



Message from Assistant Headteacher

On 22nd June, we commemorate Windrush Day. This is a time to honour the contributions of the Windrush Generation – Caribbean men and women who arrived in the UK between 1948 and 1971 to help rebuild the country after the Second World War. Their hard work, culture, and resilience have shaped modern Britain in countless ways.

Many individuals from this generation made lasting contributions to our society. For example, Mona Baptiste, a Trinidad-born singer, arrived on the HMT Empire Windrush in 1948. She quickly rose to fame in the UK, performing on BBC radio and in musical films, becoming a symbol of Caribbean cultural influence. Dame Jocelyn Barrow, also from Trinidad, became a pioneering educator and activist. She was the first Black woman to serve as a governor of the BBC and worked tirelessly to promote racial equality in British society. Steve McQueen, the Oscar-winning director of 12 Years a Slave, is a descendant of the Windrush Generation. He has spoken powerfully about the need for justice and recognition for the sacrifices made by his elders. Linford Christie, Olympic gold medalist, also comes from a Windrush family. He has shared his experiences of growing up in Britain and the challenges of racism, while also celebrating his Jamaican roots and British identity.

By commemorating Windrush Day, we celebrate diversity, acknowledge the struggles faced by these pioneers, and continue to stand up for equality and inclusion in our communities. The Windrush Generation exemplifies the values we hold dear at Park High School: resilience in the face of adversity, teamwork in building new communities, compassion for others, integrity in their contributions to society, and curiosity that led them to seek new opportunities and experiences. Let's take this opportunity to learn, reflect, and show appreciation for the rich legacy of the Windrush Generation – and to live out these virtues in our own lives. *Ms. Cramp*

This Week

Key Dates:

Monday: PSHCEe, P2. Year 10 Practice Speaking Exams. Year 8 Assessment Week

Tuesday: No planned events

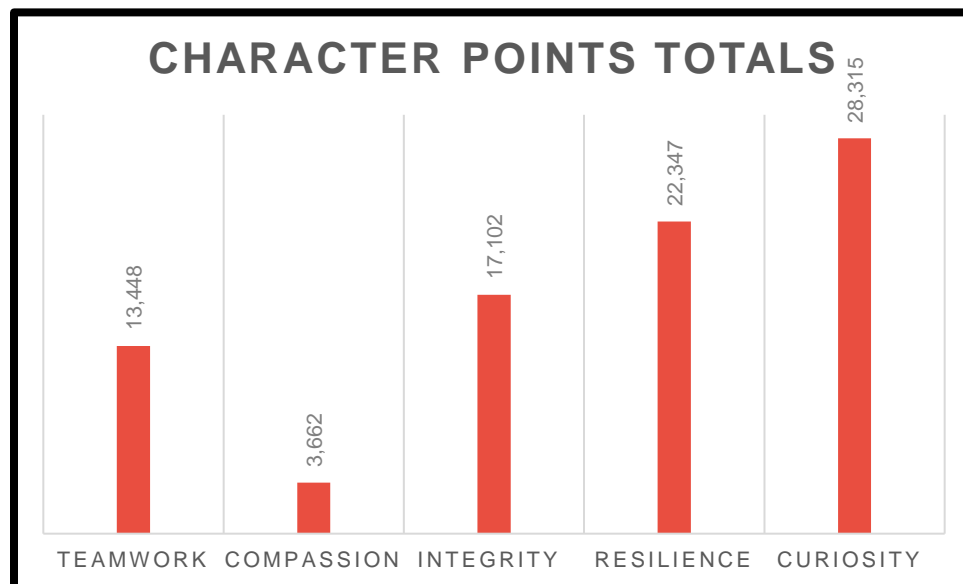
Wednesday: Futures Day (Year 9) - Buckinghamshire New University

Thursday: No planned events

Friday: University & Apprenticeship Fair (whole of Year 12).

Character Points

In our final term of the academic year, we are focusing on embodying all our character virtues in lessons, outside the classroom and in the community.



