



# Student Bulletin

01 / 12 / 25

Proud to be **GOOD** in all areas

This term's  
Character Virtue:  
**COMPASSION**

*Investing in each other to be the very best we can be*

## HAPPENING THIS WEEK

### Monday

Year 11 Practice Exams

PSHCEe, Period 3

### Tuesday

Year 11 Practice Exams

A Level DT Trip

### Wednesday

Philosophy & Ethics Trip

### Thursday

Early Finish, end of Period 5

Year 8 Parents' Evening

### Friday

Year 11 A Day in the Life Event

## Message from the Assistant Headteacher

As we approach the end of term, it's a perfect time to reflect on our integrity and resilience—two character virtues you've demonstrated admirably this term.

Congratulations to all of Year 13 and the vast majority of Year 11 students who have now completed their main round of mock examinations this term. Your commitment to preparation and the focused effort you displayed are prime examples of academic resilience.

We now turn our attention to those students sitting their Art and Photography mocks, which begin on Monday, December 1st. We wish you the very best of luck.

### Appropriate Use of IT: Integrity in the Digital World

Last week, we discussed the power of AI. This week, let's focus on the power of integrity when using all technology, both inside and outside of school. Your digital footprints reflect your character. Using school IT systems appropriately— sticking strictly to educational tasks is a crucial part of your integrity. Our comprehensive monitoring systems are in place to ensure your safety and protect the network. Your behaviour on personal devices, particularly on social media, still impacts our community. We expect you to show compassion online.

### Compassion and Opportunity

As the festive season approaches, let's embody compassion by looking out for each other. Simple acts of kindness and support make our community truly flourish.

Finally, we are excited to offer our Year 11 students an immersive experience in post-16 life:

- Friday, December 5th: Year 11 students will participate in "A Day in the Life for Sixth Form" at Park High. This is a fantastic opportunity to experience the academic rigour and fantastic KS5 offer available right here at the school.
- Some Year 11 students will be visiting Harrow College to explore college as an alternative post-16 route.

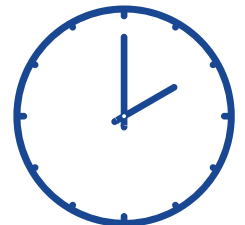
Embrace these opportunities with curiosity, and know that the hard work you put in now opens the door to future success.

**Mr Osman**

## Message for all students

### Thursday 4<sup>th</sup> December - Early Finish

We will be dismissing students early at the end of period 5, 2.20pm, on Thursday 4<sup>th</sup> December 2025 as it is the Parent Teacher Consultation Evening for Year 8.



# Year 12 Photography Trip to Old Street



On Friday, 21st November, Year 12 artists and photographers visited Old Street to capture its sights and vibrant street art. The photographs taken during the trip will serve as source material for their Urban Influences project.

One student shared:

*"We had an amazing time on our photography trip! Exploring Old Street in Shoreditch was inspiring—we saw incredible street art, experimented with different angles, and learned how lighting can transform a shot. Working together made the experience fun and motivating. I returned feeling more confident with my camera and excited to keep developing my skills for the upcoming project."*

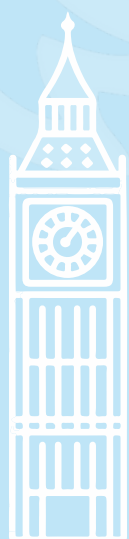


# Year 12 Parliament Trip

On Tuesday, 11th November, our Year 12 Politics students visited the Palace of Westminster, where they explored the Houses of Parliament. Upon arrival, they were welcomed by knowledgeable and friendly tour guides who outlined what they would experience during the day.

As the tour progressed, students explored various areas of Parliament while reinforcing what they have learned since starting their Politics A Level. They were even quizzed on topics such as past Prime Ministers and their respective parties.

After the tour, the group took part in an engaging workshop. This included a true-or-false quiz to test their knowledge, followed by a creative activity where students designed their own political party and policies. Overall, it was an enjoyable and educational day at the Houses of Parliament, leaving students inspired and enthusiastic about politics.



