



# STUDENT BULLETIN

22 / 06 / 26

Proud to be **GOOD** in all areas



*Investing in each other to be the very best we can be*

## HAPPENING THIS WEEK

**Y12 Practice Exams**

**Y10 Band B Work Experience**

**Y7 & Y8 Residential Trips**

### Monday

Year 7 Residential Trip leaves

### Tuesday

Year 8 HPV Vaccinations

### Wednesday

PSHCEe, Period 2

Year 7 Residential Trip returns

Year 8 Residential Trip leaves

### Thursday

WildHearts Awards Ceremony

### Friday

Year 9 Sports Day

## Message from the Assistant Headteacher

It has been fantastic to see students continuing to work hard, demonstrate positive behaviour and take pride in their learning all of last week. Around the school, students have shown excellent attitudes in lessons and have represented Park High with maturity and respect.

A good Park High student not only works hard in lessons but also understands the importance of maintaining an excellent attitude to learning around the school, alongside strong attendance, and punctuality. Being in school every day, arriving on time and fully equipped for learning gives students the best opportunity to achieve their potential and make the most of every lesson.

Our Year 10 students are currently undertaking their work experience placements, gaining valuable insight into the world of work and developing important employability skills. Meanwhile, many of our Year 7 and Year 8 students will be enjoying residential trips this week, embracing new challenges, building friendships and creating lasting memories. With warmer weather forecast for this week, please remember to bring a refillable water bottle to school each day to stay hydrated. Water bottles should be filled before school, at breaktime and at lunchtime so that students are ready for learning throughout the day and do not need to leave lessons to get water.

Thank you for your continued efforts in your learning and for contributing positively to our Park High community.

**Mr Whittaker**

## WORD OF THE WEEK

**Gregarious** | adjective

Enjoying the company of others; sociable.

GREEN PARK

25,999

HYDE PARK

26,978

REGENT'S PARK

26,775

ST JAMES'S PARK

26,296



# ACHIEVEMENTS

## PLATINUM CHARACTER AWARD BADGES

Congratulations to the four students in Year 9 that achieved their Platinum Badge. This award recognises all their hard work, constantly demonstrating our character values and making our school community a better place.

Leon V, 9SK  
Krish G, 9NG

Shayan S, 9SK  
Lewis M, 9NG

## SILVER CHARACTER AWARD BADGE

A huge well done to Ana, 7PJ for achieving her Silver badge! A fantastic achievement. Well done!



## VOLUNTEERING ACHIEVEMENTS

Our Duke of Edinburgh participants contributed an outstanding **1,625 hours** volunteering between April 2025 - March 2026. This time represents an equivalent of **£12,268**.

Everyone involved should be immensely proud of themselves and the positive impact they have made in their community. You can see the certificate for this achievement on the next page.

Most House Points



Most  
Character points

**8MO**

Best  
Attendance

**8MO & 8HW**

Best  
Punctuality

**8PB**

## ACE LOTTERY WINNERS

Saira F 10BA

David C 8HG





**YOUTH  
WITHOUT  
LIMITS**

# Thank you

to

**The Duke of Edinburgh's Award participants**

from

**Park High School**

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who spent

**1625 Hours**

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**volunteering between  
1 April 2025 and 31 March 2026.**

We are immensely proud of the dedication, effort and achievement  
of young people making an impact in their community.

The social value of these hours is

**£12268**

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Ruth Marvel OBE, Chief Executive

**June 2026**



# MESSAGES FROM HEADS OF YEAR

## Year 7

As we approach the end of another fantastic school year, it is a great time to reflect on everything you have achieved so far and think about how you can make the final month of school as positive and rewarding as possible. There are still plenty of exciting events ahead, including Sports Day next week, so please make sure your groups are organised and ready to go. This is a brilliant opportunity to work together, support one another, and earn as many points as possible for your team.

It has been wonderful to see so many Year 7 students attending the school musical auditions, with lots of others volunteering to help backstage. A huge well done to everyone who took part, and a special good luck to those who have been called back for lead roles – we can't wait to see the talent and enthusiasm you bring to the production!

Miss Hosain and I are also looking forward to hearing all about the residential trip when those students return on Wednesday.

