



STUDENT BULLETIN

20 / 04 / 26

Proud to be **GOOD** in all areas

This term's
Character Virtue:
INTEGRITY

Investing in each other to be the very best we can be

HAPPENING THIS WEEK

Year 10 Practice Exams

Monday

Year 11 GCSE Speaking Exams
PSHCEe, Period 1

Tuesday

Year 11 Art Exams

Wednesday

Year 11 Art Exams
Year 13 Economics Trip

Thursday

Year 11 GCSE Speaking Exams
Year 10 Practice Exams
Year 7 Trip to St Albans

Friday

Year 11 GCSE Dance Exam

Message from the Assistant Headteacher

The last two weeks have seen humankind embarking upon an amazing journey into space, as four brave astronauts travelled to the dark side of the moon. The collective intelligence and skills demonstrated therein are an inspiration to us all to remain curious and work hard in all our endeavours. This has been a truly spectacular feat, but I am going to bring you back down to Earth. While space fills us with excitement about the unknown, there is also so much wonder to be found here on Earth. For example, recent research has shown that sperm whales, the largest animals on our planet, can communicate with each other in ways that are surprisingly similar to how humans do.

As we begin the Summer Term and celebrate Earth Day on Wednesday 22nd April, let us continue to be brave and curious, open to new ideas, and keen to learn. By noticing and appreciating the many wonders around us, we can all grow wiser every day.

Mrs Day-Haynes



ACHIEVEMENTS

SHOUT OUT

We are delighted to share the outstanding achievement of Enakai, who recently competed in the prestigious NBTC Manila Live 2026, an international youth basketball tournament.

Enakai represented the Fil-Euro Under-12 team, where he not only played a key role on the court but also served as team captain. Competing against strong international opposition, he demonstrated exceptional leadership, **resilience**, and athletic ability throughout the tournament.

“Enakai was one of our main leaders during our time at Fil-Euro for the 12U team, he was able to showcase his leadership skills both at practice and in games constantly uplifting his teammates. It was a pleasure coaching Enakai and witness how much of a hard worker he is.” - Coach

We are incredibly proud of Enakai’s achievements and look forward to seeing how his basketball journey continues to unfold.



Most House Points



Most Character points

8AW

Best Attendance

10WN

Best Punctuality
**8FF, 10HC,
10HW, 10SC**

ACE LOTTERY WINNERS

Zahed A 11AD

Esther A 7LB



SPORTS NEWS



U13 Boys Football Harrow Borough Champions!

Our U13s delivered an outstanding performance in the borough final at Rayners Lane FC to finish the season as champions. A superb 3–1 victory over Nower Hill completed a perfect borough football season for 2025–26, with the team winning every match they played in the competition.

The team made a fantastic start, with Hamza opening the scoring early. After conceding an equaliser in the second half, the boys remained calm and composed.

Yusuf was assured in goal, while Max led the defence superbly, well supported by Yannis, Umar and Talha. Set up brilliantly, the team stayed in control throughout, with Hamza adding a stunning late free kick. As the match drew to a close, Edward sealed the victory with an excellent long-range effort. This outstanding display of teamwork earned them a well-deserved win.

There were jubilant celebrations at the final whistle, securing Park High's 14th borough title of the academic year as we move closer to the record total of 17 set in 2024–25.



Table Tennis Runner-Ups

The start of the summer term brings with it the finals for the three age group competitions in table tennis. There was excitement at the trials to make the U14 and Year 7 teams last Tuesday, where the standard was exceptional. Many of our players have now joined our coach Joel at Stanmore table tennis and, as a result, simply getting a spot on our team is an achievement in itself.

The first of the finals took place this week, with U16s going up against John Lyon, Nower Hill and Hatch End.

The standard across all schools was really good and made for a great spectacle. We won all of our group games and faced John Lyon in the final. The final came down to the last doubles game which we unfortunately lost 13-11.

However, being crowned the top state school was a nice consolation!



Brilliant Club Success for Year 9 Students

Congratulations to some of our Year 9 students who graduated from the Brilliant Club this term. Their hard work and commitment have led to excellent outcomes.

