



STUDENT BULLETIN

05/ 10 / 26

Proud to be **GOOD** in all areas



Investing in each other to be the very best we can be

HAPPENING THIS WEEK

Monday

A Level Biology Field Trip
leaves

Tuesday

A Level Biology Field Trip
School ends at 2:00pm

Wednesday

A Level Biology Field Trip
returns

Senior Maths Challenge

Year 7 Open Morning

Thursday

PSHCEe Period 2

Friday

No events listed

Message from the Assistant Headteacher

John Keats famously celebrated autumn as the "season of mists and mellow fruitfulness," a time of rich growth and quiet fulfilment. As we begin this new academic year, that same spirit of abundance and purposeful energy fills our corridors. The seeds of hard work planted over the first few weeks are already beginning to develop, as we witness students' growth in confidence and progress in learning. This is a particularly important term for Year 11 and Year 13 as they prepare for forthcoming practice exams. We encourage them to revise, participate in interventions (where available) and maintain self-belief.

Our students have returned with an exceptional attitude toward their learning. We are particularly proud of our new Year 7 and Sixth Form students, who have transitioned into their new key stages seamlessly and are already involving themselves in after-school clubs, sports, and leadership roles. Trips have added to the excitement of a new term: Year 7 enjoying the team building Year 7 trip, the Sixth Form Business Studies and Economics trip to the Mini plant in Oxford and the Geography Field Trip to Devon. These are such wonderful opportunities to develop both subject-specific and social skills. Across all year groups, we are witnessing a brilliant harvest of talent, focus, and creativity, both inside and outside the classroom.

Mrs Day-Haynes

Tuesday is a shortened school day. You will still have all of your lessons, but they will be a bit shorter.

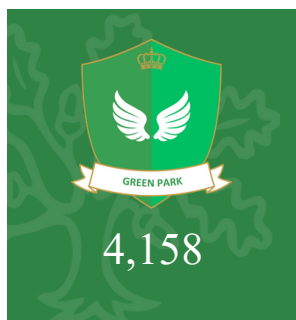
The timings are:

Period 1:	9:00 - 9:40
Period 2:	9:40 - 10:20
Break:	10:20 - 10:40
Period 3:	10:40 - 11:20
Period 4:	11:20 - 12:00
Lunch:	12:00 - 12:40
Period 5:	12:40 - 1:20
Period 6:	1:20 - 2:00

WORD
OF THE WEEK

Paradox | noun

A statement that seems contradictory but may be true.

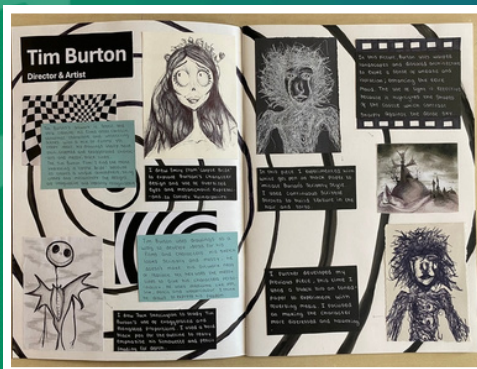
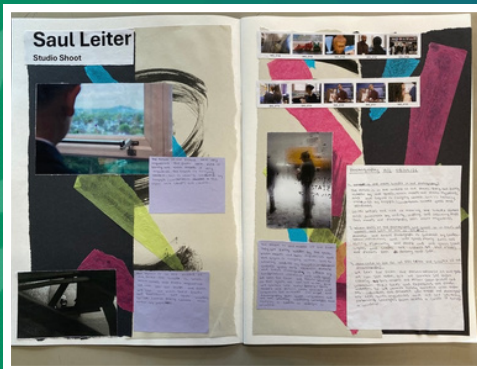
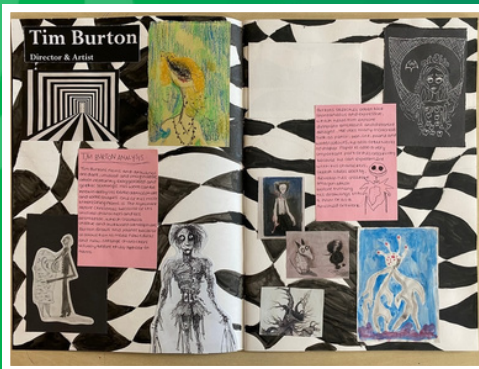


Resilience . Integrity . Curiosity . Teamwork . Compassion

ACHIEVEMENTS

We've been so impressed at all the amazing artwork coming from Year 10 in Art & Photography, as well as the new Afterschool Art Club.

Take a look at some of our favourites!



