



### Message from Assistant Headteacher

As we turn the corner from June into July, the end of the academic year is in sight. Thoughts start to drift towards long summer evenings and even longer lie ins. Naturally, for teachers as well as students, it is a time to reflect upon ourselves; what we have done well this year and what would like to do better. Education does not end with August each year, it merely pauses, allowing you to refresh, set new goals and go again in September.

Alongside events such as sports days and celebration assemblies, we have review day coming up. Spend some time over the next week thinking about how you can invest in yourself and others to make yourself the best version you can possibly be.

Have a fantastic week

Mr. Tromans

### This Week

#### Key Dates:

Monday:

Tuesday: Sports Day (Year 10)

Wednesday: Year 12 Design Museum Workshop. Year 7 Transition Day.

Thursday: PSHCEe: P2. Sports Day (Year 8). Year 12 Economists visit the Bank of England Museum. Year 13 Prom.

Friday: Sports Day (Year 7).

### Summer Concert 2025

Congratulations to all of those who performed in the **Summer Concert 2025**. The levels of musicianship, support and collaboration were exceptional, and it was a delight to see so such a variety of styles.



IF YOU WOULD LIKE TO LEARN AN INSTRUMENT  
STARTING IN SEPTEMBER PLEASE APPLY USING  
THE FORM ON OUR WEBSITE:

[Park High School - Instrumental & Vocal Lessons](#)



## Free things to do for students and their families:

The Changing the Guard ceremony at Buckingham Palace follows a traditional format that is the basis for guard changing ceremonies which take place at other Palaces and Royal Residences. The **Sunday Parade** marches from Wellington Barracks to Buckingham Palace around 10:45. The Duty Guard is formed up in front of the Palace. The Band plays a selection of music while the Colour is paraded in front of the Guard. Buckingham Palace railings are the spot most first-time visitors try to grab when they visit the Changing of the Guard. Providing you get here early enough; you will have a magnificent view of the part of the Changing Ceremony that takes place in the forecourt. **Visitor Tip:** *Take a bottle of water if you leave for a drink or comfort break you will not get back to the front of the crowd.*

### Nearest Tube stations:

- St James's Park (Circle and District lines), 0.4 miles, 8-minute walk
- Green Park (Piccadilly, Victoria, and Jubilee lines), 0.4 miles, 9-minute walk.



## Careers & Employability

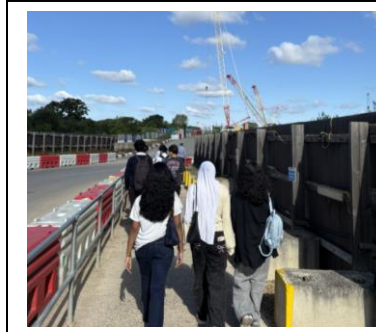
**Eight students attended work experience at the HS2 site in West Ruislip. Day 1 started with an induction within the classroom. Day 4 included a site tour and students having to wear PPE. During the week students work on a project to build a train line along with hearing from speakers in different occupations.**



Students comment about work experience

'No other place could've been better'

I believe that this workplace was extremely beneficial to me as a student, it really gave me an idea on what other opportunities I have aside from my goals.



As Year 10 Band B students finish their week of work experience, we are extremely proud of them and for the complimentary employer feedback. At Park High School students in Year 10 have the fantastic opportunity of completing a one-week work experience placement in June, providing students with an amazing learning experience about conduct and attitude in the world of work.

**A sample of employer comments: Punctuality and commitment have been excellent throughout the week.**

**Strongest Skill Caring:** The young lady showed great care for children in the class by spending the lesson sitting next to them, making sure they understood each task that occurred

**Strongest skill, and example: Attention to detail / Observation:** young person demonstrated excellent spatial awareness and problem-solving skills when given a partially built miniature model house.

*Investing in each other to be the very best we can be*

## Year 9- Poem

Year 9 have been learning about different Poems. They recently read 'I Come From' by Dean Atta and then had to create their own. The student would like to stay anonymous but wanted to share their lovely poem.

I come from learning English but speaking Pashto  
I come from living in peace but feeling at war  
I come from working together  
But struggling by myself

I come from evolving medicines  
I come from a developed education  
I come from learning new cultures  
But sticking to my traditions  
I come from living for a pay check  
I come dying for what I believe in  
I come from hating what I have  
I come from loving what I lack

## Borough Athletics

It was an exhilarating finish to the Harrow Borough Athletics season, at the boys finals and girls' finals this week and last. Park High brought home the overall title in no less than four of the eight age groups, placing top three in every single one. In the boys, we won Year 7, U14 and U15, while in the girls we were U13 champions.

There were some phenomenal individual performances at the finals and across the season and many of these competitors are now representing Harrow at Middlesex meets. Park High has had its fair share of representation at these events, the last of which takes place on Monday where some of our Year 7 and 8 students will be competing for Harrow.

