

Student Bulletin

Week Commencing 21.10.2024



Message from Assistant Headteacher

At Park High, we believe that your input plays a crucial role in shaping the future of our school community. That's why we are inviting you to take part in the **"Your School, Your Voice"** survey on Review Day. This is your opportunity to share your thoughts, experiences, and suggestions on what is working well and where we can improve.

The feedback we receive will guide important decisions, from enhancing academic programmes, to improving extracurricular activities, facilities, and overall school culture. By completing the survey, you are helping us ensure that Park High continues to be a place where everyone can thrive.

The survey is quick and easy — your honest opinions will help us make further meaningful changes so that together, we can make Park High even better! Thank you for being an important part of our school's success.

Your school, your voice—let it be heard!
Mr Appleman

This Week

Key Dates:

Monday:

Tuesday: **Careers Fair**

Wednesday:

Thursday: **Review Day- Students only attend for their appointment**

Friday: **END OF HALF-TERM (3.10pm)**

School returns on Monday 4th November at 8.30am

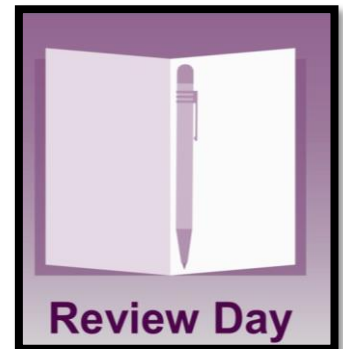
Children in Need

If you would like to help with fundraising for **Children in Need**, please come to a meeting on **Tuesday lunch in P1** with Mr Appleman.

Please come with ideas for fundraising activities and be prepared to help in the week of CIN [with different activities.](#)

Review Day Reminder

This Thursday is a first Review Day of the year. It is a good opportunity to talk with your tutor and parent/carer about how you are progressing at school, alongside your report. Remember to be on time, in full school uniform (or 6th form dress code).



Guys and Dolls Theatre Trip

Last week, students from Years 9-11 enjoyed a trip to see Guys and Dolls at the Bridge Theatre with the music department.

Jess, Y10 said: *"I am so glad that I got to see the musical Guys and Dolls as a year 10 GCSE student. This was an AMAZING musical and a great experience as well! My favourite part was when they sang and acted 'Sit Down You're Rockin' the Boat'. It was FANTASTIC! And I hope that I will get more opportunities like this along my GCSE journey!"*



Character Virtue for this term: **TEAMWORK**

A Level Theatre Trip

On Wednesday 9th October, A Level Drama and Theatre Studies students attended an exciting theatre trip to appreciate two very contrasting pieces of theatre. 'Viola's Room', by Punchdrunk Theatre Company, was an immersive experience like no other...

'On arrival to the Punchdrunk Theatre space, we were asked to take off our shoes and socks and given a headset. We were warned that at moments during the experience, we would be immersed in complete darkness. I was apprehensive as we entered the space, which was already dark and lit by only dim overhead lights. Our headset began to narrate a story, told by Helena Bonham Carter, about a young woman, Viola, who was pulled from her home to a tree, which was through a large maze at the bottom of her massive garden. As the story unfolded, we were led by lights into different amazing spaces, such as a bedroom, a plushy maze, and a giant tree. As we moved through the experience, it got darker and more claustrophobic, with the floor changing landscape and affecting our senses. I absolutely loved the experience and it made me consider how we could use this as inspiration for our own devising' *Keya Seyani*



We then went onto watch a performance of 'Waiting For Godot' by Samuel Beckett, at the Theatre Royal, Haymarket.

'Waiting For Godot' was a complete contrast to the theatrical experience of 'Viola's Room'. A straight-up play, 'Waiting For Godot' was funny, silly and also serious in its message of how in life, we are constantly waiting and expectant of something that never quite arrives, or, if it does, it isn't quite what you expect. I absolutely loved the absurdity of the writing and the performances by the whole cast, led by Ben Wishaw and Lucian Msamati. It was an amazing day and great inspiration for us as young performance artists.' *Amber Kirkman*

Park High School forms an exciting partnership with WildHearts and Nestlé

We are incredibly lucky to develop our work with WildHearts and Nestlé as part of our Student Leadership Programme offer across the school. October marked the start of a new journey for Park High School as we hosted three other schools for the Insight into Industry day where students had a fantastic opportunity spending the day with the senior leaders of Nestlé and WildHearts. Current students from the Nestle Academy on various degree level apprenticeship courses also joined the students to work on current business problems Nestlé are facing. CEO Richard Watson was amazed with the level of engagement and enthusiasm our students showcased.

