



Student Bulletin

17 / 11 / 25

Proud to be **GOOD** in all areas

This term's
Character Virtue:
COMPASSION

Investing in each other to be the very best we can be

HAPPENING THIS WEEK

Monday

Year 11 Practice Exams

Tuesday

Year 11 Practice Exams

Jack Petchey Speak Out Semi
Finals

Year 13 Wembley stadium tour

Wednesday

Year 11 Practice Exams

PSHCEe Period 3

Year 9 Teen Boys Conference

Year 13 History and
A Level Drama Trip

Thursday

Year 11 Practice Exams

Friday

Year 11 Practice Exams

Message from the Deputy Headteacher

I would like to begin this week by saying how incredibly proud I am of our school community. Last Tuesday, all 1,400 of you stood together in absolute silence to mark Remembrance Day. The respect, maturity, and unity shown during that moment was truly outstanding – a powerful reminder of the strength and compassion that define our school.

A huge well done to Year 13, who have now completed their mock exams. Your focus and resilience over the past two weeks have set an excellent example for the rest of the school. To Year 11, we wish you the very best as you begin your mock exams on Monday 17th November – remember, preparation and positivity will carry you far.

Congratulations also go to Year 10 for the way you approached your individual mock interviews last week. These conversations are an important step in thinking about your future, and the maturity and thoughtfulness you showed were impressive. Bring on Work Experience!

It is important to recognise and thank the 40 volunteers who generously gave up their time to support the experience for Year 10. Their contribution made a real difference, and we are very grateful.

Remember our character virtue of compassion in every interaction – whether that's a kind word to a friend, helping someone who's struggling, or simply showing respect to one another. Remember, even the smallest act of kindness can have a lasting impact.

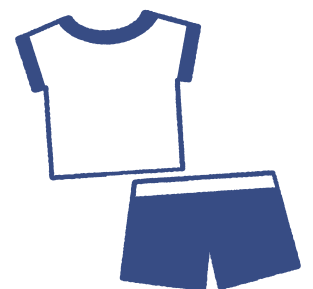
Thank you all for the way you represent our school every day – through your behaviour, your hard work, and the way you care for one another. Have a great week ahead.

Mr Darby

Message for all students

Students do NOT need their PE kit for PE lessons between Monday 17th November and Thursday 27th November.

We will be completing a performance analysis piece of work in core PE lessons during this time.

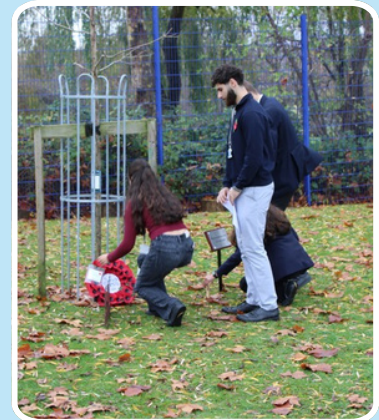


Remembrance Day Commemoration

On Tuesday, 11th November, our school came together to mark Remembrance Day. At 11:00am, the whole school observed a two-minute silence to honour those who have served and sacrificed. This was followed by the playing of The Last Post by one of our talented Year 12 students, creating a moment of reflection for all.

Afterwards, Head Students and Prefects led a special commemoration ceremony, carrying the school wreath and remembrance crosses to the grassy knoll. Readings were shared, including the poignant words of "Do Not Stand at My Grave and Weep" and "The Ode of Remembrance."

Thank you to everyone who participated in this important occasion of respect and remembrance.



Sixth Form Students Reflect on Lessons from Auschwitz Visit

During the half term, I had the opportunity to visit Poland as part of the Lessons from Auschwitz project. Before the trip, we met Eva Clarke, a Holocaust survivor who was born in a concentration camp. Hearing her speak was incredibly moving. Her story wasn't about statistics or dates, it made me think about the courage and survival necessary in a world that had lost its humanity.

When we arrived in Poland, our first stop was the Jewish cemetery in Oświęcim, the town where Auschwitz was built. Standing there, surrounded by the graves of people who once lived ordinary, peaceful lives, I realised that the Holocaust didn't begin with camps or gas chambers, it began when prejudice and discrimination slowly became normalised. The moments when neighbours stopped seeing each other as equals, and kindness was replaced by cruelty.

