



# STUDENT BULLETIN

23/ 03 / 26

Proud to be **GOOD** in all areas

This term's  
Character Virtue:

**CURIOSITY**

*Investing in each other to be the very best we can be*

## HAPPENING THIS WEEK

### Monday

Year 11 GCSE Food Practical  
Exams

### Tuesday

Year 11 GCSE Food Practical  
Exams  
Year 7 Celebration Assembly

### Wednesday

Year 9 Celebration Assembly  
Sixth Form 2000s Day

### Thursday

Year 8 Celebration Assembly  
GCSE Drama Exam  
Year 12 University Fair  
PSHCEe, Period 6

### Friday

Last Day of Spring Term for  
all students

## Message from the Headteacher

We have left the dark days of Winter behind and are now heading into the longer, brighter, and warmer (hopefully!) days of Spring. It is a season of hope, renewal, and rebirth. The trees so bare in Winter start to grow their leaves anew, bulbs planted in Autumn and asleep all winter start to grow and we welcome their Spring colours – white Snowdrops, golden and purple Crocus and the tall, scented, yellow Daffodils. Be curious about nature all around you, it is waking up, listen carefully and you will begin to hear birds sing.

As you leave winter behind, take some time to reflect on what you have achieved and what you want to achieve in this most colourful, cheerful season. Do you need to commit anew to your studies? to being a good friend? to living our character virtues; **teamwork, integrity, curiosity, resilience, and compassion** in all that we do and say? Whatever you decide, now is the time for that fresh start.

I wish you and your families the greatest gift of this season - hope. With hope anything is possible and tomorrow will be a better day. Don't forget the clocks go forward on Sunday 29<sup>th</sup> March!

We look forward to seeing you all back safe and well on **Monday 13th April**.

Have a restful Easter break.

**Mrs O'Dwyer.**



18,890

18,961

18,079

17,480



# ACHIEVEMENTS

## SHOUT OUT

Last week, we held Celebration Assemblies for Years 10 and 11, and this week it is the turn of Years 7–9.

These assemblies provide a wonderful opportunity to reflect on the term's achievements, recognise personal growth, and celebrate the hard work, dedication and successes of our students.

Here are just a few of the awards presented last week:

### Year 10

#### **Deputy Head of Year Award:**

Tanvi Varsani and Montezar Alkhafaji

#### **Head of Year Award:**

Daniel Coulson and Praval Namala

#### **Headteacher Award:**

Bianca Cornea and Harshil Kerai

### Year 11

#### **Head of Year Award:**

Stasha Modi and Riyan Pindoria

#### **Headteacher Award:**

Urvi Patel and Dani Omar Saad

These individuals embody the Park High vision, ethos, and character virtues, demonstrating excellence both inside and outside the classroom.

Congratulations to all our award winners, we are so proud of all students who have actively worked towards being the best version of themselves. We look forward to the remaining celebrations this week.

## ACE LOTTERY WINNERS

**Nikita S 12GP**

**Yashvi S 12SM**

Most House Points



Most  
Character points

**7BJ**

Best  
Attendance

**7YC & 9FT**

Best  
Punctuality

**7PJ**



# SPORTS NEWS



## U16 Badminton Harrow Borough Champions

We faced tough opposition on finals night. John Lyon and Avanti have real pedigree in the competition, as do we. Whitefriars completed the line-up, having knocked us out of the Middlesex event earlier in the year. Matches between these four schools have been close throughout the season. However, once again we saw a Park High team that had made more progress across the year than their rivals and that proved enough to beat them on the night.



It was a fantastic performance overall. As results came in through the evening, it quickly became clear that we were in a strong position. We won all three fixtures with growing confidence, bringing home the title in style.

The team have shown real commitment to training, arriving every Tuesday and Friday at 7.25am to work on their game. They have benefited from excellent coaching from Neena and Mr Darby.

Our U14s also performed superbly, finishing second after a narrow loss to John Lyon, making us the highest-ranked state school in Harrow this year.

## U13 Netball Harrow Borough Champions

We would like to thank our amazing netball team and our dedicated umpires for helping us reach this incredible milestone and for guiding us to victory in the Harrow Borough Championship. These games have shown us how well we work together and how much we can achieve when we support one another.