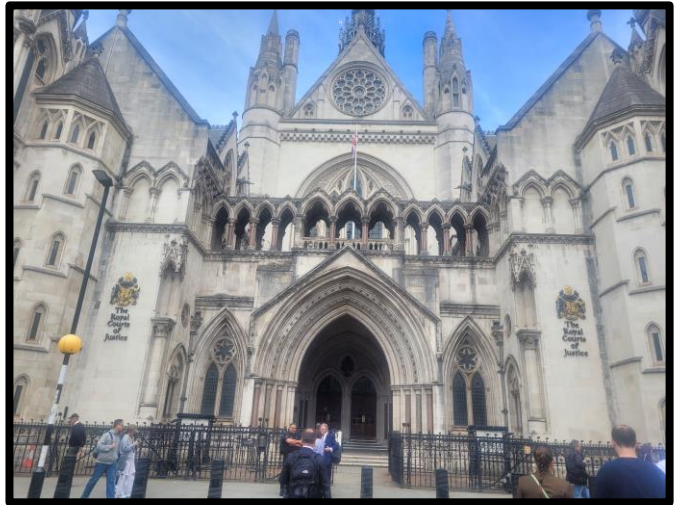
How are you going to show these virtues this half term?

Character Virtue for this term: ALL VIRTUES

Year 12 Sociology

Yesterday Year 12 Sociology and Oxford Union debate club students attended a trip to the Royal Courts of Justice as an introduction to key themes within our Crime and Deviance topic. Students got the chance to sit in the public gallery and oversee a current trial, giving them a first-hand insight into the processes and roles within the criminal justice system. Students also participated in a mock trial run by the National Justice Museum.

Kyan was the judge, Clarisa the clerk, Zanisha the usher, barristers and solicitors for the defence were Maisa and Abbas, barristers and solicitors for the prosecution were Keya and Kain, and our witnesses were Veda, Ria, Tamara, Hamsa, Mohammad, and Edivana. The remaining pupils made up the jury members: Ruth, Kaajal, Melissa, Munirah, Noah, Nikisha, Andreia and Ahmed. The student's preparation for the case was excellent and both sides were very convincing in their arguments. Initially, there was a hung jury, highlighting the persuasive and compelling arguments that both the defence and prosecution put forward. Ultimately a non-guilty verdict was reached - a remarkably close call!



The BIG help out- Birthday cards

As part of the BIG help out the students have been designing some birthday cards for our local care home. Some fantastic examples below.



Investing in each other to be the very best we can be

Year 9 Poetry- "When Dad Cried"

"When Dad Cried"

I didn't know the world could break
in silence.
not with thunder,
not with fire
but with the sound of
my father's breath
catching in his throat
like a child
trying not to fall apart.

They said,
"Your grandmother passed"
And I heard the words
but didn't feel them
not yet.
I just looked at Dad.
And his eyes,
those eyes that never looked small to me,
suddenly did.

He sat on the edge of the couch
like if he moved,
he'd shatter.
Hands shaking,
fingers curled into his sleeves
like maybe grief couldn't find him there.

He didn't sob.
He didn't yell.
He just cried
soft,
like a secret
leaking out of someone
who had always been
too strong
to let the world see him bleed.

And that's when it hit me.
It wasn't just Grandma we lost.
It was the version of my father
who believed his mother
would always be there
the one who gave him soft hands
in a rough world,
who kissed his scraped knees
and called him home.

That's what death does.
It steals more than one person.
It takes memories
and childhoods
and the way your home
used to feel before
grief walked in
and never left.

I wanted to say something.
But what words
fix a cracked heart
when even the strongest person you know
is holding theirs
in both hands,
trying not to drop it?

So, I sat beside him.
Put my head on his shoulder.
And we cried.
Not just for Grandma
but for the little boy
who had just lost
his mum.

By: Fatima Al-Tamimy 9HC.