At Auschwitz One and Auschwitz-Birkenau, we walked through the gates that have become such powerful symbols of this significant part of history. The silence there was overwhelming. It was hard to believe that more than 1.1 million people were murdered in that place and most of them Jewish. But behind that huge number were individuals. Children, parents, friends, families, all destroyed by a world which forgot its humanity. Each had a name, a life, and dreams for the future, just like me and you do today. Remembering the Holocaust means remembering those people, not just the statistics that they stand for. One of the most important lessons I learnt is that those responsible for these crimes were human beings, not "inhuman monsters." They made choices, often shaped by fear or hate, and those choices had devastating consequences. If we see them only as evil beyond understanding, we miss the warning signs that hatred and intolerance can grow anywhere, even today.

I also thought about the bystanders, the people who saw or suspected what was happening but did nothing. Visiting Auschwitz made me reflect on how silence can allow cruelty to continue. It's a reminder that all of us have a role to play in standing up against injustice, no matter how small it may seem. Although the Holocaust happened over eighty years ago, its lessons are still vital today. With very few survivors with us today, the responsibility to remember is passing to our generation. Sadly, antisemitism and hate still exist in our world, and remembering the Holocaust isn't only about the past. It's about protecting the truths of history and humanity.

There's a line by Benjamin Fondane, a Jewish poet murdered at Auschwitz in 1944, that has stuck with me: "Remember only that I was innocent and, just like you, mortal on that day, I, too, had had a face marked by rage, by pity and joy, quite simply, a human face."

For me, this captures everything I learned. The Holocaust is not just history; it's a reminder of what happens when people forget their shared humanity. Every person who we lost had an identity, a story of their own. Remembering them as individuals is how we make sure that "never again" truly does mean never again.

At Park High School, are we showing compassion and integrity in the way we treat each other every day?

Written by Jiya Kerai 12PI



Year 10 Mock Interview Event

On Thursday 13th November, we hosted our annual Year 10 Mock Interview Event, welcoming over 40 employers from a wide range of industries to support our students. Each Year 10 student was paired with an interviewer whose profession aligned with their career interests, giving them a realistic and meaningful experience.

Students attended scheduled interviews throughout the day, with each session lasting approximately 30 minutes. This event is designed to help students prepare for the world of work, explore future career aspirations, and gain confidence in professional settings.

In the weeks leading up to the event, Year 10 students worked hard on their CVs and practiced interview techniques. In today's competitive job market, these skills are essential, not only for employment but also for interviews for further education, university, or apprenticeships.

The mock interviews aim to develop key soft skills such as communication, confidence, resilience, and time management. Students also received constructive feedback on their interview performance and CV, helping them bridge the gap between academic learning and professional presentation. This safe, supportive environment allows students to practice and refine the skills needed to successfully transition from classroom to career.

Overall, the event was a fantastic opportunity for our students to gain real-world experience and build confidence for their future pathways.

Thank you to the Careers team for organising the event and to all the employers who gave up their time to help prepare our students for the world of work.



Digital BIMA Day 2025



On Tuesday 12th November, Park High held Digital BIMA Day 2025 for 49 of our Year 10 GCSE Computer Science students, who took part in a nationwide digital challenge alongside industry professionals. We were supported by Justina Rosu from Purple Square, whose industry expertise complemented the guidance provided by our teachers.

BIMA Digital Day is the only initiative of its kind, giving students aged 11–16 an inspiring insight into the wide range of careers within the digital sector.

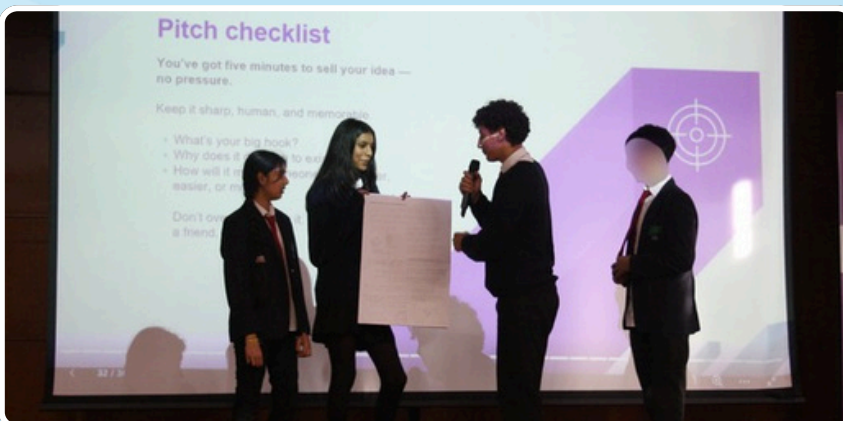
Throughout the day, students tackled real-world digital challenges set by HelloFresh and Aston Martin, two of this year's industry challenge partners.