As part of the programme, students completed a 2000 word essay focused on vaccines and practical ways different types of vaccines can be used in the healthcare system. Their work included a case study exploring how these approaches could be applied to the Democratic Republic of Congo. Students also made informed recommendations on which type of vaccine they would implement while considering the advantages and disadvantages of each option.

Student achievements

Arash Alipur	1st
Shereen Banjak	1st
Fatima Hussain	1st
Juliana Imran	1st
Riti Parikh	1st
Rokhan Sayed	2.1
Suleiman Ahmed	2.1
Miski Shire	2.1
David Langa	2.1









We are especially proud to share that the PhD tutor has nominated Juliana Imran's essay for potential publication in the Brilliant Club academic journal called The Scholar.



LanguageNut

School Rankings

	School Ranking	Points
1	Nistor Tania	 113,700
2	Patel Kaya	 104,600
3	Motrescu Stefan	 67,100
4	Khimji Aaryan	 66,800
5	Shehu Klea	 58,700



Park High Students Celebrate Outstanding Success in National Chemistry Olympiad



Park High is proud to celebrate the exceptional achievements of our Year 13 students in this year's UK Chemistry Olympiad, organised by the Royal Society of Chemistry. This prestigious national competition challenges students with demanding problem-solving questions that go well beyond the A-Level specification, encouraging deep thinking, resilience and creativity in chemistry.

This year, Park High entered Year 13 students, all of whom dedicated significant time and effort to preparing for the Olympiad. Their commitment is particularly impressive given that their preparation took place alongside the pressures of A-Level studies and the process of applying for their next steps in education.

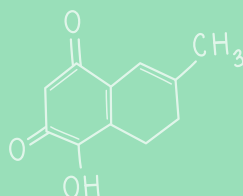
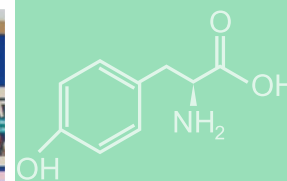
Nationally, the competition saw an impressive 17,241 students take part across the UK, making success at any level a significant achievement. We are delighted to announce that Clarisa, Ruth and Rayan all achieved the Bronze Award, placing them among the top-performing chemistry students in the country.

Even more impressively, this year marks a historic milestone for Park High. For the first time in the school's history, a student has been awarded a Gold Award in the UK Chemistry Olympiad. Dylan achieved this outstanding result, placing him in the top 8.5% of students nationally. This is a remarkable accomplishment and a moment of great pride for both Dylan and the school.

These successes would not have been possible without the dedication and support of Ms Selva, who played a vital role in preparing and guiding the students throughout their Olympiad journey. Her commitment to stretching students beyond the curriculum and fostering a love for chemistry has been instrumental in helping them achieve these outstanding results.

Success in the UK Chemistry Olympiad is highly regarded by universities and employers as evidence of exceptional academic ability, independent thinking and strong problem-solving skills. These achievements reflect not only the talent and determination of our students but also the strength of teaching and support within our school.

Please join us in congratulating Clarisa, Ruth, Rayan and Dylan if you see them around school — they truly deserve recognition for their hard work and success.



Careers & Employability



Upcoming Events



Free careers webinars run by **My Great First Job** - supporting young people, parents and educators.

- Tuesday 21st April - Finding Work Experience Opportunities
- Wednesday 6th May - How to Write a Great First CV
- Tuesday 19th May - How to Develop your Personal Brand

[CLICK TO VIEW THE COLLECTION](#)



Fast-track your job search at London's biggest career event

Meet top employers face to face and apply directly for thousands of vacancies across Central and Greater London.

On 15th & 16th May 2026, the London Job Show is showcasing thousands of employment and training opportunities – from senior management positions, to mid-level roles, to entry level, graduate schemes, and apprenticeships. There is something for everyone at London's favourite careers fair.

Register for FREE in this link here – [15th & 16th May 2026](#)

28th April - 30th April 2026

Meet the **RUSSELL GROUP**

Afternoon Session: 12:00 - 13:30

Evening Session: 16:30 - 18:00

This is incredibly informative for students considering [applying for RG universities such as Cambridge, Leeds, Manchester, Durham and Kings](#). The webinars will cover topics such as [Personal Statements & Applying](#), [Researching University Options](#) and [Considering Health/Clinical Professions](#).