Uniform expectations

From **Monday 9 June**, students will **not** be expected to wear their blazer (but may do so if they wish). They are, however, expected to have their blazer with them and may be asked to wear it. Blazers must always be worn in formal circumstances such as assemblies, presentations or when photographs are taken. All other uniform expectations remain, including:

- Shirts tucked in
- Ties done properly
- Correct trousers or skirt
- Shoes, not trainers
- No nose studs or other facial piercings
- No shorts in 6th form
- Minimal make-up, no acrylic nails, no false eyelashes



Sixth Form Dress Code

Suitable dress:

The following are intended as guidelines for suitable dress:

- Suit, blouse or shirt and tie.
- Smart trousers and shirts, which are tucked into the waistband at all times.
- Collared polo shirts are acceptable.
- Black jeans which are not faded in any way are acceptable. Ripped jeans, or jeans of any other colour are not acceptable.
- Jackets, or jumpers in a plain pattern.
- Smart, fully plain light brown, dark brown or black footwear.
- Dresses and skirts, at or below the knee are acceptable. Shorter (no more than 4cm above the knee) skirts are permissible if worn with dark opaque tights.
- Midriffs, décolletage and shoulders should be covered at all times.



Lanyards:
For the security and safety of the entire school community, students are required to wear their lanyards at all times, ensuring that staff can easily identify them.

Unsuitable dress:

The following athletic or casual wear is not permitted:

- Hoodies
- Trainers 'soft sports shoe suitable for casual wear'
- Hats/caps
- Any visible items of clothing that have large lettering, logos or slogans
- Denim jeans which are not black
- Leggings, or other very form-fitting trousers
- "Combat" or cargo trousers
- T-shirts including round neck
- Tracksuit tops or bottoms
- Beach wear
- Sweatpants
- Flip-flops
- Shorts
- UGG boots



School Uniform

Blazer:
Navy blue, standard style - with school badge. To be worn at all times unless otherwise directed

Pullover:
Navy blue, plain knit 'V' neck long sleeves or sleeveless (not cardigan)

Skirt*:
Black, plain, suitable length and style, (not mini-skirts or any other colour)

Tights:
Plain navy blue, black or neutral

Headscarf:
This should be in the school colours: plain black or navy (or white in Summer) and it should be worn so that the school tie is clearly visible. It must be tucked into the blazer where necessary and not be decorative or unduly lengthy to cause a health and safety risk

Shirt:
Standard plain white. Must be tucked in at all times. No polo shirts

Tie:
Park High School tie. Each year group has a different coloured tie, which must be smartly tied with the top shirt button fastened

Trousers*:
Plain black, plain, full length, standard cut



Socks:
Plain grey, black or white

Shoes:
Suitable plain black or dark brown, with a low heel (not trainers, not canvas, or above the ankle). Please note black sports trainers, such as Nike, Puma, Lonsdale, Vans etc, are also not permitted

Lanyard:
Students are expected to wear their school lanyard over their uniform





No Hats No Hoodies No Face Piercing No Trainers No Leggings

Free things to do for students and their families:

Here's a quick rundown of the coolest spots to see in Camden:

1. **Camden Markets:** Dive into Camden Lock Market, Stables Market, and Buck Street Market. You'll find unique shops, vintage clothes, and quirky souvenirs.
2. **Street Art Tour:** Camden is packed with amazing street art, including works by Banksy. Grab your camera and explore!
3. **Camden Food Market:** Treat yourself to delicious street food from around the world. Bubble tea and liquid nitrogen ice cream are a must-try!
4. **Cereal Killer Café:** Chill out with friends at this fun cafe that serves retro cereals as milkshakes and snacks.
5. **CyberDog:** Check out this futuristic store in the Stables Market. It's filled with neon lights, robot sculptures, and unique fashion items.



Careers & Employability



Over the past few weeks, **Year 7** have been visiting the computer rooms to use the careers platform called Unifrog. Students completed quizzes, explored careers and labour market information. **Congratulations to the following students who have completed 100%**
Congratulations to the following students who completed 100% of the tasks.

