



Student Bulletin

13 / 10 / 25

Proud to be GOOD in all areas

This term's
Character Virtue:
TEAMWORK

Investing in each other to be the very best we can be

HAPPENING THIS WEEK

Monday

Progress Checks 1 Home

Tuesday

Year 11 into 12 Prospective

Sixth Form Evening

Languages Day with students
from Kenmore Primary School

Wednesday

Year 13 English Literature
Symposium

Thursday

Review Day 1

Friday

GCSE NEA Dance Exam

PSHCEe P2

Last Day of Half Term

Message from the Assistant Headteacher

As we approach Review Day on Thursday, be well prepared for your meeting with your tutor. Take time to set clear, realistic targets that will help you stay focused and support you making progress both inside and outside the classroom. Remember to log into Teams on the day too to complete any online work set for the day — it's a key part of your learning. With just one week left before the two-week break, keep showing your resilience and stay engaged in lessons. Finish this half term strong.

It's also still a great time to get involved in extracurricular clubs if you haven't already — whether it's sports, music, or a new activity, there's something for everyone. Let's make this final week a positive one by working hard, supporting each other, and making the most of every opportunity.

When the two-week break arrives, be sure to take time to recharge. Rest, enjoy your hobbies, and spend time with friends and family. Getting the right school-life balance is important — it helps you return refreshed and ready to learn. Look after your wellbeing as well as you do your studies.

Mr Whittaker



Congratulations to the Year 10 Football team who beat Douay Martyrs **4 - 1** in the first round of the Middlesex Football Competition.



Celebrating Excellence: MFL Workshop – "Human Voices in a Brave New World"

We are incredibly proud of the students from Years 8 to 11 who took part in the Modern Foreign Languages conference "Human Voices in a Brave New World" at the North London Collegiate School on Monday, 6th October. This inspiring event challenged students to create and perform poetry in French, Spanish or German, showcasing not only their linguistic talents but also their creativity, courage, and collaboration. The programme started with a keynote speech on the importance of language study in an AI-driven and complex globalized world by Isabelle Lever, an alumna of NLCS who has recently graduated from Oxford University with a joint Honours degree in French and German, followed by a discussion with the NLCS Polyglot Society.

Throughout the workshop, our students demonstrated exemplar behaviour, acting as true ambassadors for MFL and our school. Their performances were heartfelt and powerful, reflecting deep thought and emotional intelligence. Our Character Virtues of Resilience, respect, Integrity and responsibility were on full display, and their enthusiasm was infectious.

We commend every participant for their outstanding contribution - you have set a shining example for your peers and made us all very proud!



U16 Netball Victory

On Thursday 9th October 2025, our U16 netball team played Sacred Heart. We went in determined and had a positive attitude that we were going to win, but then came the first two quarters. During the first two quarters we had an unfortunate start, losing 4-nil.

After Miss Acheampong's intense but needed team talk, we went into the third quarter with aggression like the other team had been displaying, and we had a fierce start. Mina gave a great centre pass and our attackers brought it straight to the goal circle, scoring our first goal. Then, straight after, an amazing intercept by Lucy. I scored another goal, making the end 4-2.

Last quarter, we knew we could not ruin our winning streak. Thanks to some incredible defending, we managed to keep control of the game after Dalisha & Vidhisha's successful intercepts. Ayana and I brought the game to 5-4. Our opponents started to get tired, so Sneha and Lucy took advantage and made the final pass to make the final goal happen.

Despite the rocky and physical conditions (thanks to half our team who played on with injuries) we managed to make 6-4 - getting us into the semis. A big thank you for the support from our cheerleaders and PE department.

