



# Student Bulletin

19 / 01 / 26

Proud to be **GOOD** in all areas

This term's  
Character Virtue:

**RESILIENCE**

*Investing in each other to be the very best we can be*

## HAPPENING THIS WEEK

### Monday

Music Workshop  
PSHCEe, Period 5

### Tuesday

EPQ Presentations

### Wednesday

Year 11 (Band B) Parents'  
Evening

### Thursday

Year 11 Art Trip

### Friday

Year 12 A Level Media Trip

## Message from the Assistant Headteacher

As we continue with assessment weeks for Year 10 and Year 12 and prepare for the second of the Year 11 Parents' Evenings, I want to recognise the positive start to the year shown by all year groups. Behaviour across the school has been calm, purposeful and respectful, creating the right conditions for learning and working for everyone. Good behaviour is vital to our community; it enables students and staff to focus, challenge themselves and achieve their best academically, while also developing those pivotal character virtues especially resilience, compassion and integrity. Thank you to all students, staff and families for your continued support—let's maintain these high standards throughout 2026.

**Mr Whittaker**



## New Park High House System

Last week, we announced Park High's brand-new House system. We also shared the badges for each House.

For the first time, we can now reveal the four Houses are:



## Did you manage to guess the theme?

Named after London's royal parks, the Houses represent our commitment to nurturing a strong, supportive and sustainable community; making a positive impact on our environment; and honouring the history and heritage that shapes us. We will all continue to embody our school values and bring pride to our fellow Housemates.





## HYDE PARK HOUSE

Known as The People's Park, Hyde Park has been the stage for history-makers and cultural icons alike. From the Suffragettes' passionate speeches to the Rolling Stones rocking by the lake, from the UK's first Pride march to Nelson Mandela's inspiring words, this park has always been a voice for freedom and unity.

Represented by the bow and arrow, our emblem reflects the bronze fountain of Diana, Roman Goddess of the Hunt, nestled in the famous rose garden, a symbol of strength, grace and determination. Hyde Park House will be championing our character virtues **Teamwork & Resilience**.



## GREEN PARK HOUSE

Created by King Charles II in 1660 so he could stroll from Hyde Park to St. James's Park without leaving royal soil, Green Park is a haven of calm in the heart of London. Its shaded avenues and sweeping grasslands invite you to pause, breathe and recharge.

Represented by a pair of wings, our emblem honours the Bomber Command Memorial, a tribute to courage, sacrifice and the enduring spirit of those who took to the skies during the Second World War. Green Park House will be championing our character virtues **Teamwork & Integrity**.



## REGENT'S PARK HOUSE

Famous for its gardens, vibrant sports facilities, and the world-renowned London Zoo, Regent's Park is a place where nature, culture and adventure meet. Home to the iconic Open-Air Theatre, it offers unforgettable experiences under the canopy of lush greenery.

Represented by the trident, our emblem celebrates the Triton Fountain, a striking bronze sculpture of one of the Ancient Greek sea gods with mermaids at his feet, symbolising power, creativity and harmony. Regent's Park House will be championing our character virtues **Teamwork & Compassion**.

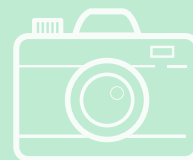


## ST JAMES'S PARK HOUSE

Shaped by centuries of monarchy and bordered by three royal palaces, St. James's Park is the ceremonial heart of London. From royal weddings and jubilees to military parades and state celebrations, this is where history unfolds in grand style.

Represented by the compass, our emblem pays tribute to the statue of Captain James Cook (1782-1779), explorer, navigator and pioneer, symbolising discovery, direction, and ambition. St James Park House will be championing our character virtues **Teamwork & Curiosity**.





## Year 11 Photography Trip to Tate Britain

On Friday 9th January, our Year 11 Photography students visited Tate Britain to explore the work of renowned photographer Lee Miller.

The students spent time studying Miller's photographs in depth as part of their research for the GCSE Photography exam project, gathering inspiration from her unique visual style and bold approach to image-making.

The exhibition traces Miller's extraordinary career—from her involvement in French Surrealism to her influential work in fashion and war photography. It also highlights lesser-known aspects of her practice, including her striking images of the Egyptian landscape captured during the 1930s, as well as her creative collaborations with leading artists of the time.

Featuring around 250 vintage and modern prints, including works on display for the first time, the exhibition offers a rich insight into Miller's poetic vision and fearless artistic spirit. The visit provided students with a valuable opportunity to deepen their understanding of photographic storytelling and creative experimentation.

