



### Message from Deputy Headteacher

As we approach the festive season, it's a wonderful time to reflect on the incredible journey we've had this term. From engaging in team-building activities that strengthened our bonds, to embarking on exciting school trips that broadened our horizons, each experience has contributed to our growth and learning.

Our lessons have equipped us with new skills and knowledge, while our charity events have reminded us of the importance of giving back to our community. These moments have not only been fun and educational but have also shown us the power of collaboration and compassion.

As we celebrate Christmas, let's take a moment to appreciate our strengths and the progress we've made. We should be proud of our achievements, and in particular our 'Good' Ofsted report. It's also a perfect time to think about what we can improve. Whether it's being a more supportive classmate, more diligent in our studies, or more involved in our community, there's always room for growth.

Wishing you all a joyful and restful holiday season. Let's come back in the new year with renewed energy and a commitment to making the most of every opportunity.

Merry Christmas and Happy New Year!

Mrs Wilkinson

### This Week

#### Key Dates:

**ALL WEEK: Year 13 Practice Exams**

Monday:

Tuesday: Grease Rehearsal

Wednesday:

Thursday: Year 13 Trip to Duchess of Malfi performance

Last day of term -  
staggered finish 12.10-  
12.30pm

#### REMINDER

School returns for students on Tuesday 7 January 2025. As a reminder students should be on site **before 8.30am**. Lateness to school will result in detention and regular lateness may incur an Educational Penalty Notice (EPN) OF £160.

### Mozartists Musical Workshop

Last week, a group of Year 9 Students participated in a musical theatre workshop set up by the Music Department in which they explored a number of aspects of performance and composing techniques. Students worked on a performance of "Do You Hear the People Sing" from Les Miserables as well as a range of musical games/activities.

Mr Appleman said: "It was wonderful to see our students so inspired and engaged in the workshop". Workshop leader, Rob, congratulated students on such a positive contribution – the time flew past!

Music Department



## Headteacher Celebration Assembly winners

### Year 11

#### Aditiya Hirani 11PW

He embodies not only the Park High vision, ethos and character virtues, but he goes above and beyond inside and outside the classroom. It was fantastic to see his bubbly personality on the history trip and his politeness never goes unnoticed. He has been a brilliant prefect so far.

#### Deborah Mirauti 11TI

She is a polite, hardworking and curious young lady who always strives for perfection. Deborah goes above and beyond the criteria for this award yet is always modest. Her confidence has grown in the role of a prefect and her willingness to help others never goes unnoticed.

### Year 10

#### Mahi Mistry 10JE

This young lady is an exceptional student. She has a politeness and professionalism in her academic activities and teacher interactions that makes her a delight to teach and talk to. She has consistently demonstrated the Park virtues and always is in the top 10 students for engagement in lessons. She has the most Character Point in the year group and is active in the school musical productions.

#### Nikhil Haria 10AG

This young man is an exceptional student. Although quiet he is one of the highest academically performing students in the year group. He demonstrates focus and determination in his learning. He was the most nominated student for subject awards. He has outstanding attendance and punctuality. He is a credit to his tutor group and this year group.

### Year 9

#### Bianca Cornea 9WN

This student participated and represented our school in different extra-curricular activities, such as The Ofsted Student Voice. She is someone who has consistently demonstrated the qualities that make them a standout member of our school community. She has a "can do" attitude and is a role model to others in the Year group. She goes above and beyond both inside and outside of the classroom. The school journey is not always easy, but you have handled it with grace and determination. Keep the amazing work and enjoy every moment of this achievement!

#### Dharmil Patel 9SC

This student joined us in Year 8 and has completely embraced the Park High School community. He has consistently demonstrated our Park High School virtues and values. This award is not only a statement of the hard work and talent, but also a reflection of the passion and dedication that this student puts into everything that he does. Your hard work has led to this amazing achievement. You are a truly successful individual who is a shining example of creativity and passion for our students.

### Year 8

#### Antonia Nathan-Lavielle 8AY

Antonia is always striving to be the very best she can be, she is a student who is compassionate, resilient and respectful. She shows pride in her appearance and her books are all well-presented and is a role model to her peers as a Year 8 Form Captain. Antonia shows curiosity and integrity in and out of the classroom and embodies all our Character Virtues.

#### Krish Galaiya 8ND

Krish is always striving to be the very best he can be, this was evident in his recent table tennis tournament. He is a student that shows compassion to others and displays great teamwork. He has shown resilience during his Aim Higher sessions and is curious about his own learning, a role model to his peers as a Year 7 Form Captain. Krish embodies all our Character Virtues.

