

JOIN US THIS
SUMMER
2026!

HARROW MHST SUMMER WORKSHOPS

FOR YOUNG PEOPLE AGED 9-19



EXPLORE
CREATIVITY &
SELF-EXPRESSION



BUILD CONFIDENCE
& MANAGE
EMOTIONS



MAKE NEW
FRIENDS



HAVE FUN &
FEEL GOOD



DATE	THEME	VENUE	TIME
WEEK 1	—	Wealdstone Youth Centre	11.00 – 13.00
WED 22 JULY	Drama	Wealdstone Youth Centre	11.00 – 13.00
WED 22 JULY	Creative Connections: Managing Big Emotions	Wealdstone Youth Centre	13.30 – 15.30
FRI 24 JULY	Art for Wellbeing	Wealdstone Youth Centre	13.30 – 15.30
WEEK 2	—	Wealdstone Youth Centre	—
MON 27 JULY	Creative Connections: Self-Esteem	Wealdstone Youth Centre	11.00 – 13.00
MON 27 JULY	Moving to Secondary School	Wealdstone Youth Centre	13.30 – 15.30
TUE 28 JULY	Creative Writing & Poetry: Feelings & Emotions	Wealdstone Youth Centre	11.00 – 13.00
WED 29 JULY	Art for Wellbeing	Wealdstone Youth Centre	11.00 – 13.00
WEEK 3	—	Wealdstone Youth Centre	—
MON 3 AUG	Reflective Journaling	Wealdstone Youth Centre	11.00 – 13.00
MON 3 AUG	Drama	Wealdstone Youth Centre	13.30 – 15.30
TUE 4 AUG	Creative Writing & Poetry: This is Me	Wealdstone Youth Centre	11.00 – 13.00
WED 5 AUG	Dance & Movement	Wealdstone Youth Centre	11.00 – 13.00
WEEK 4	—	Wealdstone Youth Centre	—
MON 10 AUG	Art for Wellbeing	Wealdstone Youth Centre	11.00 – 13.00
MON 10 AUG	Creative Connections: Worries & Fears	Wealdstone Youth Centre	13.30 – 15.30
TUE 11 AUG	Creative Writing & Poetry: My Community	Wealdstone Youth Centre	11.00 – 13.00
WED 12 AUG	Drama	Wealdstone Youth Centre	11.00 – 13.00
TUE 18 AUG	Creative Writing & Poetry: Freestyle	Wealdstone Youth Centre	11.00 – 13.00



TO RESERVE SPACES

EMAIL NAME, AGE, CHOSEN WORKSHOP
TO THE ABOVE EMAIL ADDRESS



Wealdstonehubyouthoffer@harrow.gov.uk



020 8416 8667



WEALDSTONE YOUTH HUB
38-42 HIGH STREET
WEALDSTONE, HARROW
HA3 7AE



**SPACES ARE LIMITED!
BOOK YOUR PLACE TODAY**

BE YOURSELF

BE KIND



HAVE FUN



YOU BELONG HERE