Here is what the students have said about the trip.

*"Lee Miller explored many themes in her photography, and we found her work captivating and interesting. She was a war correspondent during World War II. We were moved by the images from concentration camps and the Holocaust, showing the brutality of World War II. Seeing these images made me reflect on Lee Miller's courage to capture the horrors of the war. This shows how important photographs are in documenting society and recording history. Her other photographs were displayed across multiple rooms, they were surreal and unconventional at first glance, but they really made you think." - Ayana 11NK*

*"We also went to the main gallery to see other interesting pieces of contemporary art. One that I found fascinating was a plaster cast of the inside of a water bottle by Racheal Whiteread, which illustrated negative space and the hidden interior of everyday objects. Overall, we had a great time at Tate Britain, and I now feel more confident and prepared for my GCSE Photography project." - Katlin 11LY*





## Nonesuch Orchestra composing project

Last week, four students from Year 11 were fortunate to spend time with the Nonesuch Orchestra in a composing project led by Mr Appleman.

All four had their compositions performed and workshopped by the orchestra, facilitated by Tim Watts (Royal College of Music) and conducted by Bill Carslake. The opportunity to hear their music played by a live orchestra was truly memorable and the musicians commented on the quality of compositions which showed development of ideas, contrast and musical depth. Additionally, Katlin had the opportunity to conduct her own piece. We are delighted to continue our partnership with the Nonesuch Orchestra and look forward to some of our pieces being showcased in their concert in March.



## Year 12 Sociology Trip

Our Year 12 Sociology students enjoyed an educational trip to Harrow, where they explored the historic Harrow School and examined its links to the concept of public schools as part of the AQA Sociology Education unit. The visit brought classroom learning to life through a guided tour focused on tradition, privilege and social inequality.

Students were very inquisitive about life at a public school and enjoyed learning about its history — including a famous film scene from Harry Potter that was shot at the school.

They also carried out an observational study at Harrow Shopping Centre, applying sociological research methods in a real-world setting.



# U14 basketball make the borough final!

On Monday 12 Jan our U14 basketball team booked their place in the borough final with an outstanding performance against Whitmore. The boys ran out 56-27 winners and now await news of their final opponents.

Joseph 9FT  
Enakai 8AW  
Amani 8YK  
Majid 9TP  
Levi 9SK  
Alex 9TP  
Daniel 9SK  
Aaron 8KA



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## Reading Champions Wanted!

Park High school is looking for Reading Champions! The Reading Champion Program recognises students who demonstrate a strong commitment to reading and who are willing to actively promote a positive reading culture across the school community. Reading Champions act as ambassadors for reading through leadership and contribution to the reading initiatives throughout the year.

Open to Year 7-11. Applications are available in the library. Deadline is Fri 23<sup>rd</sup> Jan 2026. See Mrs Bhutta for more details.



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## National Storytelling Week

As part of the National Year of Reading 2026, National Storytelling Week will launch on Mon 2<sup>nd</sup> Feb. Story writing competitions will be held for all year groups. See the library for details.

**National Literacy Trust**  
Change your story

**National Storytelling Week**  
**Soundtrack your story**

2-8 February 2026

In partnership with  
**GO ALL IN.**  
National Year of Reading 2026


Supported by Amazon



# Careers and Employability

## Upcoming Events





### Are you an aspiring pilot?

Explore the world of aviation at our Future Pilot Skills event on Saturday 17th January 2026 — an exciting FREE exhibition connecting you with airlines and flight training organisations. Don't miss this opportunity to take your career to the skies!

[REGISTER NOW](#) [Close](#)

### Future Pilot Skills Event 2026

Saturday 17th January 2026 | 10am-3pm

On Saturday 17th January 2026, FlightPad and the University of West London are hosting the Future Pilot Skills Event: an unmissable day bringing together flight training organisations, aviation experts and employers to offer everything required to kickstart your flying career! Tickets are strictly limited, so please register now to avoid disappointment.

[REGISTER NOW](#)

Exhibitors & Supporters (2022-2026):



Organised by [FlightPad](#), at [University of West London, St Mary's Road, Ealing](#). Minimum age for attending this FREE event is 15. If you are under 18 you must be accompanied by an adult over 18 years of age. You do need to register every individual attending. Unregistered attendees will not be able to access the event.



