



# STUDENT BULLETIN

04/ 05 / 26

Proud to be **GOOD** in all areas

This term's  
Character Virtue:  
**INTEGRITY**

*Investing in each other to be the very best we can be*

## HAPPENING THIS WEEK

### ARTS WEEK

#### Monday

Bank Holiday school is closed

#### Tuesday

Big Assembly  
Year 13 Art Exams  
PSHCEe, Period 1

#### Wednesday

Year 13 Art Exams  
Arts & Culture Evening

#### Thursday

Year 13 Art Exams  
Year 11 & 12 Last Day

#### Friday

Year 13 Last Day  
Year 13 Celebration Assembly

## Message from the Assistant Headteacher

On the eve of the exam season, we want to wish all our exam groups the very best of luck. These weeks mark the culmination of years of learning, practice, and perseverance. Every lesson attended, every piece of homework completed, and every challenge overcome has led you to this moment.

Remember that exams are not about being perfect – they are about doing your best with what you know. Trust in the preparation you've had, stay calm, and approach each paper with confidence. We are incredibly proud of the effort and **resilience** you have shown throughout your school journey.

To our younger year groups, this is also an important time for you. Learn from the focus and determination you see around the school, and continue building the habits that will support you in the years ahead. Your daily effort, **curiosity**, and commitment are laying the foundations for your own future success.

Good luck to everyone involved – we believe in you and look forward to seeing you rise to the challenge.

**Mr Tromans**

**WORD**  
OF  
THE **WEEK**

**Benevolent** | adjective

Kind and generous.



# ACHIEVEMENTS

## SHOUT OUT

Last Thursday, we proudly hosted our prestigious Annual Year 11 Portfolio Presentation Evening. This special event marked an important milestone as students were presented with their Park High Portfolio, recognising the completion of their journey at Park High School. We also celebrated excellence through a range of special awards, recognising outstanding achievement in individual subjects and exceptional contributions to the school and wider school community, here are some of the special recognition awards:

Award for Services to Music	Abigail Botosan
Award for Services to Sport	Rayhan Hussain
Award for Character of Education	Mahi Mistry
Award for Services to the School	Nicolas Bligh Olarte
Award for Services to the Community	Urvi Patel
Award for Services to Charity	Deyaan Jesani

Well done to all our students, an inspiring evening celebrating hard work, commitment, and success. We wish you all the best in your upcoming exams.

## SILVER CHARACTER AWARD BADGE



A special congratulations to Fatema in 7MJ for progressing from a bronze to a silver badge in just over two weeks. Well done for showing such outstanding character and determination, a fantastic achievement!

## ACE LOTTERY WINNERS

Joshua L 11NK

Alexa G 10HC

Most House Points



Most Character points

8KL

Best Attendance

8MO

Best Punctuality  
7LB & 7SR



# SPORTS NEWS



## Y7 Table Tennis Harrow Borough Champions!

Our Year 7 Table Tennis team secured our school's 15th borough championship for this academic year last Tuesday, beating Nower Hill in the final of the Year 7 Table Tennis competition. We are edging ever closer to our highest tally of 17!

It was a nail biting finish as both schools sat level at 3-3 after 6 matches had been completed. Their one seed was exceptional. He beat Luca and then lead his partner through their doubles game, giving Nower Hill two victories. With our fifth seed Vihaan narrowly losing his singles match, it was down to Tirth, Theo and Prayan to win theirs to keep us in the match. They did just that! Both schools were level at 3-3.

This meant the final would be decided by the last doubles game and this ended up locked at 1-1, with everyone gathering around to watch.

It was a tense last set but Tirth and Prayan demonstrated not only forehand topspin winning shots, but excellent communication working well as a doubles pair. Their teamwork and attacking prowess was just too much in the end as we ran out borough champions with a 4-3 victory.

That result sees us finish the year as no.1 state school in Harrow for Girls Table Tennis, Year 7 Table Tennis and for U16 Table Tennis. There is one age group finals to be played. If we were to win, we would achieve a clean sweep of state school Table Tennis top spots!

The students have dedicated hours of practice to achieving their goals this season and the guidance of our coach Joel (from Stanmore Table Tennis club) has allowed them to elevate their game.



## U13 Basketball Update

Our U13 Basketball team completed their final Jr. NBA group game this week and now wait nervously to see if they've done enough to reach the knockout stages. A narrow loss to last year's finalists, Sandringham, leaves the team with a strong record of 3 wins and 2 losses. Currently sitting 5th out of 15 teams in the North London Eastern Conference, they are well placed with the top eight progressing. The team have loved competing beyond the borough—fingers crossed there's at least one more game to come!



