

Message from Assistant Headteacher

Dear Students,

Welcome back. I hope you had a restful and enjoyable Easter break and were able to take some time to relax and recharge. As we begin a new term, it's a great opportunity to refocus, set new goals, and make the most of the weeks ahead. Remember, learning isn't always easy—but resilience is a key character virtue to help.

There will be challenges, but with effort, persistence, and a positive mindset, you can achieve great things. Don't be afraid to ask for help, support one another, and keep pushing forward. This term, I also encourage you to get involved in our extra-curricular activities. Whether you're continuing something you love or trying something new, it's a brilliant way to build confidence, develop new skills, and enjoy school life beyond the classroom. Let's make this a successful and memorable term together.
Mr Whittaker

This Week

- *Year 10 and 12 mock examinations continue*
- * Scholastic Bookfair (12:40pm - 13:30pm)

Monday:

Tuesday:

Wednesday: Year 13 Art exam begins.

Thursday: Year 11 Graduation evening

Friday: Year 13 final day. PSHCEe period 6

Gymnastics Success

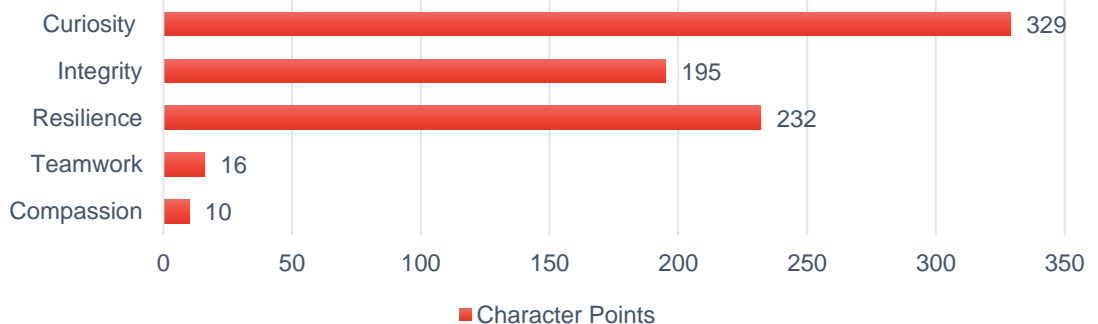
It was the first time Park High have entered the school borough gymnastic competition in over 8 years. With 9 year 7 students keen to get involved, they have committed their time over the last month and shown incredible amounts of resilience and integrity to get this far. Students were entered in the core and advanced competition on both floor and vault. Students did themselves and Park High proud with noticeable achievement of Sofia 7KL with a second-place finish in the advanced category demonstrating handsprings, headsprings, and walkovers in some thrilling routines. This has encouraged the students to continue to develop their gymnastics further ready for next year competition.



Character points last week:

782

Character Points



Year 10 Photography trip to Tate Britain to see 'Britain in the 80s' Exhibition.

The Year 10 students visited a photography exhibition that explores one of the UK's most pivotal decades, the 1980s. This exhibition featured works from a diverse community of photographers who captured the stories and events of ordinary people.

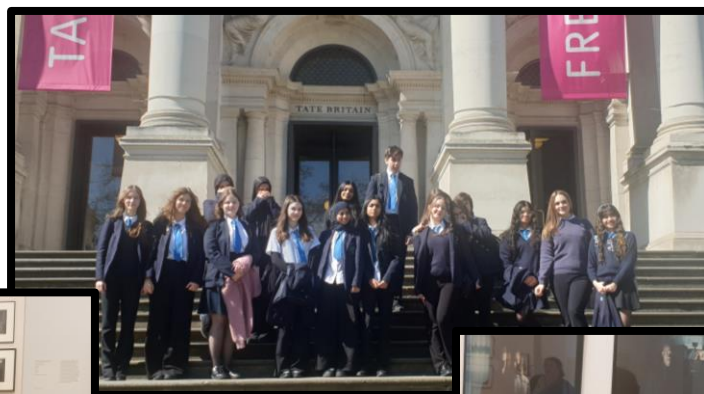
Below is an account from a Year 10 photographer about her experience:

Visiting Tate Britain was an incredible learning opportunity and a wonderful experience that my classmates and I truly enjoyed. We had the chance to see a variety of photographs, ranging from portraiture and landscape to architecture and documentary photography, all of which captured significant social and political changes.