Lets really enjoy these last four weeks of term and continue to show everyone just how amazing this year group can be!

**Miss Daler**

## Year 8

Well done Year 8 on a successful Ignite Day. The speeches from all the finalists were well written, persuasive, and delivered with confidence and clarity. Standing up in front of your peers is no easy thing to do, so you should be proud of how well you did. I am proud of you. Congratulations must go to Saisha, whose speech on child homelessness was outstanding, and brought our attention to an important societal issue.

Our residential trip is finally taking place this week, which is incredibly exciting - all of the details and tents have been finalised. Please ensure you pack everything you may need for 2 nights camping and check out the equipment list we shared with you earlier. It is important that you pack your bag the night before, so you don't forget anything. The weather looks beautiful when we are away. When myself and Mrs Ali are away on the trip, Mrs Perren will be overseeing Year 8. Please speak to her should you have any concerns on Wednesday, Thursday, and Friday.

Have a great week!

**Mr Hargreaves**



## Year 9

On your marks, get set, go!

Year 9, let's get ready for Sports Day this Friday. First, a huge well done to all of you for completing your assessment week—your hard work and effort have not gone unnoticed. These results will be reflected in your final progress check very soon, so you should feel proud of what you have achieved.

Sports Day is more than just competition; it is a chance to showcase your character. Throughout the day, demonstrate teamwork, resilience, respect, and determination in every event. Support one another, stay positive and give your very best.

Remember, success is not only about winning but about how you represent yourself and your class. I look forward to seeing who will become the new Year 9 individual champions and which class will take the title.

**Miss Acheampong**

## Year 10

Welcome back Band A from your work experience placements. I was fortunate enough to visit so many of you in the workplace, and it was fantastic to see you in a completely different environment. Wherever I went, I heard such positive feedback about so many of you. Employers spoke highly of your professionalism, your dedication, and the way you conducted yourselves. I was especially impressed by how confidently you worked alongside adults and, for some of you, with younger children and young people. It was genuinely brilliant to see.

I know many of you were feeling nervous before your placements began, but it was amazing to see how quickly you settled in, grew in confidence, and made such a positive impression. In fact, some of the students I was most concerned about before the week absolutely thrived in the world of work. Seeing your confidence, resilience and maturity shine through has made me even more confident about how much you've all grown this year. You should be incredibly proud of yourselves.

This week, as Band A students, you'll be spending some time during registration and PSHCEe writing thank you letters and emails to your employers. This is an important opportunity to show your appreciation for the time, effort and resources they invested in training and supporting you throughout your placement. The week you've just completed is one of the most important weeks of your school life. It has given you a real insight into the world of work and helped you develop skills that will stay with you for years to come. I also want to remind you how fortunate you are to have had this opportunity, and to thank Ms Foster and Ms Patel, who have spent months organising placements and working behind the scenes to make sure every one of you had a productive, valuable and enjoyable experience.

Now it's back to the usual routine! As the weather gets warmer, blazers are no longer compulsory. However, shirts must remain tucked in, and our high standards of presentation and behaviour should continue. You have been such a fantastic Year 10 throughout this year, and we want to maintain those excellent standards right through to the end of term.

Lastly, happiest birthday this week to - Rayyan A, Thanvi, Diya, Reda and Oliva!

Have a fantastic week, and once again, well done on representing the school so brilliantly.

**Mrs Manandhar**



## Sixth Form

### Year 12

Well done for completing the first week of your mock examinations. You have made a strong start, keep the momentum going as you head into the final week.

As we move through the exam period, it is important to maintain positive routines:

- Arrive in plenty of time for each exam, fully equipped
- Have breakfast before the exam - we have some available in the 6<sup>th</sup> form area
- Check your seating and room information carefully
- Balance revision with rest to support your wellbeing

For students aspiring to study Medicine or Dentistry, a reminder that we have subscribed to the UCAT Toolkit on Unifrog. To access this, simply click 'All Tools' at the bottom of your Unifrog homepage - the toolkit will appear in the list. This is an excellent resource to begin preparing early and confidently.

Keep focused, one week to go. Finish strong!