The WildHearts Schools Partnership run events designed to empower, build confidence and expand opportunities for school students across the UK, from all backgrounds. We were very pleased to have Dr Mick Jackson, the Founder of WildHearts join us for the day as we began our exciting journey to inspire our students to be the best they can be and think about their leadership skills and how they may develop them further for leading great ideas in the future.

Mrs N Kerai's aim was to create a meaningful community impact, inspiring the next generation of innovative minds and empowering our students to reach their full potential. "We want to inspire the leaders our world deserves, by making it real for our students, whilst on their learning journey here at Park High School"

Students were able to take inspiration from hearing stories about current graduates on the Nestle Graduate Programme, of experiences in industry and initiate conversation with the many Nestlé visitors in an in-depth Q&A. Students gained plenty of valuable insight in to future careers of Engineering, Finance, Marketing, Business and Sustainability, as well as Packaging and Product Design.

We look forward to continuing this partnership for our students to have more experiences like this day. Please do come and speak to Mrs N Kerai if you'd like to take part in something like this in the near future.



In Partnership With



"In my opinion the Nestle and Wildhearts collaboration event was a wonderful opportunity to develop new skills in different areas such as Business and Economics to those who specialise in different subjects or take different subjects; an example would be me as I am studying Vocational Engineering and this event also allowed me to use my general knowledge and gained knowledge from engineering and put it into action. It was a wonderful opportunity and expanded my experience and knowledge in many different areas and factors. It was a privilege to meet the CEO and interact with the different staff and how their skills assist them in their area of work."

Danut Duca 11BG



"I enjoyed that we had first-hand experience from those in the industry as it gave me a realistic insight to what tasks they have to do and how they entered the business world in the first place. I also liked hearing the stories of the newer students studying at university as they said they didn't know what they wanted to do in the future, yet it all worked out which made me realise I don't need to pressure myself to much to decide what I want to do as a career. I recommend this experience to other students immensely." Krystal Iyeh 12BR



"During my time with the people at Nestle, I was able to develop an understanding for what the world of a company like Nestle operates in. I found that there are many job roles that may be overlooked and require specialised skills to access. This not only gave me confidence when it came to my personal goals, but also gave clarity on the potential career paths of everyone I've spoken to who attended the Nestle event. I also was able to speak to people who were once in my position of uncertainty about where they could go but were able to find a way to develop their skills and through pursuit and desire, they were able to find something that matches them and their skillset."

Rohan Kerai, 13KM





"I learnt more about the world of work, leadership and gained many skills during the insight day such as communication, teamwork, and problem solving. It was extremely useful as I got to know about how the Nestlé employees got to where they are now and what skills they needed. I hope to have an opportunity like this again in the future." Nikhil Karsan 13HK



Nestlé



"Overall, it was very informative and enjoyable. We were allowed to do a Q&A with the Nestlé representatives, which helped to gain insight on possible career paths and how the world of work is like on a day-to-day basis. In addition, we completed various tasks, for example the business problem task, where we had to create solutions and consider the different stakeholders who would need to be included in the steps to make our solution possible. This task helped to improve on a variety of skills including problem-solving and communication. The event was enjoyable because of the icebreaker task, we learnt about each other and made the whole experience better. The speeches given by members of Nestlé gave valuable insight on different job roles in the food and drinks industry, which helped to expand my knowledge on different pathways I can take to achieve the job I want." Shyam Patel



Thursday afternoon saw the Year 10 netball team cement themselves as the best in Harrow. Having been coached by a professional netball coach since September these girls' improvement is second to none. We managed to successfully beat Bentley Wood, Hatch End and Whitmore scoring over 30 goals in 3 games. This led us to play our rivals Pinner (who managed to beat us in all the finals last year). The girls were incredibly nervous but showed their determination and held them off to a 6-5 win. With only Nower Hill to go, we managed an unbeaten tournament something that we could only have dreamt off two years ago when this team came 6th out of 7 teams. These polite, well-mannered and clearly talented students have done Park High proud. Please if you see them in school congratulate them.

PE Department

Year 10 Netball Success!