LANGUAGENUT COMPETITION

20TH APRIL - 5TH MAY

**READY TO TAKE YOUR
LANGUAGE SKILLS TO THE NEXT LEVEL?**

- **Gain points** by completing activities and assignments
- Friday 24th April & Friday 1st May are **double points days!**
- The **top 30 students** on the final leaderboard will win **Amazon vouchers ranging from £10 - £50**
- All participating students will receive a certificate



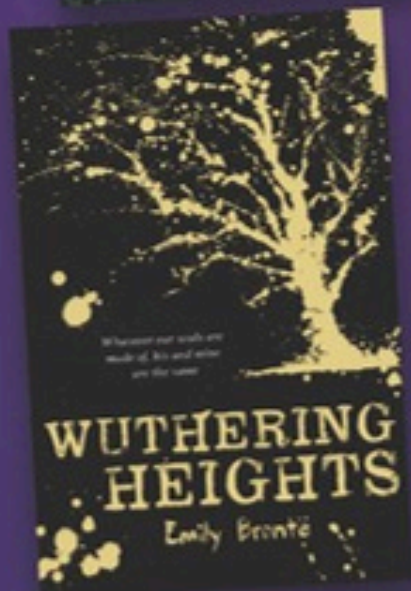
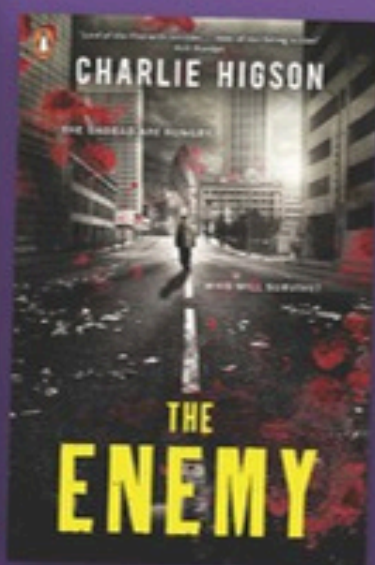
OVER 200
BOOKS
TO CHOOSE
FROM

SCHOLASTIC

TRAVELLING BOOKS



Your **NEXT**
FAVOURITE
READ *is waiting*



DATE:

27th APRIL 2026

TIME:

Lunchtime

LOCATION:

In the Hall

GO
ALL
IN.

National
Year of
Reading
2026



Join Us

ARTS & CULTURE EVENING 2026

*A celebration of dance, drama,
music & more*




WEDNESDAY 6TH MAY 6:00PM

MAIN HALL

FREE

TICKETS AVAILABLE IN THE DANCE STUDIO AT
LUNCHTIME OR EMAIL MISS LAWRENCE

LIMITED SPACES AVAILABLE, TICKET RESERVATION IS A
MUST



 **OUR PARKS'**
FREE GIRLS FOOTBALL



BOOK NOW

WHERE: ROXBOURNE PARK

HARROW, PINNER, HA5 1JF

**U11'S GIRLS
FOOTBALL**

**SATURDAY
18TH & 25TH APRIL 2026**

10:00 - 11:00

All abilities welcome

Please bring a bottle of water

FREE

**U15'S GIRLS
FOOTBALL**

**SATURDAY
18TH & 25TH APRIL 2026**



11:00 - 12:00

All abilities welcome

Please bring a bottle of water

FREE

BOOK FREE AT [OURPARKS.ORG.UK/ROXBOURNE](https://ourparks.org.uk/roxbourne)

  @OURPARKSUK

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HARROW

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MESSAGES FROM HEADS OF YEAR

Year 7

What a fantastic first week you've had! It has been wonderful to see the energy, enthusiasm, and positivity you've all brought into school. You've already made a brilliant start—settling back into routines and showing a real willingness to learn. You should feel proud of how you've begun this half term.

As we move forward, we want to remind you of our character virtue focus for this half term: integrity. Integrity means doing the right thing, even when no one is watching. It's about being honest, making good choices, and taking responsibility for your actions.

