



### Message from Assistant Headteacher

At Park High this week we have our year group celebration assemblies. These are great events that are a celebration of what the year group can achieve in a term. It will be fantastic to have invited parents come in and celebrate with us across all your achievements. There will be many awards given out across a range of subjects and areas of school life. By acknowledging both individual and collective contributions, these assemblies inspire students and staff to continue striving for excellence while embracing the values of our character virtues. The events celebrate your hard work and dedication to your learning, positive behavior, and fostering the strong sense of Park High community spirit. The assemblies also celebrate academic success, personal growth, and extracurricular achievements as well as the incredible generosity and teamwork demonstrated by you. In line with this latter point, last week you and staff participated in the annual Red Nose Day fundraising by organising fun activities and charity events to support a great cause. Look out this week for the grand total. Did we beat last year's total? Keep being professional students and developing your character virtues and enjoy celebrating as a year group in your assemblies this week.

Mr. Whittaker

### This Week

#### Key Dates:

#### ALL WEEK: CELEBRATION ASSEMBLIES

#### Monday:

Tuesday: Year 13 Economics Trip

PSHCEe P.6

Wednesday: School Tours

Governor's Day

Yr 11 Dance Exam

Thursday:

Friday: Yr 12 Drama Exam

### MFL Speaking Exams

Y11 GCSE MFL speaking exams will be taking place from Wednesday 23rd April- Wednesday 30<sup>th</sup> April. You will be given exact times and dates by your teacher in the next couple of weeks. Please speak to your class teacher if you have any questions regarding these exams.

**ADVANCED  
NOTICE**

**MFL  
Speaking  
Exams**

### Red Nose Week

**THANK YOU FOR HELPING US RAISE A  
FANTASTIC SUM FOR**

**RED NOSE DAY!!**

**We will share the total amount next week.**

Our Year 7 Netball team continued their winning streak on Tuesday with an impressive victory over fellow regular title challengers, Pinner High.

The girl's resilience in training, curiosity to learn from our Netball coach and compassion to ensure everyone feels part of the squad have been a pleasure to witness. They are enjoying their Netball, taking pride in their success and developing valuable life skills.

The hard work continues as the group stages end and we eagerly await the semifinal draw.



## Magistrates' Court Mock Trial Competition

On Saturday 15<sup>th</sup> March, a group of year 8/9 students went on a trip to the Magistrates' Court Mock Trial competition. The Magistrates' Court Mock Trial Competition helps young people understand how the law touches every aspect of their lives, gaining an insight into how the legal justice system works. Here are some student accounts of their experience:

*The competition was all about tackling legal cases, presenting strong arguments, and thinking on our feet. As a legal advisor, I worked closely with my team to refine their points, analyse case laws, and make sure our arguments were solid and persuasive.*

*The day was intense but exciting - lots of last-minute preparation and the rush of presenting our case. There were some tough moments, but it was a great learning experience. Seeing how different teams approached their cases was interesting, and it was a great chance to improve our legal reasoning under pressure.*

*Beyond the competition itself, the event was also a fantastic opportunity to connect with other aspiring lawyers, gain valuable feedback, and sharpen our skills. Overall, it was a rewarding and insightful experience that gave me a deeper appreciation for the legal field. I would recommend it to anyone who is interested in law.*

Javeria Khirkhawa 8TP



*Our trip to the Magistrates' Court was amazing! It started off with a warm welcome from some judges and magistrates, then we had a personal magistrate that gave us tips and took us to our rooms. After a bit of time, we went to the courtroom, and we presented our case. This was interesting because we have never done this in front of an audience or other people. After round 1, we went back to our room for a break and had a conversation with the next group of people on our team to give them tips and things to look out for in their round. Then when they went to court their side was much stronger and it went well. It was an educational experience, and we had a lot of fun. Extra thanks to Miss Tanay and Mr Sutcliffe for making the experience even more entertaining and for making it happen!*

Bhoomi Parmar 9h

***Investing in each other to be the very best we can be.***

Park High School in Stanmore invited over three hundred students from local primary schools to join in activities marking British Science Week.

Year 5 students from Kenmore Park Junior School, Stanburn Primary and Whitchurch Primary joined staff and students from Park High on Friday 14 March to take part in science workshops.

The sessions gave the primary school students the opportunity to get hands-on with science, learn exciting new facts about physics and chemistry, and to see what to expect when they transition to secondary school.

The experiments included seeing the effects of static electricity with a Van de Graaff generator and exploring chemical reactions to make 'alien slime.' The most popular and dramatic experiment of the day was exploding balloons filled with hydrogen, igniting a brief fireball in the air.

The primary school workshop was the culmination of a week of science activities throughout Park High, which saw students of all years taking part in a school-wide science scavenger hunt and making giant bubbles in the playground.



## Science Week at Park High

 **BRITISH  
SCIENCE  
WEEK**  
7-16 March 2025

"I can't wait to go to  
Park High School."

