



Message from Assistant Headteacher

We celebrate International Women's Day on March 8th and World Book Day on March 6th, affording us the opportunity to honour the incredible contributions of women throughout history and the power of literature to inspire and educate. From trailblazing authors who have broken barriers and given voice to the voiceless, to the countless stories that have shaped our understanding of the world, these two special days remind us of the importance of equality, empowerment, and the transformative power of books. Let's celebrate the achievements of women and the joy of reading and continue to support each other in our journey towards a more inclusive and literate world. We look forward to seeing many of our students participate in the Literary Fair at lunchtime in the hall on Thursday.
Mrs. Day-Haynes

This Week

Key Dates:

National Careers Week- ALL WEEK

Tuesday:	Slam Poetry Event 4pm
Wednesday:	Year 12 Mock interviews
Thursday:	World Book Day Preferences Evening for Yr 9 parents and students PSHCE P.5
Friday:	Careers Fair



International
Women's Day
#IWD2025 #AccelerateAction



Developing Curiosity

Here are some ways to connect your learning to real-life situations, especially in the context of the upcoming Careers Fair:

Research Career Paths: If you're studying a particular subject, research how it applies to different careers. For example, if you're learning about biology, look into careers in healthcare, environmental science, or biotechnology. This can help you see the practical applications of your studies.

Talk to Professionals: Use the Careers Fair as an opportunity to ask professionals how they use the knowledge and skills you're learning in their daily work. This can provide real-world context and inspire you to see the relevance of your studies.

World Book Day- 6 March

SAVE THE DATE

As part of our World Book Day celebrations, we have organised a range of exciting events and activities to encourage reading for pleasure.

Over the course of the week, we will be:

Distributing Book Tokens (KS3 only)

Running the National Book Token Competition (Open to all year groups from the w/c 24th Feb – Available in the library)

Organising a Scavenger Hunt at lunchtime (Open to all year groups – Forms can be found in the library)

Dressing up as our favourite book character on 6th March ~ for Year 7 and Year 8 ONLY and staff.

Literary Fair at lunchtime on 6th March. Everyone is welcome to come along and celebrate reading for pleasure with us in the hall.



Are you ready
for Red Nose
Day – 21 March?

Many of you may have younger siblings or family friends who will be receiving their secondary school places for September over the coming week. Please encourage anyone who wishes to know more about Park High to come and visit us on Thursday 13 March 2025. We are rightly proud of our school and, in particular, we are proud of you! It is our students who really make our school what it is- a school of character and opportunity. Please share this with any Year 6 families who may be interested.



Year 7
Open Evening
Thursday 13 March 2025
6-7 pm

Visit our school and find out what we have to offer.

Meet school leaders and have your questions answered.

Students can experience a High School lesson in our
Subject Taster Sessions across a range of subjects.

Book your place via the school website

Investing in each other to be the very best we can be

Jack Petchey 'Speak Out' Challenge

On Wednesday, 5th February, 60 Year 10 students participated in the Speak Out Challenge. Throughout the day, they engaged in confident communication activities, planning and preparing speeches before delivering them to their peers. The workshop visitors were highly impressed with the students and found the day to be a pleasure.

Congratulations to all the students who took part, with special recognition to Dani Omar Saad 10AG, Lina Mahwies 10AG, Ashan Nawaz 10LP, Mahi Mistry 10JE, and Jia Pankhania 10AK for securing a spot in the semi-finals! They will be presenting their speeches in the Year 10 assembly, where two winners will be chosen to attend the regional finals



Jack Petchey's
"SPEAK OUT"
Challenge!



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Wallace Collection Drawing Workshop

The Y12 and Y13 A level art students went to the Wallace collection to do a life drawing workshop.

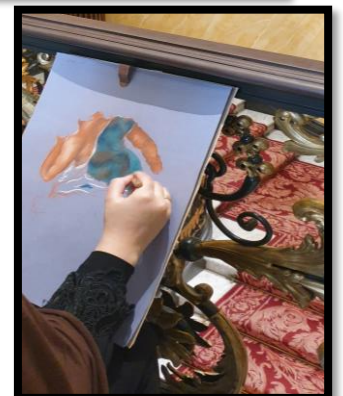
They had where inspirational day, where they saw a myriad of artworks to research for their exam project. The drawing session was led by an artist who was very impressed with the quality of drawings our students made in the session. The is what the students have said about their experiences.