Job of the week

JOB OF THE WEEK



This week's video focuses on the job role of an **Firefighter**.

Firefighters respond to emergency situations to protect people, the environment and property. Watch the video to learn more about how much you could earn, the qualifications you need and what subjects link to this career. Use **Unifrog** to explore careers in more detail.

<https://www.unifrog.org/student/careers/keywords/firefighter>



Tuesday 22nd October 2024 – 9.50am – 4pm.

An opportunity to network with a range of providers from education and employment. Find out about the different pathways available.

Year 7 & 8 – can attend at break and lunch

Year 9 – Period 2

Year 10 – Period 3

Year 11 – Band A - Period 5, Band B Period 6

Sixth Form – Period 4

Year 8 Teamwork Trip- Be Grippped

On Thursday 10th and Friday 11th October, our Year 8 students had a fantastic time at our second bonding trip to Be Grippped, Hounslow. What a wonderful opportunity it was to see them out exploring and challenging themselves. They demonstrated compassion when helping their friends face their fears, great teamwork involved in the activities especially the Zip Wire and real integrity when they displayed the very best version of themselves on the day. They showed real resilience when they continued to try again and again to ensure they succeeded.

Here's what some of our students had to say - It is safe to say that our students and teachers had a brilliant time!



"I really enjoyed the trip on Friday because of the activities that I did and how I was taught to do it. Firstly, all the instructions were clear, and the instructors were very friendly. Many of my friends had felt this too! All the rides were amazing. This is because of how they pushed everyone to their limit. The zip-lines were scary at first but then as I went on, I got used to it. I did not feel rushed in any way and made the most out of the day. Thank you for a great day!"
Krish 8NG



"We showed many character virtues we have at Park High. I know people struggled on the zip trek, but it wasn't an easy task to do., someone tried really hard on the rope adventure but couldn't do it but at least they tried even though they said they were scared, they showed resilience. We showed teamwork that everyone participated in. It was a good chance to engage with people you don't really engage with on a day-to-day basis"
Sara 8SL



"During my recent trip to Be Grippped, I had an amazing time. It was truly an adventure I will never forget. From the moment I went down the drop slide to clipping my Zaza onto the safety line, the thrill of zooming across the zip lines high above the ground was unforgettable. Teamwork played a major role in the adventure, whether it was attaching each other's harnesses, signalling to others, or offering encouragement to those who felt scared. This trip taught me the value of pushing beyond my comfort zone and trusting both myself and those around me. I also realized how crucial teamwork can be, even in individual tasks like the slides. Having a supportive group made everything feel safer and a lot more fun"
Aanya 8SL



"Things I really enjoyed was the obstacles and the slide. From this trip I understood how to work with the people around me with compassion and I could practice my teamwork skills. I loved this trip and for me it might be my most enjoyed trip so far! I look forward to going to more trips like this" **Aarya 8NG**



"This trip was an amazing experience for me! I was able to learn to face my fears and acknowledge the fact that my fears shouldn't hereby be one of my obstacles in life. As being someone who was afraid of heights, the slides and the trampolines sure helped me build up my courage to go for it anyways! As exciting as the adventure park was, I would also like to focus on how sweet the tutors were! I was glad to see my tutor, Ms. Lucchi and other tutors also taking part in the adventures. Tutors at Park High are surely the sweetest teachers I've ever seen and also a great inspiration for their tutor group students (me) to set out goals and achieve them! To conclude, I would like to add on with how friendly my peers from my tutor group and other tutor groups were! Surely, Park High students are who define team work. Besides being a new student, this school has made me feel like I've known my fellows for so long! Which is absolutely heartwarming! I hope my view on this wonderful trip was helpful for the tutors to acknowledge how wonderful you all are and will continue to be!" ❤️ **Abigail 8FL**



"I liked my trip to BeGripped because I could face my fears on speed slides and zip trek. We showed teamwork in the net park as we played tag, and we showed teamwork when we were telling our classmates where to go" **Mahi 8AY**



"Have you ever felt that you just want to push yourself beyond what you thought you could do? Have you ever thought of finding something where you can drop down, jump as high as a kangaroo, zipline through the area. The answer would come to a thrilling place "Be gripped" - one of the best trips to go to, a pulsating experience for year 8 and is worth it" **Ayaiz 8WK**



Things to do and offers for families over the half-term

Inktoberfest: Family Ink Art Workshop:

This SPOOKTACULAR family workshop will serve as an introduction to the versatile medium of ink art. Come and make a splash this Halloween!
Harrow Arts Centre £7 per session

Brent Lodge Park Millennium Maze FREE

The Millennium Yew Maze can be found in [Brent Lodge Park](#). It's around a 10-minute walk from Hanwell station on the Elizabeth line.