Primary Student

"British Science  
Week fair was a fantastic  
experience. We showcased a range of  
engaging experiments all aimed at  
sparking curiosity in primary school  
children. It was incredibly rewarding  
to see the excitement on the  
children's faces as they explored  
the wonders of science."

Rayan Dbouk- Year 12

"A MASSIVE thank you to the Park High  
staff and your fabulous students. Your  
students were so kind, caring and  
engaging with our children. Our children  
had the most amazing afternoon, and  
they are still talking about the  
experiments.

Primary Teacher.

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## Priestmead Holi Event

On Friday 14 March, one of our feeder schools, Priestmead Primary, held a fantastic Holi event for their school community. Our Year 10 student, and former Priestmead pupil, Harnek Bhachu, was invited to perform at the event. Holi is a major Hindu festival celebrated as the Festival of Colours, Love, Equality and Spring. It celebrates the eternal and divine love of the deities Radha and Krishna.

Well done to both Harnek and Priestmead for a wonderful community event.



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## Free things to do for students and their families:

Stanmore Country Park lies just north of Stanmore Station on the slopes of the hill leading up to **Wood Farm** to the north. The reserve is open all year round and welcomes all visitors. It is a wonderful space to enjoy for families as the weather improves.

The open space is managed by voluntary wardens who work to record species and enhance the site's biodiversity. Larger scale work, such as mechanical cutting of the open areas to prevent scrub growth, is performed by council workers and contractors. A **Nature Trail** 2.3km long winds through Stanmore Country Park and takes visitors past many interesting aspects of the site. Leaflets are regularly available in dispensers at the main entrances.



## Careers & Employability

**Try a career or course before you apply** 

**Gain experience. Earn certificates. Showcase your skills. 100% free from age 13+**

**CURIOSITY**

**Springpod** 

**CURIOSITY**

VIRTUAL

**AtkinsRéalis Virtual Work Experience programme**

JOB SECTOR

**Engineering**

Broad and in-depth virtual work experience related to engineering. **Take a look.**

**unifrog**

**Which form is using Unifrog the best?**

**Log in and complete the 101 courses.**

**7HG**

**8TP**

**9HW**

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# Last Week's Round Up

## Best Attendance

9HW/11RL  
8WK/8FT

## Most Achievement Points

8FT

## Best Punctuality

7FF/7KL  
7KA/8TP

## ACE Lottery Winners

1. Dia Pancha 10JE
2. Aalekh Patel 10AD

## Year 7

Team Year 7. I want to give you a quick reminder that **you do not have to follow the crowd** to fit in. The best thing you can do is **be yourself!** It is easy to go along with what everyone else is doing, but true confidence comes from making your own choices and standing by what you believe in. Do not be afraid to have your own opinions, interests, and style—**that is what makes you unique!**

let's talk about **handling conflicts**. Disagreements happen—it's normal! But how you deal with them makes all the difference. Instead of arguing or ignoring the problem, try:

- ✓ **Talking it out calmly** – Listen and share your side without blaming.
- ✓ **Seeing the other person's point of view** – Sometimes, it's just a misunderstanding.
- ✓ **Finding a solution together** – Compromise is key!

You've got this, Year 7! This week ... Lock In.

## Year 8

Some of our students had a fantastic opportunity when they attended a Mindset workshop led by Dr Martijn Van Der Spoel. The session was designed to support and encourage our students to be active learners by strengthening resilience, problem solving and growth mindset. Through interactive activities our students explored strategies to stay motivated, embrace challenges and develop confidence in their learning.

**We look forward to seeing your parents and carers on Thursday 27<sup>th</sup> March for our Year 8 Easter Celebration Assembly**



Practice & Routine

Remove Distractions

One thing at a time

Ask for help.



## Year 9



Our students enjoying stage combat last week!

This week you will be making a crucial decision about your futures. A new link will be sent out today for you to confirm your preference choices for your GCSEs. Make sure you are making an informed choice and have discussed carefully with your parents and guardians. The deadline for submission is 5pm on Thursday the 27<sup>th</sup> of March. **If you miss the deadline, you risk missing your preferred subjects.** Celebration assembly is this week! We look forward to celebrating your successes and growth with your parents and guardians on Wednesday the 26<sup>th</sup> of March.

**Tutor group highlights: Best attendance: 9HW**

**Best Punctuality: 9GS/9HW**

**Highest Character points: 9HW**

**Lowest**

**B-logs: 9HW**

**Excellent effort 9HW – Keep it up!**

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# Last Week's Round Up



## Year 10

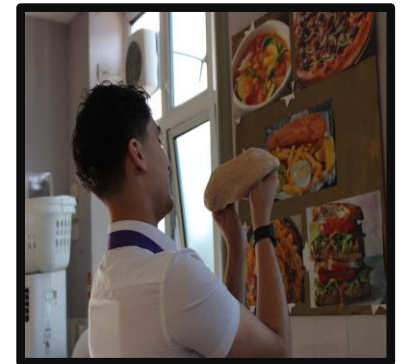
There are two prestigious opportunities for year 10s to apply to develop your leadership and character.