# Park High Table Tennis History Made!

On Tuesday 25 Nov, our Table Tennis teams progressed further than any Park High teams before them, in the national schools competition. As the popularity of the sport has grown at Park High in recent years and we have welcomed Joel from Stanmore Table Tennis club (who delivers weekly coaching at our school) we have become accustomed to regular success in the borough.

In 2023-24 and 2024-25 we were the highest ranked school overall for Table Tennis in Harrow. In both of those years, we also entered the West London Schools event for the first time - the opening round of the national competition. In truth, we were a little outclassed on each occasion.

This year, however, we were back and it was a different story! Middlesex has a significant number of nationally ranked youth Table Tennis players, many of whom were in attendance on Tuesday. Some of our players have now started to accumulate ranking points of their own, having joined Stanmore. Our games at both U16 and U13 level were close affairs with some scintillating rallies and explosive attacking Table Tennis on display. Even against those elite players - one of whom boasts a top 20 UK ranking!

Our U16 teams, having both made it out of their respective groups, each came up one match short of progressing to the London finals with a loss in the last knock-out round. They should be very proud of their progress, which was notable as we reflected on how we performed last year. The two qualifying schools at U16 were relying on Year 11 players, who will not be eligible (for this age group) next year. Whilst our teams were made up of Year 9 and Year 10 players who can all return next year, with one more year of training under their belt. The U16 boys are already looking forward to next year, when they hope to reach the London finals before they bow out!

Our U13 team went one better, becoming the first team from Park High to progress to the London finals! They will now go again, in this regional stage of the national competition, which takes place at the end of January. Congratulations to Cam, Zach, Jibrael and Neal on their amazing achievement! If you would like to give them a personal well done, you will find them in the main hall. Every break and every lunch. Playing Table Tennis!

In true Park High style, the older students were chatting on the way back to the bus about how they could offer some additional coaching to the younger group ahead of their next challenge!

When we got back to school, some of the players had to turn their attention to the U14 group stages of the borough competition, which we were hosting that same evening. We breezed through, to set up a finals night with Salvo, John Lyon and Nower Hill. The U16s play their borough group stages on Thursday and hopefully they can also book their place in the borough finals.

A final word on the result in the national competition from Joel (Stanmore Table Tennis Club head coach), who says, *"This is brilliant. I'm just so happy to be associated with your school. Well done to the team. They have been working with a lot of focus and discipline through last few months. These results are just an outcome of their passion and dedication to improving with every session at the school. The fact I see them standing outside the gates, even before I can enter the hall, speaks volumes in terms of how seriously they take the sessions. It just makes a coach's job easier when you see such discipline within this whole group"*.





## The Mozartist Workshop

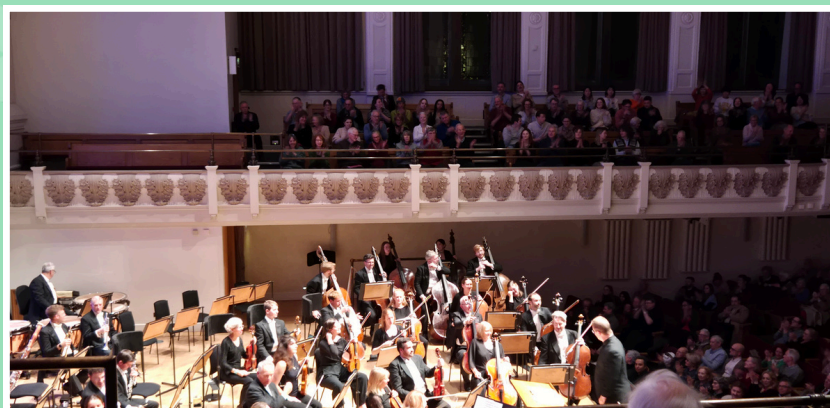
Last week, we were once again delighted to welcome back Rob, Sam and Iuno, three musicians from “The Mozartists” who worked with students in Years 9 and 10. Through a series of activities, the workshop covered aspects of performance and composing with opportunities for a Q&A session with our visitors. Responding to an aria (song) performed by Iuno from Mozart’s “The Marriage of Figaro”, students composed their own song arguing against a cruel boss or master!