Can you remember how you said you would show integrity this half term? How will those choices help you to be successful—in your learning, your friendships, and your personal growth?

And something exciting to look forward to—there are only 63 days until our residential trip! There will be lots of exciting information coming soon, including the chance to choose who you would like to share a tent with.



Miss Daler

Year 8

Well done Year 8 for a smooth return to school this week. Myself and Mrs Ali have enjoyed seeing all of you again in the playground and working hard in lessons. This summer term has a lot of exciting opportunities coming up and I hope we can enjoy them all together.

This half term we are focusing on Integrity - and I want you to consider if every action you do shows this important character value. Integrity means being honest with yourself and not making excuses for your own actions and decisions. Are all of you showing integrity in everything you do? Be honest with yourself and make that change if you need to.

I also want to congratulate our U13 boys football team who were victorious in the borough final, beating their opponents 3-1. Well done to Edward and Hamza for scoring the goals! I am very pleased that football is well and truly coming home this term!

Lets keep this positive momentum going for the rest of the term!

Mr Hargreaves



Year 9

Well done on a great first week back.

Integrity is about doing the right thing, even when no one is watching. As Year 9 students, you are beginning an important stage of your education as you start your GCSE courses in September. The habits you develop now will have a lasting impact on your success. Showing integrity means completing your work honestly, revising properly and resisting shortcuts such as copying or plagiarism. It also means taking responsibility for your learning and asking for help when you need it.

GCSEs require commitment, perseverance, and self-discipline. Integrity helps you build these qualities by encouraging you to put in genuine effort and take pride in your achievements. When you work with honesty, you gain confidence in your abilities and earn the trust of teachers and classmates. As you begin your GCSE journey soon, remember that true success is not just about grades, but about building strong character, resilience, and respect for yourself and others.

Intervention reminders

Science- Wednesday 3:10-4pm

English- Thursday 3:10-4pm

Miss Acheampong

Year 10

Good morning, Year 10,

I'll keep this short and sweet—well done on an absolutely fantastic first week back. You have been outstanding. Both Mr Osman and Mr Whittaker have commented on how you are, without doubt, the best year group to sit these examinations. Invigilators have been hugely impressed by your conduct, professionalism, and maturity.

We know this has been a stressful week, but you have truly shown what a strong year group you are. All your hard work and perseverance are paying off, and it's clear you are more than ready for your GCSEs—you've conducted yourselves like Year 11 students.

There are just a few more days to go, so keep pushing—you're nearly there!

We also have some exciting things coming up. Our first rewards trip is on ****Tuesday 28th April****, and we're looking forward to seeing many of you there. After that, we move into the summer term, with brighter days ahead—but the same focus and determination needed.

Keep going, keep working hard, and finish strong.

Lastly, happiest birthday this week to: Oskar S, Alex B, Dhruvi H, Dharini N, Geo G and Behesht OY!

Mrs Manandhar



Year 11

It has been a pleasure coming to your lessons and seeing the calm focus you have in your learning. Keep this up each day, each lesson. There is much you can still learn and prepare for in these lessons. This is where you make those last-minute improvements, securing knowledge in the areas you feel less confident in.

You now have your exam timetable. You need to write your exams into your calendar at home. This will help you with your revision as you will need to give attention to the subjects whose exams you have first. Continue to stick to your revision/study timetable - this is the contract you have with yourself, helping you know what to focus on each evening.

Some exciting events are coming up for you to celebrate your journey at Park High. Your Portfolio & Presentation Evening is taking place on Thursday, 30th April. You will need to be in school for 5.30pm and go straight to your tutor base. Due to space, you will only have one ticket to give to a family member to attend. This is a formal event with a guest speaker and Headteacher present who will be awarding you your portfolios as a representation of all your achievements throughout your Park journey. Ensure all certificates and relevant documents are in your portfolio.

We are also excited to announce that your Prom will be on Friday, 26th June. A chance to dress up in your best and celebrate the completion of your exams with food, friends and music. Tickets will go on sale this week and the deadline to purchase them is Friday, 8th May. Tickets will be served on a first-come, first-served basis. There is a limit on the number of places available, so get in fast and book your place at the Prom - it will be an evening you will never forget. Here are some pictures from last year's Prom.



