



# Student Bulletin

24 / II / 25

Proud to be **GOOD** in all areas

This term's  
Character Virtue:  
**COMPASSION**

*Investing in each other to be the very best we can be*

## HAPPENING THIS WEEK

### Monday

Year 11 Practice Exams

The Mozartist Workshop

### Tuesday

Year 11 Practice Exams

Year 9 Girls in STEM Event

Table Tennis Borough  
tournament

### Wednesday

Year 11 Practice Exams

Early Finish, end of Period 5

Year 7 Parents' Evening

### Thursday

PSHCEe Period 3

Year 12 Sociology trip

### Friday

Staff Conference\*

## Message from the Deputy Headteacher

As technology continues to evolve, artificial intelligence (AI) is becoming a part of our everyday lives, including education. AI can be a powerful tool to support your learning—helping you research, organise ideas, and check your understanding. However, it is important to remember that AI should never replace your own thinking. True learning happens when you engage deeply, question ideas, and develop your own understanding.

Thinking hard is what makes learning meaningful. AI can assist, but it cannot think for you. Your creativity, reasoning, and effort are what truly matter.

This week is Disability Awareness Week, and it's a great reminder of how technology, including AI, can help make learning more accessible for everyone. Tools such as text-to-speech, predictive text, and adaptive learning platforms can support students with different needs, ensuring that everyone has the opportunity to succeed. Thanks to Mr Kenward who will be leading assemblies this week on Disability Awareness- together we can continue to make our community open and accessible to all so that we may flourish and develop together.

Even as staff, we continue to learn and grow. This Friday, during our Staff Development Day, we will be reflecting on our own learning and exploring ways to improve. Learning is a lifelong journey for all of us, and we are excited to share that journey with you.

Thank you for your commitment to thinking deeply and learning actively

**Mrs Wilkinson**

## Message for all students

### Wednesday 26<sup>th</sup> - Early Finish

We will be dismissing students early at the end of period 5, 2.20pm, on Wednesday 26<sup>th</sup> November 2025 as it is the Parent Teacher Consultation Evening for Year 7.

### Friday 28<sup>th</sup> - Staff Conference\*

\*Students are not in school on this day



# Year 11 History Trip to Belgium and France



From Thursday, 13th November to Saturday, 15th November 2025, our Year 11 History students embarked on a trip to Belgium and France. After an early start, Coach 1 departed just after 5am, and the journey was full of excitement as we looked forward to finally arriving in France. Our first stop was the Wellington Tunnels in Arras, where we were immediately struck by the harsh conditions endured by the New Zealand soldiers who dug 80m of tunnels each day, eventually completing 20km within a year. These tunnels provided shelter, electricity, running water, kitchens, latrines, even a small hospital. We also saw original writings from World War I soldiers etched into the walls of the quarry.

Before crossing into Belgium, we visited a memorial commemorating the Canadian soldiers who captured the crucial high ground at Vimy Ridge during the Battle of Arras. We then explored a reconstructed trench, giving us a glimpse into how soldiers lived and fought. Standing in no man's land, only 25m from the Canadian base to the German lines, was a striking experience. Later that day, we arrived at our accommodation in Ypres, Belgium. After an action-packed but tiring day, we enjoyed dinner at a local restaurant and spent the evening relaxing in the hotel's games room, playing pool, table tennis, and darts.

Day 2 started with an early breakfast before a guided tour. We learned about the medical evacuation routes for soldiers wounded on the front line and visited several cemeteries where our guide explained how many soldiers were buried close to where they fell. After this moving morning, we returned to Ypres for lunch and some free time, which we used to buy some delicious Belgian chocolate in the city centre. In the afternoon, we visited the Flanders Fields Museum, a remarkable building with equally fascinating exhibits that taught us about the war in the Ypres salient. Sanctuary Wood was another highlight, where we explored a preserved trench complete with mud, giving us a real sense of the soldiers' daily hardships. The tunnels were pitch black and quite intimidating, but exploring them was a unique and enjoyable experience.

That evening, after dinner, we attended the Last Post ceremony at Menin Gate in Ypres. It was deeply moving to see Ayana and Robert lay a wreath on behalf of all the students and staff from Park High School. On the final day of the trip, we visited the Passchendaele Memorial Museum, which offered an insightful look into the soldiers' lives during World War I. We concluded our visit at Tyne Cot Cemetery, the largest Commonwealth war cemetery in the world. We payed our respects to the thousands of brave soldiers who sacrificed themselves for us today.