### Year 7

#### Beatrice Halip 7JR

This young lady has stood out since her very first week at school. She has demonstrated a vibrant personality, a genuine passion for learning, and an enthusiastic willingness to participate in all aspects of school life. She has fully immersed herself in the Park High community, embodying the core values of compassion, teamwork, resilience, curiosity, and integrity. Her commitment is reflected in her outstanding attendance and punctuality, as well as her remarkable achievement of earning over 100-character points.

#### Hamza Mohamed 7FF

This student has made outstanding achievements in both sports and academics have been truly outstanding. He has shown an incredible drive to improve and grow, consistently striving to be the best version of himself. His punctuality, attendance, attitude to learning, and behaviour have all been exemplary. He always goes to class ready to engage. While in sport he has demonstrated resilience and integrity. It's clear that he not only focused on his personal success but also on making a positive impact on those around him.

*Investing in each other to be the very best we can be*

## Head Of Year Celebration Assembly winners

### Year 11- Miss Daler

#### Shaurya Vinchhi 11IA

Shaurya is a role model within the year group who always strives to be the best version of himself. This year he earned the role of a Prefect and has worked tirelessly in his lessons. Shaurya is always polite, compassionate and I am very proud of him

#### Aminah Ali 11BG

Aminah is an incredibly polite and hardworking student who has earned the role of a prefect in Year 11. Her smile around the school does not go unnoticed, alongside her hard work in lessons. Aminah is a role model within the Year group that I am incredibly proud of.

### Year 10- Mr Fowler

#### Diya Shah 10LY

This young lady is an exemplary student. One who is a delight to teach. She demonstrates active engagement with a desire to always better herself. A kind person, considerate of her peers and teacher. She has demonstrated outstanding attendance, punctuality, and attitude to learning. She is in the top 10 for most engaged in the year group. And a fine member of the School Council.

#### Dhruv Shah 10AG

This young man is once again an exemplary student. In particular in sport. One comment I got about him from a teacher was that he knew the answer to every question about sporting rules. He has a good nature. He has outstanding attendance and punctuality as well as 25-character points. He is always polite and determined, a credit to his tutor group. He is the number 2 in the best behaviour.

### Year 9- Ms Campbell

#### Alec Makwana 9BA

Alec is an early bird who starts each day with enthusiasm, he sets a positive tone for others. His kind heart and warm smile brightens the corridors, fostering an inclusive and welcoming environment. Beyond the classroom, Alec represents our school with pride and determination in sporting competitions, showcasing teamwork and resilience. His dedication, cheerful demeanor, and ability to inspire those around him makes him a true role model.

#### Thisumi Abewickrema Gunarathna 9AM

Thisumi has overcome every challenge with dedication and perseverance and her determination, hard work and passion have been paid off. This achievement is a testament to your unwavering commitment to your learning as well as others around you.

This accomplishment is a testament to your abilities and serves as inspiration to all who have witnessed your journey at Park. Keep up the amazing work as you continue to inspire others around you and may this award be the first of many more successes!

### Year 8- Miss Acheampong

#### Maria Hussein 8TP

Maria has shown significant improvements in her determination to succeed. She strives to do well in and out of class. Maria is a well-liked student, both amongst her peers and staff. She is a student who shows compassion to those around her.

#### Luis Bazgan 8FT

Luis is a student who consistently aims to do his best in his learning. He is a role model to his peers and is well liked around the school. Luis is a respectful, kind and polite individual.

### Year 7- Ms Asamany

#### Katie Coulson 7HG

What stands out most about this student, is how consistently she has displayed the core virtues we hold dear at Park High. Whether it's stepping up to help a classmate in need or sharing your unique perspective, you've never hesitated to show your true personality and make a positive impact on those around you.

#### Darius Diaconu 7MO

This student since day one has been setting a positive example for his peers and embodying the qualities of a great leader. His hard work and positive attitude have not gone unnoticed by his teachers, as reflected in the impressive number of achievement points he has earned. He is a shining example of what it means to be dedicated, authentic, and driven.

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## Contact books – A reminder

Well done to all those students who always have their contact books on their desks during every lesson.

Please remember that your contact book should be on your desk along with your equipment needed for the lesson, **in every single lesson**, including tutor time.

Any home learning that is set- even if the home learning is on Teams/MyMaths/Kerboodle etc.- should be recorded in your contact books. This should be shown to your parents/carers daily so that they can support you in completing any home learning.