## The Royal Philharmonic Orchestra



Students from Years 8-10 were privileged to hear another concert from the Royal Philharmonic Orchestra last week. The programme featured works by Wagner, Elgar and Mendelssohn all around the theme of “The Sea”. One student commented: “It was simply amazing to hear the live music and how intensely the whole audience listened as one. I particularly enjoyed watching the conductor – it was as if he was dancing with his hands!”



# The SAP Experience!

On Tuesday, 25th November, our students took part in an exciting hands-on workshop at SAP's main office in Feltham. The event, aimed to inspire and empower young girls to explore careers in STEAM (Science, Technology, Engineering, Arts, and Maths).

The day included a tour of SAP's innovative office spaces, interactive sessions with industry leaders, and practical activities that showcased how STEAM skills drive real-world solutions.

Student reflection:

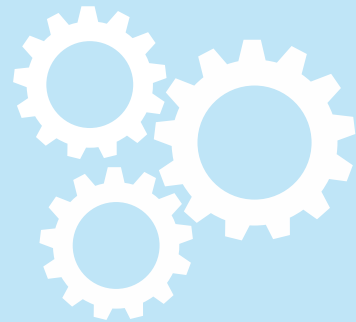
"SAP in partnership with Stemettes welcomed us with a brief introduction to the company and the schedule for the day. After settling in, their team SAP does and how their technology support different industries. SAP claims that roughly 77% of the world's transactions go through an SAP system. They also connected the company's goals to the STEAM goals for the day, showing how skills in science, technology, engineering, arts, and maths play a major role in solving real-world problems.

Next, we toured the SAP offices and saw a 360° 3D wall that is used help customers visualise the end product. We also saw a robotic dog which was programmed to perform various tasks such as inventory, hazard detection and night time patrols. Through the tour and discussions we got to know the staff better, played a game that highlighted their diverse backgrounds and what inspired them to pursue a career in STEAM.

We were tasked to create and train a Machine Learning model in order to solve a problem of our choice. Every team came up with great ideas, designs, implementations and presentations! We then got turns in presenting our projects to a panel of judges that work in the field. The two winning teams were also given prizes!

Overall, it was a fun and inspiring experience, teaching us how STEAM concepts play a major role in shaping new technology and innovation."

written by Jawhara Salam



## Year 9 Students Attend Teen Boys Conference

On Wednesday 19th November, fifteen boys from Years 8 and 9 attended the annual “Rocking Ur Teens” Boys Conference, held in celebration of International Men’s Day. Hosted at Linklaters Law Firm in Barbican, we braved a snowy journey on the Tube to take part in an inspiring day of talks and workshops. Highlights included hearing from Olympian Anthony Harding and Social Media Creators Josh and Moyo, alongside other influential voices. The event encouraged our students to raise aspirations, explore opportunities in diverse industries, and reflect on the importance of making a positive impact in their communities. It was a fantastic experience that celebrated individuality and the power of positive choices. We are extremely proud of how our students enthusiastically engaged and represented the school.



## Festive Cheer at School

This week, some of our Year 12 and Year 7 students decorated our Christmas tree outside Mrs O’Dwyer’s office. The Christmas season is a time to reflect on our values and truly live out our character virtues. The tree is a symbol of joy, kindness, and togetherness—reminding us to share happiness and bring light to others during this festive season.



# Celebrating Antarctica Day

Years 7-9 have learnt about the unspoilt wilderness of Antarctica in the lead up to **Antarctica day on the 1<sup>st</sup> of December**. As part of their learning, there was a competition to make a flag for the continent. We had some excellent submissions and selected 4 entries which are on their way to the frozen landscape at the most southern point of our planet.

A big congratulations to Vihan Damle 9AY Bilal Ayaiz 9SL Hiya Patel 9DM and Simon Schipor 8FF!

