y8 Home learning club	After school	T3 & T2
Badminton*	After school	Sports Hall
Y7 Boys Football	After school	Park
Girls Football	After school	Park
Y7-8 Indian Music Workshop	After school	P1
Inspire Programme**	After school	Sixth Form
DofE**	After school	G2

## Wednesday

Activity	Time	Location
Volleyball Coaching **	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Y10-11 Girls Netball	Lunchtime	Sports Hall
Y7-8 Board games cafe	Lunchtime	G2
Careers club*	Lunchtime	T2
Y7-8 Computing club	Lunchtime	T3
Y7-11 Lyrics as Literature	Lunchtime	N2
Band	Lunchtime	P1
Y7 Home learning club	After school	T2
Y9 Home learning club	After school	T4
Y10 Home learning club	After school	T3
Y7-9 Basketball Coaching*	After school 3.30-5.30pm	Sports Hall
Y10 Boys Football	After school	Park
Netball Coaching**	After school	Playground
Grease**	After school	D1



# Autumn Term 1 Clubs

## Thursday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Xianxia club*	Lunchtime	R3
Y7-9 Spoken Word Power	Lunchtime	P2
Y7-9 Product Design	Lunchtime	T11
Y7 Basketball	After school	Sports Hall
Y9 Boys Football	After school	Park
Girls Netball	After school	Playground
Grease**	After school	D1

## Friday

Activity	Time	Location
Badminton Squad**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
MFL Library*	Lunchtime	L3
Volleyball*	After school	Sports Hall
Y8 Boys Football	After school	Park
Table Tennis*	After school	Main Hall
Table Tennis Coaching**	After school 4.30-5.30pm	Main Hall

## Free Half-Term Holiday Programme for Eligible Students

The Holiday Activities and Food (HAF) Programme is a Department for Education (DfE) funded programme, brought to you by Harrow Council in partnership with the Young Harrow Foundation.

The HAF Programme is **for children and young people, from Reception to Year 11** eligible for Free School Meals (FSM) related benefits. The programme is fully funded and includes daily nutritious meals and fun activities. From sports to arts and crafts, including specialist SEND support, there's something for every child to enjoy.

[Find out more about the programme here.](#)



HOLIDAY ACTIVITIES  
& FOOD IN HARROW