Half-term clubs for newly arrived teenagers

[Springboard](#) offers young people learn life skills that set them up for independent living, practice English through a bespoke creative and participatory ESOL programme, and have academic, well-being and 1:1 support worked into their timetable.

Pumpkin Trail at Headstone Manor FREE

Headstone Manor & Museum has been invaded by pumpkins! If you can you will earn a trick treat! Pick up your FREE trail sheet at the museum entrance.

Wembley Park Art Trail- FREE

A free, open-air art gallery featuring 26 diverse artworks by leading local and international artists across Wembley Park.

Terrifying Tricks or Tasty Treats Family Trail

Dare to enter the Museum of Brand's Time Tunnel this Halloween half term with their Terrifying Tricks or Tasty Treats Family Trail! Kids are challenged to hunt out and draw food brands hidden across the decades and decide whether they make them go yum or yuck. **Kids go free Mondays - Thursdays** with a fee-paying adult.

Trick or Treat event- Watford Town Centre

an evening of FREE street performances and live entertainment including Halloween themed performances, fancy dress prizes, scary characters and a phenomenal fire-breathing act.
Saturday 26.10.2024 4.30pm-6pm FREE

Harrow Children's Library Activities

There are a number of activities for young people through the Harrow Library Service. Check the link above for what is on when and where. It includes Lego, K'Nex, Games Sessions, as well as access to normal library services.

Cold War Spies Week at RAF Hendon

Some familiar favourites are back including Robot Races and RC Helicopters or try new activities such as the LEGO Berlin Wall Workshop! Free entry, though some activities have a small cost.

Decoding pictures- The National Gallery London

How do our paintings talk to us? What details are they sharing, while silently chatting on our walls? These free sessions take place between 29.10.24-31.10.24 are free to book.

Diwali on Trafalgar Square Sunday 27.10.2024

With an exciting line-up of music and dance, plus workshops, food, art and crafts for the whole family, it's a fantastic day out for everyone to enjoy.

Boxing Weekly Club

Offered by Ignite Youth, these weekly drop-ins run on Monday's 4-5pm at Harrow Leisure Centre. FREE

Voice and Verse Family Day

Take inspiration from famous poets, writers and creatives buried and remembered in Westminster Abbey to boost your family creativity.
Friday 1st November 10am-12pm. FREE but booking required.

Diwali in Harrow Town Centre

Come and celebrate Diwali in Harrow Town Centre. There will be market stalls, fun fair rides (payable), and a stage with singers, dancers and dhol drummers.
Saturday 26.10.2024 12pm-6pm FREE



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2024

moneysavingcentral.co.uk/kids-eat-free



MORRISONS

Spend £5 from the hot menu and get one free kids meal all day, every day.

COCONUT TREE

One child (under 10) eats free every day
Monday 21st Oct- Sunday 3rd Nov 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

Monday 14th October - Friday 1st November 2024
kids eat free with every £10 adult spend

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

BILLS

2 kids eat FREE Mon - Fri from Monday 21st October - Friday 1st November 2024

PIZZA HUT

Free Kids buffet Monday 14th Oct - Tuesday 5th Nov daily until 3pm with code **SPOOKY**

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

Best Attendance

7AW

Most Achievement Points

9HC

Best Punctuality

7FF/7JR

ACE Lottery Winners

1. Mohamad Atef 12LM
2. Cecily Malia Ouma 9WN

Year 7

One down and one more to go! Those of you who had the opportunity to go to Phasels wood activity centre last week your behaviour was excellent and was great to see you having fun! Those of you who are going this week the previous group were able to meet expectations so I expect you to do the same!

This week is all about review week! It is a valuable time for students to pause, reflect on their learning, and set goals for what they want to achieve. It's an opportunity to revisit key concepts, identify strengths, and focus on areas that need improvement. By using this time wisely, you can feel more confident, better prepared, and ready to achieve their goals in the weeks ahead. Let's make the most of this opportunity to succeed! You will need to book your appointments on School Cloud and attendance is compulsory.

