



# Student Bulletin

29 / 09 / 25

*Proud to be GOOD in all areas*

This term's  
Character Virtue:  
**TEAMWORK**

*Investing in each other to be the very best we can be*

## HAPPENING THIS WEEK

### Monday

School Review 1

### Tuesday

Breck Foundation - Assembly  
for all year groups

Year 10 Jack Petchey Speak Out  
Challenge

PSCHEe Period 2

### Wednesday

Year 7 Open Morning

### Thursday

Year 9 Go Ape Trip

Sports Awards Evening

### Friday

Year 9 Go Ape Trip

## Message from the Assistant Headteacher

### Black History Month

As we continue learning about Black History Month this week, we've experienced powerful assemblies from the History Department on the theme of "Standing Firm in Power and Pride." We've been reminded of the incredible resilience and integrity shown by Black leaders and communities throughout history, from the pioneers of the Race Relations Act to modern-day figures. Their stories teach us that progress is often built on the courage to stand firm in the face of injustice.

This month is also a time for us to live out our school values, particularly compassion. By listening to diverse voices and understanding the historical struggles and triumphs that have shaped our world, we can strengthen our school community. Let's carry this spirit of teamwork and curiosity forward, ensuring that everyone feels seen, heard, and valued, not just this month, but always.

### Progress Checks and Engagement

This half-term, your teachers will be reporting on your attitudes to learning, focusing on your behaviour in lessons, engagement in lessons, and home learning. This report is an important opportunity to reflect on your progress. We want to place special emphasis on engagement, as it is a critical factor in your academic success.

To be truly engaged, you must embody the 4 Ps of Learning. This framework is important for every successful learner at Park High:

- **Prepare for Learning:** This means coming to every lesson on time, with all your equipment, and having completed any pre-reading or home learning. Being prepared puts you in the right mindset to learn from the very start.
- **Pride in Presentation:** Show pride in your work by using a green pen to correct it, writing neatly, and sticking in all worksheets. This demonstrates your commitment and respect for your own learning.
- **Proactive in Lessons:** This is about active participation, not just passive listening. It means contributing to discussions and challenging yourself on tasks. It also means asking and answering questions. Your new mini whiteboards are a great tool for this, allowing every one of you to be proactive and show your thinking.
- **Persist After Lessons:** Learning doesn't stop when the bell rings. You must recap work, follow up on any questions you have, and put in your best effort on home learning. Using flashcards or other review materials helps you solidify your understanding and persist in your learning journey.

**Remember, engagement is a critical part of being a successful learner.**

Mr Osman

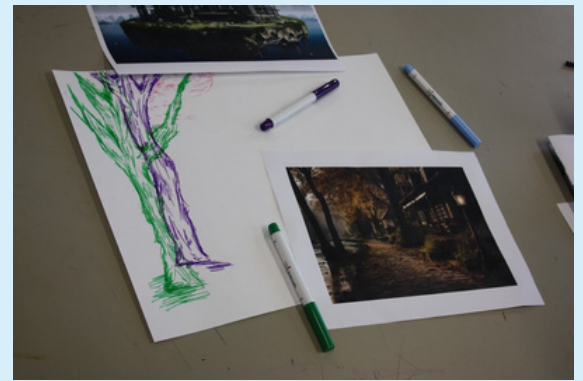


# Artist Workshop for Year 11

Contemporary British Artist, Jeanette Barnes, delivered a workshop with our Year 11 artists on Thursday and Friday, helping them to develop their creativity and explore new ways of creating images.

Combining contextual study and secondary sources, Jeanette Barnes shared with students her large scale drawings. She introduced the dynamic handling of materials to encourage the development of an image towards a conclusion. Through instinctive and imaginative exercises she enabled all students to develop a more personal visual language.

Students said "I have really enjoyed the workshop and enjoyed working with colours, and how to draw quickly and layer with colours- I enjoyed experimenting with new things."



## October, October

### Book Review by Aaron Kuravilla (7LB)

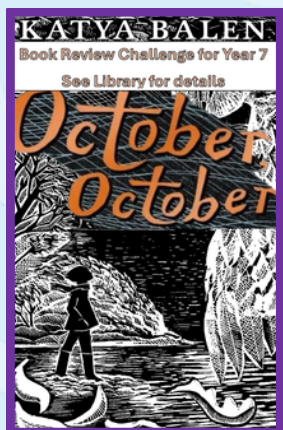
**Author**  
Katya Balen

**This book in a sentence**

'October, October' is a young girl who moves in with her mother, who she hates more than anything because she left her when she was very young and she has a lot of problem living in London because she lived in the woods for a long time.

**Rating**  
I give this book a 10 out of 10

**My favourite quote**  
'Circle of life'



**Review**  
October, a young girl who lives with her dad as she hates her mother more than anything because she left her when she was very young lives in the wood and she is closely related to nature.