Reflecting on the trip, it was an incredible and unforgettable experience. I would like to express my gratitude to Ms Sharif and all the staff who worked tirelessly to organise and plan such a meaningful journey.

**Written by Mahi Mistry**



# Our Speak Out Semi-Finalists!

A huge well done to our seven semi-finalists who delivered outstanding speeches during the Year 10 assembly on Tuesday. Each student wrote their speech from scratch, attended coaching sessions, and rehearsed until they could present confidently from memory.

They showed remarkable resilience and integrity, speaking in front of their peers with confidence and passion.

We're thrilled to announce that the two students progressing to the Regional Finals at Bentley Wood High School (the reigning champions) on Wednesday, 11 March 2026 are:

- **Mohammed Ababneh**
- **Elena Yu**
- Amos Nistor as our reserve.

Please join us in congratulating them when you see them around school!

The Jack Petchey Foundation continues to provide incredible opportunities for young people through initiatives like the Speak Out Challenge, which they fully fund for schools across London and Essex every year. Please speak to Miss Lawrence or Mr Sorzano for further information on The Jack Petchey Foundation.

We can't wait for our next workshop!



Jack Petchey's  
**"SPEAK OUT"**  
Challenge!



# WildHearts Global Youth Summit

Park High Students Inspired by Global Sustainability Summit as we strengthen our partnership with WildHearts.

A group of Year 9 aspiring student leaders from Park High School attended the WildHearts Global Youth Summit at BNP Paribas' London headquarters this week. An event that aligned with COP30 that focused on sustainability and ethical business practices.

The summit brought together young people and leading corporations including Nestlé, Siemens, BNP Paribas, Linklaters, Zurich Insurance, Wesleyan, and Clyde & Co to explore how businesses can drive positive change. Students participated in interactive challenges covering topics such as ethical finance, legal cases linked to sustainability, and corporate responsibility.

The summit provided engaging activities for our students throughout the day. Students learnt directly from leading global brands on what they are currently doing to create sustainable futures and careers. Students worked with peers and leaders during workshops to problem-solve and create innovative solutions to current sustainability challenges. We reflected on and responded to practical advice on how we can be responsible citizens, effectively contributing by taking action on sustainability and the environment and we got to network with leading global brands.

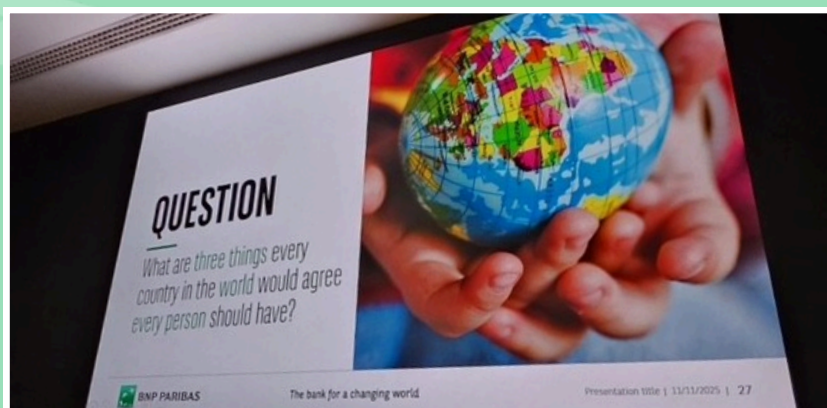
For our year 9 students, the experience was eye-opening.

*"I never realised how much businesses can influence sustainability,"*

*"It made me think about the role we can play as future leaders."*

*"The activities were challenging but fun. I learned how companies make decisions that affect the environment and society."*

If you would like to get involved with more student leadership opportunities come and speak to Mrs N Kerai (Head of D&T).



## A-Level Theatre Trip – Coven



Our A-Level Drama and History students recently had the opportunity to attend Coven, a powerful piece of musical theatre that left a lasting impact on everyone who watched it.

The production explored the stories of women who were falsely accused of witchcraft, using song, movement and dynamic staging to highlight themes of female empowerment, injustice, and resistance. With its blend of historical storytelling and contemporary musical theatre, Coven brought these experiences to life in a way that was both emotionally gripping and thought-provoking.