### Uxbridge College Parents' Tour - 5 March - Uxbridge Campus

Thursday 5<sup>th</sup> March 2026 from 6 pm to 7 pm. Prompt start.

Want to find out more about the options available for your son/daughter after Year 11, take a tour at Uxbridge College & chat to the team. Learn about the courses and apprenticeships available and how they progress onto further study or become work-ready. Further information and to sign up click [here](#).











# Language nut

## SCHOOL RANKINGS

### WEEK OF 12<sup>TH</sup> JAN

	School Ranking	Points
1	Rahemani Ali	 68,800
2	Khimji Aaryan	 68,100
3	Patel Shivam M	 61,400
4	Manolachi Adelina	 57,200
5	Diaconu Darius	 56,600

(POINTS RESET AT THE BEGINNING OF EACH MONTH)

**PARK HIGH IS CURRENTLY**  
**#142**  
**WORLDWIDE!**

A PARK HIGH SCHOOL PRODUCTION OF



ROALD DAHL'S  
**Matilda**  
THE MUSICAL

GET YOUR TICKETS BEFORE THEY'RE GONE!

**TICKETS ON SALE NOW**

Wednesday 28<sup>th</sup> January

Thursday 29<sup>th</sup> January

@ 6:30 PM

@ 6:30 PM



PARK HIGH SCHOOL

£6.50 adults | £5.50 concession



Tickets available to purchase via parent pay

For further information please speak to  
Ms Lawrence, Ms Ward, Mr Appleman or Ms Ade

Book by Dennis Kelly Music and Lyrics by Tim Minchin  
Orchestrations and Additional Music by Chris Nightingale.

This amateur production is presented by arrangement with Music Theatre International  
All authorised performance materials are also supplied by MTI

[www.mtishows.co.uk](http://www.mtishows.co.uk)

# Last Week's Roundup

## Year 7

In assembly we spoke about the area's we can improve on as a Year Group to ensure we make the most out of our learning so we can be confident in upcoming assessments. Can you remember them?

1. On time to all lessons
2. No low level disruptions in lessons
3. Remember PE kit for all PE and Dance lessons

These targets will make a huge difference to everyone's learning and will also impress your teachers. I am certain that it will also increase the amount of character points given. Miss Hosain and I are currently organising a reward trip for students who consistently display our school virtues and are the best versions of themselves every day. Could this be you? Complete these targets and you might be!

Continue to create mind maps as part of your revision for upcoming assessments. You may be set this for your home learning! Mind Maps are a fantastic tool for revision and can be shared with your peers! Don't forget to show Miss Hosain and I, I am looking to give out some more star stickers for these if they are outstanding!

Don't forget to check our notice board for this weeks winners! Have a great week Year 7

Miss Daler

## Year 8

Year 8s - you have made a solid start this term, and it's important we keep standards high as learning continues. A key focus for myself and Mrs Ali is punctuality and attendance — arriving at school on time and moving promptly to lessons ensures you don't miss valuable learning time. Being on time shows responsibility and helps lessons begin calmly and productively. We will be taking away lunch times from those students who are persistently late to lessons.

Please also remember the expectations between lessons. Walking quietly and sensibly through school corridors helps maintain a respectful environment for all students and staff, and supports a smooth transition from one lesson to the next.

We would also like to recognize some excellent commitments outside the classroom. Well done to Saisha in 8AW for competing in the county round of a national badminton tournament, a fantastic achievement that reflects your dedication, resilience and hard work. Finally, thank you to all Year 8 students involved in the final rehearsals for Matilda the Musical. Your focus and effort during this busy period are appreciated, and your contribution is helping make the production a success.

Let's continue to show maturity by being punctual, moving calmly around the school, and giving our best effort every day.

Mr Hargreaves

## Most Character points

8KL

## Best Attendance

9TP

## Best Punctuality

10GS

## ACE Lottery Winners

Aryan 8MO

Mahi 11JE

## Free things for students and their families

[Winter Photography Walk at Cassiobury Park](#)

Location: [Cassiobury Park LNR](#), On the A412 Watford to Rickmansworth road , Watford, Hertfordshire , WD18 7LG  
10am - 12pm, Saturday 7 February 2026

Join one of our talented volunteers for a walk through the beautiful Cassiobury Park Local Nature Reserve and learn tips and tricks for capturing photographs of the scenery and nature. Whether you're a complete beginner or just looking to sharpen your skills, this is a fantastic opportunity to explore nature through a new lens – literally!