### Year 13

Congratulations on reaching the end of your examinations, a fantastic achievement. We are incredibly proud of the maturity, resilience and determination you have shown throughout this demanding period. You have represented the Sixth Form exceptionally well.

We now look forward to celebrating your successes with you on Results Day, Thursday 13th August. Further information has already been shared, so please ensure you are familiar with the arrangements. In the meantime, we hope you take time to rest and enjoy a well-earned break after all your hard work.

**Mr Clarke**

### Staying safe in hot weather

With the weather getting hotter this week, we want to make sure everyone stays safe, healthy and comfortable during the school day. Please take a moment to read the following important reminders for students:

- Bring a refillable water bottle and drink water regularly throughout the day, filling up at break and lunchtime.
- We would recommend not wearing jumpers. Keep base layers to a minimum and avoid wearing tracksuit bottoms under trousers.
- Apply sunscreen before school and reapply if you are outside for long periods. Please do not use spray sunscreen in school as it can trigger the fire alarm sensors.
- Stay in shaded or indoor areas during break and lunch when possible.
- Avoid running or intense physical activity during the hottest parts of the day, taking regular breaks if you do.
- If you take medication for hay fever, please do so before school and do not bring it on the school site.
- Let a teacher or staff member know if you feel unwell at any point.
- If you walk or take public transport, try to stay in the shade and carry water with you.

Thank you for helping us keep everyone safe and comfortable.



# SPORTS NEWS



## Jr. NBA semifinal

Our U13s made it all the way to the semifinal in their conference, in our first year entering the Jr. NBA. On Friday we travelled to Richmond to face Christ's School. As we entered their sports hall we were greeted by plaques celebrating national victories and framed testimonies of players who have gone on to play competitive basketball.

This was an eye opening experience, taking on some of the best players in the country for that age group. We lost the game, but as Coach explained to the boys, the L stands for 'lesson' as well as 'loss'. Hopefully the Jr. NBA journey will inspire more of our team to join a club outside of school now that they have seen what is possible. The boys are looking forward to the borough competition as well, where a win in 2027 would maintain their 100% record!



## Cricket success

Our U14 cricket team beat Hatch End by 6 wickets on Wednesday to top their group and make it a clean sweep of semifinal appearances. All of our teams will find out their fate in the next few days. Nets sessions will be happening on Wednesdays and Fridays as we look to book our place into the borough finals!

## Rounders Strong Win Over Pinner

Park High Stanmore travelled to face Pinner on Wednesday, eager to build on their recent progress and deliver a confident team performance. The girls rose to the challenge beautifully, producing one of their best performances of the season. Pinner set a challenging target, but Park High responded with confidence and composure to secure a 7-4½ victory.

Jamaiya's phenomenal awareness and athleticism made her presence felt in the field. She secured two outs and was awarded Player of the Match alongside Giulia, who also shone with her quick reactions and smart positioning, strengthening the team's defence. Maria was strong with the bat, striking cleanly and powerfully to score two full rounders, giving Park High vital momentum.

Aarya and Anika bowled consistently well, putting pressure on Pinner's batters with well-placed deliveries that were difficult to hit. Beatrice, Vienna, Jasmin and Anvi worked tirelessly to stop runs and made valuable contributions in the field. They stayed focused for every play and communicated effectively throughout.

What stood out most was the team's excellent communication and teamwork, which remained strong from the first ball to the last. They played with energy, focus and support for one another, leading to a well-deserved win. - **Written by Aarya M 9NG**



# Park High School's first-ever House Chess Competition

After four intense and highly competitive rounds of chess, Park High School's first-ever House Chess Competition reached a thrilling conclusion. Throughout the tournament, students demonstrated exceptional concentration, strategic thinking, resilience and sportsmanship as they represented their houses with pride.

The competition remained closely contested from the very beginning, with each round producing exciting matches and unexpected results.

As the final day approached, the championship was still wide open, with three of the four houses having a realistic chance of claiming the title. This created a tense and exciting atmosphere as players battled for every point that could make the difference between victory and defeat.

The final round delivered some outstanding performances, with students showing remarkable composure under pressure. Every game mattered and the determination displayed by all competitors reflected the high standard of chess being played throughout the event.