The permanent collection spans from the 1500s to the present day, highlighting a wide range of techniques, from oil paints and acrylics to digital photography and film. During our visit, we were encouraged to think critically about how these different photographs relate to our current project, 'Concealment,' which involves the concept of hiding something. We were inspired to use this work as a foundation to create our own interpretations.

Overall, I thoroughly enjoyed the trip and the knowledge I gained. It was fascinating to learn about the artists' inspirations and the stories behind their work. This was a truly wonderful experience, and I look forward to future trips with the art department, using these experiences to inspire my future work and creative process.

Abigail Botosan, 10AG



Investing in each other to be the very best we can be.

Scholastic Book Fair

The Scholastic Book Fair is coming to Park High on **Monday 28th April until Friday 2nd May 2025**. The Fair is open to all students and will be run every lunchtime in the hall.

A Scholastic Book Fair is a pop-up celebration of reading that puts the very best books directly into our pupils' hands, all while raising rewards to spend on free books and essential resources for your school.

The Fair will have over 200 of the newest and best books from over 60 publishers, including exclusive titles that you won't see in shops.

Check the list out of some of the books: <https://bookfairs.scholastic.co.uk/bookcases/tt>

The Book Fair will be cashless, so gift vouchers can be purchased from the link below and simply selecting our school from the drop-down menu: www.bookfairs.scholastic.co.uk/pay

SCHOLASTIC TRAVELLING BOOKS

COME TO THE BOOK FAIR

AND EARN FREE BOOKS FOR OUR SCHOOL*

READ THE BOOKS EVERYONE'S TALKING ABOUT!

Read before Sunrise on the Reaping

SUNRISE ON THE REAPING

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This is the story of one he's very good at making bad decisions

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Illustration by: CLAUDE-ANNE BÉGIN/CLAUDE BÉGIN © 2015 Scholastic Inc.

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Free things to do for students and their families:

The ultimate Instagram spot!

Covent Garden's new Infinity Chamber, located in Conduit Court, encourages visitors to take five minutes out of their busy days and indulge in restorative colour therapy. Created using thousands of LED bulbs, you can find the next big Instagram thing tucked off the vibrant Floral Street. The must-snap spot will change colours throughout the year from beautiful bright white to an ever-changing rainbow. The Infinity Chamber is free for visitors to use making it the first of its kind in the area.

Iconic legendary performances

Covent Garden's street performers offer a unique and vibrant experience for visitors, attracting audiences with their diverse talents and captivating performances. From magicians and musicians to acrobats and comedians, these artists add a special touch of magic to the already bustling atmosphere of the area. The sheer variety and passion of the performers make a visit to Covent Garden a memorable and entertaining experience.



Careers & Employability



Create opportunities



Grow throughout life



See the big picture



Balance life and work



Explore possibilities



Manage careers



Year 12/13

City, University of London.

Student Finance Information Evening. Online, Free – 29th April

Unsure about university funding options? Join the Schools Liaison team's online Student Finance Information Evening. You will learn about tuition fees, the UK loan system, bursaries, scholarships, and budgeting. Taking place on Tuesday 29th April 2025, 6pm – 7pm (BST). Click [here](#) to register your attendance.

unifrog

Which tutor group is using Unifrog the best?



Have you added anything to your locker?
Favourited a profile in the Careers Library?
Started to record your skills and activities?
Favourited a profile in the subject's library?