Your targets will be based around Academic, Pastoral and Character.

Year 8

Review Day-This week you should be thinking about your targets you are going to set. These targets should be based around the following:

1. Academic
2. Pastoral-EtonX programme
3. Character

Appointments should be made via **School Cloud** and attendance is **compulsory**. Review day is important as you get to set targets for the year which will help you be **'the best versions of yourselves'** in lessons and the wider community. Make your Year 8 journey productive and successful by achieving your targets. We look forward to seeing all your parents/guardians on **Thursday 24th October**.



Year 9

Continue to develop your targets this week so that you can be prepared for Review Day on Thursday the 24th of October. Your target should be aspirational so that you can continue to develop into the best version of yourself. You will need to have three targets – Academic, Pastoral and Character.

Appointments need to be made on School Cloud and attendance is compulsory. You must wear full school uniform! The Year 9 team look forward to hearing your goals this year and helping you achieve them!

Tutor group highlights:

Best Punctuality: 9BA/9HC Best Attendance: 9AM Most Character points: 9HC

We now have **16** students in Year 9 who have achieved their bronze badge, well done! Remember, you can get character points for displaying our character virtues in (And out!) of lesson.

Congratulations: Chidesiri Aloka 9HC, Krish Bhudia 9HC, Aman Nitali 9AL, Kaiya Patel 9WN, Dhruvi Halai 9HC, Dharmil Patel 9SC, Arihaan Katoch 9WN, Shanuja Sasikumar 9WN

Last Week's Round Up

ETON X
Interview Skills
REVIEW DAY
ETON X
Interview Skills Course

What to do

- Log on to EtonX
- Search for Interview Skills course
- Enroll on course
- Complete course

INFORMATION EVENING

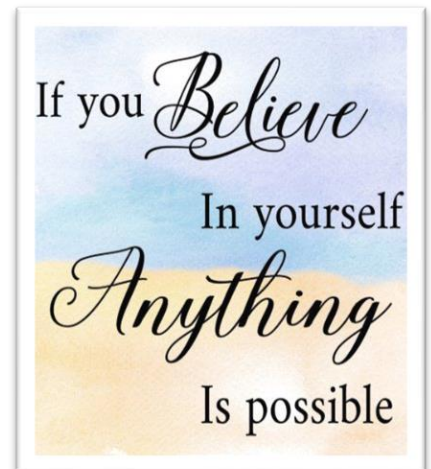
A big thank you to all parents and carers who attended the evening. If you did not collect a information booklet, please do so from the HOY office.

Year 10

"Great goals make great people; People cannot hit what they do not aim for." On Thursday you will set yourself 3 goals to help you live into the best version of yourself. Think carefully about them. You need to decide on one goal for each of the following areas: **academic, pastoral, and character**. These goals will give you a personal focus for year 10. Attendance is compulsory and your parents/carers will book appointments via School Cloud. On the day, you must complete the EtonX 'Interview Skills' course preparing you for your mock interviews on November 14th. Please read the Year 10 Teams page for further activities to complete on the day.

Year 11

What an incredibly busy and successful first half term! It has been a real pleasure seeing you focused in lessons, taking part in opportunities provided and representing Park High to the highest of standards. This shows me that you are taking your learning to the next step and preparing to the best of your ability for our upcoming mocks. Use review day this Thursday to motivate you for the next half term and to help you achieve your end goals that we set at the beginning of the year. Remember that this is a chance for you to reflect on your attitude to learning so far, identifying areas you can improve on for the next half term. Over half term, I know that you will want to revise but make sure to continue practicing self-care, it is so important! Take some time for yourself and do something that you enjoy. I hope you all have a fantastic half term and I look forward to hearing what you get up to! 😊



Sixth Form

A huge well done to our 13 students that have sent their UCAS applications off for the *early* application date.

We have 6 students that have applied for either Oxford or Cambridge university, to study Medicine, PPE (Philosophy, Politics and Economics), Land Economy, Computer Science or Law. We had an additional 7 students that have applied to study the very competitive Medicine or Dentistry courses at some of the best institutions across the country, including Leeds, Kings' College, Queen Mary, Liverpool, Bristol and Southampton.