Their flags and some of their research is below:

## Bilal

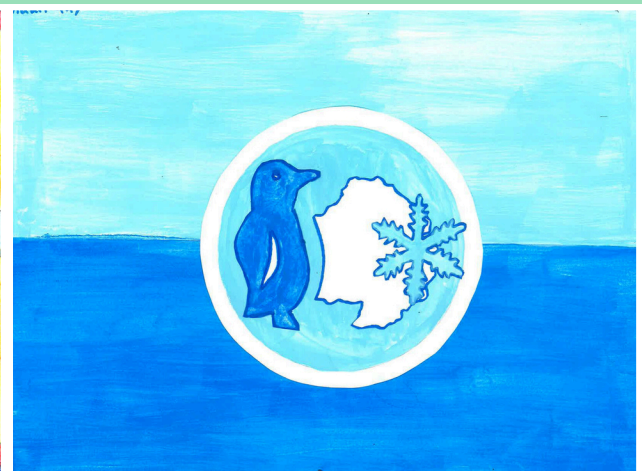
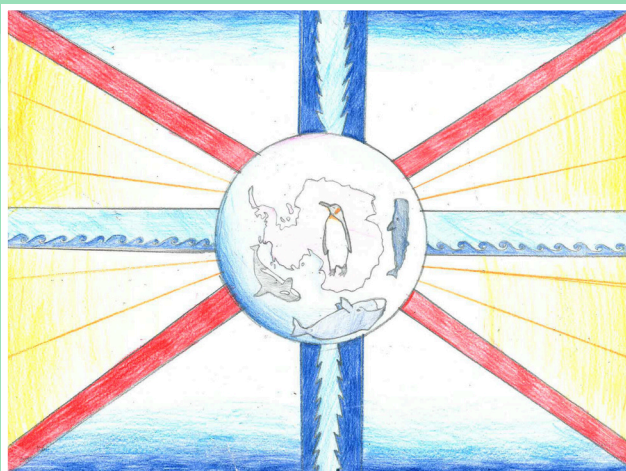
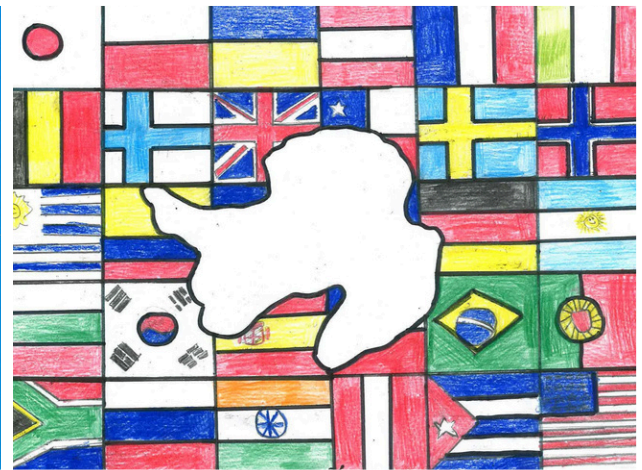
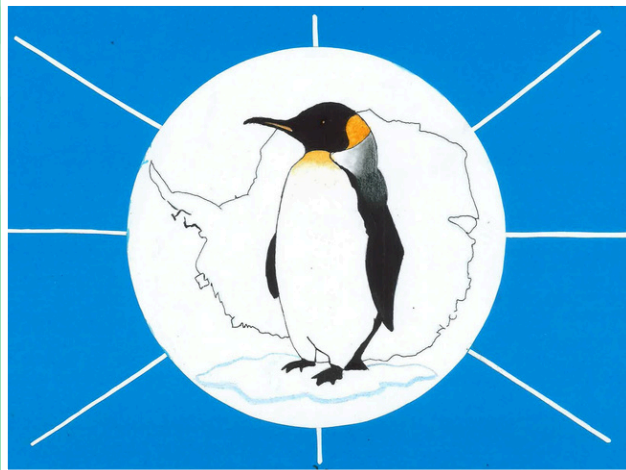
*"I am very excited to tell you all that my flag about Antarctica and its famous animals has been chosen to go to celebrate Antarctica day! Throughout my geography lessons, I have been learning about Antarctica and all its fascinating history. From my research and learning, I've found out that under all of that ice, there are 150+ subglacial volcanoes in Antarctica. Unexpectedly, Antarctica itself has earthquakes also known as 'ice quakes' as giant sheets of ice shift and are detected thousands of miles away. As Antarctica is known as the world's southernmost continent, 90 million years ago what we call Antarctica now, used to have warm, lush forests revealed by fossils."*

## Simon

*"Antarctica represents the peaceful international cooperation and it protects unique ecosystems, Antarctica is so important for the world as it stores most of the worlds freshwater and it regulates the Earths climate."*