# SPORTS NEWS



## Y7 Netball Team make it to the Final

Park high embarked on yet another semi-final with the year 7s. On a lovely Thursday evening the year 7s played netball rivals Pinner. Having won the borough tournament earlier in the year the year 7s were full of confidence. And this showed from the beginning with a 4-0 start after the first quarter. With some amazing play from everyone involved we continued to show exceptional teamwork and resilience throughout to win 13-3. This leads us into our 3<sup>rd</sup> final of the year with one more semi-final to play. Well done to all those involved!!!



## Y8 Rounders Match Report

This week saw the start of the rounders season. A sport that heavily involved tactics and a lot of skill and precision. Our year 8s got off to a flying start with a fantastic victory over Hatch End. With more rounders to come I would encourage anyone to come to rounders club on Friday after school to develop their skills and teamwork.

## Park High make next round of the Middlesex county cup

Park High booked their place in the next round of the U15 Middlesex County Cup with a hard fought 8 run victory over Salvatorian in a tense encounter on Monday.

Batting first, Park High posted a competitive 130 for 5 from 15 overs (23 for Sahaj and 31 from Anerudh), a total that looked strong on a small pitch. The contribution from the later batters of Aaron, Kavi and Niam helped put us in a very good position. A fantastic show of teamwork.

Salvatorian, however, has other ideas. After Park High dismissed their opening batter early, Salvatorian number 2 and 3 counter attacked aggressively.



Their partnership brought the required runs down rapidly and set up a thrilling finish, with the game going down to the last few overs.

Just when momentum threatened to swing away, we showed resilience to take some crucial wickets. Those decisive wickets and some tight bowling from Aaron and Anerudh at the end sealed the win. It was a resilient and determined team performance under pressure and the result that reflects Park High's core values. Well done to all those involved.









# Trip to Matilda the Musical

Students recently enjoyed an exciting and inspiring trip to the Cambridge Theatre to see Matilda the Musical. The visit came shortly after students had completed their own highly successful six-month production of Matilda, making it especially valuable to see the work realised at a professional level.

As Matilda forms part of our scheme of learning, the trip helped students deepen their understanding of the text and clearly see the purpose and relevance of what they study in lessons. Watching live theatre brought learning to life, allowing students to explore how acting, music, choreography, lighting, costuming, and set design combine to create a polished performance.

For many students, this was their first experience of attending live theatre, making the trip particularly memorable. It also supported students in developing theatre etiquette and offered inspiration for those interested in creative careers. Overall, the trip enriched students' cultural experiences and strengthened their confidence, engagement, and appreciation of the performing arts.



 School Ranking	Points
1 Robinson Chloe	 253,900
2 Patel Milan	 39,600
3 Patel Dhiyan	 28,400
4 Nitu Teodora	 25,400
5 Alami Muzlifa	 22,300



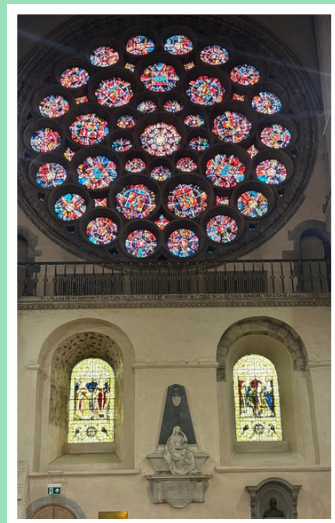
# Year 7 Trip to St Albans Verulamium

Over the past two weeks, our Year 7 students assumed the role of Medieval Pilgrims, and probably did as much walking as the real pilgrims from the Middle Ages, as they spent a whole day visiting the Cathedral, Roman museum and sites around Verulamium Park in St Albans.

They were shown the fascinating interior of the cathedral, with its mish-mash of architectural styles, having been built and rebuilt over several centuries after the Norman invasion in 1066. They learned what Christian pilgrims did in Medieval times, having journeyed many miles on foot to prayer at the shrine of England's first Christian martyr, St Alban. Our students bravely put on costumes, so they looked like Medieval knights and nobles, nuns and monks or servants.

Inside the Roman museum, our students used the wide range of artefacts on display from the local area to find out more about life in Roman Britain. They also enjoyed a long walk through the park, along the extensive remains of the original Roman city wall.