The HelloFresh challenge asked students to develop innovative digital marketing ideas to attract a younger audience and promote sustainable meal choices. Teams explored creative ways to use technology and social media to engage new customers while supporting the company's eco-friendly values.

Meanwhile, the Aston Martin challenge encouraged students to imagine how digital innovation could enhance customer experience and brand engagement for one of the world's most iconic luxury car manufacturers.

Working collaboratively in teams, students designed, refined, and presented their ideas to a panel of judges — gaining first-hand insight into the creativity, teamwork, and problem-solving required in the fast-paced digital sector.

Students described the day as motivating with many commenting that it gave them insight into careers they had never previously considered — particularly in areas such as digital marketing. Events like BIMA Day continue to inspire Park High students to think beyond the classroom and explore the exciting possibilities of the digital world.



Year 12 Computer Science Trip

On 7th November, Year 12 students attended Computer Science in Action, an inspiring event packed with talks from leading tech innovators.

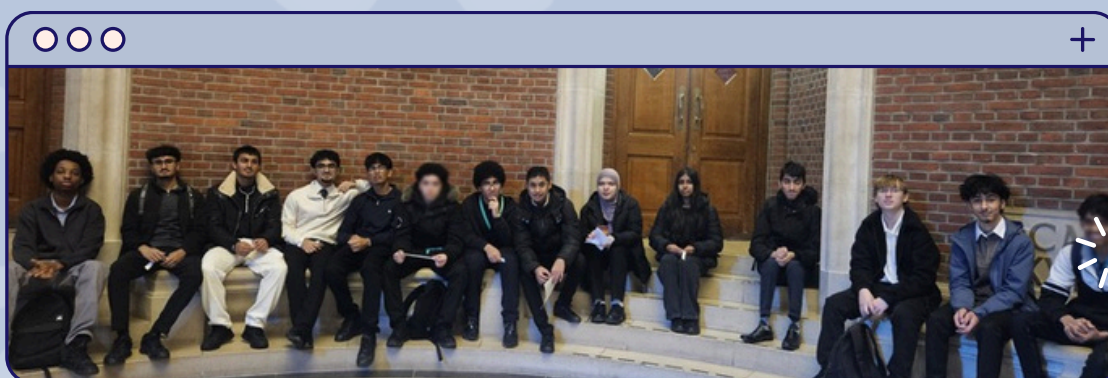
The day began with Dan Aldred, creator of Raspberry Pi projects, who spoke on “Hands-On Computer Science: Learning Beyond Theory.” Dan shared how practical problem-solving and creativity can lead to exciting opportunities, including projects that reached the International Space Station.

Students were highly engaged during Dr Tishtrya Mehta’s session, “Can We Teach a Computer to Read?” She explored how Artificial Intelligence learns to process language and how this could shape the way machines “talk” to us in the future.

Another highlight was the session on exam techniques, giving students practical strategies to approach assessments with confidence.

Finally, Professor Sue Black OBE delivered “AI Demystified: Navigating the New Digital Frontier.” Sue shared her remarkable journey—she didn’t achieve strong GCSEs and even dropped out of A-levels, yet rose to become one of the UK’s most influential tech figures. Her story showed that success isn’t always a straight path and highlighted the power of resilience, determination, and curiosity.

The event left students inspired about the possibilities in computer science and motivated to embrace both challenges and opportunities ahead.



Well done for completing the Marvellous Readers challenge

Shrey 7LB	Katriyia 7ZB	Melisa B 7PJ
Tia Kerai 7BG	Kimbetli 7ZB	Fatema Ayasi 7MJ
Jinay Parmar 7MJ	Maitrishukla 7ZB	Sebi Jurovschi 7LB
Zaina Alawandi 7LB	Dayan 7LB	Hassan 7LB
Luvisan Suthkaran 7MJ	Tiana 7LB	Miruna 7YC
Kush 7MJ	Vedika 7YC	Vanisha Bhudia 7BG
Prayan 7ZB	Sanvika Vaghela 7LB	Arnav Krakkar 7MJ
Benin 7MJ	Vinaan Shah 7RG	Ianis 7RG
Shazayn 7LB		



Congratulations to to 7LB, 7MJ and 7RG for having the most bingo cards completed.

The winners of the special experience are 7LB and 7MJ.



Park High Raises over £800 for BBC Children in Need

During the week commencing 10th November 2025, Park High School came together to support BBC Children in Need, a charity dedicated to improving the lives of children and young people across the UK. This incredible organisation funds nearly 1,500 charities and projects, benefiting over 400,000 children annually.