## Vihan

*"Antarctica is one of the best places on Earth to find meteorites as the ice concentrates them in certain areas. There is also a "blood-red" waterfall that flows from the Taylor Glacier caused by iron oxide from the lake below. So in the end, Antarctica is a place that makes you say "Our planet is amazing!"*



# **STEAM Readers**

## **Challenge**



**Read a book from an inspirational  
STEAM Inventor / Theorist**

**Create a poster/ model/ artwork based on  
the invention/ theory you have read about.**

**Open to yrs 7-11**

**Hand your creation into the library.**

**Certificates and prizes will be awarded.**

**See Mrs Bhutta for details.**

A PARK HIGH SCHOOL PRODUCTION OF



ROALD DAHL'S  
**Matilda**  
THE MUSICAL

**Wednesday 28<sup>th</sup> January**

Trunchbull – Natalia  
Matilda – Anamaria  
Tommy – Gabriel  
Lavender – Reniyah  
Miss Honey – Bhoomi

**Thursday 29<sup>th</sup> January**

Trunchbull – Gabriel  
Matilda – Kiara  
Tommy – Raheem  
Lavender – Megan  
Miss Honey – Maria U

**Doors Open: 6pm | Show starts: 6.30pm**

**PARK HIGH SCHOOL**

**£6.50 adults | £5.50 concession**

**Tickets available to purchase via parent pay**

Please speak to Ms Lawrence, Ms Ward, Mr Appleman or Ms Ade for further information

Book by Dennis Kelly      Music and Lyrics by Tim Minchin  
Orchestrations and Additional Music by Chris Nightingale.

This amateur production is presented by arrangement with Music Theatre International  
All authorised performance materials are also supplied by MTI [www.mtishows.co.uk](http://www.mtishows.co.uk)

# Last Week's Roundup

## Year 7

Congratulations to Year 7 on completing your very first Parents' Evening! It was wonderful to hear so much positive feedback from your teachers, who were really impressed with your enthusiasm, effort, and growing confidence. Alongside the praise, some of you also received valuable constructive feedback — please take a moment to think about what was shared and consider how you can begin putting those suggestions into action this week.

As always, we are continuing our focus on showing kind and sensible behaviour, especially during break and lunch times. Let's make sure we're consistently showing the best versions of ourselves to others, treating everyone with respect, and contributing to a positive and welcoming school environment.

Miss Daler

## Year 8

Welcome to the first week of December, Year 8! We're now just one week away from our Celebration Assembly on Thursday 11th December, where we'll be recognising your hard work this term. The assembly will feature a musical performance from some of our talented students, along with the Head of Year Awards recognising exceptional effort, progress, behaviour, and contributions to our school community. Keep pushing yourselves —there's still time to make a positive impact between now and the end of term.

A reminder about safe and responsible use of IT: school computers must be used for learning only. You must always follow the instructions of your classroom teacher. There is zero tolerance for typing or searching for inappropriate or rude words. Please follow our acceptable use policy, respect shared equipment, and report anything concerning to a member of staff. Any incidents of rude words being typed are reported via our school system and results in a serious sanction.

Finally, keep working towards your bronze badges—we want to see as many of you as possible reaching 50 positive points before the end of term. Well done to those of you who have done this already!

Mr Hargreaves

## Most Character points

8FF

## Best Attendance

8KA

## Best Punctuality

7LB

## ACE Lottery Winners

Chidesiri Aloka 10HC

Savio Shehu 11MK

## Free things for students and their families

### Winter Light

Thu 27 Nov 2025 – Sun 18 Jan 2026

Over the dark winter nights, our site is illuminated by outdoor artworks that play with light and colour – explore to discover them all.

Gather round for spectacular shows, luminous art, cracking activities, a wondrous Winter Market and more festive treats making spirits bright this winter. Each artist uses light and colour in playful ways, at the same time exploring topics at the forefront of society, such as individual and collective identity, the environment and technology.

Take them all in as you wander our site: the best time to visit, it goes without saying, is after dark, but you can see them whenever we're open.

The exhibition features work by Samia Halaby, David Batchelor, Rafaël Rozendaal, France Lise McGurn, Jakob Kvist, Nathaniel Rackowe, Squire & Partners, Liz West, Otecki and Tavares Strachan.