For A-Level History, the performance offered a unique insight into how persecution and fear shaped the treatment of women in the past, giving students a deeper understanding of the social context behind witch trials.

For A-Level Drama, this was invaluable live theatre experience, supporting their written exam through exposure to professional performance skills, design elements, and ensemble work. Many students left the theatre buzzing with ideas for their own practical and written work.

The trip was a fantastic reminder of how live performance can deepen learning, spark discussion and broaden creative perspectives. Students represented the school brilliantly, engaging thoughtfully and enthusiastically throughout.



# How to use AI as a force for good.



**Artificial Intelligence (AI)** is changing the way we learn, study, and interact with the world. In education, AI brings exciting new opportunities, but it also raises important questions about how we use it responsibly and honestly.

## What is AI?

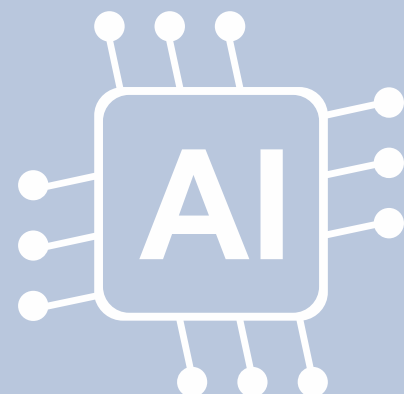
AI refers to computer systems that can perform tasks usually requiring human intelligence, such as understanding language, recognizing patterns, and making decisions.

## Using AI Responsibly in School

Misusing AI—such as submitting AI-generated work as your own—is considered academic misconduct and can lead to serious consequences. Here's how to use AI ethically and effectively:

 <b>DOs</b>	 <b>DON'Ts</b>
<b>Use</b> AI as a learning assistant: Treat AI like a tutor or study partner that helps you understand concepts.	<b>Don't</b> let AI do the work for you: Avoid copying and pasting AI-generated content and submitting it as your own.
<b>Credit</b> your sources: Always reference any AI tools you use.	<b>Don't</b> rely solely on AI: AI can make mistakes or "hallucinate" false information.
<b>Focus</b> on learning: Use AI to test your understanding or generate practice questions but make sure you're developing your own skills.	<b>Don't</b> ignore privacy risks: Be cautious when sharing personal or sensitive data with AI platforms.
<b>Ask</b> for guidance: If you're unsure how to use AI for a specific assignment, ask your teacher.	<b>Don't</b> use AI to mislead: Avoid using AI to create or spread misinformation, such as fake news.

AI can be a helpful tool, but it's your curiosity, creativity, honesty, and hard work that truly help you learn. Use AI to support your learning, not to replace it. Stay informed, stay engaged, and keep taking pride in your own efforts.



# Guest Speaker Inspires Year 10 on Healthy Relationships

This week, Year 10 students had the privilege of hearing from **Andrew Bernard**, an engaging and thought-provoking speaker who tackled important topics such as healthy relationships, coercive control, and healthy masculinity. Through real-life examples and interactive discussion, Andrew encouraged students to reflect on how respect, empathy, and equality shape positive connections. His session challenged common stereotypes and highlighted the importance of recognising unhealthy behaviours early. Both staff and students left feeling inspired and reflective, with many commenting on how the talk opened their eyes to issues that affect young people today. It was a powerful reminder that building healthy relationships starts with understanding and compassion. A big thank you to Andrew for delivering such an impactful event!



**HAF IN HARROW**  
**FREE WINTER Holiday ACTIVITIES**

FROM RECEPTION TO YEAR 11

SPORTS | ARTS & CRAFTS | DRAMA | COOKING | FOREST SCHOOL

**FOR FAMILIES IN RECEIPT OF MEANS-TESTED FREE SCHOOL MEALS**

**VISIT OUR WEBSITE TO BOOK**

**8-16's**  
Musical Theatre Workshops  
Edgware  
[CLICK HERE](#)

**5-16's**  
Multi-sports Activities  
Headstone + Harrow & Wealdstone  
[CLICK HERE](#)

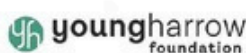
**8-16's**  
Arts and Crafts Camp  
Wealdstone  
[CLICK HERE](#)