On her 11th birthday, her dad falls from the tallest tree in the wood and went to hospital. October moves in with her mother. She visits her dad every week. At her new school, she makes a new friend named Yusuf. One day when she was giving a speech, her dad came in, the second she saw him she became so happy and spoke loud and clear like her teacher had told her to do. After the speech, she ran and hugged her dad and then her dad said I think we should stay here because this is the perfect place for you and me.

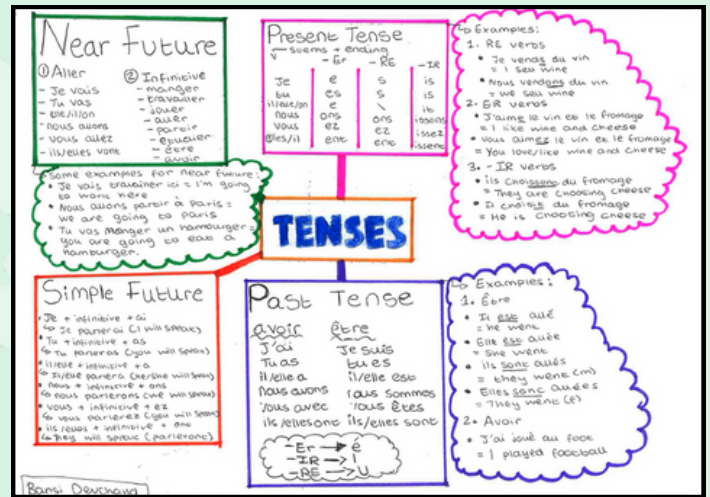


# French Grammar Comes to Life in Year 10

Our talented Year 10 French students showcased their language skills through a vibrant display of grammar posters. Key grammar topics included different tenses and verb conjugations.

These colourful and informative visuals not only demonstrate their solid understanding of French grammar but also reflect our students' enthusiasm for learning a new language. These posters are a fantastic resource for anyone brushing up on their French and hopefully will inspire you to create your own posters – for any subject!

Bravo to all our budding linguists for their hard work!



**PAST, PRESENT AND FUTURE TENSE** - Jhanni Jesani

PAST passé composé	PRESENT	FUTURE futur
J'ai joué au foot hier I played football yesterday	Je mange une pomme I am eating an apple	Je voudrais I would like to
Tu as mangé un sandwich à midi? Did you eat a sandwich for lunch?	Tu vas au cinéma? Do you go to the cinema?	Je veux I want to
Elle a regardé un film le week-end dernier She watched a film last weekend	Il joue au hockey He is playing hockey	J'ai l'intention de I plan to
<b>FRENCH</b> Hier Hier soir Il y a quelques semaines Le mois dernier L'année dernière	<b>ENGLISH</b> yesterday last night last Monday last week last year	<b>à l'avenir</b> in the future <b>l'année prochaine</b> next year <b>la semaine prochaine</b> next week
to have to be to do to drink to take to buy to leave to arrive	<b>FRENCH</b> avoir être faire boire prendre acheter sortir arriver	<b>STEM</b> Jou Jou Jou
<b>PAST</b> gu été fait bu pris	<b>STEM</b> je vend tu vend il/elle vend	<b>ENDING</b> -es -es -e
<b>ENGLISH</b> to go to drink to do to read to prefer to be called	<b>FRENCH</b> aller - to go boire - to drink faire - to do lire - to read préfer - to prefer s'appeler - to be called	<b>ENDING</b> -s -s none
	<b>RULE:</b> Remove the -er from the infinitive and add the appropriate ending for each pronoun. <b>For example, to play (jouer):</b>	<b>RULE:</b> INFINITIVE + AVOIR ENDINGS <b>Example:</b> -ai/ait/ait - we will -as/aura/ra - you will (sing) -ont/ont - they will

## Correction

In last week's Student Bulletin article about our successful Open Evening, we misspelled a student's name.

So, thank you to **Lucia Mitrovikj (7PJ)** for her excellent speech to the prospective parents and students. And our apologies for the mistake!

## 'Coven' Trip: Permission & Payment Deadline

Students joining the joint History and Drama trip to see the play 'Coven' in Kilburn on 19<sup>th</sup> November must submit their **Permission Forms** and have paid via **ParentPay** by Friday 3<sup>rd</sup> October.



## Sports Awards Evening

Park High are hosting our Annual Sports Award evening on Thursday 2nd October 2025. This is an amazing opportunity to celebrate the success and dedication to students in PE and sport.

We are excited to have our guest speaker, Naomi Dattani, joining us to help hand out the awards.