Visiting the Wallace Collection was an enriching experience, particularly exploring the Renaissance and the Rococo artworks. One key takeaway from this trip was the importance of light, composition, and anatomy in figure drawing. Seeing these works in person gave me a deeper appreciation of how artists manipulated softness, shadow, and texture to create lifelike representations. It was incredibly beneficial for my observational drawing skills. Studying these paintings helped me understand proportion and movement in the human body. This visit was a valuable opportunity to refine my observational skills and gain new perspectives on historical approaches to figure drawing.

Preesha Patel, 13SM.

During our trip to the Wallace Collection Museum, we learnt about the history of the Renaissance and Rocco Art and how it has impacted art and culture. This trip benefited our projects as it gave us insights to how we could add historical context to our projects adding deeper understanding. My best experience on the trip was the life drawing as it brought me out of my comfort zone and allowed me to experiment with different mediums I haven't used before.

Krystal Iyeh 12BR



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Jack Petchey Awards

Last year's Jack Petchey Achievement Award winners attended the ceremony at Harrow Arts Centre. Each student collected their medals as well as our Leader Award winner, Hannah Wakeman. It was a fantastic evening, celebrating the outstanding achievements of Park High's winners.

The Jack Petchey Foundation was set up to inspire and motivate young people across London and Essex by providing exciting projects and programmes for them to get involved in. We also recognise the outstanding achievements of today's young people by awarding them for their hard work and positive impact in their community.



 **WINNERS ANNOUNCED FEB 2025** | **CELEBRATING THE OUTSTANDING EFFORTS OF YOUNG PEOPLE**

The first three winners of this year have been announced and will be attending the next Achievement Award Ceremony.

- Sami Azim in 10AG** was selected for an award for "his outstanding work ethic in his lessons and his genuine desire to better himself and those around him has been commendable". He has chosen to spend his grant on the Step Into Dance workshops.
- Sasha Olari in 9SC** was selected for "being extremely supportive of a new student joining the school. He stands by people, showing compassion through any situation. A resilient, polite and model student who is self-motivated and motivates those around him". And is spending his grant on the DT department.
- Elena Yu in 9AM** was selected for living "by the character virtues and embracing them in every situation. She has shown resilience, discipline and commitment to improving her skills and serving people around her". Elena is spending her grant on the music department.

Investing in each other to be the very best we can be

Free things to do for students and their families:

Illustrations by London artist Hanna Benihoud are on display in the HighlightHer free outdoor exhibition in King's Cross, celebrating 'extraordinary ordinary' women. Artworks depict scenes including the woman who expertly applies a full face of makeup on the Tube during rush hour, and the woman who juggles three loads of laundry, while preparing packed lunches and scheduling a doctor's appointment

HighlightHer at Granary Square in King's Cross, 4-30 March 2025. FREE.



National Careers Week



Where do I see Myself?

This week we began our six-week programme of live virtual career talks by external speakers during tutor time, linking our character value of curiosity with careers.

On Tuesday 24 February, Year 7, 8 and 9 heard from Charlie Maynard, about his career journey in Sales and Trading. On Wednesday 25th February, Years 10, 11, 12 and 13 heard from Dr Clare Martin about her career as an Audit Manager.

Next week's speakers are a Consultant Safety Engineer and Cloud Systems Administrator.

National Careers Week takes place annually during the first week of March. It is a week filled with events, workshops and seminars all designed to shed light on the world of work and potential career pathways.

During the week there is: -

Tuesday 4 March – External speaker during tutor time Year 7, 8 & 9 - Eric Griffiths Consultant Safety Engineer from

Wednesday 5 March - Year 12 Mock Interview Event and external speaker during tutor time Year 10 & 11 - Elisha Bayram Cloud Systems Administrator.