First, we want to give a special shoutout to Maria U. and Sophia C. for scoring outstanding, professional goals. We also want to recognise our two Year 7 players, who have grown so much through this experience, as well as Sofia L. and Beatrice H. for their fantastic skills and passing, especially Beatrice, who played through the first game (and the rest of the tournament!) with a broken finger and for taking the time to write this message.

Finally, a huge thank you to Miss Wakeman and Mrs Acheampong for coaching us all the way to this point, and for being the best DJs on the minibus!

- Written by Beatrice and Sofia.



This brings us to 12 borough trophies so far this academic year for Park High, as we continue to chase the total of 17 won in 2024 - 2025.



# Year 9 D&T Students Explore Cadbury World



Last week, the Design & Technology department took our Year 9 students on an exciting educational trip to Cadbury World as part of their learning on how chocolate is processed from cocoa beans to chocolate bars.

During the visit, students discovered how cocoa beans are harvested, processed, and transformed into the chocolate products we enjoy today. They also explored the evolution of product packaging, learning how Cadbury's distinctive branding has developed over time into the iconic designs we recognise on shelves today.

Another highlight of the trip was learning about Cadbury's history and the development of Bournville village. Many students were surprised by the company's achievements and the strong connections between Cadbury's values and what they are studying in the Year 9 D&T curriculum.

The hands-on demonstrations were a favourite part of the day. Students explored how chocolate can be used as a design material, discovering techniques such as melting, cooking and tempering chocolate. They also learned what ingredients are added during production and why chocolate is so irresistible to so many of us!

This trip has been incredibly popular and will surely remain one of Year 9's favourite school memories for a long time.



# Science outreach visit to Kenmore Park Primary School



On Thursday 12th March, as part of British Science Week, four of our Year 10 students returned to their former primary school to lead an engaging science workshop as part of our wider outreach programme. The workshop centred on a simple yet captivating activity: creating and revealing invisible ink.

During the session, our students demonstrated how substances containing organic (carbon-based) compounds and sugars can appear invisible once applied to paper and dried. They then showed how these hidden messages can be revealed through an oxidation process using ultraviolet light. The activity sparked excitement and curiosity among the pupils, who were eager to uncover the science behind the reaction.




It was inspiring to see our students take on leadership roles, confidently explaining concepts, encouraging resilience and supporting the primary pupils throughout the workshop. Their enthusiasm and maturity were a credit to the school, and they served as excellent role models for younger learners.

The visit provided a valuable learning experience not only for the primary school students but also for our Year 10 students, who further developed their communication and teamwork skills while strengthening their own scientific understanding. We are incredibly proud of the students who took part and look forward to continuing to build strong links with our local community through inspiring, hands-on science experiences.

The following day, students from Kenmore Park, as well as Aylward Primary School, St John's CofE School and Stanburn Primary visited Park High for our Science Fair, where they took part in a range of exciting hands-on experiments.



## Language nut School Rankings

	School Ranking	Points
1	Ginga Timotei	 88,600
2	Niyas Nabeel	 86,000
3	Costea Luca	 84,300
4	Gaiduc Bogdan	 64,000
5	Salam Jawhara	 58,400



# KS3 Poetry Workshop

Last week, a group of KS3 students took part in an inspiring poetry workshop led by Eastside. We were delighted to welcome Dauda, who delivered an engaging and exciting session on identity and belonging. Our wonderful group of budding poets produced some truly powerful and creative pieces, which they will go on to share with the wider community at our upcoming **Poetry Slam, on Tuesday 19th May (save the date!)**. This week's workshop has given us a glimpse of just how incredible this year's Poetry Slam will be — we can't wait!

We are also thrilled that poet Breis will be joining us on the day of the Slam to work with a select group of confident and passionate students in a special last-minute workshop and will deliver a performance for us at the Poetry Slam. Here is a taster of some of Breis' work: [BREIS - 'Fear of Failure' \(Apples and Snakes: Blackbox\)](#).

Students interested in taking part are encouraged to register their interest with Mrs Kadiri by the 18<sup>th</sup> of April, but only the most powerful, passionate speakers will be invited! Warm up your voice, sharpen your pen and bring the heat - it's a battle of words where the mic might just catch fire!