Most House Points



Most
Character points

7AG, 9KA

Best
Attendance

7AK

Best
Punctuality

**7AG, 7YA,
8JP**

**ACE LOTTERY
WINNERS**

Shavishnu A 10DM

Grace F 10TC



Resilience . Integrity . Curiosity . Teamwork . Compassion

MESSAGES FROM HEADS OF YEAR

Year 7

Your attention and engagement during the Information Evening were excellent - well done! Such attention and enthusiasm are an essential habit to build to help continue your successful start. You would have heard several important messages from Dr Van der Spoel. He shared how important it is to be intentional about your school and study routines and habits - that means thinking about what you are doing and how often. Habits are built by you taking action every day. Such successful habits and routines involve revision. This revision is about going over previously learnt content. One powerful way you can do this is by creating flash cards for each of the topics you learn about. You create these flash cards by writing the key points about the topics you learn on one card. Below is a helpful guide to creating these flash cards - please use this when you create your flash cards. Each of you will be challenged to create one flash card before Review Day. There will be prizes for the best ones - good luck!



Last week, you enjoyed the BBC Bitesize Careers Tour. This was an opportunity to start thinking about your future careers and the steps you may need to take to get there. There will be many opportunities throughout your time at Park where you will be asked to think about your futures beyond school. This helps you focus your time and energy on areas and learning that will help you get to where you want. You will also be able to keep a record of all this learning about careers on a platform called Unifrog. More information on this will be given at a later date.

Mr Fowler

Year 8

This week is Mental Health Awareness Week, a time to think about our wellbeing and the importance of looking after our minds, just as we look after our physical health. Everyone experiences challenges from time to time. School, friendships, family life and everyday pressures can sometimes feel overwhelming. It is important to remember that you are not alone and that talking to someone you trust is a sign of strength, not weakness. Whether it is a friend, parent, teacher, tutor or member of the pastoral team, support is always available.

I would like to encourage you to take small positive steps each day. Get enough sleep, stay active, spend time with friends, take breaks from screens and be kind to yourself and others. A simple act of kindness can make a huge difference to someone's day. I would also like to congratulate Year 8 on the positive start many of you have made this term. Your hard work, excellent attendance, positive behaviour and commitment to learning have been noticed. Let us continue this momentum by arriving on time, being fully equipped, showing respect and always trying our best in lessons.

There have been a small number of incidents involving students making poor choices and messing around during lessons and around the school. This behaviour is not acceptable and must improve. We expect all students to be respectful, responsible and ready to learn at all times. Please make sensible choices, follow staff instructions the first time, and remember that your actions reflect both yourself and the Year 8 community. Remember, success at school is not about being perfect. It is about making progress, learning from mistakes and showing resilience when things become difficult. If you keep working hard and supporting one another, there is no limit to what you can achieve.

Mrs Capp



MESSAGES FROM HEADS OF YEAR

Year 9

Last week we did our first assembly on revision strategies, and I hope you found it useful.

Flashcards are easy to use, easy to find, and can help you retain knowledge over a longer period of time. Remember, to revise simply means to see again. Getting into the habit of using flashcards by putting a question on one side and the answer on the other is a fantastic way of retaining key information. You can do it as often as you see necessary and can get someone at home to test you. We have packs of flashcards in our office if you would like to get some from us!

Over the rest of this term, we will look at other revision strategies and how you can apply this to your subjects. We will look at mind maps and mini whiteboards and how they can be used for revision too. Speak to your form tutors as well who are experts in their subject for their advice on how you could revise too.

We have two weeks until the end of term so my challenge to you is to try out using flashcards before an assessment and get someone to test you - see if it makes a difference to how you do!

Have a great week!

Mr Hargreaves

Year 10

Work experience is a great opportunity to learn about the world of work and gain valuable skills for the future. It gives you the chance to explore careers that interest you, build confidence, and experience what it is like to work in a real workplace.

All Year 10 students are encouraged to find their own placement. This helps develop important life skills such as communication, organisation, independence, and problem-solving. Whether you are interested in sport, healthcare, business, education, engineering, or another career, work experience can help you discover what you enjoy and what opportunities are available.

During your placement, you will develop key employability skills such as teamwork, punctuality, responsibility, and professionalism. You will also meet new people, gain new experiences, and learn more about the expectations of employers.

Start looking for a placement as soon as possible by speaking to family, friends, and local businesses.

BAND A - 14th to 18th June 2027 | BAND B - 21st to 26th June 2027

Miss Acheampong



MESSAGES FROM HEADS OF YEAR

Year 11

I just want to start by saying what a fantastic week we've had. We began the week with our mental health assembly, and as we draw closer to half term, I know there's a lot going on, particularly with revision, preparation and the work you're putting into your GCSEs. It's really encouraging to see how well our interventions are running, so well done to everyone who is attending, engaging and taking those opportunities seriously. Remember, every little bit of effort you put in now will help you as you move closer to your exams.

I also want to give a special shout-out to our Year 11 football team! You did Park High and the whole of Year 11 proud with the way you played. I've heard nothing but positive things about your performance, and that 3-0 win was fantastic news! Congratulations to all of you, and thank you for representing our school and year group so positively. Well done, boys! Special shout out to Mujtaba for being a professional sportsman in the face of adversity and of course Man of the match Anay - well deserved!