The day was both informative and engaging. Our students demonstrated curiosity, enthusiasm and integrity throughout the visit, making it a memorable and valuable learning experience for all involved.



# Careers & Employability



## Upcoming Events



Wed 06 May | Online Workshop

### Money Matters: Skills for Life

A highly interactive financial education session covering practical and relevant everyday financial matters. This session is designed to get you thinking and caring about your finances, both now and in the futures.

RSVP



### Work Experience in Medicine

Explore our [curated list](#) of work experience opportunities in medicine for sixth form students. Each programme offers valuable insight into medical careers and helps you strengthen future university or apprenticeship applications.

VIRTUAL

## Amazon Music Career Tour

In this Career Tour with Amazon Music, you'll go backstage to explore the massive, coordinated effort that brings music to life on a global scale. Through bite-sized videos, Amazon Music experts will show you how technology and creativity intersect, and the diverse careers that make it all possible!

[Start your Virtual Tour Now](#)



Years 7-9 log into your Unifrog account listen to the video and complete the Unifrog 101 tasks. You can access Unifrog from home as well as at school.

Once you have completed the tasks you can download a certificate and place in your locker.



# Widening Access to **Clinical Psychology**

**ONLINE | Thursday 30th July 2026 | 1pm – 3pm**

**Do you identify as belonging to any of these groups...**

- A member of the **global majority**?
- A member of the **LGBTQ+** community?
- Living with a **disability**?
- **Working class**?

**IF YES**, and are in year 12/13 or an undergraduate/recent graduate you are invited to our free online workshop for to explore the profession of Clinical Psychology

For more details and to **secure your place** please scan then **QR code**:



This event is facilitated by the  
UCLH Paediatric Psychology  
Service



University College London  
Hospitals  
NHS Foundation Trust





# Arts Week

## Tuesday

Year 8 & 9 dance workshop, Period 1 & 2

Year 10 Composing workshop, Period 4

**Lunchtime**

Dance Treasure Hunt in foyer

## Wednesday

Drama workshop Period 1 & 2

Rehearsals

**Lunchtime**

Music Quiz

**After School**

Arts & Culture Evening

## Thursday

Year 7 African Drumming

**Lunchtime**

Live drawing in Main hall

## Friday

Art trip

Music trip

**Lunchtime**

Staff recital in Main hall

See you there!





*Join Us*

# ARTS & CULTURE EVENING 2026

*A celebration of dance, drama,  
music & more*




**WEDNESDAY 6TH MAY 6:00PM**

**MAIN HALL**

**FREE**

TICKETS AVAILABLE IN THE DANCE STUDIO AT  
LUNCHTIME OR EMAIL MISS LAWRENCE

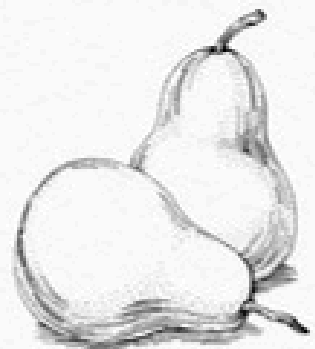
LIMITED SPACES AVAILABLE, TICKET RESERVATION IS A  
MUST



# LIVE DRAWING Event

As part of Arts and Culture Week, we invite you to take part  
in a Live Drawing Event in the

**Main Hall at lunchtime on Thursday 7th May**



All students are welcome to come along and test  
their drawing skills by sketching a live school model.

**Prizes will be awarded for the best artworks!**



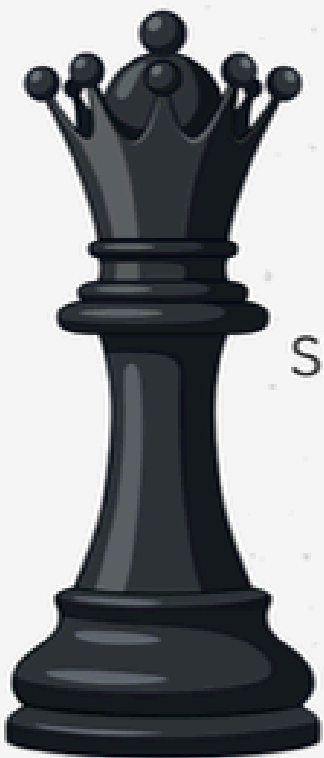
# PARK HIGH CHESS HOUSE COMPETITION

5 Students from Each House  
3 Rounds of Competing  
1 House Wins

Sign up on 5<sup>th</sup> and 12<sup>th</sup> of May 2026 in  
M6 at 3.30pm

Round One - 19<sup>th</sup> May  
Round Two - 2<sup>nd</sup> of June  
Round Three - 19<sup>th</sup> June