## Year 9

Three Weeks Left – Let's Make Them Count!

As we approach the first day of December and begin the countdown to Christmas, let's make these final weeks of school truly meaningful. This is the perfect time to reflect on your efforts so far and finish the term on a strong note. Everyday matters, and every lesson is an opportunity to grow. Be prepared by arriving on time, which shows respect for your learning and sets the tone for success. Take pride in your work, whether it's completing assignments, participating in class, or supporting your peers.

Be present by engaging fully in lessons, ask questions, and contribute to discussions. Learning is a journey and your active involvement makes all the difference. These habits will not only help you achieve your goals but also prepare you for the challenges ahead.

Let's finish this term with energy, focus, and determination and make these last three weeks count.

Miss Acheampong



## Year 10

Dear Year 10,

This week has been short but intense, with a lot happening across the board. A special well done to the four or five of our amazing Year 10 students who represented us in the borrowed table tennis tournament. You made it further than we have in previous years, and that is an achievement you should be truly proud of. Congratulations!

As we enter the final three weeks of term, there is still plenty to focus on. Upcoming assessments are approaching, and it's important that you continue revising and putting in your best effort. We are also entering a festive season that reminds us of compassion. Be grateful for what you have—your family, your friends, the people who care about you. Check in on each other, especially during difficult moments. Be the good Samaritan who asks how someone is doing. Be kind, and be gentle with one another.

I also want you to think about the four P's of learning. In particular, focus on being proactive. This is an attribute many of us need to hold ourselves more accountable for—our work ethic matters, and so does the effort we put in. As we count down to Christmas, stay proactive in your learning. Don't step back just because the end of term is near. It may be the end of term, but it is not the end of the year—and remember, Year 10, you are now in your GCSE year.

A third of this year has already flown by in the blink of an eye, and after New Year, it will move even faster. Appreciate your form tutors and everything they do for you. Remember your manners—saying “please” and “thank you” goes a very long way.

This week, challenge yourselves to carry out one kind deed. Small actions can have a big impact.

Well done, Year 10, and have a smashing week ahead.

Miss Manandhar



# Year 11

Well done! You have completed your practise exams. We are very proud of your hard work and efforts throughout this period. You have demonstrated resilience and a hunger to achieve the best grade possible at this stage. In the next three weeks your priority will be to proactively engage with the feedback you will get from your exam results, listening and identifying where your gaps in knowledge and skills are. By the end of this term you need to have a secure understanding of where you need to improve. This will help inform what revision you need to prioritise moving forward.

Now you are back in lessons, remember the year 11 priority when it comes to the 4 Ps - **proactive engagement**. This is what it looks like in lessons:

## PROACTIVE IN LESSONS

- I will engage in all discussions using key vocabulary.
- I will complete all tasks to the best of my ability.
- I will challenge myself if I find something easy.
- I will ask and answer questions like a specialist.

Your next Progress Check will be complete by the end of this term, so aim to get A's for engagement by demonstrating the above in all your lessons.

Finally, this Friday is 'The Day In The Life' - an exciting day to help prepare you for your academic life after GCSEs. It will give you a taste of life either in the Sixth Form or College. Make the most of this opportunity: be curious, engaged and professional. You will sample lessons you have not ever studied before. The whole day will help inspire you and help you imagine what education will look like for you beyond GCSEs. Many of you will experience the fantastic offer we have at our Sixth Form, a Sixth Form that works for you and will help you develop your potential and feed your curiosity. So enjoy the day and be brilliant!

Please note, the no phone policy still remains for this day. And in choosing your clothing, it must be in line with our Sixth Form dress code below:



## Sixth Form Dress Code

### Suitable dress:

The following are intended as guidelines for suitable dress:

- Suit, blouse or shirt and tie.
- Smart trousers and shirts, which are tucked into the waistband at all times.
- Collared polo shirts are acceptable.
- Black jeans which are not faded in any way are acceptable. Ripped jeans, or jeans of any other colour are not acceptable.
- Jackets, or jumpers in a plain pattern.
- Smart, fully plain light brown, dark brown or black footwear.
- Dresses and skirts, at or below the knee are acceptable. Shorter (no more than 4cm above the knee) skirts are permissible if worn with dark opaque tights.
- Midriffs, décolletage and shoulders should be covered at all times.