UNIVERSITY OF
WEST LONDON
The *Career* University



In Year 12 or 13? Thinking of applying for a degree apprenticeship? Attend the Apprenticeship Cafe on **Saturday 3rd May 2025**. This will take place on the **University's St Mary's Road Campus** between **10am and 12:30pm**. This workshop will cover **sourcing and applications** - the skills required for this stage of the degree apprenticeship process. Register at: [Apprenticeship Cafe - 3 May 2025 | University of West London](#)

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Last Week's Round Up

Best Attendance

10AG
10AK

Most Character Points

7MO

Best Punctuality

9HC

ACE Lottery Winners

Anusan Karikalan 11TI
Salome Belbe 9RA

Year 7

At **Park High School**, we have high expectations – and we know you can meet them. Every day is a chance to show who you truly are **kind, respectful, ready to learn**, and always striving to be your best. This term is packed with opportunities – both inside and outside the classroom – to earn **character points**, show personal growth, and help your **form group hit its collective target**. Let's finish the year strong, together.

Team Year 7 Remember:

"You are always stronger than you think, braver than you believe, and smarter than you know."

Push beyond the limits others may expect of you – and surprise yourself with what you can achieve.

And this week especially, think about the choices you make, even when no one is watching.

"Integrity is doing the right thing, even when no one is watching." – C.S. Lewis

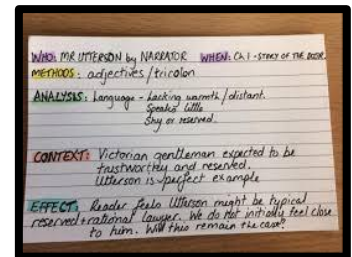
Let's show integrity in our actions, in how we treat each other, and how we represent Park High.

Year 8

Revisions Flash Cards

Have you been using revision flash cards to support your learning? They are crucial because they help embed your learning and improve recall. Flash cards are a powerful tool for active recall, which strengthens memory retention. This term, challenge yourselves to create as many flash cards as possible for your lessons. Use good English and ensure they are clear and concise. By regularly reviewing these cards, you will reinforce your understanding and be better prepared for tests.

Please email me some examples of your revision flash cards which we can share on the school screens.



Year 9

We want to take a moment to **congratulate you** on the fantastic start to the summer term. Your efforts are not going unnoticed, you've shown real **integrity** in the way you've approached your learning and supported each other. Keep it up! As you continue to grow and develop, it's important to build strong habits that will set you up for success – especially as you prepare for your GCSEs in the years ahead. This includes:

- Staying **organised** with your homework and revision
- Using your **contact book** effectively
- Asking for help when you need it
- Reviewing your classwork regularly
- Managing your time wisely

A key milestone ahead is your **Year 9 Assessment Week**, starting on **Monday 16th June**. These assessments will cover everything you've learned this year and are designed to prepare you for GCSE-style exams, which test knowledge across two years. This is a great opportunity to practise revision techniques and show what you've achieved so far. Let's pushing forward and aiming high!

Investing in each other to be the very best we can be.

Last Week's Round Up

Year 10

6 Effective Ways TO STUDY BETTER

- 1 EFFECTIVE PLANNING**
Create a study schedule that breaks down your tasks into manageable sessions, ensuring a balance between subjects and topics.
- 2 ACTIVE LEARNING**
Engage actively with the material through methods like summarising information, teaching concepts to others, and participating in discussions.
- 3 VARIED STUDY METHODS**
Use different study techniques, such as reading, note-taking, flashcards, and practice questions, to reinforce learning through various approaches.
- 4 HEALTHY ENVIRONMENT**
Choose a comfortable and well-lit study environment, minimizing distractions to enhance focus and concentration.
- 5 REGULAR BREAKS**
Take short breaks during study sessions to prevent mental fatigue and maintain overall productivity.
- 6 SELF-ASSESSMENT**
Regularly evaluate your understanding of the material through self-assessment tools, quizzes, or practice exams to identify areas that need further review.