Aanya Shah 11AG

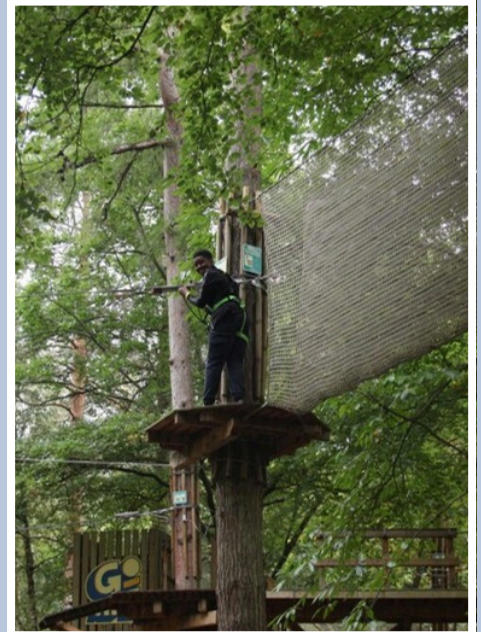
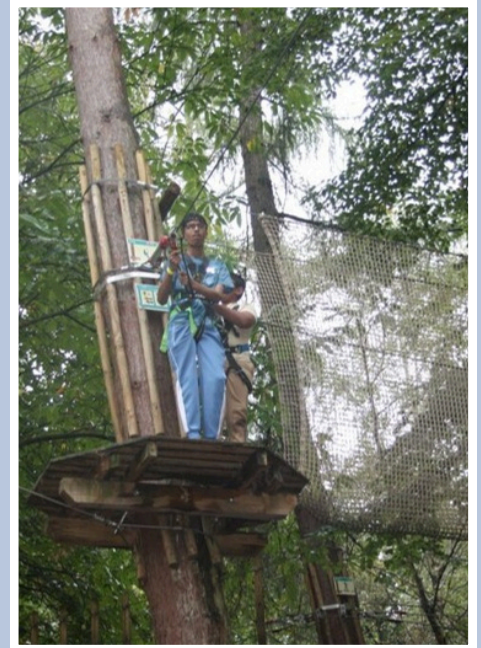


Year 9 Trip to Go Ape

On Thursday 2nd and Friday 3rd October, Year 9 went on their bonding trip to **Go Ape** in Black Park, Slough. This was a fantastic opportunity for students to make new connections with classmates, strengthen existing relationships, as well as build confidence and develop our key Character Virtues.

On both days, we saw incredible displays of **Teamwork** and **Curiosity** as students tackled the High Ropes and Zip Lines. We were especially proud to see students showing **Compassion** as they encouraged each other to persevere, supporting each other every step of the way. The weather on Friday meant that there had to be plenty of **Resilience**, as students embraced the challenges of the day - even in the relentless rain!

Well done to Year 9 for getting involved, contributing to a memorable day out, and representing Park High School wonderfully.



PARK HIGH SCHOOL

YOUR SIXTH FORM OF CHOICE

SIXTH FORM INFORMATION EVENING

Tuesday 14th of October 2025
6.00pm – 8.00pm
(last admission 7.30pm)

In Years 12 and 13, we continue our high level of teaching and learning, while respecting students' increased maturity and independence, with exciting and rewarding opportunities within and beyond the classroom.

"The school has a positive record of students successfully attending and completing courses at universities or other types of further and higher education." – Ofsted, 2024

PROUD TO BE
GOOD
IN ALL AREAS

GCSE Music trip



HARROW JOBS FAIR
APPRENTICESHIPS AND VOLUNTEERING

Thursday 30th October 2025

10am–3pm
Harrow College,
Lowlands Rd, HA1 3AQ

To book your FREE tickets scan the QR or visit: tinyurl.com/jobsfairharrow

- Meet employers and organisations
- Discover a range of career options
- Network with professionals

Sponsored by Barratt London
In partnership with Harrow College, HRUC, and Voluntary Action Harrow.

Mental Health UK, Department for Work & Pensions, WORK HARROW, jobcentreplus, and HARROW.