Some memorable moments included **Trevelle's** 100m triumph, **Kei-Ahna** in the same event and **Hamza's** gold medal performances in both High Jump and 800m. A coach from Harrow Athletics club, who regularly officiates these events, was asking about our students and whether some of them might be interested in pursuing Athletics outside of school.

Clinching the girls title yesterday also saw us achieve another milestone as it was our 16th borough championship of the academic year. Post COVID (when we needed to build a lot of teams from scratch), we continue to be on an upward trajectory. We won 6 titles in 2021-22, 13 in 2022-23, 15 in 2023-24 and now sit on 16 (so far) for 2024-25.

It is great to see the momentum continue to build as students enjoy their taste of competitive sport and take it upon themselves to develop their new found passions.



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## Science Club Students Explore Physics at Cambridge!

On Wednesday 25<sup>th</sup> June, 15 of our keenest Science Club students from Years 7 and 8 had an unforgettable opportunity to visit Fitzwilliam College and the Cavendish Laboratory at the University of Cambridge.

We began with a tour of Fitzwilliam College, soaking in the atmosphere of one of Cambridge's prestigious colleges and learning what life might be like as a university student. Then we made our way to the world-famous Cavendish Laboratory, where students took part in interactive problem-solving workshop and a fun, hands-on practical involving stretching jelly sweets to explore forces and materials.

Our students were focused, curious, and fully engaged throughout — showing exactly why they're part of Science Club!

What Students Said:

*"Best trip ever!"*

*"We have one more reason to study hard now."*

*"We want to come back here for university."*

*"I will tell my head of year that we should visit more universities – it inspires us."*

It was an inspiring day and we're incredibly proud of how well our students represented the school. A huge thank you to Isaac Physics and the University of Cambridge for giving our Science Club such a brilliant and motivating experience.

Mrs Acik



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# Last Week's Round Up

## Best Attendance

8WK

## Most Achievement Points

7HG

## Best Punctuality

7AW

## ACE Lottery Winners

1. Avhee Bhimji 8WK
2. Chidesiri Aloka 9HC

## Year 7

**Sports Day is happening this Friday** get ready for a fun day filled with races, games, and lots of cheering!

Whether you're sprinting, jumping, or cheering from the sidelines, **teamwork** is what it's all about. Remember, every role matters, helping each other, staying positive, and working together can make the biggest difference.

Not everyone will come first, and that's okay. **Losing isn't the end – it's a chance to learn.** What matters most is how we respond. Use every moment, win, or lose, to grow stronger and support each other. If things don't go the way you hoped, don't give up. **Setbacks happen to everyone** – what counts is picking yourself up, staying positive, and trying again.

We're proud of you all – let's make it a day to remember!

## Year 8

### Let's work as a team this week!

Sports day on Thursday is a fantastic opportunity to highlight excellent teamwork. Supporting and encouraging each other will be key to success. While it's hard to predict exactly who will be the fastest girl and boy in Year 8, everyone has the potential to shine with the right mindset and effort. The winners of the field events, rounders, basketball, and volleyball games will be those who demonstrate strong collaboration and determination. Remember, the true victory lies in participating with enthusiasm and supporting your teammates. Good luck to everyone, and may the best teams win!



### Key dates to remember:

- Review Day-9<sup>th</sup> June
- Celebration Assembly 10<sup>th</sup> June

## Year 9

What an incredible Sports Day! There are so many individual moments to celebrate, you have truly done yourselves proud Year 9! I look forward to recognizing your incredible character with some additional awards in assembly this week. A huge congratulations to our winners **9BA!** Consistently throughout the day you were uplifting each other, strategising, and had great spirit. A special shout out to resilient **Sneha and Paul** who, despite injury, were still actively engaging throughout the day and motivating others.

Tutor group highlights:

Best attendance: 9GS Best punctuality: 9GSA

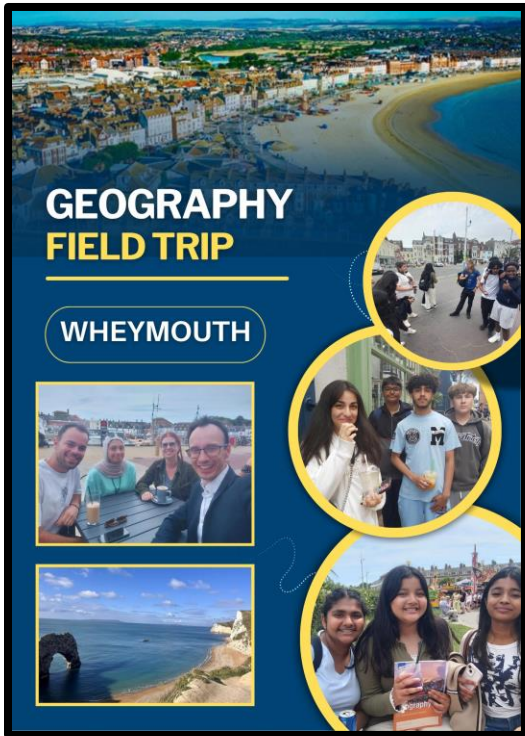
Lowest B-logs: 9WN Most Character points: 9GS