Congratulations on an excellent start to your mock exams. You have approached them with the seriousness and professionalism they demand. Keep your focus up into the second week of exams. Here are some tips to maximise your success:

Revision timetable: remember to follow your revision timetable until the end of the exam period. There are some helpful tips and strategies to the left that you can use to make your revision more effective.

Organisation: be on time to every exam.

Also, you need a clear pencil case with all necessary equipment in, including two pens.

During Lessons: bring revision material to revise when you are not in an exam.

Lunchtime: get lunch as soon as lunchtime begins.

A big well done for significant improvements in your attendance. After our mock exams we will be preparing for Parents' Evening which will take place on the 15th and 21st May.

Morning exams will start at 8.15 am.

Midday exams will start at 10.50 am.

Afternoon exams will start at 1.15 pm.

Year 11

The week you have all been waiting for has arrived... GRADUATION! This is a fantastic evening where you get the chance to gather with your friends and family and celebrate your academic journey at Park High. This is our final week before exams start, let's continue with the professional and mature attitudes that I have seen in the past week and give 100% to your learning. Every minute of revision and hard work counts and will make a big difference to your results day. The Year Team are right behind you and here to support in any way that we can. We are especially looking forward to our final end of year assembly on Friday afternoon where we will have the chance to reflect and enjoy our favourite memories over the past 5 years. You will also receive your leavers hoodies and yearbooks this week. Miss Hosain has worked incredibly hard on this, so please show your appreciation and let us know what you think.

Have a fabulous week Year 11, I am really looking forward to it! 😊



Sixth Form

Year 13

It's your final week of formal education! And it is so important to make the most of this final week – get as much out of your expert teachers as you can before your final day on Friday.

We also have our Diversity event on Thursday – a chance for you to celebrate culture and diversity before you leave on Friday.

And as for Friday – dress smart for this very special occasion! Normal timetabled lessons periods 1 and 2, and then an early lunch in the common room at break time, followed by what will be a lovely, albeit emotional, leavers' assembly periods 3 and 4.

Be prepared for Friday...it could get emotional!

Year 12

Well done on your fantastic start to your mock exams so far.

Next week is a busy one:

Monday – PE, History, Economics, Sociology, Physics

Tuesday – Politics, Physics

Wednesday – Sociology, DT, PE, Economics

Thursday – Math's, Psychology, Biology, Computer Science

Friday – English Literature, Chemistry

GOOD LUCK!

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Summer Term 1 Clubs

Monday

Activity	Time	Location
Choir*	Lunchtime	P1
Y7-9 Dance Club	Lunchtime	Dance studio
Y7 Cricket	After school	Park

Wednesday

Activity	Time	Location
Band*	Lunchtime	P1
Careers club*	Lunchtime	T2
Computing club	Lunchtime	T3
Product Design club	Lunchtime	T11
Y7-10 Robotics club	Lunchtime	T12
Y8 Home learning club	After school	T1
Y8 Cricket	After school	Park
Y9 Home learning club	After school	T4
Y10 Home learning club	After school	T3
Girls Cricket	After school	Park

Friday

Activity	Time	Location
GCSE Table Tennis**	Before school	Sports Hall
German conversation	Lunchtime	L4
MFL Library*	Lunchtime	L3
Spanish conversation	Lunchtime	L2
Y7-8 Girls Science club	Lunchtime	S4
Y9-10 Cricket	After school	Park
Table Tennis	After school	Main Hall

Tuesday

Activity	Time	Location
GCSE Table Tennis**	Before school	Sports Hall
Keyboard club*	Lunchtime	P1
Y7-10 Environmental Awareness	Lunchtime	S2
French Convo club	Lunchtime	L4
Y7-11 The Literary Lounge	Lunchtime	B4
Y9 Inspire**	After school	B2
Athletics	After school	Park
DofE**	After school	G2
Step into Dance	After school	Dance studio

Thursday

Activity	Time	Location
Xianxia club*	Lunchtime	R3
Y7-9 Spoken Word Power	Lunchtime	P2
Y10 Inspire**	After school	D1
Netball	After school	Playground



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