**HELP PICK THE NATIONAL WINNER FROM THIS SHORTLIST: -**  
**All books in LRC**

The  
**Carnegies**

Medal for Writing

Carnegies.co.uk | #Carnegies2026

2026  
**Shortlist**



Resilience . Integrity . Curiosity . Teamwork . Compassion

# Careers & Employability

## Upcoming Events



Free careers webinars run by **My Great First Job** - supporting young people, parents and educators.

- Tuesday 21st April - Finding Work Experience Opportunities
- Wednesday 6th May - How to Write a Great First CV
- Tuesday 19th May - How to Develop your Personal Brand

[CLICK TO VIEW THE COLLECTION](#)



**SLAUGHTER / AND MAY /**

**Explore Law**

16-18 year olds  
Free Online Work Experience

A risk-free way to experience work on the job with Slaughter and May. Practice your skills with example tasks and build your confidence to ace your applications. During this programme, you will have the opportunity to find out more about the firm and the work of our lawyers.

[MORE INFORMATION](#)



Fantasy Wings provides a safe space to learn about pilot and aviation studies, offering real networking opportunities, career prospects and personal development for people from ethnically diverse backgrounds and women interested in the Airline and Aviation industries.

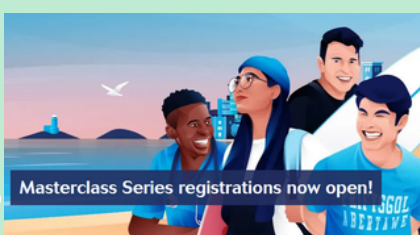
[FIND OUT MORE HERE](#)



## Online NHS GP Work Experience

Join us for a unique opportunity to gain insight into the world of General Practice through our online work experience program

Tuesday, May 26, 2026 at 10:00 - [RESERVE A SPOT HERE](#)



Swansea University gives you the opportunity to sample courses through online webinars. Whether you're still deciding or already set on a subject, it's a great way to learn more.

[MASTERCLASS SERIES](#)



**HAF**  
IN HARROW

# FREE EASTER *Holiday* ACTIVITIES

FREE PLACES FOR FAMILIES IN RECEIPT OF MEANS-TESTED FREE SCHOOL MEALS



SPORTS | ARTS & CRAFTS | DRAMA | COOKING | FOREST SCHOOL  
| MUSIC | SEND

**BOOK  
HERE**



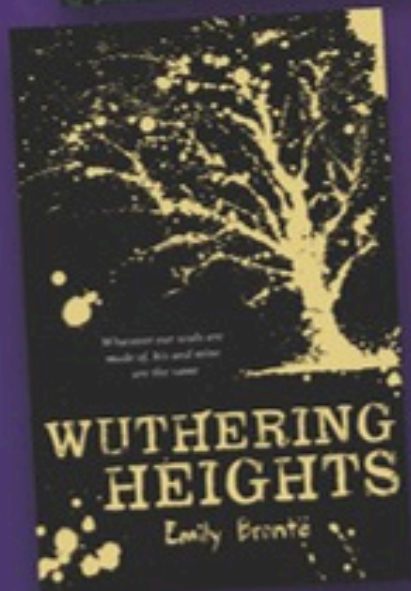
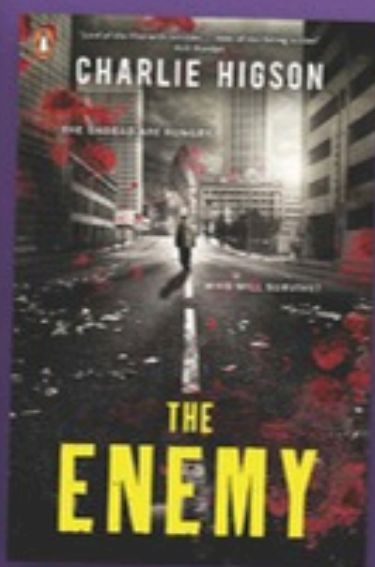
OVER 200  
BOOKS  
TO CHOOSE  
FROM

SCHOLASTIC

TRAVELLING BOOKS



Your **NEXT**  
**FAVOURITE**  
**READ** *is waiting*



DATE:

27th APRIL 2026

TIME:

Lunchtime

LOCATION:

In the Hall

GO  
ALL  
IN.