7AW	Jenelia Balasubrami	Amos Mirauta		
7JR	Siya Ganesh	Beatrice Halip		
7KA	Kaiden Patel	Niren Vaghjiani		
7KL	Annabelle Ayeni	Ahmet Ciftici	Sofia Loghin	Darius Ostrovanu
	Dhiya Patel	Harshni Patel	Patricia Patras	Luca Prelipcean
	Giulia Rusu	Mohammad Uzair Zabit		
7MO	Aryan Bhatti	Aaryan Khimji		
7PB	Riya Bharadava	Edward Botezatu	Chahat Gami	Tariq Holness
	Mateo Langa	Mihai Mihalcea	Denisa Mirauti	Harsvi Pancha

Parents can create their own Unifrog account using this code. **PRKHparents**



Year 9 are starting a 6-week CV programme in preparation for Year 10 Work Experience and the Mock Interview event, that will take place on Thursday 13 November 2025. Your CV is often the first piece of information a potential employer sees about you. It is your opportunity to make a positive and memorable first impression.

Each week students will cover an element of the CV and be encouraged to take up virtual work experience opportunities via [Springpod](#). This will enable students to add these experiences to their CV whilst gaining knowledge about a career of interest. **If you would like to be involved with our Mock Interview event, please contact Mrs. Foster,**
dfoster4.310@parkhighstanmore.org.uk

Last Week's Round Up

Best Attendance

9HC

Most Achievement Points

7HG

Best Punctuality

7FF
9GS
10AK

ACE Lottery Winners

1. Umar Ahmadzai 7KL
2. Swastika Randhawa 9SC

Year 7

I wanted to take a moment to acknowledge and celebrate the fantastic efforts and achievements of our school community last week. **Matilda Auditions:** Well, done to everyone who took part in the auditions for our upcoming production of "Matilda." Your performances were fantastic! From singing and acting to helping backstage, each of you contributed to making the auditions a success. We are excited to see how this production evolves and to witness the amazing talent within our school. **Year 7 Assessment Week:** Year 7, you finished your assessment week on a high note. Your hard work and dedication in preparing for these assessments have not gone unnoticed. We are looking forward to your final progress check to see how you all performed. Remember, when you receive your results, reflect on what you have done well and identify areas for improvement. It's all about being the best version of yourself each time you undertake an assessment. **Sports Achievements:** Congratulations to those who represented our school in the recent rounders, athletics, and cricket fixtures. Your dedication and sportsmanship have made us all proud. **Transition Morning:** A special thank you to the students who helped on Saturday, 7th June, for our transition morning. Your warm welcome and enthusiasm made a significant impact on the Year 6 students who will be joining us next year. You kept them engaged with activities like table tennis and art, helping them feel at home in their new school environment.

Year 8

Assessment Week!

Assessment week is here! Engage fully in your learning, aim high, and strive to be your best. Prepare thoroughly by using your flashcards for revision. Give your best effort, and you will see progress. Remember, small steps lead to significant progress. Consistent effort and a positive mindset will help you achieve your goals. Be resilient and remember tests are here to assess your knowledge recall of all the information you have learned so far in Year 8.

Stay calm, confident and approach each test with a positive attitude. Use your flashcards effectively and review your notes regularly. Practice makes perfect, so keep revising and reinforcing your understanding. Do not be afraid to ask for help if you need it; teachers and classmates are there to support you.

Remember, it is not just about the grades but about understanding and applying what you have learned. Stay motivated and keep pushing forward. You have got this!

Year 9

Assessment Week is just around the corner, only one week to go! This is your chance to show how much you have learned and how far you have come. Now is the time to focus on your revision, try to: Review your notes and key topics, ask questions if you are unsure, plan your revision time wisely and prioritize rest, healthy eating, and sleep. Remember, this is not only about grades; it is about giving your best effort and seeing your own personal growth. Your teachers are here to support you every step of the way. **You've got this!**



Congratulations to all our students who have achieved their gold badge, we are very proud of you! Many of you are close to achieving the next threshold, continue being the best version of yourself in lessons and around the school to gain more character points!