Come and join the **Harrow Jobs & Volunteering Fair 2024**, where opportunities are waiting just for you! This exciting event will take place at Harrow College on **Thursday, 30 October 2025**, from 10 am to 3 pm.

This **free** event brings together more than 50 organisations, employers, apprenticeship providers and voluntary organisations offering real opportunities across sectors. Whether you're looking for your first role, want to retrain, or are keen to give back through volunteering, this fair is the perfect place to discover what's out there.

Many attendees are finding new career pathways and valuable contacts, and you'll have the chance to:

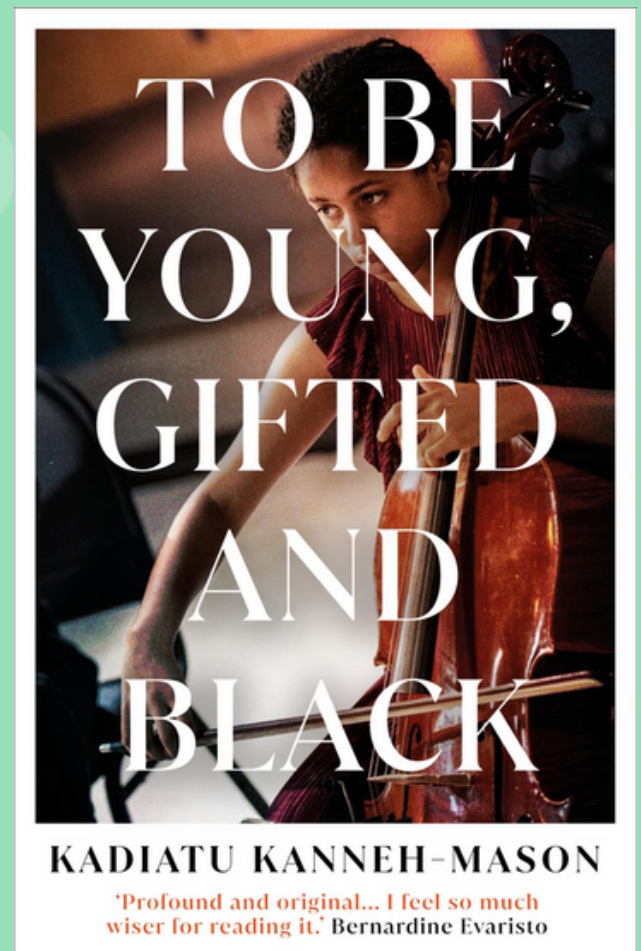
- Meet employers face-to-face and explore current vacancies
- Discover apprenticeship and training opportunities
- Learn about volunteering roles that build skills and confidence
- Network with professionals and local organisations

Last week, Year 10 and 11 GCSE Music students were privileged to attend and participate in an "In Conversation" talk, *To Be Young, Gifted and Black* at Nower Hill High School, featuring Dr Kadiatu Kanneh-Mason and Braimah Kanneh-Mason.

The Kanneh-Masons are a truly musical family with seven 'children' all working as professional musicians. This was a truly inspiring and memorable event, exploring both their place in the Classical music world and the impact of racism and how they overcame it. It was a privilege for our students and staff to attend and the messages shared were deeply valuable and resonated strongly with our group. The opportunity to hear directly from members of the Kanneh-Mason family about their journey, challenges, and triumphs was both enlightening and empowering.

Park High students were commended not only for their exemplary behaviour but also for asking thought provoking questions exploring topics around performance nerves and preparation for GCSE Music.

Well done to all involved.



TO BE YOUNG, GIFTED AND BLACK

KADIATU KANNEH-MASON

'Profound and original... I feel so much wiser for reading it.' Bernardine Evaristo



Year 7 Tutor Board winners



1st Place



2nd Place



3rd Place

Marvellous Readers winner

Well done to **Luvisan Suthakaran 7MJ** for being the first student to complete the Marvellous Readers challenge.

Keep reading, Year 7. The special experience is still up for grabs!