### Lanyards:

For the security and safety of the entire school community, students are required to wear their lanyards at all times, ensuring that staff can easily identify them.

### Unsuitable dress:

The following athletic or casual wear is not permitted:

- Hoodies
- Trainers 'soft sports shoe suitable for casual wear'
- Hats/caps
- Any visible items of clothing that have large lettering, logos or slogans
- Denim jeans which are not black
- Leggings, or other very form-fitting trousers
- "Combat" or cargo trousers
- T-shirts including round neck
- Tracksuit tops or bottoms
- Beach wear
- Sweatpants
- Flip-flops
- Shorts
- UGG boots

Mr Fowler



# Sixth Form

## Year 12

A huge well done and thank you to all the students who applied for our Head of House positions. Although only a small number of roles were available, we were incredibly impressed by the enthusiasm, courage and commitment shown by every applicant. Putting yourself forward for leadership can feel daunting, and we are proud of all students who took part in the process.

## Year 13

UCAS applications are progressing well, and we are delighted to see offers beginning to come through. Some of our early applicants have already received responses, including one student who has been invited to interview at Cambridge University, as well as several Medicine applicants securing interviews at highly prestigious universities.

We expect many more applications to be submitted next week as our UCAS meetings continue, and we look forward to celebrating further success stories soon.

Mr Clarke

**PARK HIGH SCHOOL**

**YOUR SIXTH FORM OF CHOICE**

**DO YOU KNOW ANYONE INTERESTED IN SIXTH FORM?**

Here at Park High Sixth Form we continue our high level of teaching and learning, while respecting students' increased maturity and independence, with exciting and rewarding opportunities within and beyond the classroom.

*"The school has a positive record of students successfully attending and completing courses at universities or other types of further and higher education." – Ofsted, 2024*

[www.parkhighstanmore.org.uk/sixthform](http://www.parkhighstanmore.org.uk/sixthform)

**PROUD TO BE GOOD IN ALL AREAS**

## Next Week



**08/12/25**

Year 11 Celebration Assembly

**09/12/25**

Year 10 Celebration Assembly

**10/12/25**

Year 9 Celebration Assembly

Philosophy and Ethics Trip

Year 13 Parents' Evening

**11/12/25**

Year 8 Celebration Assembly

**12/12/25**

Year 7 Celebration Assembly

Year 12 IBM Trip



# Autumn Term 2 Clubs

## Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Y7-8 Girls Netball	Lunchtime	Sports Hall
Y9-11 Computing	Lunchtime	T3
Y10-11 Basketball Coaching	After School (3.10-5.30pm)	Sports Hall

## Tuesday

Activity	Time	Location
Badminton Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
6 <sup>th</sup> Form Volleyball	Lunchtime	Sports Hall
Badminton	After School	Sports Hall
Y12 Brilliant Club**	After School	B3
Girls Football	After School	Park

## Wednesday

Activity	Time	Location
Volleyball Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
GCSE Table Tennis	Lunchtime	Main Hall
Girls Netball	Lunchtime	Sports Hall
Table Tennis	After School	Main Hall
Y7-9 Basketball Coaching	After School (3.30-5.30pm)	Sports Hall
Matilda Rehearsals	After School	Main Hall
Into Film Club	After School	T5

## Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis Coaching	Before School	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Y10 GCSE Art Club**	Lunchtime	P5
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Girls Netball	After School	Playground
Matilda Rehearsals	After School	Main Hall
Y8 Brilliant club **	After School	B2

## Friday

Activity	Time	Location
Badminton Squad	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
6th Form Volleyball	Lunchtime 1-1.25pm	Sports Hall
Volleyball	After School	Sports Hall

Boys football does not run through the winter due to the volume of basketball fixtures that take place between October half term and February half term, and the demand this has on staffing. Boys football clubs will return ahead of the knock-out stages of the boys borough competitions, after Feb half term.

Girls football will continue to run, but this club will finish at 4pm throughout the winter (or even slightly before on the shortest days) due to the reduction in available day light hours after school.

Cricket Club will return after February half term, at which time it will become nets sessions, as we prepare for the summer cricket season.