National  
Year of  
Reading  
2026



*Join Us*

# ARTS & CULTURE EVENING 2025

*A celebration of dance, drama,  
music & more*

**WEDNESDAY 6TH MAY 6:00PM**

**MAIN HALL**

**FREE**

TICKETS AVAILABLE IN THE DANCE STUDIO AT  
LUNCHTIME OR EMAIL MISS LAWRENCE

LIMITED SPACES AVAILABLE, TICKET RESERVATION IS A  
MUST

# MESSAGES FROM HEADS OF YEAR



## Year 7

As we reach the end of this half term, I want to say how proud I am of all the effort, resilience, and progress you've shown. You have worked hard in lessons, supported one another and continued to grow in confidence and independence – all of which should be celebrated.

It's been fantastic to finish on a high, and I'm especially excited for our celebration assembly this Tuesday. This will be a wonderful opportunity to recognise your achievements, celebrate success across the year group, and welcome parents back to share in these special moments with us. You should feel incredibly proud of everything you have accomplished so far.

As we move into the Easter break, this is an important time to rest and recharge after a busy and productive term. Enjoy the opportunity to spend time with family and friends, take part in activities you enjoy, and look after your wellbeing. At the same time, it is important to be ready to return with a positive mindset, continuing to reflect on your progress checks and the actions you can take to keep improving and reaching your full potential.

We are looking forward to seeing you come back refreshed, motivated, and ready to build on the strong progress you have already made.

Have a wonderful Easter break, enjoy the celebrations, and remember to take care of yourselves. We look forward to welcoming you back next term.

**Miss Daler**



## Year 8

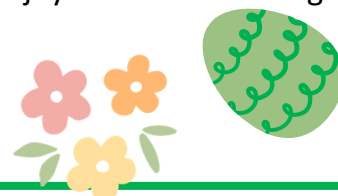
As we come to the end of term, I'd like to remind all Year 8 students of the importance of maintaining focus and working hard right up to the final day. How you finish the term matters, and it helps set a positive tone as we move into the Summer term. This extends too to how we are wearing our uniform and ensuring that we wear a blazer at all times. As the weather improves, there will not be a need to wear a jumper, but the blazer must be worn.

This half term, our character virtue has been curiosity. Many of you have shown this through asking thoughtful questions, engaging more deeply in lessons, and showing a genuine interest in your learning. I encourage you to carry this mindset forward – curiosity is one of the most valuable habits you can develop as we discussed in Assembly. I have also sent letters home to those of you who performed exceptionally well in the most recent Progress Checks. Well done and keep it up!

Looking ahead, there are several things to look forward to next term, including the Year 8 Reward Trip to Ninja Warrior for those who consistently demonstrate strong behaviour, effort, and engagement. Further details will be shared after the break and how to sign up. For everyone who recently celebrated Eid, I hope you had an enjoyable and meaningful day with your families.

Wishing you all a restful break and a positive end to the term.

**Mr Hargreaves**





## Year 9

As we enter the final week before the Easter break, I want to remind you how important this moment is for all of Year 9. Your final GCSE preference choices are due this Wednesday, and it is essential that you take the time to make decisions that truly reflect your interests, strengths, and ambitions. This is your learning journey, no one else's.

Choosing your subjects is not about following friends or feeling pressured by others. It is about shaping the path that will support your future goals and allow you to thrive. Think carefully about what you enjoy, what you are confident in, and what you want to achieve. Talk to your teachers if you need guidance and use the resources available to you.

Take ownership of your decisions, believe in your abilities, and choose the subjects that feel right for you.

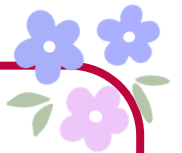
Your future starts with this step.

Happy Easter.

**Miss Acheampong**



## Year 10



Dear Year 10,

This is your final week in school before an important and demanding period, so it's essential that you make the most of it. Use this time to stay fully engaged in your lessons, address any gaps in your understanding, and remain focused on your goals. Be clear about what effective revision looks like for you and take time to identify the topics that need the most attention so you can prioritise them wisely.