Throughout the week, students and staff enjoyed a range of fun activities during break and lunchtime, including:

- Doughnut Sale
- Merchandise Stall
- Guess the Number of Sweets in a Jar

Congratulations to our competition winner:
Guess the Number of Sweets: Amina M – 7PJ,
who was just one away with a guess of 91!

Thanks to the generosity of our students, parents, and staff, we raised an incredible **£801.98**. This contribution will help change the lives of children and young people facing disadvantage in communities across the UK.

A special thank you to our Charity Champions: Sixth Formers Anaiya, Yashvi, Nikita and Ruhi, together with Mr Appleman worked tirelessly to make this week a success.

Thank you to everyone who donated and participated in making our Children in Need fundraising week a memorable one. Together, we've made a difference!

If you would like to donate: [JustGiving Children in Need](#)



**THANK
YOU**



We
raised over
£800
for Children
in Need



Last Week's Roundup

Year 7

What an incredible week we've had! Our focus has been on Anti-Bullying Week, and I've been so impressed by the thoughtful discussions and activities you've taken part in. From wearing odd socks to show that it's okay to be different, to sharing ideas on how we can all make our school a safe and respectful place, you've shown real maturity and kindness. Remember: keep using your "Power for Good" —keep speaking up and supporting each other every day.

Looking ahead, we have an important event coming up: Year 7 Parents' Evening. This is a great opportunity for your families to hear about all the fantastic progress you've made so far. Please make sure you're organised, check your appointment times, and continue working hard in lessons so you can share lots of positive news with your parents.

Thank you for your energy and enthusiasm this week—let's keep building a culture of respect and excellence together!

Miss Daler

Year 8

Another week done Year 8. Well done for settling back into the rhythm of school and for the impeccable behaviour you showed on Tuesday during the two-minute silence. This week, we are focusing on the value of **Compassion**. Compassion means showing genuine care and understanding for others. It encourages us to look beyond ourselves, to notice when someone might need support, and to offer kindness without expecting anything in return.

At school, compassion can be shown in simple ways — by including others in games or conversation, listening attentively in lessons, or offering a helping hand to a member of staff. It also extends to how we conduct ourselves around school. This week, think about what small acts you can do to show compassion whilst you are in school.

Celebrating Achievement

We would also like to say a big well done to all our Year 8 students who are receiving their Bronze Badges this week. These awards recognise your hard work, positive attitude, and commitment to our school values. You should be very proud of your achievements — congratulations

Mr Hargreaves

Most Character points

7LB

Best Attendance

7MJ

Best Punctuality

10CD 10CS

ACE Lottery Winners

Maitri Shukla 7ZB

Neal Hirani 8FF

Free things for students and their families

WICKED: FOR GOOD' THE EXPERIENCE

Oz awaits! Immerse yourself in a multi-sensory journey into the world of Universal Pictures' "Wicked: For Good" exclusively at Westfield London from **13th November 2025 until 4th January 2026**. Celebrate the powerful friendship of Glinda and Elphaba by exploring the spectacular sets, behind-the-scenes photography, iconic props, scents and sounds that bring the magic of the movies to life; plus, lots of Oz-mazing photo opportunities and shareable moments. Tickets are free, but bookings are essential.

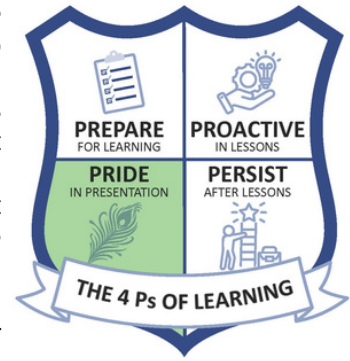
[Wicked: For Good - The Experience](#)



Year 9



This week, I want to see you being **proactive** in your lessons. Take the initiative to participate actively, ask thoughtful questions, and engage fully with the tasks set for you. Being proactive means not waiting for instructions but showing a willingness to learn and contribute. It demonstrates maturity and a positive attitude toward your learning.



I also want to see you taking **pride** in your work by making sure your presentation is

neat, your answers are well thought out, and your effort reflects your best ability. Pride in your work shows that you value your learning and respect the time and effort you put into it. When you take ownership of your progress, it becomes easier to achieve your goals and stand out for the right reasons.

Let's see who will get a Head of Year sticker during my learning walks this week.

Miss Acheampong

Year 10

Dear Year 10,

A huge well done to all of you this week for your fantastic preparation for the mock interviews. The interviews on Thursday were some of the best we have ever seen. You represented the year group brilliantly — you were well presented, articulate, and confident in your responses. You truly made us proud. Congratulations to each and every one of you.

We also captured some lovely photos from the day. If you have any feedback, especially positive experiences or opportunities that came from the interviews, please share this with **Miss Patel**.