**5-12's**  
Adventure & Forest School  
Harrow Weald  
[CLICK HERE](#)

**12-16's**  
Photography & Music Workshop  
South Harrow  
[CLICK HERE](#)

**SCAN ME**

[BROWSE OUR WEBSITE FOR MORE ACTIVITIES](#)





# CRITICAL THINKING SERIES



YEAR 9

**WHY IS LANGUAGE  
SO POWERFUL ?**

YEAR 10

**DOES CRIME  
ALWAYS  
DESERVE  
PUNISHMENT ?**

YEAR 11 & 12

**WHAT DOES  
THE FUTURE  
HOLD ?**

**REGISTRATION  
NOW OPEN**

until 7th Dec 2025

## What Is Inspire Critical Thinking?

- **FREE** online programme run between **January - April 2026**
- For **Years 9 -12** (non-selective schools in the UK)
- Develop your **critical thinking** skills through a range of **subject perspectives**
- Made up of **4 workshops** linked to a central question for different year groups
- Complete **super challenges**, vote on polls, win prizes!
- Access to a **virtual summer school**

## How do I sign up?

Scan the QR code to register,  
or visit [www.sjcinspire.com](http://www.sjcinspire.com) for  
more information.



**SCAN HERE!**



A PARK HIGH SCHOOL PRODUCTION OF



ROALD DAHL'S  
**Matilda**  
THE MUSICAL

**TICKETS ON SALE NOW**

Wednesday 28<sup>th</sup> January

@ 6:30 PM

Thursday 29<sup>th</sup> January

@ 6:30 PM

PARK HIGH SCHOOL

£6.50 adults | £5.50 concession

Tickets available to purchase via parent pay

Please speak to Ms Lawrence, Ms Ward, Mr Appleman or Ms Ade for further information

Book by Dennis Kelly    Music and Lyrics by Tim Minchin

This amateur production is presented by arrangement with  
Music Theatre International

All authorised performance materials are also supplied by MTI  
[www.mtishows.co.uk](http://www.mtishows.co.uk)

# Last Week's Roundup

## Year 7

As we approach the festive season, I would like to take this opportunity to reiterate the importance of showing kindness, respect, and consideration toward one another. The Year Team are looking to see all of Year 7 to embody these values in their daily interactions. A small act of kindness can make someone's day! How will you be kind this week?

Miss Hosain and I are ready to give out more star stickers for outstanding presentation this week. Lots of names have been put into the end of term raffle!

A reminder that on Wednesday we have our first parents evening. The first parents' evening of the year is important because it gives your teachers a chance to share how well you've been doing and how we can help you continue to improve. It also helps your parents understand the great things you're doing in school and the areas where you might need a little more support. We are looking forward to hearing about how successful you have been since starting Park High!

Miss Daler

## Year 8

This week we focused on the character virtue of compassion. We explored this in assembly through learning about Atticus Finch, and how he told his daughter, Scout, about the importance of trying to see things from another perspective: ***"You never really understand a person until you consider things from his point of view—until you climb into his skin and walk around in it..."*** This is a vitally important message, and one which we can all learn from.

My big focus for this week is on how we are using contact books. I want to see contact books on the desk in every single lesson, and home learning is added whenever it is set. It is important that we use our contact books correctly as it helps us stay organised and manage our home learning effectively. A reminder that you must come and get a contact book slip if you forget it and add your name to the whiteboard in the HoY office. Your name only gets erased when we have seen you with your contact book.

Have a great week and continue to show **compassion** to others.

Mr Hargreaves

## Most Character points

8KL

## Best Attendance

7BG

## Best Punctuality

11JE

## ACE Lottery Winners

Dalisha Varsani 10AL

Darius Ostrovanu 8KL

## Free things for students and their families

### The confetti spectacle

Atrium, Selfridges London. Price: Complimentary Characters! Choirs! Confetti! This Christmas, the Atrium bursts to life with our confetti spectacle – and everyone's invited. Enjoy music, dancing, live performances and a confetti cannon.

Date & time:

11 December, 4:30pm

5, 6, 8, 9, 10, 12 and 13 December  
6pm weekdays, 1:30pm Saturdays





You are over halfway through your practise exam period - keep up the hard work and revision. I would like to commend you all on the attitude and focussed way you have gone about your revision and exams. We are all very proud of your professionalism and desire to get the best possible grade you can. This is what being your best looks like in real-time. But finish strong, do not let up.