The Tutor Group with the most cards completed will receive a special experience.

*Starts: Friday 3rd October
Ends: Friday 7th November*

See Mrs Bhutta for details



Last Week's Roundup

Year 7

Last week was a busy week for Year 7! We had our boys football match, information evening and lots of fantastic creations for your history home learning. We can see how much effort went into this piece of home learning and were blown away by the creativity shown. Well done!

This week we have our first Review Day, a chance to celebrate what you have achieved so far whilst reflecting on how you can improve. Remember our discussion in assembly, these targets are for YOU. Be specific with your target and ensure they are attainable. In assembly on Friday we have lots of certificates to give out but the big question is... which class have achieved the most character points this half term?

Miss Daler



Year 8

We hope you enjoyed your bonding trip and learn something new about yourself. Did you try the big slide and conquer your fear of heights? Did you go on the high ropes and try something new and difficult? This trip is about giving you new opportunities so we hope you have made the most of them.

Looking ahead to Week 7 and we have Review Day on the 16th October. Make sure you familiarise yourself with the details for the day and are thinking about what targets you want to focus on. This is a great opportunity for you to reflect of what you have done well so far, and what you can do to be even better moving forward. Your form tutors are excited to have this chance to speak to you one on one about your targets and we are excited to see what you do with them. In the mean time try and get as many achievement points between now and the end of term and make the most of all your lessons before we embark on half term.

Keep working hard!

Mr Hargreaves

Most Character points

9TP

Best Attendance

8PD

Best Punctuality

9DB, 9SL

ACE Lottery Winners

Connor Smith 12DP

Prince Patel 7LB

Free things for students and their families

35 restaurants & cafes where kids eat free or £1 this October Half Term

Looking for the best deals on kids' meals this October half term? Here's a comprehensive list of restaurants and cafes offering either free or £1 meals, making it easy to enjoy family dining without breaking the bank. From popular chains to hidden gems.

The list ranges from Bella Italia, TGI Fridays and Franco Manco to Gordon Ramsay Restaurants and Angus Steakhouse.

[Click Here to learn more!](#)



Year 9

Review Day is a valuable opportunity to meet with parents and guardians, reflect on this term and set meaningful goals for the academic year. This year, we will focus on three key targets to support your growth.

- 1. Persist After Lessons:** For example: I aim to consistently complete home learning tasks and dedicate time to revision each week. This will help reinforce what I've learned in class and prepare me for upcoming assessments. I will use a planner to track deadlines and set aside quiet time for study.
- 2. The 4P's of Learning:** For example: I will take initiative in my learning by asking questions when I don't understand something and seeking feedback to improve. I'll also make use of available resources, such as online platforms and study guides, to deepen my understanding.
- 3. Pastoral:** For example: I will make punctuality a priority by arriving at school and lessons on time every day. Being punctual shows respect for others and helps me start each day with a positive mindset.

What targets will you make for yourself on Thursday? Remember 'Small changes can make a big differences'


Miss Acheampong


Year 10

What an excellent week once again! I'm so happy to see so many of you improving your punctuality and attendance — it really shows your growing **resilience** and commitment.

Speaking of our **Park High characteristics** — *resilience, integrity, curiosity, teamwork, and compassion* — I'm seeing these values reflected across our year group every single day. Some of you are displaying all five, which is fantastic! For the next half term, I'd like each of you to choose **one characteristic** to focus on and develop even further. Think about how you can demonstrate that attribute in and out of the classroom.

There are also a few exciting things happening:

 **Work Experience** — Many of you have already started finding placements — your organisation and initiative are commendable! For those who haven't yet, please use the next two weeks to speak with family, friends, and local businesses to secure your placement. Remember, there's a **prize for the form group** that completes their work experience placements first!

 **Mock Interviews** — Coming up in **November**, you'll have the chance to meet professionals from industries that interest you. This will be a valuable opportunity to practise your communication skills and gain real-world insights. More information will follow soon.