Competition takes place after school in M6  
Amazon Vouchers for the Winners



# MESSAGES FROM HEADS OF YEAR

## Year 7

It has been wonderful to see so many students eagerly checking how many character points they have collected over the past week, really taking responsibility and playing their part in our year group challenge. The enthusiasm and determination on display have been fantastic, and it's brilliant to share that we now have 152 students who have achieved their bronze badge, with a further 7 students just 1 or 2 points away from reaching this milestone – so close! This leaves 76 students still working towards achieving their badge, and we know they can get there with the same focus and effort.

We also enjoyed a fantastic history trip to St Albans; it was lovely to see students working together, showing curiosity, and genuinely enjoying the experience.

A huge well done goes to the Year 7 table tennis team for becoming borough champions, an incredible achievement! A special congratulations also goes to Fatema in 7MJ for earning her silver badge in just over two weeks! Keep up this hunger for achievement, Year 7 – we are so proud of you all!

**Miss Daler**



## Year 8

Well done Year 8s on another positive week. I hope you have enjoyed the bank holiday and are returning to school feeling fresh and well prepared for the remainder of this term.

I liked seeing your engagement with our assembly on Integrity this week and it was fantastic to see you using your MWBs when considering a situation where you have made the right choice. I would like you to remember how integrity links to situations in your everyday life. We need to show integrity in how we conduct ourselves online on social media, in navigating any friendship dramas and in our lessons - especially those subjects you might find more challenging!

Congratulations are in order for all those who took part in the Junior Maths Challenge last week and to those of you who went to see Matilda in central London! I have heard nothing but good things about both events so well done to those who participated!

**Mr Hargreaves**



## Year 9

This week's assembly focused on the value of **integrity**, which means doing the right thing even when no one is watching. Integrity is about being honest, taking responsibility for our actions, admitting mistakes, and showing kindness to others. Every day, we are faced with choices that help shape who we are as people. These moments might happen online in group chats, during exams or coursework, within friendships, or in the way we speak to staff and other students.

**Integrity** is not just about what we do once; it is about the character we build over time. You may not always be praised for making the right choice, but those choices matter. They help you grow into someone you can be proud of. Remember, you always have to live with the person you become, so choose honesty, respect, and kindness.

Have a great week Year 9.

**Miss Acheampong**

## Year 10

Good morning, Year 10.

Firstly, well done on a fantastic week following your exams. It was great to see so many of you enjoying the rewards trip — we're really hoping to offer more opportunities like that in the future. From what I saw, it was a brilliant experience for everyone involved: fun at laser tag, fun at bowling, and just a really enjoyable time overall. We were even lucky with the weather, which made it even better.

As the weather continues to get warmer, a quick reminder that our expectations around uniform remain the same. Please take pride in how you present yourselves: shirts should be tucked in, and blazers are not optional. Whether you are arriving at school, moving between lessons, or leaving at the end of the day, standards should be maintained at all times.

Looking ahead to next half term, we have some exciting opportunities coming up, including work experience placements and parents' evening. As you begin to receive your mock exam results, take time to reflect carefully. Think about how you can improve further by asking questions, speaking to your teachers, and seeking individual feedback. Don't be hesitant to start those conversations — asking questions is one of the best ways to strengthen your learning.

And last but not least - Happies birthday this week to - Valicia, Ishaan P, Marian, Iustina, Ishaan B, Mohammedelfateh

Have a fantastic week!

**Mrs Manandhar**



## Year 11

What a beautifully dignified Portfolio Evening! It was a proud moment seeing you presented with your Portfolios, a fitting finale to the end of your GCSE journey. Watching each of you come up, looking professional, made me think back to how far you have all come. Not just in your academic ability but in your character, too. You are finishing your GCSE journey better students - more prepared for life and more capable to achieving your aspirations. But also students of courage and determination.

It is these characteristics that will help you through what you about to face. As you face you GCSE exams, you have nothing to fear. Each one of you has it in you to perform to your best and to go and get the grade you deserve. Doing this will open up the doors to your future academic path and mean you finish in glory. So be courageous, be confident, and make the most of your learning in this last week.