## Job of the week – Marine Biologist



This week's video focuses on the job role of a Marine Biologist who studies everything in the water and environment surrounding, often with the aim of protecting the marine environments.

Explore more by using the Careers Library in [Unifrog](#). Click on the link below to discover the day-to-day tasks, skills required and routes into the profession.

<https://www.unifrog.org/student/careers/keywords/marine-biologist>

### CHRISTMAS CAREER PROFILES



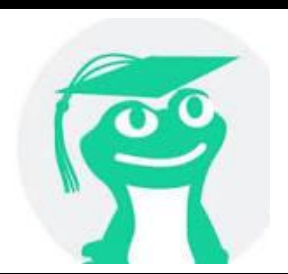
TOYMAKER



POSTAL DELIVERY WORKER



RETAIL ASSISTANT



Use Unifrog to research different careers and see how subjects link to job roles.

Careers library  
✓ Careers favoured

Subjects library  
✗ Subjects favoured



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## Free and low cost things to do for students and their families:

<p><b>Penguin Parade Art Trail</b> 12 sculptures of the feathered birds have been dotted around the Fleet Street area in a free <a href="#">Penguin Parade art trail</a>, each one uniquely designed by different artists. Each penguin has its own QR code which, when scanned, reveals penguin facts narrated by children's author and comedian Olaf Falafel.</p>	<p><b>Festive Characters Meet and Greet</b> On 21st December, St Ann's Centre in Harrow will have meet and greet sessions with a host of festive characters – a great festive opportunity for younger children.</p>
<p><b>Christmas themed Department Store Windows</b> Walk through shopping streets to enjoy festive shopfronts and <a href="#">department store</a> windows colourfully decked out for the season.</p>	<p><b>Covent Garden Christmas Event</b> <a href="#">Covent Garden</a> this Christmas has a number of features to enjoy, including hourly snowfall, Santa's sleigh and festive decorations.</p>
<p><b>Shakespeare's Globe Theatre Festive Play</b> Get cheap standing tickets to watch the annual festive play at <a href="#">Shakespeare's Globe Theatre</a>.</p>	<p><b>Power Up at the Science Museum</b> Immerse yourself in a <a href="#">hands-on gaming experience</a>, featuring the very best video games and consoles from the past 50 years. £12 for a day pass.</p>
<p><b>Visit a free museum</b> Choose from a <a href="#">number of free museums</a> across London. FREE</p>	<p><b>Winter Festival at Brent Cross</b> Daily from 12pm to 8pm (closed on Christmas Day), Brent Cross transforms into a winter wonderland for all to enjoy.</p>
<p><b>Festive Film Club at Boxpark Wembley</b> There are a number of free film screening for families at Wembley Boxpark across the Christmas period. Please check <a href="#">here</a> for more information.</p>	<p><b>Stanmore Walking Tour</b> Try one of these <a href="#">self-guided walking tours</a> of Stanmore to discover local history and some interesting wildlife</p>
<p><b>V&amp;A Christmas Trail</b> The Victoria and Albert Museum in London is the world's largest museum of applied arts, decorative arts and design, housing a permanent collection of over 2.8 million objects. Embark on their <a href="#">family trail</a> to uncover Christmassy highlights in the collection. Discover all sorts of festive objects – from big to small, beautiful to unusual – and some that are hundreds of years old!</p>	<p><b>Trafalgar Square Christmas Tree</b> The huge Trafalgar Square Christmas tree is donated by the city of Oslo each year. On weekday evenings and weekend afternoons lots of different groups get involved in carol singing beneath the tree, making it an undeniably festive place to be.</p>

The Holiday Activities and Food (HAF) Programme is a Department for Education (DfE) funded programme, brought to you by Harrow Council in partnership with the Young Harrow Foundation.

The HAF Programme is **for children and young people, from Reception to Year 11** eligible for Free School Meals (FSM) related benefits. The programme is fully funded and includes daily nutritious meals and fun activities. From sports to arts and crafts, including specialist SEND support, there's something for every child to enjoy.

[Find out more about the programme here.](#)



HOLIDAY ACTIVITIES  
& FOOD IN HARROW

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## PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING CHRISTMAS 2024



[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)

### MORRISONS

Spend £5 from the hot menu and get one free kids meal all day, every day.

### GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

### BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

### TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

### TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

### EMBER INNS

Kids eat for £1 from Monday 21st October to Friday 1st November 2024 (excludes weekends)

### COCONUT TREE

One child (under 10) eats free every day Monday 23rd December 2024 to Friday 3rd January 2025.