**Prefect applications:** Please refer to the Year 10 Teams page for how to apply.

**Eton Summer School applications:** To apply, you must email Mr Fowler a CV with one Park High teacher reference along with a written statement (no more than one A4 page) explaining your motivation for applying, the potential impact on your education, and how you would contribute to the school community upon your return. Applicants need to demonstrate the following qualities: Strong communication potential and a willingness to engage; A desire to build confidence and thrive in a new learning environment; Resilience and independence to manage a week away from home. Good luck!

## Year 11

This week we have started with celebrating your academic and personal achievements and we could not be prouder. The progress made by individuals has been outstanding and we want to give a special congratulations to those winning our prestigious Headteacher and Head of Year Awards. I cannot quite believe that we are so at the end of your Park High journey and with it being our last ever celebration assembly as a year group, I urge you to take and cherish any opportunities where we come together as a year group. Those are the memories that you will take with you! An opportunity to do that is supporting our Year 11 football team this Thursday as they take on Canons in the Semi - Finals! Good luck boys! A huge well done to our Year 11's who completed their GCSE food practical exam last week. Miss Hosain and I loved seeing the dishes you created and were so impressed! Keep up the excellent work Year 11!



## Sixth Form

**Thank you 12BR** for your wonderful assembly "Life in Pink", sharing excellent tips and advice on looking after your wellbeing! Thank you for your final quote.

**Don't wait for happiness.**

**Make room for it NOW!**

### Keep preparing for the exams!

We know many of you have been putting the hours in to prepare for your upcoming exams to ensure you get the grades you deserve in either your year 12 mock exams or your year 13 A-Level exams. Keep it up, but ensure you are looking after yourselves and making the most of any opportunities (such as interventions) given to you. Ms. Salkeld will also be kindly offering an exam stress drop-in support during once a week, more information to follow – check your emails. Unifrog also offer webinars on best practice from university experts, and you can sign up [here](#).

And finally, remember to speak to your tutors or sixth form team if you need any more support or guidance.

**23 days** until the first Year 12 mock exam begins.

**49 days** until A-Level exams begin.

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# Spring Term 2 Clubs

## Monday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
BAFTA Game Designer	Lunchtime	T4
Choir*	Lunchtime	P1
Y7 Girls Netball	Lunchtime	Sports Hall
Y7-9 Dance club	Lunchtime	Dance Studio
Y10-11 Basketball Coaching	After school	Sports Hall

## Tuesday

Activity	Time	Location
Badminton Coaching**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Debate Club*	Lunchtime	R3
Keyboard club*	Lunchtime	P1
Y8-9 Girls Netball	Lunchtime	Sports Hall
Y7-10 Environmental Awareness	Lunchtime	S2
Y7-11 The Literary Lounge	Lunchtime	B4
Y10 Photography Club	Lunchtime	P9
Badminton*	After school	Sports Hall
Y9 Brilliant club**	After school	Sixth Form
DofE**	After school	G2

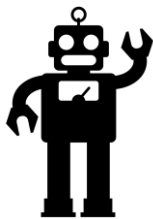


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# Spring Term 2 Clubs

## Wednesday

Activity	Time	Location
Volleyball Coaching**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
Band*	Lunchtime	P1
Careers club*	Lunchtime	T2
French conversation	Lunchtime	L4
Y7-8 Board games cafe	Lunchtime	G2
Y7-10 Robotics club	Lunchtime	T12
Y10-11 Girls Netball	Lunchtime	Sports Hall
Grease**	After school	D1
Y7 Home learning club	After school	T2
Y8 Home learning club	After school	T1
Y9 Home learning club	After school	T4
Y10 Home learning club	After school	T3
Y7-9 Basketball Coaching*	After school 3.30-5.30pm	Sports Hall



## Thursday

Activity	Time	Location
Basketball*	Before school	Sports Hall
Table Tennis Coaching**	Before school	Main Hall
Basketball*	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Xianxia club*	Lunchtime	R3
Y7-9 Spoken Word Power	Lunchtime	P2
Y7-9 Product Design	Lunchtime	T11
Y7-9 Science Club	Lunchtime	S4
Girls Netball	After school	Playground
Handwriting Club**	After school	L1
Y7 Table Tennis	After school	Main Hall
Grease**	After school	D1

## Friday

Activity	Time	Location
Badminton Squad**	Before school	Sports Hall
Basketball*	Breaktime	Sports Hall
German conversation	Lunchtime	L4
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
MFL Library*	Lunchtime	L3
Spanish conversation	Lunchtime	L2
Y7-8 Girls Science club	Lunchtime	S4
Volleyball*	After school	Sports Hall
Table Tennis*	After school	Main Hall

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