**PARK HIGH SCHOOL**

# SPORTS AWARDS EVENING

Thurs 2<sup>nd</sup> October 2025  
5:30pm - 6:30pm

With Guest Speaker:  
**Naomi Dattani**  
Professional Cricketer



### Award Nominations

**Female Sports Performer of the Year**

Saisha Bhattacharjee  
Beatrice Halip  
Sofia Loghin

**Male Sports Performer of the Year**

Hamza Mohamed  
Aaron Smith  
Elliot Filip

**Team of the Year**

U13 Netball Team  
U15 Cricket Team  
Year 7 Basketball

Those who have been invited, please come and celebrate the success of Park High School Sport.

**Winners announced on the night.**



**Y9-11**

## COMPUTING: MISSION SPACE LAB

MISSION SPACE LAB CHALLENGES TEAMS TO WRITE COMPUTER PROGRAMS THAT SOLVE A SCIENTIFIC TASK IN SPACE BY GATHERING DATA TO CALCULATE THE SPEED AT WHICH THE INTERNATIONAL SPACE STATION (ISS) IS TRAVELLING AS ACCURATELY AS POSSIBLE.


**MONDAY LUNCHTIME IN T3**

## Astro Pi Mission Space Lab Club



Ever wanted to design an experiment that could run on the **International Space Station**? Join our Astro Pi Mission Space Lab Club and work in a team to program the Raspberry Pi computers orbiting Earth!

Open to **Year 9-11 students**, this is a chance to explore coding, science, and space in one incredible project. Every **Monday lunch time in T3!**

 Coding experience is recommended but not essential — what really matters is a willingness to **challenge yourself, study, and research** as part of the team.



Thank you to everyone that has encouraged their friends and family to attend our Year 7 Open Events. We have been thrilled at the high level of interest in our school.

We still have places left on our **Open Morning tours**, so please continue to share the information with anyone who might find it useful.



# PARK HIGH SCHOOL

*Investing in each other to be the very best we can be*

## Interested in 2026 Admission? Come to our Open Mornings

Receive a guided tour of the school, view our facilities in action, meet our students and staff, and see how we bring out the best in every student.



Tuesday 23<sup>rd</sup> September  
Wednesday 24<sup>th</sup> September  
Thursday 25<sup>th</sup> September  
Wednesday 1<sup>st</sup> October  
Wednesday 8<sup>th</sup> October


Tours start at:  
9.10am & 10.10am

*(Please book via the school website or scan the QR code)*

 Thistlecroft Gardens, Stanmore, Middlesex, HA7 1PL

 0208 952 2803

 [info@parkhighstanmore.org.uk](mailto:info@parkhighstanmore.org.uk)

 [www.parkhighstanmore.org.uk](http://www.parkhighstanmore.org.uk)



# Last Week's Roundup

## Year 7

Another fantastic week from you all – keep up the great effort and positivity. We have seen you working hard in lessons with lots of character points being awarded. A special shout-out to **7PJ**, who have already gained over **300 character points** so far – brilliant work!

✦ **Reminder:** The **Tutor Board Competition** deadline is Wednesday 8th October. The class with the best board will win lots of yummy treats so make sure your display is looking its best and make it personal to your tutor group!

Keep working hard, Year 7 – we're proud of you!

Miss Daler

## Year 8

We are now over halfway through Half Term 1 and all of you now should be back into a settled routine of being a Year 8 student. It is great to see the vast majority of you wear your uniform with pride, turn up to lessons and school on time and earn lots of achievement points. Keep focusing on establishing good routines which are going to help you develop your character and achieve your goals.

We have our exciting bonding trips taking place soon on the 9<sup>th</sup> and 10<sup>th</sup> of October. Please make sure you have signed up and paid for this via ParentPay - we are excited to be taking you out on this trip and having a wonderful day with you all. If you have any questions about this trip, then come to the HoY office.

Congratulations to our form captains who have been picked for this year. You have now received your badges and I am sure each of you will go be fantastic ambassadors for your form. I am excited to work with you this year.

Mr Hargreaves

## Most Character points

7PJ

## Best Attendance

9SK

## Best Punctuality

10BA, 9SK, 8YK

## ACE Lottery Winners

Alessia Doroftel 8YK

Nicolas Salgau 10HW

## Free things for students and their families

### Black Culture Market

This is an indoor, face-to-face event that supports emerging entrepreneurs & new black businesses of African & Caribbean descent with retail opportunities. Our next event taking place over two days in the heart of Brixton offers a diverse, quality shopping and cultural experience celebrating producers of the African & Caribbean community. If you're looking for gifts, cards, unique prints, jewellery, male grooming kits, skincare, clothes or other original accessories come down! This market truly embodies the community's spirit.