Thursday 6 March. During PSHCEe Year 13 Student Finance talk by University of Hertfordshire. Year 9 Preferences evening.



Show your creativity. Design a Career poster. This could be your dream job or careers from a subject. Include some labour market information - salary, skills, routes into the profession, university / apprenticeship. Hand your entries to Mrs. Foster in the Careers & Employability room next to P6 by Monday 10 March.

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Last Week's Round Up

Best Attendance

**7KA/7KL/
7AW**

Most Achievement Points

7PB

Best Punctuality

7PB

ACE Lottery Winners

1. Banin Hassan 11PW
2. Amarni Sattar 7PB

Year 7

Can you believe we already back a week? Time goes so fast so I want you to be able to embrace every moment and as we always say... Be your best self! Last week every tutor group was on report, and I believe as a whole you did really well to display all the good characteristics of year 7 so well done. I would like us all to keep going in the same direction with positivity and ambition.

This term we have loads of opportunities to celebrate all the good things we do so watch out for the reward trips that are on their way.

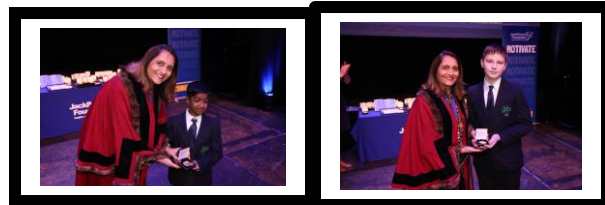
I hope that you are all creative enough to impress on World Book Day! I look forward to seeing you as your favorite characters.

Year 8

Rewards and recognition -Let's celebrate this half term with exciting rewards! Each week, tutors will nominate students for a reward lunch, and the names will be entered into a randomizer. Additionally, students who consistently demonstrate their best selves every day will have the chance to go on a Flip Out reward trip. This is a fantastic opportunity to recognise and celebrate the hard work and positive behavior of individual students.

Let's make this half term memorable with lots of fun and well-deserved rewards!

Congratulations to our Year 8 **Jack Petchey** Winners – **Shavishnu Arivalagan 8FL** and **Luca Hutanu 8NG**. We are so proud of your accomplishments.



Year 9



Deputy Prefect

applications are open! This is an excellent opportunity for you to develop your leadership skills and give back to the school community. Apply on the Year 9 Teams page. I look forward to reading your applications!

Preferences Evening is on Thursday the 6th of March. This evening is a crucial opportunity for you to make informed decisions about your future paths. Take advantage of the chance to speak directly with subject specialists, they can provide valuable insights into the curriculum, and how each subject can align with your interests and goals. Making the right choices now can open doors to exciting opportunities in the future. The evening begins at 5.30pm sharp, I would advise to get in early as it will be busy! We look forward to seeing you there and helping you make the most of this important evening.

Tutor group highlights

Best attendance: 9HC Best punctuality: 9RA/9SC

Most Character Points: 9WN

Investing in each other to be the very best we can be

Last Week's Round Up



A huge congratulations to our year 10 Jack Petchey award winners! Who received their medallions at the Jack Petchey Award Ceremony.

YEAR 10 BEST ATTAINMENT IN PCI

Name	Ave Grade
Samarth Ayana	7.7
Shah Harsh	7.7
Circiu Levi Emanuel	7.4
Shah Diya	7.4
Avinash Diya	7.3
Mepani Keshav	7.2
Haria Nikhil	7.1
Hirani Taran	7.1
Karsan Liya	7.1
Kerai Rithik	7.1
Shah Savir	7.1

Congratulations!

Year 10

We have had some fantastic Jack Petchey successes. A big congratulation to Sami Azim our latest winner of the Jack Petchey Achievement Award for his efforts to become the best version of himself. We are also proud of our two Jack Petchey Speak Out finalists Dani Omar Saad and Lina Mahwies – we will all be behind you when you speak at the regional finals. We want to congratulate your success in the latest progress check, too. In particular, the top attainers (see left). There is still lots of improvements we need to make as a year group. Those improvements will be achieved in your active engagement in lessons and perfect punctuality and 100% attendance.