Over the next two weeks, while you enjoy some well-earned rest, it's equally important that you set aside dedicated time for revision. As you know, your pre-examination mock assessments are fast approaching, and the effort you put in now will have a significant impact on your confidence and performance.

I would also like to take a moment to reflect on the fantastic celebration assembly we shared. I am incredibly proud of all the winners, as well as everyone who contributed to making it such a success — it was a powerful reminder of what can be achieved through hard work, commitment, and determination.

A special mention as well to those celebrating their birthdays over the next three weeks — happy birthday to Denis, Neha, Ghassan, Alaa, Sahaj, Liyana, Saira, Mujtaba, Akshita, and Aqib! I hope you all have a wonderful day celebrating.

Keep pushing yourselves this week and in the weeks ahead — you have the ability to achieve great things, so stay motivated and believe in your potential.

**Mrs Manandhar**





Our final Celebration Assembly was a proud moment! A celebration of your successes this term. Such assemblies have been a highlight of our school calendar and it was no different last week with so many of you winning awards and getting nominated. Mrs Ali, your tutors and I congratulate you on every achievement over this term. A special well done to the Urvi Patel, Dani Omar Saad, Stasha Modi and Riyan Pindoria for achieving the Headteacher and Head of Year Award. We also say a big well done to the below students for their department awards.

As we look to the Easter holidays, your focus needs to sharpen on your studies and revision, acting on the feedback from your recent assessments. This week you must go back to the revision timetable template sent to you and create a bespoke revision timetable for your Easter holidays - it is vital you make the most of this break whilst also resting and doing things you enjoy. The timetable is the contract you make with yourself, and a timetable your parents and carers can hold you to account on. Year 11, do not waste this opportunity for effective revision and preparation - the fun will come after your exams. Whatever time you sacrifice now you will get back after your exams. Let's keep on working hard!

Tutor Awards	
11AD	Nermin Gli
11AG	Abigail Botosan
11AK	Rekhith Peravalli Venkata
11KM	Sami Azim
11NK	Suleman Fanzazai
11MK	Savio Shehu
11JE	Kajal Patel
11LY	Timothy Demian
11PW	Hishma Mohamed

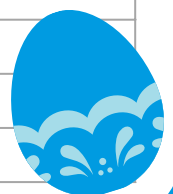
Subject Highest Attainers	
English	Lina Mahwies
Maths	Keshav Mepani
Further Maths	Savir Shah
Dance	Elena Qallia
Drama	Mahi Mistry
Geography	Aadi Gudhka
History	Preena Makwana
Music	Abigail Botosan
Spanish	Jessica Hutanu
French	Hafsa Belhadj
German	Zoe Kolsut
Sports Science	Aaron Patel
Science	Harsh Shah
Computer Science	Riyan Pindoria
Art, Craft & Design	Carla Daraban
Philosophy & Ethics	Kayne Candy
Food, Preparation & Nutrition	Elisha Kerai
Engineering	Rithik Kerai
Design & Technology	Robert Balici
Business Studies	Liya Karsan
Media Studies	Ravi Ruda
Photography	Ayana Samarth

Year 11 MFL GCSE speaking exams will be run ning from Monday 13th - Monday 20th April in P4.

They are worth 25% of your final MFL grade. You will be awarded zero marks if you do not attend. You must bring a doctor's certificate if you are ill.

You will be given the exact time and date by your teacher during lesson time. The speaking schedule will be on display outside the MFL Office.

**Mr Fowler**





## Sixth Form



### Year 12

This week we undertook the difficult task of shortlisting our Head Boy and Head Girl application letters for interview. We have been incredibly impressed by the 14 students who took part in the first-round interviews, and next week we look forward to meeting those who have progressed to the final stage. It is a rigorous and demanding process, and we are proud of every student who has engaged—whether by putting themselves forward or demonstrating excellent interview technique.

Next week, Year 12 will also begin their Futures journey in earnest with a visit to the University Fair at Emirates Stadium. A reminder to students to ensure consent forms are completed and that travel arrangements are in place.

### Year 13

Final progress data for Year 13 will be published next week, following their latest round of assessments. With only a small number of school weeks remaining before exams, it is essential that students prepare structured revision timetables for the Easter holidays. Please speak to us if you would like guidance or support in planning these.