When the final scores were calculated, it was **Regents Park** who emerged as the overall champions of the inaugural House Chess Competition. Their consistency, teamwork and strong individual performances across all four rounds secured a well-deserved victory.

Congratulations to the winning team: Sami Bellali, Shavishnu Arivalagan, Tiya Mistry, Delina Shavadia, and Alson Prathiesh. Their commitment and skill played a crucial role in Regents Park's success.

A huge well done must also go to all students who participated and contributed to making the competition such a memorable event. We look forward to seeing the tournament return next year, bigger and stronger than ever.



# Summer Concert Celebration

Last week we had our Summer Concert, it was a wonderful celebration of music, showcasing an impressive range of styles, talents and performers from across the school. The programme truly reflected the diversity of our musical community, with pieces ranging from Liszt to Les Miserables, and from K-Pop to Poulenc.

Students of all ages and abilities took to the stage with confidence and enthusiasm. For some, this marked their very first performance in front of an audience, a significant and courageous milestone, while others demonstrated the skill and poise of more experienced musicians. The variety of performances highlighted not only individual talent but also the dedication and hard work that has gone into rehearsals throughout the term.

The concert was a testament to the inclusive and supportive musical environment at Park High School, where every student is encouraged to develop their creativity and passion for music.

We would like to extend our sincere thanks to Mr Appleman and Miss Ward for their commitment and for providing students with such a valuable opportunity to perform and shine.



# Ignite: Celebrating Park High Student Voices

Every year, I am so impressed by the hard work, persuasive skills, and passion demonstrated by our students during Ignite events. This year, Y7 students wrote and delivered powerful speeches on topics of their own choosing. It takes great courage to stand in front of your peers and share your heart and mind with others in your first year of high school.

Well done to the finalists who represented their forms in front of the whole year group: Preesha Parekh, Amirah Ladha, Kaviyan Sathya, Vihaan Shah, Leah Chadha, Abishai Imran and Milan Makwana. A huge congratulations to this year's winner Jai Heslington who argued that school should be banned!

Y8 students delivered compelling speeches about a child's right to an education, to privacy and identity. It was amazing to see Park High students using their voices to advocate for children everywhere. Well done to the finalists who represented their forms: Tia Menta, Kiara Samarth, Khadija Houfel, Milan Patel, Hawra Samir, Ibraheem Baig and Abubakar Nazir. A huge congratulations to the Y8 Ignite winner Saisha Bhattacharjee who delivered a passionate speech about a child's right to a proper home!

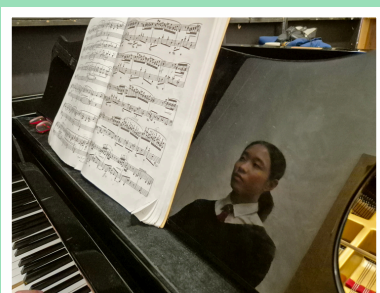
A big shout-out to our brilliant student judges from across the school. Your professionalism, creativity, and support helped make these events a success. Thank you to our student judges: Aranie Kugaseelan (Y8), Jai Peter Heslington (Y7), Antonia Nathan-Laville (Y9), Gabriel Colban (Y10), Jemaiya Garnes (Y9) and Bansi Devchand (Y10)!



## Diploma Success on the Horizon

Last week, some of our GCSE students enjoyed a special opportunity, organised by Mr Appleman to practise on a grand piano at JFS School. They were particularly inspired by the richness of sound and responsiveness of the larger instrument, providing an invaluable experience as they prepare for their exams.

Best of luck to Sofina, Abella and Elena Yu, who will soon be taking their piano diploma examinations following their impressive Grade 8 successes last year. Each student will perform a demanding 35-minute recital, showcasing repertoire of the highest standard.