Year 11

As we continue our journey through this important academic year, we would like to take a moment to acknowledge the hard work and dedication you have demonstrated in your assessments so far. Your commitment to your studies has been outstanding, and we are confident that this perseverance will lead to continued success. Keep striving for excellence, as the effort you put in now will set the foundation for your future achievements.

With assessments continuing next week this is a reminder to stay focused, keep your revision on track, and trust in your abilities. We believe in each and every one of you, and we know you will rise to the challenge.

A huge good luck to the boys as they have their football match on Wednesday. It would be great to see lots of you there to support them.

Sixth Form

Our assemblies last week were about 'pre-mortems', and these will keep coming up in conversations over the coming months for both year 12 and year 13. Think about what could go wrong for you, whether this is exams, results day, university places, and so on. Then work backwards. What steps can we put in place *now* to avoid these potential failures happening in the future?

This is a managerial strategy that can be incredibly effective when applied to your approach to your studies over the next few months, or in fact, years. Think about it (carefully) and speak to us, so we can support you in reaching your desired goals.

Good luck to our year 12 students in their mock interviews this week. And of course to some of our year 13 students who continue to receive interviews for university places! These are great opportunities to prepare for interviews for future employment and other opportunities. So here's a few general questions that can come up in any interview that look simple on the surface, but can be really tricky!

TOP 5 MOST DREADED INTERVIEW QUESTIONS

- ✓ 1. Tell me about yourself?
- ✓ 2. What is your greatest strength?
- ✓ 3. What is your greatest weakness?
- ✓ 4. Why do you want to work here?
- ✓ 5. Why should we choose you?

Investing in each other to be the very best we can be

Spring Term 2 Clubs

Monday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
BAFTA Game Designer	Lunchtime	T4
Choir*	Lunchtime	P1
Y7 Girls Netball	Lunchtime	Sports Hall
Y7-9 Dance club	Lunchtime	Dance Studio
Y10-11 Basketball Coaching	After school	Sports Hall

Tuesday

Activity	Time	Location
Badminton Coaching**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Debate Club*	Lunchtime	R3
Keyboard club*	Lunchtime	P1
Y8-9 Girls Netball	Lunchtime	Sports Hall
Y7-10 Environmental Awareness	Lunchtime	S2
Y7-11 The Literary Lounge	Lunchtime	B4
Y10 Photography Club	Lunchtime	P9
Badminton*	After school	Sports Hall
Y9 Brilliant club**	After school	Sixth Form
DofE**	After school	G2

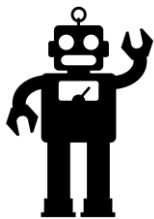


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Spring Term 2 Clubs

Wednesday

Activity	Time	Location
Volleyball Coaching **	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Band*	Lunchtime	P1
Careers club*	Lunchtime	T2
French conversation	Lunchtime	L4
Y7-8 Board games cafe	Lunchtime	G2
Y7-10 Robotics club	Lunchtime	T12
Y10-11 Girls Netball	Lunchtime	Sports Hall
Grease**	After school	D1
Y7 Home learning club	After school	T2
Y8 Home learning club	After school	T1
Y9 Home learning club	After school	T4
Y10 Home learning club	After school	T3
Y7-9 Basketball Coaching*	After school 3.30-5.30pm	Sports Hall



Thursday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Table Tennis Coaching**	Before school	Main Hall
Basketball*	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Xianxia club*	Lunchtime	R3
Y7-9 Spoken Word Power	Lunchtime	P2
Y7-9 Product Design	Lunchtime	T11
Y7-9 Science Club	Lunchtime	S4
Girls Netball	After school	Playground
Handwriting Club**	After school	L1
Y7 Table Tennis	After school	Main Hall
Grease**	After school	D1

Friday

Activity	Time	Location
Badminton Squad**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
German conversation	Lunchtime	L4
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
MFL Library*	Lunchtime	L3
Spanish conversation	Lunchtime	L2
Y7-8 Girls Science club	Lunchtime	S4
Volleyball*	After school	Sports Hall
Table Tennis*	After school	Main Hall