### LAS IGUANAS

Download the app and join 'My Las Iguanas' for free meals for mini Iguanas. Niños get a main, two sides and a dessert with every adult main (or three tapas dishes) purchased.

### BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Sun to Weds. All Day Thursdays

### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

### IKEA

Kids get a meal from 95p daily from 11am

### HUNGRY HORSE

Kids eat for £1 on Mondays

### FUTURE INNS

Under 5s eat for free with any adult meal.

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## 'Grease – The Musical!'

The Performing Arts Department are excited to announce that tickets are now on sale for 'Grease – The Musical!'. If you would like to purchase tickets to our always popular, usually sold-out show, please come to see Mrs Molloy at our box office in D1 at lunchtimes. Performances will be on Wednesday 29<sup>th</sup> and Thursday 30<sup>th</sup> January 2025 from 7pm, with Gabriel Colban taking the lead role of Danny on both nights and Mahi Mistry/Katlin Balois alternating the role of Sandy. It's a show not to be missed! Tickets are £7 for adults and £5 for concessions.

**PARK HIGH SCHOOL PRESENTS...**

# **Grease**

**JANUARY 29TH AND 30TH 2025 @ 7PM**  
**£7 ADULT £5 CONCESSION**  
**TICKETS AVAILABLE AT THE BOX OFFICE IN D1**

"GREASE School Edition"  
...is presented through special arrangement with and all authorised performance materials are supplied by Theatrical Rights Worldwide (TRW)  
[www.theatricalrights.co.uk](http://www.theatricalrights.co.uk)  
Book, Music, and Lyrics by  
Jim Jacobs and Warren Casey  
The Film Songs "Hopelessly Devoted to You", "You're The One That I Want" and "Sandy" are used by arrangement with Robert Stigwood"

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# Last Week's Round Up

## Best Attendance

**10AG**

## Most Achievement Points

**7MO**

## Best Punctuality

**7FF**

## ACE Lottery Winners

1. Inaya Syed **10NK**
2. Ruhi Savaliya **7HG**

## Year 7

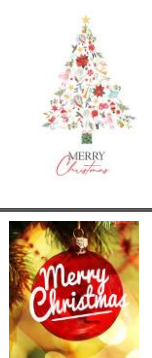
What an incredible term you've had! We are so proud of the way you've worked hard in your lessons and shown fantastic progress. Your effort and dedication have truly shone through.

It was wonderful to see how supportive you all were during the celebration assembly. Watching you cheer for each other's achievements with such happiness and encouragement showed amazing kindness and respect—true character virtues that make our school community special. I would also like to thank parents for taking time to come to our Celebration. As the holidays begin, remember to stay safe and look after yourselves. Enjoy this well-deserved break, spend time with your family and friends, and make some great memories.

Have a wonderful Christmas, and we look forward to seeing you refreshed and ready for the new term in January!

## Year 8

Last week's celebration assembly was a wonderful opportunity to reflect on the term's achievements and growth. It was a time to celebrate your hard work, dedication and successes within the year group and highlighting key moments that has made this term special. Beyond the awards and applause, it reminded us of the value of teamwork, resilience, compassion, integrity and curiosity, all of which are our Character Virtues. Reflection is as important as celebration, and we look back on those challenges to overcome and lessons learnt with pride. As we move forward, let's carry this momentum, aiming higher while cherishing the moments that shape our journey. Here's to continued success in 2025 Year 8.



## Year 9

Are you ready to battle it out for supremacy in our inter-form competition tomorrow? I look forward to seeing you after school in the sports hall!

Mrs Cepoi and I would like to wish you a Merry Christmas and a Happy New Year. We look forward to continuing to see you grow and set yourself up for success as you prepare yourself for your GCSEs

Celebration assemblies give us space to reflect on our success and plan for growth. I am so proud of all students who won awards, were nominated or actively worked towards being the best version of yourself. Demonstrating our character virtues, hard work, and talent creates a community we can all be proud of. For those who weren't in the spotlight this time, remember that your journey is just as important. Keep striving, learning, and being the best version of yourself. I look forward to celebrating more success for Year 9 in the New Year.



*Congratulations!*

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# Last Week's Round Up

## Year 10



Congratulations all those who won an award in Celebration Assembly! And all those who have strived to be their best this term. We are so proud of your progress – a huge congrats to:

10LP – best overall tutor group.

10AG & 10LP – winners of our inter-form competition.

10AG & 10SW – for consistently high performance.