# Outreach event – Priestmead Primary School

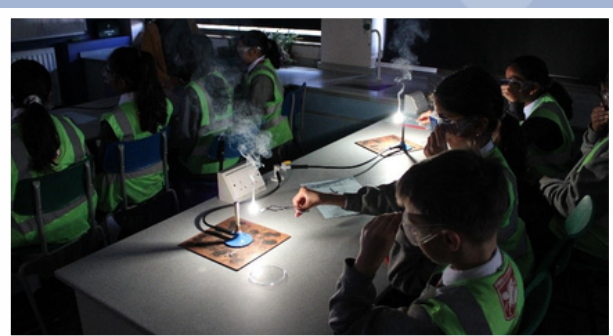
We were delighted to welcome a 120 Year 5 students from Priestmead Primary School on Tuesday 16th June for an exciting outreach visit, giving them the opportunity to experience Science and Design & Technology lessons in a secondary school setting. The event formed part of our commitment to supporting young learners, strengthening community partnerships and inspiring curiosity through hands-on learning.

In Design & Technology, students took part in a weaving activity, developing their creativity and practical skills. In Science, they worked in our labs heating magnesium with a Bunsen burner, producing a bright white light and helping them explore the fascinating world of chemical reactions.

The visit provided a valuable opportunity for the pupils to experience our facilities and gain confidence in a secondary school environment, and they showed overwhelming enthusiasm, curiosity and excellent behaviour throughout the morning.

We would like to thank the students and staff from Priestmead for visiting and our DT, Science staff and student helpers for helping to make the morning a success.

Events such as these play an important role in fostering a love of learning and helping young people discover the exciting opportunities that await them in secondary education and we look forward to welcoming them back in future.



# Talent shines at the auditions for High School Musical

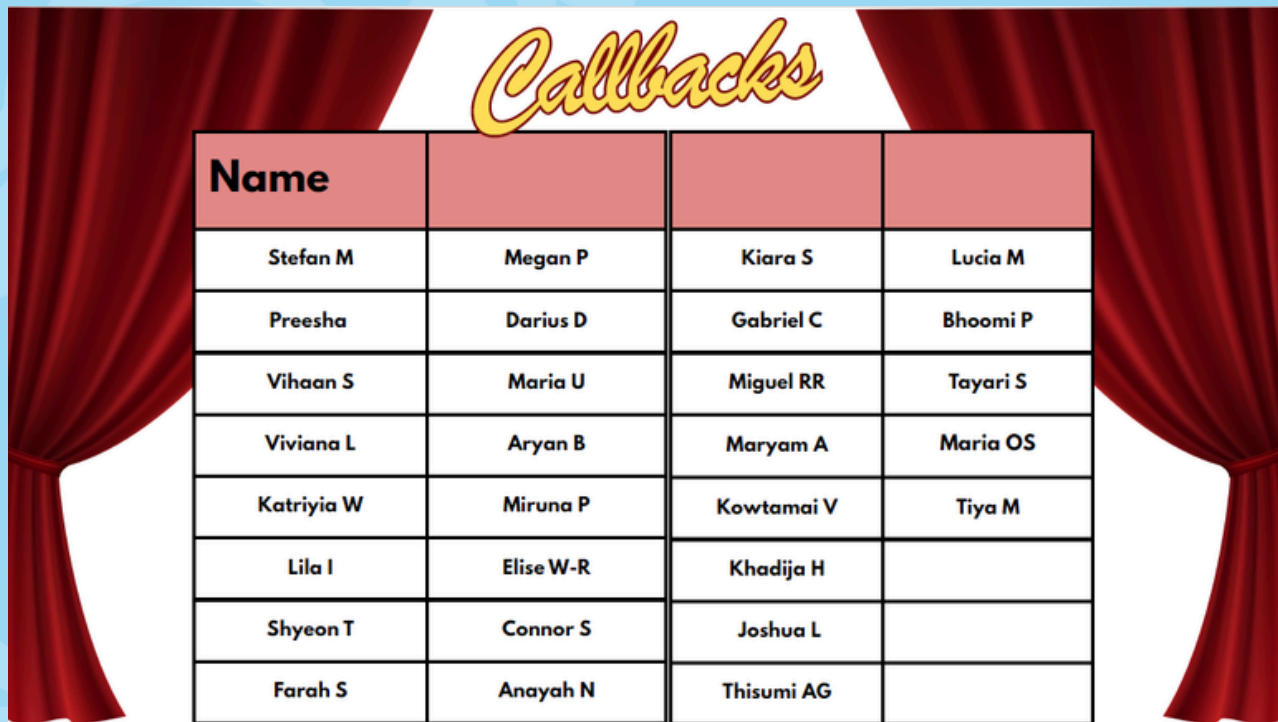
Auditions for this year's production took place on 15th and 16th June, and it was inspiring to see such incredible enthusiasm from students across the school. A total of 73 students from Years 7, 8, 9, 10 and 12 stepped forward, many pushing themselves beyond their comfort zones to perform with confidence and creativity.