Keep focused and working hard right until the end.

Mr Fowler



Sixth Form

Year 12

Your mock exams are now just a couple of months away, and this time will pass quickly. It is important to start building strong habits now. We asked our Year 13 students to share their advice on what you should be doing at this stage of your A-level journey. Here are some highlights:

- *“Treat mocks like the real exams so you get a feel for what it will be like. Be organised with resources provided and create a detailed revision plan.”*
- *“Staying motivated is the hard part, so try to nail that first.”*
- *“Use the feedback teachers give you and try to revise daily, even if it’s only a small amount.”*
- *“Start revising early and focus on past papers — they show you exactly how questions are asked and how to answer them.”*

We will share more responses in due course, but there are some excellent tips here to help you get started. Thank you to our Year 13 students for sharing their experience and advice.

Year 13

So far, 27 students have made their firm and insurance choices on UCAS for their university destinations next year. 22 students are still waiting to hear back from all their choices, leaving 48 students who have received all decisions but have not yet responded.

For those 48 students, the majority must reply by **6th May** to secure their place, so please ensure this is done promptly. Over the coming weeks, the priority should then be to get student finance and accommodation arrangements sorted, so these do not become additional pressures during the exam period.

Mr Clarke

PARK HIGH SCHOOL
A SCHOOL OF CHARACTER AND OPPORTUNITY

OPEN MORNINGS

Know someone thinking of joining Park High in September? Invite them to one of our Open Mornings.

Get a guided tour, speak to staff and students, and see the school in action.
By appointment only.

Every Tuesday during term time.
All tours begin at 9.15am.

Please book via the school website or scan the QR code.

PROUD TO BE GOOD IN ALL AREAS



SUMMER TERM 1 CLUBS

Please see below the clubs and activities we offer, these are subject to change.

Parents can enrol their child in clubs via [Arbor](#).

Monday

Activity	Time	Location
Dance Club*	Lunchtime	Dance Studio

Wednesday

Activity	Time	Location
GCSE Table Tennis	Lunchtime	Main Hall
Spanish Conversation Club	Lunchtime	L3
Y7-9 The French Corner	Lunchtime	L1
Poetry Club	Lunchtime	R1
Cricket	After School	Park
Into Film Club	After School	T5

Friday

Activity	Time	Location
Rounders*	After School	Park
Girls & 6 th Form Table Tennis	After School	Main Hall

Tuesday

Activity	Time	Location
Computer Science Club*	Lunchtime	T1
French Conversation Club	Lunchtime	L4
German Conversation Club	Lunchtime	L3
Literary Lounge	Lunchtime	N4
Athletics	After School	Park
Chess Club	After School	M6
Y12 Brilliant Club**	After School	B3

Thursday

Activity	Time	Location
Table Tennis Coaching	Before School	Main Hall
Y10 GCSE Art Club**	Lunchtime	P5
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Gymnastics	After School	Main Hall
Y8 Brilliant club **	After School	B2



THIS WEEK

FIXTURES

20/04/26 - U15 Cricket V St Mary's Magdalene (A)

22/04/26 - U13 Girls Netball Final (H)

NEXT WEEK

27/04/26

Y9-11 Inspire Trip
Brilliant Club Graduation

28/04/26

Y7 Trip to St Albans
Y10 Reward Trip

29/04/26

Y11 Photography Exam
Y13 Exams

30/04/26

Y11 Photography Exam
Y13 Exams
PSHCEe, Period 6

01/05/26

Y10 Practice Exams
Y13 Exams



FREE THINGS TO DO

Best parks and gardens in the City

Why not dine al fresco on the sunken lawn at Festival Garden next to St Paul's Cathedral, step into a secret garden in church ruins at St Dunstan in the East or visit an indoor tropical oasis at the Barbican Conservatory.

This month you will be able to see City Gardens and green spaces bursting with colourful flowers, including perfect pink cherry blossom in Aldgate Square and other locations. With 180 green spaces across the City, there's a wide range of places to explore and relax.