Ensure that you are using your revision/study timetable every day. It is important you update your timetable so it reflects the revision you will be doing at home once you go on study leave. You need to maintain self-discipline on your study leave, your revision timetable is the contract you have with yourself. Remember, your teachers are only an email away if you have a question or need help understand something.

Coming to the end of any journey can mean we feel different emotions. These emotions can be a mixture of pride but also sadness. That's natural. So take the time to process your thoughts and feelings. Reflect on all that you have accomplished. Enjoy your time with your friends in your free time. And let your conversations with your teachers be seasoned with kindness and appreciation.

Let us finish strong and finish well.

**Mr Fowler**



## Sixth Form

### Year 12:

This week, students were introduced to and signed up for UCAS Hub. This is an excellent resource that goes far beyond the UCAS application itself. Through the Hub, students can explore career quizzes, watch subject-specific lectures, speak to current university students, discover apprenticeship opportunities, and much more.

All Year 12 students are strongly encouraged to visit the site regularly and become familiar with it. We will be using UCAS Hub extensively over the coming months, but independent use is essential to get the most out of everything it offers.

<https://accounts.ucas.com/Account/Login>

### Year 13:

In our final year group assembly, we covered key exam protocols and arrangements, along with reminders about important upcoming events, including your final day, prom and results day.

Study leave is fast approaching, but please remember that we are still here to support you right through to the end of August. Don't become strangers — stay in touch and reach out if you need us.

Mr Clarke

**PARK HIGH SCHOOL**  
A SCHOOL OF CHARACTER AND OPPORTUNITY

**OPEN MORNINGS**

Know someone thinking of joining Park High in September? Invite them to one of our Open Mornings.

Get a guided tour, speak to staff and students, and see the school in action.  
*By appointment only.*

Every Tuesday during term time.  
All tours begin at 9.15am.

Please book via the school website or scan the QR code.

**PROUD TO BE GOOD IN ALL AREAS**

The poster features a student in a school uniform and blue apron, wearing safety goggles and working on a circuit board in a science laboratory. A QR code is located in the bottom left corner of the blue text area.



# SUMMER TERM 1 CLUBS

Please see below the clubs and activities we offer, these are subject to change.

Parents can enrol their child in clubs via [Arbor](#).

## Monday

Activity	Time	Location
Dance Club*	Lunchtime	Dance Studio

## Wednesday

Activity	Time	Location
GCSE Table Tennis	Lunchtime	Main Hall
Spanish Conversation Club	Lunchtime	L3
Y7-9 The French Corner	Lunchtime	L1
Poetry Club	Lunchtime	R1
Cricket	After School	Park
Into Film Club	After School	T5

## Friday

Activity	Time	Location
Rounders*	After School	Park
Girls & 6 <sup>th</sup> Form Table Tennis	After School	Main Hall

## Tuesday

Activity	Time	Location
Computer Science Club*	Lunchtime	T1
French Conversation Club	Lunchtime	L4
German Conversation Club	Lunchtime	L3
Literary Lounge	Lunchtime	N4
Women in Stem	Lunchtime	S4
Athletics	After School	Park
Chess Club	After School	M6
Y12 Brilliant Club**	After School	B3

## Thursday

Activity	Time	Location
Table Tennis Coaching	Before School	Main Hall
Y10 GCSE Art Club**	Lunchtime	P5
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Gymnastics	After School	Main Hall
Y8 Brilliant club **	After School	B2



# THIS WEEK

- 05/05/26 - Athletics Championships
- 06/05/26 - U14 Cricket V Salvatorian (A)
- 06/05/26 - Y9 Netball Semi Final V Nower Hill (H)
- 07/05/26 - U13 Cricket V Pinner High (A)

# FIXTURES



# NEXT WEEK

**11/05/26**

*No Events listed*

**12/05/26**

Y12 Parents' Evening

**13/05/26**

PSHCEe, Period 1

**14/05/26**

DofE Bronze Expedition

**15/05/26**

DofE Bronze Expedition



# FREE THINGS TO DO

## [Golders Hill Park Zoo](#)

Golders Hill Park Zoo is a small zoo in the Hampstead Heath area of London – it's completely free to enter, and its home to rare species of birds and animals. They've got wallabies, lemurs, Scottish wildcat and more! Also, in the same area, there are swimming pools and a lido too so it could be worth a visit if you want to make a day of it this summer – there's a lot of family-friendly things to do in this part of London. Golders Hill Park Zoo - City of London