🍁 What to Expect:

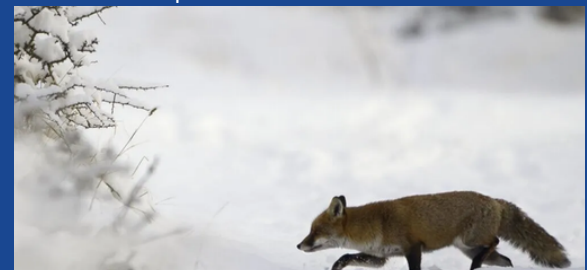
- Practical tips and tricks for photographing winter landscapes, nature and local wildlife.
- A chance to connect with nature, and see the park from a new perspective.

📷 What to Bring:

- Your own camera or smartphone.
- Warm layers and waterproof footwear (we recommend comfy wellies)– it's winter, after all!
- A sense of curiosity and creativity.

🦋 Please note: The walk will cover some muddy and uneven ground and is suitable for adults and children aged 12+.

☁️ Weather Notice: This event is weather-dependent and may be cancelled at short notice if conditions are poor.



## Year 9

Punctuality is an essential part of success in Year 9 and beyond. Arriving on time to lessons sets a positive tone for the day and shows that you are ready to learn. It demonstrates respect for your teachers and classmates, and it helps you make the most of every minute in class. Being punctual is not just about school—it is a valuable life skill that will benefit you in the future. Employers and universities look for people who are reliable and organised, and punctuality is a key part of that. When you arrive on time, you show that you take your education seriously and are prepared to face challenges in a positive way. Good habits start now, and punctuality is one of the most important habits you can develop for success in school and life.

### First Gold Badge

*"Receiving the Gold Badge as the first student in the Year is a huge honour. It reflects the importance of hard work, curiosity, and following the 4 P's of learning. I couldn't have achieved this without the support of my teachers, and I hope it encourages others to aim high" -Leon 9SK/9i*

Miss Acheampong

## Year 10

Dear Year 10,

The way you've come back with renewed dedication to your learning and to school has been impeccable. Honestly, I'm hearing nothing but positive things about you from so many different members of staff, and it makes me incredibly proud to be your Head of Year. You've truly been a real asset to the school.

Looking ahead, there are a lot of assessments coming up soon. I know in particular that there's a maths midyear on the way, so please, please, please make sure you revise for it. The same goes for any other subjects where you have assessments coming up.

Quick and Easy Revision Wins:

1. 10-Minute Power Revise: Set a timer for 10 minutes. Revise one small topic, then stop. Something is always better than nothing.
2. Blurting: Read a page or topic, close your book, and write down everything you remember. Check and add what you missed.
3. Flashcards: Use paper or your phone (at home of course). Write questions on one side and answers on the other. Test yourself little and often.

The Four Ps of Learning – **Prepare**

I really want you to focus on being prepared for learning every day. This means being punctual to school and to lessons, having full equipment, and being ready with the knowledge you need to access the learning in each lesson.

If you have been absent, it is important that you catch up. Speak to your teachers and ask for the resources or materials from the lesson you missed. Missing just one lesson can make following lessons more difficult to understand. Gaps in learning can stop you from reaching your full potential, so please remember: be prepared.

Small actions every day make a big difference. Remember motivation follows action and not the other way around.

An addition to my usual bulletin - a new feature:

Happiest birthday this week to: Zeinab G, Kushi P, Kashvi P, Dilan S, Ali A and Mahamud A!

Mrs Manandhar



# Year 11

"True success is not born from one, big, lucky step. It's birthed from daily, small consistent steps". This quote tells us the simple truth that your exam success will depend on simple, small daily actions. This should be encouraging for all of you -getting your best grade is within each of your control. Such simple, small daily steps include: attending school each day, proactively asking questions, completing home learning, attending interventions, and revising with past papers and flash cards. Each one of you will be ensuring that you have a home learning/revision timetable at home to structure your evenings. We are only months away from your GCSE exams and you need to make every day count.

You have just had or are about to have your Parents' Evening. This is the most important Parents' Evening. Your teachers will be directing you to improve and develop through specific steps and actions. Each of you needs to take in what your teacher says and make decisions to put what they say into action. This will help you achieve the grade you deserve.

If you need support in creating a home learning/revision timetable, please come ask your tutor to send you a template.