Student Finance applications open on 23rd March. We strongly encourage students to complete their applications as early as possible—this is not something you want hanging over you during revision, and delays could result in starting university without your funding in place.

Mr Clarke



**PARK HIGH SCHOOL**  
A SCHOOL OF CHARACTER AND OPPORTUNITY

**OPEN MORNINGS**

Know someone thinking of joining Park High in September? Invite them to one of our Open Mornings.

Get a guided tour, speak to staff and students, and see the school in action.  
*By appointment only.*

Every Tuesday during term time.  
All tours begin at 9.15am.

Please book via the school website or scan the QR code.

**PROUD TO BE GOOD IN ALL AREAS**





# SPRING TERM 2 CLUBS



Please see below the clubs and activities we offer, these are subject to change. Parents can enrol their child in clubs via [Arbor](#).

## Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Y7-8 Girls Netball	Lunchtime	Sports Hall
Y10-11 Basketball Coaching	After School (3.10-5.30pm)	Sports Hall

## Tuesday

Activity	Time	Location
Badminton Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
6 <sup>th</sup> Form Volleyball	Lunchtime	Sports Hall
Computer Science Club*	Lunchtime	T1
French Conversation Club	Lunchtime	L4
German Conversation Club	Lunchtime	L3
Literary Lounge	Lunchtime	N4
Badminton	After School	Sports Hall
Chess Club	After School	M6
Y12 Brilliant Club**	After School	B3
Girls Football	After School	Park

## Wednesday

Activity	Time	Location
Volleyball Coaching	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
GCSE Table Tennis	Lunchtime	Main Hall
Girls Netball	Lunchtime	Sports Hall
Spanish Conversation Club	Lunchtime	L3
Poetry Club	Lunchtime	R1
Table Tennis	After School	Main Hall
Y7-9 Basketball Coaching	After School (3.30-5.30pm)	Sports Hall
Into Film Club	After School	T5

## Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis Coaching	Before School	Main Hall
Basketball	Breaktime	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Y10 GCSE Art Club**	Lunchtime	P5
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Girls Netball	After School	Playground
Y8 Brilliant club **	After School	B2

## Friday

Activity	Time	Location
Badminton Squad	Before School	Sports Hall
Basketball	Breaktime	Sports Hall
Girls Volleyball	Lunchtime 1-1.25pm	Sports Hall
6th Form Volleyball	Lunchtime 1-1.25pm	Sports Hall
Volleyball	After School	Sports Hall
Girls Table Tennis	After School	Main Hall



# THIS WEEK

- 23/03/26 - Y7 & Y9 Netball V Avanti (H)
- 24/03/26 - Y7 Badminton Finals (A)
- 24/03/26 - U14 Girls Football V Nower Hill (A)
- 24/03/26 - U16 Football Semi-Final V Salvo (H)
- 25/03/26 - U14 Netball Tournament (A)
- 25/03/26 - U15 Football Semi-Final V Salvo (H)
- 26/03/26 - U14 Girls Football V HEHS (A)
- 26/03/26 - Y7 Netball Tournament (A)
- 26/03/26 - U13 Football Semi-Final V Pinner (H)

# FIXTURES



# NEXT TERM

**13/04/26**

First day of Summer Term for all students

**14/04/26**

Y10 Practice Exams  
Y11 MFL Speaking Exams

**15/04/26**

Y10 Practice Exams  
Y11 MFL Speaking Exams

**16/04/26**

Y10 Practice Exams  
Y11 MFL Speaking Exams  
Y7 Trip to St Albans

**17/04/26**

Y10 Practice Exams  
Y11 MFL Speaking Exam  
GCSE Dance Exam  
PSHCEe, Period 6



# FREE THINGS TO DO

## The Elephant Trail | Battersea Power Station

The Elephant Trail at Battersea Power Station is an exclusive trail showcasing 21 sculptures from The Elephant Parade. Explore the area discovering the elephants and ticking them off on a mobile app. Ticking them off reveals unique rewards for each Elephant, plus reach milestones for the chance to win different prizes! 21 Elephants to find, and plenty of fun to be had!

Thursday 26 March - Sunday 26 April