To Sami Azim, Anay Kara, Zahra Al Fadhli, Diya Shah, Dhruv Patel, Mahi Mistry, Nikhil Haria. You have got the first term under your belt. You have built the foundation. You now need to build on the foundation. There are three areas we will focus on next term to build you into your best: 1) punctuality to school and lessons; 2) Active engagement in lessons; 3) outstanding presentation in your books. Let's make the next term the most successful.

## Year 11

Can you believe we are one third of the way through your last academic year?! But what a term it has been. We have had GCSE Dance and Drama performances, successful sports matches, trips including the history trip to Belgium, Mocks and our fabulous Day in The Life! Throughout this term you have proven that you can be hardworking and focused in class and I am thrilled to see this reflected in the majority of your progress checks. Remember, that there is still time to improve and reach your desired target grade. Using your progress checks and mock results, reflect on the subject knowledge you need to improve on and take the time to revise these areas over the holidays. But it is also important to spend time with your family and friends! Be sure to take part in activities that you enjoy and of course indulge in some christmas treats. I wish you all a Merry Christmas and I look forward to seeing you in the New Year :)

## Sixth Form

### Year 12 Celebration assembly

We are ending our term on a high as we hold our Year 12 celebration assembly next week! This assembly is an opportunity to celebrate our students hard work, determination, and outstanding accomplishments throughout their first term in 6<sup>th</sup> form.

We look forward to handing out lots of prizes and certificates and to applaud the hard work, resilience. and success of our Year 12 students.



This week, one of our aspiring medical students in Year 12 attended the Junior Medicine conference. Here's what he had to say:

*Attending the medicine conference at Imperial College London was an unforgettable and inspiring experience. The day was filled with engaging lectures, including a fascinating talk on kidney function and disease, as well as sessions on cardiology and neurology that explored cutting-edge research in a way that was easy to follow. The hands-on CPR and blood extraction workshops were a definite highlight, offering the chance to practice real medical skills in a fun and supportive environment. The professors were incredibly knowledgeable and approachable, taking time to answer all our questions. What made the day even better was the chance to meet other students who shared the same passion for medicine—they were so friendly, and I even made new friends. This experience has not only strengthened my ambition to pursue a career in medicine but has also given me a glimpse of the exciting journey ahead. Rayan Dbouk 12BR.*

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# Autumn Term 2 Clubs

## Monday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Y7 Girls Netball	Lunchtime	Sports Hall
Y7-9 Dance club	Lunchtime	Dance Studio
Y7-9 Global Citizen club	Lunchtime	G2
Choir*	Lunchtime	P1
BAFTA Game Designer	Lunchtime	T4
Y10-11 Basketball Coaching	After school	Sports Hall

## Tuesday

Activity	Time	Location
Badminton Coaching**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Y7-9 Girls Netball	Lunchtime	Sports Hall
Debate Club*	Lunchtime	R3
Y7-10 Environmental Awareness	Lunchtime	S2
Y7-11 The Literary Lounge	Lunchtime	B4
Keyboard club*	Lunchtime	P1
Badminton*	After school	Sports Hall
Inspire Programme**	After school	Sixth Form
DofE**	After school	G2

## Wednesday

Activity	Time	Location
Volleyball Coaching**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Y10-11 Girls Netball	Lunchtime	Sports Hall
Y7-8 Board games cafe	Lunchtime	G2
Careers club*	Lunchtime	T2
Y7-10 Robotics club	Lunchtime	T12
Y7-8 Computing club	Lunchtime	T3
Band*	Lunchtime	P1
Y7 Home learning club	After school	T2
Y8 Home learning club	After school	T1
Y9 Home learning club	After school	T4
Y10 Home learning club	After school	T3
Y7-9 Basketball Coaching*	After school 3.30-5.30pm	Sports Hall
Grease**	After school	D1



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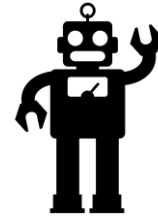
# Autumn Term 2 Clubs

## Thursday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Xianxia club*	Lunchtime	R3
Y7-9 Spoken Word Power	Lunchtime	P2
Y7-9 Product Design	Lunchtime	T11
Y7-9 Science Club	Lunchtime	S4
Girls Netball	After school	Playground
Y7 Table Tennis	After school	Main Hall
Grease**	After school	D1

## Friday

Activity	Time	Location
Badminton Squad**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
MFL Library*	Lunchtime	L3
Y7-8 Girls Science club	Lunchtime	S4
Volleyball*	After school	Sports Hall
Table Tennis*	After school	Main Hall
Table Tennis Coaching**	After school 4.30-5.30pm	Main Hall



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