### Downstairs at The Department Store

248 Ferndale Road Brixton London SW9 8FR  
[Home - Black Culture Market](#)



## Year 9

Let's all aim to earn our Bronze badge by half term! To achieve this, we need to consistently demonstrate all our character virtues both inside and outside the classroom. These virtues—such as compassion, resilience, integrity, curiosity, and teamwork—should be reflected in everything we do, whether we're learning, helping others, or making positive choices in our daily lives. Character points are awarded to those who truly embody these values, showing that they are not just words we learn, but actions we live by. Whether you're supporting a classmate, staying focused in lessons, or showing leadership in group work, every moment counts. Let's encourage one another, stay motivated, and work together to reach this goal. Earning the Bronze badge is not just about recognition—it's about becoming the best version of ourselves.

Bronze	Silver	Gold	Platinum
40	80	120	220

Miss Acheampong

## Year 10

Well done on another fantastic week—I'm really pleased to be seeing more of you and getting to know you better. It's wonderful to see so many of you doing the right thing: being in the right place at the right time.

As I've said before, one of my biggest non-negotiables is respect. If you want respect, you have to give respect. So, moving forward, I'd like everyone to put our compassion values into action: make sure you **greet and thank your teacher every time you're in a lesson**. It's a small thing, but it makes a big difference.

I also want to say a huge well done to those of you who helped with the parent tours on Thursday. The way you represented Year 10 and our school was outstanding—it's so commendable. It's a real pleasure to see you being so enthusiastic about our school and its culture, and it's a real credit to you.

Year 10, I also want to take a moment to recognise your form tutors. We are very lucky to have such an amazing team—so experienced, and they know you inside out. Behind the scenes, there is a huge amount of work that goes into preparing you to become young adults, and much of that comes down to the effort your tutors put in every single day, often without you even realising. So at some point today, or this week, please take a moment to thank your form tutors for everything they do for you. It's important to revisit this as often as possible, so that you can see just how much we all care about you and your future.

Have a fantastic week.

Miss Manandhar



## Year 11

Your settling in Progress Check will soon be given by your teachers. Let's achieve the best grades in behaviour, engagement and home learning we have ever achieved! In particular, one of our priorities as a year group is to get more A grades for engagement. To be proactively engaged. So how do you get an A for engagement? Be a student who can be described as the following:

*You are highly **proactive** and curious in your learning, consistently taking the initiative both in and beyond the classroom. You approach tasks with enthusiasm, ask thoughtful questions, seek feedback to improve, and embrace challenges. You take real **pride** in the presentation of your work, which is always neat, organised, and of a high standard.*

As we discussed in our first assembly, let go of the broken shells - the things that will distract you from being your best. Instead, pursue with all your effort the prize, the star fish - the best possible version of yourself and the best possible grades you can achieve.

To ensure you are moving towards achieving your best grades, implement your revision timetable you created in your Transitional Booklet and Registration last week. Stick the timetable somewhere you can see it in your room. Get into the habit of following the timetable and reward yourself with a treat for sticking to it at the end of each week.

**Yearbook Photo Sessions!** Individual and group photos for the Year 11 Yearbook 11PW - 30.9.25.

**Mr Fowler**

## Sixth Form

On Friday 26th September, we were honoured to have educational psychologist Dr. Martijn van der Spoel deliver sessions to our 6th formers.

Students were provided tips and advice on maximising the use of their brains, improving their focus and mastering motivation. We are incredibly thankful for his time and energy, and have no doubt our Year 12 and 13 students will be using the techniques shared in lesson periods and their independent study time!

**Mr Clarke**



# Autumn Term 1 Clubs

## Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Y7 Girls Netball	Lunchtime	Sports Hall
Y9-11 Computing	Lunchtime	T3
Y10-11 Basketball Coaching	After School (3.10-5.30pm)	Sports Hall
Cricket	After School	Playground

## Tuesday

Activity	Time	Location
Badminton Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
6 <sup>th</sup> Form Volleyball	Lunchtime	Sports Hall
Badminton	After School	Sports Hall
Y7 Boys Football	After School	Park
Girls Football	After School	Park

## Wednesday

Activity	Time	Location
Volleyball Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
GCSE Table Tennis	Lunchtime	Main Hall
Y8-11 Girls Netball	Lunchtime	Sports Hall
Table Tennis	After School	Main Hall
Y7-9 Basketball Coaching	After School (3.30-5.30pm)	Sports Hall
Y8-11 Boys Football	After School	Park
Matilda Rehearsals	After School	Main Hall

## Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis Coaching	Before School	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Girls Netball	After School	Playground
Matilda Rehearsals	After School	Main Hall

## Friday

Activity	Time	Location
Badminton Squad	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
6th Form Volleyball	Lunchtime 1-1.25pm	Sports Hall
Volleyball	After School	Sports Hall
Into Film Club	After School	T5