Gold: 47 Year 9 Students
Silver: 70 Year 9 Students
Bronze: 121 Year 9 Students

Investing in each other to be the very best we can be

Year 10



Well done to the boys of 10MK and 10LP and the girls of 10AG who are through to the final of the inter-form competition – it was good to see you work as a team to win. 10LY, 10AK, and 10NK play on Tuesday. You will shortly be on Work Experience helping prepare you to be a responsible citizen and develop your confidence and skills. You need to speak to your parents/carers to ensure the status of your placement on Unifrog is complete. The first 4 boxes need to be green as per below. If they are not, your work experience has not been authorised.

Dates: 23 Jun 25 - 27 Jun 25

Placement address: 123 Camden High Street, London, UK NW1 7JR

Employer number: +44 02072841727

Placement coordinator: Mrs Rita Patel Type: In-person

Convert to interaction: [Convert now >](#)

Student initial	Employer initial	P/G agreement
Permission	School check-in	Employer review
Student reflection		

Year 11

Not long to go Year 11! You are so close to embarking on your new adventure and an extra-long summer holiday! Remain focused and support each other so you can perform to the best of your ability in your last GCSE exams. The Year Team are so excited to celebrate the end of your academic journey with you at our Prom on Friday 27th June. Don't forget to dress to impress and complete the form on Teams to let us know what songs you want the DJ to play! Who will be our Prom King and Queen... we will have to see!



Head Boy and Head Girl Interviews This Week

We're excited to announce that interviews for the positions of Head Boy and Head Girl are taking place this week! These important roles come with great responsibility and the opportunity to make a real difference in our school community.

We wish all candidates the very best of luck. Your commitment and courage in putting yourselves forward is already something to be proud of!

A-Level Exams Update – Keep Going, You've Got This!

With exams well underway, we want to remind you how proud we are of your hard work, dedication, and resilience.

These last few weeks can feel intense, but remember: every hour of revision, every past paper, and every bit of effort brings you closer to your goals. Keep powering through — the finish line is in sight!

Sixth Form



Investing in each other to be the very best we can be

Summer Term 2 Clubs

Monday

Activity	Time	Location
Choir*	Lunchtime	P1
Y7-9 Dance Club	Lunchtime	Dance studio
Y7 Cricket	After school	Park

Wednesday

Activity	Time	Location
Band*	Lunchtime	P1
Careers club*	Lunchtime	T2
Computing club	Lunchtime	T3
Product Design club	Lunchtime	T11
Y7-10 Robotics club	Lunchtime	T12
Y8 Home learning club	After school	T1
Y8 Cricket	After school	Park
Y9 Home learning club	After school	T4
Y10 Home learning club	After school	T3
Girls Cricket	After school	Park

Friday

Activity	Time	Location
GCSE Table Tennis**	Before school	Sports Hall
German conversation	Lunchtime	L4
MFL Library*	Lunchtime	L3
Spanish conversation	Lunchtime	L2
Y7-8 Girls Science club	Lunchtime	S4
Y9-10 Cricket	After school	Park
Table Tennis	After school	Main Hall

Tuesday

Activity	Time	Location
GCSE Table Tennis**	Before school	Sports Hall
Keyboard club*	Lunchtime	P1
Y7-10 Environmental Awareness	Lunchtime	S2
French Convo club	Lunchtime	L4
Y7-11 The Literary Lounge	Lunchtime	B4
Y9 Inspire**	After school	B2
Athletics	After school	Park
DofE**	After school	G2
Step into Dance	After school	Dance studio

Thursday

Activity	Time	Location
Xianxia club*	Lunchtime	R3
Y7-9 Spoken Word Power	Lunchtime	P2
Y10 Inspire**	After school	D1
Netball	After school	Playground
Girls Rounders	After school	Park