During the exam period, you may feel extra stress. Below are some suggestions for how to deal with your stress and To help you finish your exams in the best way possible, here are some revision tips to keep you going:



Here are some important reminders:

- If you are not taking an exam, you will be in lessons revising for your next exams. Bring revision material into school to study in those lessons.
- All equipment needs to be in a clear pencil case.
- All pockets need to be empty - no loose paper.
- Be punctual for all exams, sitting in silence in the school hall in your candidate columns, at the following times:

Morning Exam	Midday Exam	Afternoon Exam
8.15am	10.50am	1.15pm

Mr Fowler



# Sixth Form

## Year 13:

Well done on a fantastic week back, settling straight into the swing of things despite the chilly weather! A special shout-out to those who are on top of their UCAS applications—thank you to everyone who has already emailed to say they're ready to go.

A reminder: there will be set days at the beginning of December for you to meet with Mr Clarke or Mr Appleman to have your application checked and submitted. More details will be shared with your tutors next week.

## Year 12:

It's brilliant to see how many opportunities you're taking advantage of as a year group. This week, five students attended an event at Accenture, and many of you have supported lessons in the lower school.

DVS continues to offer fantastic career discovery opportunities, and they were impressed by the response to their recent "first come, first served" event with Baker McKenzie. Out of over 20 participating schools and only 40 slots available, Park High Year 12s filled more than 25% of the spaces! This shows just how motivated and enthusiastic our students are.

There are plenty more opportunities coming up—keep checking your emails and the Sixth Form bulletin for updates.

## Mr Clarke

PARK HIGH SCHOOL

YOUR SIXTH FORM OF CHOICE

DO YOU KNOW ANYONE INTERESTED IN SIXTH FORM?

Here at Park High Sixth Form we continue our high level of teaching and learning, while respecting students' increased maturity and independence, with exciting and rewarding opportunities within and beyond the classroom.

*"The school has a positive record of students successfully attending and completing courses at universities or other types of further and higher education." – Ofsted, 2024*

[www.parkhighstanmore.org.uk/sixthform](http://www.parkhighstanmore.org.uk/sixthform)

PROUD TO BE GOOD IN ALL AREAS

## Next Week



01/12/25

Year 11 Art Practice Exams  
PSHCEe, Period 3

03/12/25

Philosophy and Ethics Trip

05/12/25

A Day in the Life

02/12/25

Year 11 Art Practice Exams  
A Level DT in Action Trip

04/12/25

Year 8 Parents' Evening



# Autumn Term 2 Clubs

## Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Y7-8 Girls Netball	Lunchtime	Sports Hall
Y9-11 Computing	Lunchtime	T3
Y10-11 Basketball Coaching	After School (3.10-5.30pm)	Sports Hall

## Tuesday

Activity	Time	Location
Badminton Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
6 <sup>th</sup> Form Volleyball	Lunchtime	Sports Hall
Badminton	After School	Sports Hall
Y12 Brilliant Club**	After School	B3
Girls Football	After School	Park

## Wednesday

Activity	Time	Location
Volleyball Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
GCSE Table Tennis	Lunchtime	Main Hall
Girls Netball	Lunchtime	Sports Hall
Table Tennis	After School	Main Hall
Y7-9 Basketball Coaching	After School (3.30-5.30pm)	Sports Hall
Matilda Rehearsals	After School	Main Hall
Into Film Club	After School	T5

## Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis Coaching	Before School	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Y10 GCSE Art Club**	Lunchtime	P5
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Girls Netball	After School	Playground
Matilda Rehearsals	After School	Main Hall
Y8 Brilliant club **	After School	B2

## Friday

Activity	Time	Location
Badminton Squad	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
6th Form Volleyball	Lunchtime 1-1.25pm	Sports Hall
Volleyball	After School	Sports Hall

Boys football does not run through the winter due to the volume of basketball fixtures that take place between October half term and February half term, and the demand this has on staffing. Boys football clubs will return ahead of the knock-out stages of the boys borough competitions, after Feb half term.

Girls football will continue to run, but this club will finish at 4pm throughout the winter (or even slightly before on the shortest days) due to the reduction in available day light hours after school.

Cricket Club will return after February half term, at which time it will become nets sessions, as we prepare for the summer cricket season.