Review Day – Thursday

Please make sure you've started booking appointments with your form tutors. Attendance with your families is essential, as this is where we'll set meaningful targets to help you take the next steps toward becoming successful **Park High graduates**.

🌟 As we head into the final week of this half term, I just want to say **well done** for a brilliant six weeks. It's been a pleasure getting to know more of you and seeing your growth both personally and academically.

Let's make this final week count — finish strong, reflect on your progress, and go into the holidays proud of what you've achieved.

Enjoy your two-week break, and thank you for an **excellent half term!**

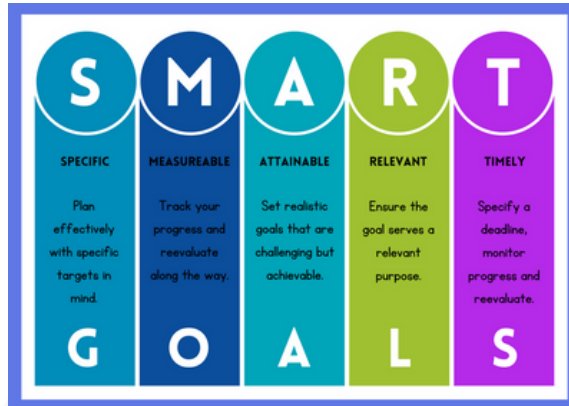
Miss Manandhar



Year 11

Review Day – Thursday 16th October 2025

Year 11, as Review Day approaches, now is the time to start thinking about your new academic targets. Your targets should build on your previous ones, showing progress and a clear plan for improvement. Be ready to discuss these with your form tutor.



Sixth Form Information Evening – Tuesday 14th October, 6:00–8:00 PM

Our Sixth Form Information Evening will take place on **Tuesday 14th October 2025** from **6:00 PM to 8:00 PM**. An email has been sent to your parents/carers with all the details. Please follow the link provided in the letter to confirm your attendance. This is an important opportunity to learn about post-16 options and begin planning for your future.

Please continue to remember that we are with you on this journey. Keep taking one day at a time and look after yourself.

Mr Fowler & Ms Ali

Sixth Form

Sixth Form Fundraiser for MIND

On Friday 10th October, our Sixth Form students organised a fantastic fundraising event in support of the mental health charity MIND.

The day was filled with energy and colour as students wore blue and green to raise awareness for mental health, while delicious sweet treats were sold to boost donations for this wonderful cause.

A huge thank you to our student leaders for planning and running such an inspiring event, and to all our Sixth Formers for their enthusiasm, generosity, and teamwork in making it such a brilliant success!

Mr Clarke



Autumn Term 1 Clubs

Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Y7 Girls Netball	Lunchtime	Sports Hall
Y9-11 Computing	Lunchtime	T3
Y10-11 Basketball Coaching	After School (3.10-5.30pm)	Sports Hall
Cricket	After School	Playground

Tuesday

Activity	Time	Location
Badminton Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
6 th Form Volleyball	Lunchtime	Sports Hall
Badminton	After School	Sports Hall
Y7 Boys Football	After School	Park
Girls Football	After School	Park

Wednesday

Activity	Time	Location
Volleyball Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
GCSE Table Tennis	Lunchtime	Main Hall
Y8-11 Girls Netball	Lunchtime	Sports Hall
Table Tennis	After School	Main Hall
Y7-9 Basketball Coaching	After School (3.30-5.30pm)	Sports Hall
Y8-11 Boys Football	After School	Park
Matilda Rehearsals	After School	Main Hall
Into Film Club	After School	T5

Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis Coaching	Before School	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Girls Netball	After School	Playground
Matilda Rehearsals	After School	Main Hall

Friday

Activity	Time	Location
Badminton Squad	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
6 th Form Volleyball	Lunchtime 1-1.25pm	Sports Hall
Volleyball	After School	Sports Hall