Following on from your latest progress check, I would like to commend the following students for being the highest performing students in behaviour, engagement, and home learning:

Behaviour/Engagement		Home Learning	
Bligh Olarte, Nicolas	11JE	Nadeem, Anamta	11AK
Gudhka, Aadi	11PW	Mepani, Keshav	11AK
Mepani, Keshav	11AK	Bligh Olarte, Nicolas	11JE
Pillaipakkam Madapusi, Harini	11AG	Irvine, Luke	11MK
Savalia, Shaurya	11PW	Karsan, Liya	11JE
Nadeem, Anamta	11AK	Botosan, Abigail	11AG
Patel, Daiesha	11JE	Hirani, Taran	11PW
Puveenthirarajan, Trineetaa	11LY	Mistry, Mahi	11JE
Sohan, Tanvi	11AK	Belhadj, Hafsa	11AD
Varsani, Freya	11LY	Gor, Shourya	11AK
Hutanu, Jessica	11AK	Mangu, Irina	11PW
Pankhania, Jia	11AK	Modi, Stasha	11AD
Parmar, Jai	11PW	Paraniroopasingam, Adsaja	11KM
Safi, Eman	11NK	Patel, Dhruv	11AG
Whyte, Jordina	11PW	Shah, Harsh	11KM
Belhadj, Hafsa	11AD	Patel, Daiesha	11JE
Karsan, Liya	11JE	Puveenthirarajan, Trineetaa	11LY
Mangu, Irina	11PW	Circiu, Levi Emanuel	11LY
Modi, Stasha	11AD	Haria, Nikhil	11AG
Shah, Diya	11LY	Kerai, Rithik	11PW

Here is a reminder of the 5 specific actions each of you need to take to ensure you are achieve your target grades:



Mr Fowler



# Sixth Form

## Year 13:

Huge congratulations to all our Year 13 students!

We are exceptionally proud that every single student met the UCAS equal consideration deadline and successfully submitted their applications. Offers are already coming in from a range of excellent universities across the country, including Queen Mary, Royal Holloway, Cardiff, Sheffield, York and Southampton. Students have now begun accepting their offers and planning the exciting next steps in their academic journeys.

This week, we were also pleased to welcome a guest speaker from Aston University, who delivered valuable guidance on the student finance application process.

## Year 12:

You are now officially within a year of the UCAS deadline. Many of you will begin receiving offers and responding to them over the next 365 days. As shared in assembly, this is the perfect time to build your portfolio through enrichment, wider reading, and extra-curricular activities that demonstrate your passion for your chosen subjects. And don't forget—our Year 13 students are a fantastic source of advice and experience, so make sure you speak to them!

Mr Clarke



## Next Week



26/01/26

*No events listed*

27/01/26

PSHCEe, Period 5

28/01/26

UKMT Challenge  
Matilda the Musical

29/01/26

Matilda the Musical

30/01/26

A Level PE Trip



# Spring Term 1 Clubs

Please see below the clubs and activities we offer, these are subject to change. Parents can enrol their child in clubs via [Arbor](#).

## Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Y7-8 Girls Netball	Lunchtime	Sports Hall
Y9-11 Computing	Lunchtime	T3
Y10-11 Basketball Coaching	After School (3.10-5.30pm)	Sports Hall

## Tuesday

Activity	Time	Location
Badminton Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
6 <sup>th</sup> Form Volleyball	Lunchtime	Sports Hall
Badminton	After School	Sports Hall
Chess Club	After School	M6
Y12 Brilliant Club**	After School	B3
Girls Football	After School	Park

## Wednesday

Activity	Time	Location
Volleyball Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
GCSE Table Tennis	Lunchtime	Main Hall
Girls Netball	Lunchtime	Sports Hall
Poetry Club	Lunchtime	R1
Table Tennis	After School	Main Hall
Y7-9 Basketball Coaching	After School (3.30-5.30pm)	Sports Hall
Matilda Rehearsals	After School	Main Hall
Into Film Club	After School	T5

## Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis Coaching	Before School	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Y10 GCSE Art Club**	Lunchtime	P5
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Girls Netball	After School	Playground
Matilda Rehearsals	After School	Main Hall
Y8 Brilliant club **	After School	B2

## Friday

Activity	Time	Location
Badminton Squad	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
6th Form Volleyball	Lunchtime 1-1.25pm	Sports Hall
Volleyball	After School	Sports Hall
Girls Table Tennis	After School	Main Hall