As we move forward, we have about four to five weeks until the holidays, and there is still a lot happening. You have exams and December assessments coming up, so please stay on top of your revision and keep up to date on Teams. Continue to work hard and put extra effort into your homework — we are looking for excellent examples to reward.

A reminder to keep your contact books up to date; this is something we are focusing on as a year group, and I will be checking them regularly.

We also have some exciting upcoming events, including the **Jack Petchey Speak Out Challenge** finals. We look forward to hearing the speeches — please support and encourage one another.

Have a fantastic week, Year 10, and keep up the amazing work

Miss Manandhar



Year 11

It's time to shine! You have entered your practise exams period - two weeks to show yourself and the people who care about you how much you've learnt since your last practise exams. There is nothing to fear, you have prepared well and worked hard, so be confident. Remember the revision techniques that work for you and keep to your revision timetable.

During the exam period, you may feel extra stress. Below are some suggestions for how to deal with your stress.



Here are some important reminders:

- If you are not taking an exam, you will be in lessons revising for your next exams. Bring revision material into school to study in those lessons.
- All equipment needs to be in a clear pencil case.
- All pockets need to be empty - no loose paper.
- Be punctual for all exams, sitting in silence in the school hall in your candidate columns, at the following times:

Morning Exam	Midday Exam	Afternoon Exam
8.15am	10.50am	1.15pm

Mr Fowler



Sixth Form

Keep looking out for those opportunities - many will be included on the 6th form bulletin, but ensure you are looking at websites such as Unifrog, who always have a whole host of activities going on.

Keep yourselves organised - ensure you are always fully equipped: subject specific equipment, whiteboards, textbooks, contact book, folders etc.

Year 12

Thank you for your support and enthusiasm with Children In Need this week! Thank you to those who contributed, and a special thank you to those who gave up their lunchtimes to support the lower school in raising money.

Year 13

Well done on completing your mock exams! A tough two weeks no doubt, but you have demonstrated incredible resilience and determination throughout. As of next week, we will continue sending off your UCAS applications - more to come in the assembly on Monday.

See you all back together again next week

Mr Clarke

PARK HIGH SCHOOL
YOUR SIXTH FORM OF CHOICE

DO YOU KNOW ANYONE INTERESTED IN SIXTH FORM?

Here at Park High Sixth Form we continue our high level of teaching and learning, while respecting students' increased maturity and independence, with exciting and rewarding opportunities within and beyond the classroom.

"The school has a positive record of students successfully attending and completing courses at universities or other types of further and higher education." – Ofsted, 2024

FIND OUT MORE ON OUR WEBSITE:
www.parkhighstanmore.org.uk/sixthform

PROUD TO BE GOOD IN ALL AREAS

Next Week



All week

Year 11 Practice Exams

24/11/25

The Mozartists Workshop

25/11/25

Year 9 Girls STEM Event

26/11/25

Year 7 Parents' Evening



Autumn Term 2 Clubs

Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Y7-8 Girls Netball	Lunchtime	Sports Hall
Y9-11 Computing	Lunchtime	T3
Y10-11 Basketball Coaching	After School (3.10-5.30pm)	Sports Hall

Tuesday

Activity	Time	Location
Badminton Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
6 th Form Volleyball	Lunchtime	Sports Hall
Badminton	After School	Sports Hall
Y12 Brilliant Club**	After School	B3
Girls Football	After School	Park

Wednesday

Activity	Time	Location
Volleyball Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
GCSE Table Tennis	Lunchtime	Main Hall
Girls Netball	Lunchtime	Sports Hall
Table Tennis	After School	Main Hall
Y7-9 Basketball Coaching	After School (3.30-5.30pm)	Sports Hall
Matilda Rehearsals	After School	Main Hall
Into Film Club	After School	T5

Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis Coaching	Before School	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Girls Netball	After School	Playground
Matilda Rehearsals	After School	Main Hall
Y8 Brilliant club **	After School	B2

Friday

Activity	Time	Location
Badminton Squad	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
6th Form Volleyball	Lunchtime 1-1.25pm	Sports Hall
Volleyball	After School	Sports Hall

Boys football does not run through the winter due to the volume of basketball fixtures that take place between October half term and February half term, and the demand this has on staffing. Boys football clubs will return ahead of the knock-out stages of the boys borough competitions, after Feb half term.

Girls football will continue to run, but this club will finish at 4pm throughout the winter (or even slightly before on the shortest days) due to the reduction in available day light hours after school.

Cricket Club will return after February half term, at which time it will become nets sessions, as we prepare for the summer cricket season.