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# Last Week's Round Up

## Year 10



What a fantastic week! Those on the Geography Field Trip had a brilliant time with staff praising you for your proactive engagement and positive attitude. We were proud to see you step out your comfort zone to interview the public in Weymouth, showing resilience. You will now be able to take your real-world learning into the classroom.

We are also tremendously proud of the achievements of our selected Sports Leaders who supported and led the Sports Day at Whitchurch Primary School. You were a credit to yourselves and Park High. staff commented on how independent and confident you all were, giving the students of Whitchurch a fantastic day!

We are equally pleased with Band B and your hard work and professionalism on your work experience placement. These experiences are helping you become a responsible citizen, ready to take your place in the world.



## Sixth Form

Well done to year 12 on making the most of a full on, but informative week.

Following the **University & Apprenticeship Fair** two weeks ago, Year 12 were off timetable for a series of events and activities.

On Monday, students had a series of talks on how to choose universities/courses, independent living, interviews and **UCAS**. They also had a talk from guest speakers including **Finance, Medicine/Dentistry, Computer Science, Design, Law and Criminology/Psychology**, as well a talk on **degree apprenticeships**.

Tuesday involved writing workshops from the **Royal Literary Fund**, with our guest preparing our students to write academically at a level equivalent to that of university students.

Students went to **Imperial College, London** on Wednesday, **Aston university** on Thursday, and finished on the Friday with our **Monopoly** team-building challenge.

Photos and student updates to come next week!

**Year 13 – time for our farewell celebration!**

See you at the prom on **Thursday 3<sup>rd</sup> July 6.30pm!**

# Summer Term 2 Clubs

## Monday

Activity	Time	Location
Basketball	Before School (7.30 - 8.25am)	Sports Hall
Basketball	Breaktime	Sports Hall
Choir*	Lunchtime	P1
Y7-8 Netball	Lunchtime	Sports Hall
Y7-9 Dance club	Lunchtime	Dance Studio
Cricket	After school	Sports Hall

## Tuesday

Activity	Time	Location
Badminton	Before School (7.30 - 8.25am)	Sports Hall
Basketball	Breaktime	Sports Hall
French conversation	Lunchtime	L4
Girls & 6th Form Volleyball	Lunchtime	Sports Hall
Keyboard Club*	Lunchtime	P1
Y7-11 The Literary Lounge	Lunchtime	B4
Badminton	After school	Sports Hall
Girls Football	After school	Park
Step into Dance	After school	Dance Studio
Y7 Football	After school	Park
Y9 Inspire programme**	After school	Sixth Form
Y9-10 Football	After school	Park
DofE**	After school	G2

## Wednesday

Activity	Time	Location
Volleyball	Before school (7.25-8.25am)	Sports Hall
Basketball	Breaktime	Sports Hall
Band*	Lunchtime	P1
Careers club*	Lunchtime	T2
GCSE Table Tennis**	Lunchtime	Main Hall
Product Design CLUB	Lunchtime	T11
Y7-8 Computing Club	Lunchtime	T3
Y7-10 Robotics Club	Lunchtime	T12
Y9-10 Netball	Lunchtime	Sports Hall
Y8 Home learning club	After school	T1
Y9 Home learning club	After school	T4
Y10 Home learning club	After school	T3
Basketball	After school	Sports Hall



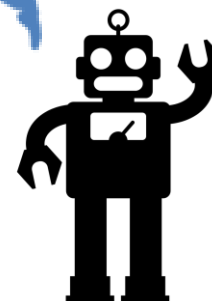
# Summer Term 2 Clubs

## Thursday

Activity	Time	Location
Basketball	Before school (7.25-	Sports Hall
Table Tennis	Before school (7.25-	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Xianxia club*	Lunchtime	R3
Y7-9 Spoken Word	Lunchtime	P2
Y10 Inspire pro-	After school	B3
Netball	After school	Playground
Y8 Football	After school	Park

## Friday

Activity	Time	Location
Badminton squad**	Before School (7.30 -	Sports Hall
Basketball	Breaktime	Sports Hall
German conversation	Lunchtime	L4
Girls Volleyball	Lunchtime	Sports Hall
MFL Library*	Lunchtime	L3
Spanish conversation	Lunchtime	L2
Y7-8 Girls Science club	Lunchtime	S4
Volleyball	After school	Sports Hall
Table Tennis	After school	Main Hall



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