It was a real celebration of courage, commitment and individuality — values that sit at the heart of our character virtues. Students demonstrated resilience in preparing performances, confidence in sharing their talents, and respect in supporting one another throughout the process.

Call-backs for lead roles will begin this week and continue into next week.

Next year's musical is going to be amazing!

For any questions or to find out more, please speak to a member of the Performing Arts team.



<i>Callbacks</i>			
Name			
Stefan M	Megan P	Kiara S	Lucia M
Preesha	Darius D	Gabriel C	Bhoomi P
Vihaan S	Maria U	Miguel RR	Tayari S
Viviana L	Aryan B	Maryam A	Maria OS
Katriyia W	Miruna P	Kowtamai V	Tiya M
Lila I	Elise W-R	Khadija H	
Shyeon T	Connor S	Joshua L	
Farah S	Anayah N	Thisumi AG	



# Careers & Employability



## UCAS

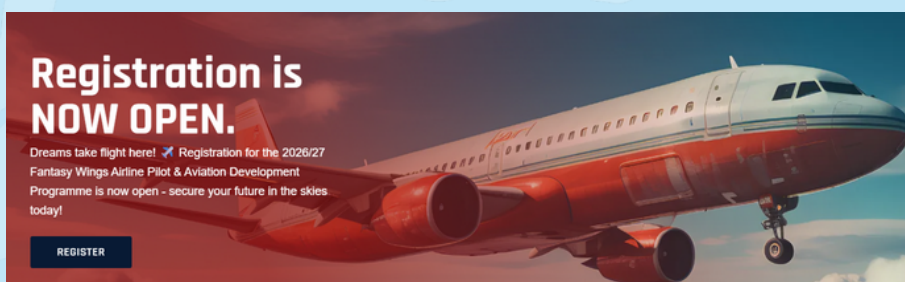
Ten ways to get the most out of work experience

Work experience is a great opportunity to prepare yourself for the working world

[Read More](#)

### Upcoming Events

Year 10 Band B Work Experience 22<sup>nd</sup> - 26<sup>th</sup> June



### Modern Work Experience

For students from Years 7 -13. All courses are free and can be accessed through Unifrog. Once students have completed the course they can download their certificate and save to their locker on Unifrog.

VIRTUAL

### Legal Realities Unveiled: Virtual Law Careers with TLT and Springpod

Dive into the world of legal professions with our Virtual Law Careers program, a collaboration between TLT and Springpod. Ever wondered what the UK legal profession truly entails? This interactive experience guides you through sectors like litigation law, real estate law, and commercial law.

[Start Now](#)



# I'm a Scientist Get me OUT of here

**Interested in Space? Talk to a Scientist. Virtual event.**

**Ask the three scientists attending any question about their job role or how this links with your science topic.**

**Open to Year 7, 8 and 9 – Tuesday 23<sup>rd</sup> June 2026 - 12.50pm – T2**

**If you wish to attend sign up here <https://imascientist.org.uk/reg/ka24az98>**

**Scientist 1.** I am a astrophysics PhD student in Manchester 🇬🇧 My research involves studying stars in galaxies that are 'close' to us.

**Scientist 2.** I am a doctor (PhD) in planetary science, and I am passionate about space, rocks and fossils

**Scientist 3.** I am an environmental specialist with the UK Civil Aviation Authority's space regulation team. I oversee the checks on the potential environmental impacts UK rocket launches have on the environment.



**Interested in Engineering? Talk to an Engineer. Virtual event.**

**Ask the engineer attending any question about their job role.**

**Open to Year 7, 8 and 9 – Tuesday 23<sup>rd</sup> June 2026 - 12.50pm – T2**

**If you wish to attend sign up here <https://imascientist.org.uk/reg/ka24az98>**

**Engineer 1.** I'm a structural and civil engineer. I help design strong, safe, and sustainable buildings, roads, and bridges that help people and the planet.