Oxbridge, Medicine and Dentistry applications are some of the most competitive in the World. Our students may now have additional assessments and hopefully, will be called up for intense interviews in the coming months. Mock interviews and further support will be provided, and we wish every single one of them the best of luck!



UNIVERSITY OF
CAMBRIDGE



Autumn Term 1 Clubs

Monday

| Activity | Time | Location |
|----------------------------|---------------|--------------|
| Basketball* | Before school | Sports Hall |
| Basketball* | Breaktime | Sports Hall |
| Y7 Girls Netball | Lunchtime | Sports Hall |
| Y7-9 Dance club | Lunchtime | Dance Studio |
| Y7-9 Global Citizen club | Lunchtime | G2 |
| Choir* | Lunchtime | P1 |
| Y10-11 Basketball Coaching | After school | Sports Hall |
| Y11 Boys Football | After school | Park |
| Cricket | After school | Playground |

Tuesday

| Activity | Time | Location |
|-------------------------------|---------------|-------------|
| Badminton Coaching** | Before school | Sports Hall |
| Basketball* | Breaktime | Sports Hall |
| Y8-9 Girls Netball | Lunchtime | Sports Hall |
| Debate Club* | Lunchtime | R3 |
| Y7-10 Environmental Awareness | Lunchtime | S2 |
| Y7-11 The Literary Lounge | Lunchtime | B4 |
| Y8 Home learning club | After school | T3 & T2 |
| Badminton* | After school | Sports Hall |
| Y7 Boys Football | After school | Park |
| Girls Football | After school | Park |
| Y7-8 Indian Music Workshop | After school | P1 |
| Inspire Programme** | After school | Sixth Form |
| DofE** | After school | G2 |

Wednesday

| Activity | Time | Location |
|----------------------------|--------------------------|-------------|
| Volleyball Coaching ** | Before school | Sports Hall |
| Basketball* | Breaktime | Sports Hall |
| Y10-11 Girls Netball | Lunchtime | Sports Hall |
| Y7-8 Board games cafe | Lunchtime | G2 |
| Careers club* | Lunchtime | T2 |
| Y7-8 Computing club | Lunchtime | T3 |
| Y7-11 Lyrics as Literature | Lunchtime | N2 |
| Band | Lunchtime | P1 |
| Y7 Home learning club | After school | T2 |
| Y9 Home learning club | After school | T4 |
| Y10 Home learning club | After school | T3 |
| Y7-9 Basketball Coaching* | After school 3.30-5.30pm | Sports Hall |
| Y10 Boys Football | After school | Park |
| Netball Coaching** | After school | Playground |
| Grease** | After school | D1 |



Autumn Term 1 Clubs

Thursday

| Activity | Time | Location |
|------------------------|---------------|-------------|
| Basketball* | Before school | Sports Hall |
| Basketball* | Breaktime | Sports Hall |
| Girls Badminton | Lunchtime | Sports Hall |
| Xianxia club* | Lunchtime | R3 |
| Y7-9 Spoken Word Power | Lunchtime | P2 |
| Y7-9 Product Design | Lunchtime | T11 |
| Y7 Basketball | After school | Sports Hall |
| Y9 Boys Football | After school | Park |
| Girls Netball | After school | Playground |
| Grease** | After school | D1 |

Friday

| Activity | Time | Location |
|-------------------------|-----------------------------|-------------|
| Badminton Squad** | Before school | Sports Hall |
| Basketball* | Breaktime | Sports Hall |
| Girls Volleyball | Lunchtime 1-1.25pm | Sports Hall |
| MFL Library* | Lunchtime | L3 |
| Volleyball* | After school | Sports Hall |
| Y8 Boys Football | After school | Park |
| Table Tennis* | After school | Main Hall |
| Table Tennis Coaching** | After school 4.30-5.30pm | Main Hall |

Free Half-Term Holiday Programme for Eligible Students

The Holiday Activities and Food (HAF) Programme is a Department for Education (DfE) funded programme, brought to you by Harrow Council in partnership with the Young Harrow Foundation.

The HAF Programme is **for children and young people, from Reception to Year 11** eligible for Free School Meals (FSM) related benefits. The programme is fully funded and includes daily nutritious meals and fun activities. From sports to arts and crafts, including specialist SEND support, there's something for every child to enjoy.

[Find out more about the programme here.](#)



HOLIDAY ACTIVITIES
& FOOD IN HARROW