# WORLD CUP READING CHALLENGE 2026

1



**READ A BOOK**  
IN THE NEXT FOUR WEEKS

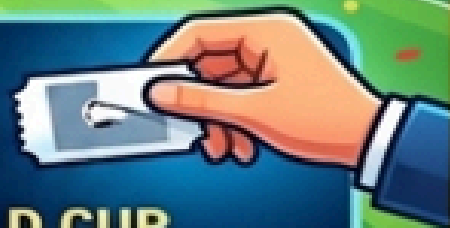


2



**SELECT A  
COUNTRY**

FROM THE WORLD CUP  
LUCKY DIP



3



**YOUR COUNTRY GOES  
INTO THE RAFFLE**

**WEDNESDAY 15<sup>TH</sup> JULY**

we will pull out the winning country from the raffle.



**PRIZES AWARDED**

**SEE MRS BHUTTA FOR DETAILS**

Please scan the QR code to complete a short youth survey. Your input is very important in helping us improve the services we offer to young people.



Thank you for your time and support!

Follow us on Instagram!  
@ WEALDSTONE.YOUTHUB



# SUMMER TERM 1 CLUBS

Please see below the clubs and activities we offer, these are subject to change.

Parents can enrol their child in clubs via [Arbor](#).

## Monday

Activity	Time	Location
Dance Club*	Lunchtime	Dance Studio

## Wednesday

Activity	Time	Location
GCSE Table Tennis	Lunchtime	Main Hall
Spanish Conversation Club	Lunchtime	L3
Y7-9 The French Corner	Lunchtime	L1
Poetry Club	Lunchtime	R1
Cricket	After School	Park
Into Film Club	After School	T5
Step into Dance*	After School	Dance Studio

## Friday

Activity	Time	Location
Rounders*	After School	Park
Girls & 6 <sup>th</sup> Form Table Tennis	After School	Main Hall

## Tuesday

Activity	Time	Location
Computer Science Club*	Lunchtime	T1
French Conversation Club	Lunchtime	L4
German Conversation Club	Lunchtime	L3
Literary Lounge	Lunchtime	N4
Women in Stem	Lunchtime	S4
Athletics	After School	Park
Chess Club	After School	M6
Y12 Brilliant Club**	After School	B3

## Thursday

Activity	Time	Location
Table Tennis Coaching	Before School	Main Hall
Y10 GCSE Art Club**	Lunchtime	P5
School Council**	Lunchtime	S3
Y7-11 Science	Lunchtime	S2
Gymnastics	After School	Main Hall
Y8 Brilliant club **	After School	B2



# THIS WEEK

# FIXTURES

- 22/06/26- Y7-10 Girls Athletics (a)
- 23/06/26- Y7-10 Boys Athletics (a)
- 24/06/26- Swimming Competition (a)
- 24/06/26- Y9 & Y10 Rounders V Whitmore & Nower Hill (a)
- 26/06/26- Y9 Sports Day (h)
- 26/06/26 - Y7 & Y8 Rounders V Whitmore (a)



# NEXT WEEK

## Year 12 Post 18 Pathways

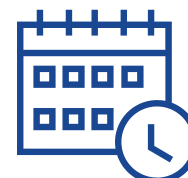
**29/06/26**  
*No Events Listed*

**01/07/26**  
Y6 Transition Day

**03/07/26**  
Y7 Sports Day

**30/06/26**  
Y8 Sports Day  
Coach Bright Trip

**02/07/26**  
Y10 Sports Day  
PSHCEe, Period 2



# FREE THINGS TO DO

## London's Roman City Wall

From around 200 AD, the shape of London was defined by one single structure: it's massive city wall. From Tower Hill in the East to Blackfriars Station in the West, the wall stretched for two miles around the ancient City of London. With only a few exceptions, the line of the wall remained unchanged for 1700 years. Its original construction was thought to be as a protective measure against the Picts, although some historians argue that it was built by Albinus, governor of Britain, to protect his city against his arch rival Septimius Severus.