Now, a really important reminder: next Thursday is our Year 11 Review Day. You must make every effort to attend with your families. This is a really important opportunity to sit down with your tutors, discuss your progress, review your targets and identify what you need to focus on to give yourself the best possible preparation for your GCSEs. This is our final review day, so please do not underestimate how important it is. We want you to leave those meetings with a clear understanding of where you are, what you need to do next and how we can continue to support you. If, for any reason, your family is unable to attend, it is still imperative that you come in and attend your appointments with your tutors. Your progress matters, your future matters, and you need to take ownership of the opportunities available to you. If there are any difficulties or concerns that might prevent you or your family from attending, please come and speak to me. I'm more than happy to help and see what we can do to resolve the situation.

Year 11, keep pushing, keep attending your interventions, keep revising and, most importantly, keep believing in yourselves. We want you to make the most of every opportunity between now and your GCSEs.

Lastly happiest 16th this week to: Andrada, Muqadisa, Ayat N, Aksith, Jayson Y, Nikita and TJ!

Mrs Manandhar

Sixth Form

Year 12

A reminder that our high expectations apply both in and out of lessons. Learn from the experiences of previous year groups by establishing strong habits now, particularly around independent study and effective revision. We are also moving into the next phase of work experience preparation, so you should now be actively researching placements and contacting employers.

Year 13

There are now just two weeks of school before your mock examinations begin after half term. If you have any concerns or worries, please speak to us, but also take some time to reflect honestly on your current revision techniques. Are they effective, consistent and making the best use of your time?

UCAS Early Applicants

Meetings will take place next week for students applying to Oxbridge, Medicine, Dentistry and Veterinary Science. Please make sure you are prepared and keeping on top of your application.

Mr Clarke



Year 13 Business/Economics/Product Design Trip to BMW Mini Plant

Sixth Form students were fortunate enough to visit the BMW Mini Plant in Oxford earlier this week, where they were taken on a guided tour of the factory and experienced first-hand how a Mini is produced from start to finish.

Here's what our students had to say:

Saahil Jabbar 13PI – Business:

Visiting the MINI Plant Oxford helped me gain a better understanding to see how a business operates in a real-world environment. What I found most interesting was how technology, machinery and employees work together throughout the production process. It showed me how MINI focuses on efficiency and quality whilst producing a large number of vehicles. Overall, this visit helped me understand how the concepts I learn in class are applied to large multinational businesses.

Enoh Nistor 13TI – Economics:

Seeing a firm operate in real-life gave me an insight into how the content we've learnt in class, are put into practice in the real world. For e.g. we were able to see economics concepts such division of labour and specialisation through the organisation and rotation of workers shifts, in order to somewhat nullify the effect monotonous work can have on workers. We saw hundreds of mechanical robots in action (not an exaggeration) as well as a quality control robot dog. As an aspiring mechanical engineering student myself, this experience gave me an insight into the future of automation in the manufacturing sector.

Jiya Kerai 13PI – Economics:

I really enjoyed seeing how well organised and automated the production line at the Mini plant was. It was interesting to see how producing cars on such a large scale can make production more efficient resulting in lower average costs, which we call economies of scale in Economics. Seeing it all in real life made the topics easier to understand.

Anaiya Pindoria – Business and DT:

Visiting the MINI Plant in Oxford showed me how Business and DT can connect when making a real product. I noticed how the workers and machines had different jobs, which linked to division of labour and mass production that we have learnt about in Business. From a DT point of view, I saw how materials, machinery and manufacturing processes were used throughout the production line. It made me realise that when designing a product, you also need to think about how it will be made, how much it will cost and the quality of the final product.



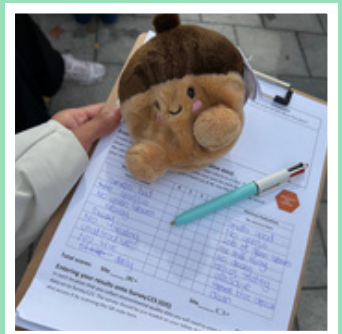
Year 11 Geography Field Trip

Last week, Year 11 geographers took a field trip to the coast - exploring Slapton Ley and Plymouth in Devon. Students got to see the natural features of the shorelines, see the man-made impact on the environment and got to see the concepts from the classroom in person.

Dhrish Vekaria - "I enjoyed the geography fieldtrip because it allowed me to see real-life geographical features and collect data outside the classroom. I also enjoyed working with my classmates and using different fieldwork equipment to investigate the area. The trip helped me understand the topic better and made learning more interesting. I enjoyed the physical geography more because I found it interesting to investigate natural features and processes. Seeing geographical processes in real life helped me understand the topic better than learning about it in the classroom."

Sofina Yu - "The location was really nice and we got to see so many wonderful views of the coast and ocean. We gained so much insight into coastal concepts while having so much fun completing activities. The staff and teachers there were also really kind and supportive, which helped me learn more effectively. And also, the food was very good and we never had to worry about not having enough food because we were able to refill our plates. Everything was organised and the positive environment there just makes the trip even more enjoyable."

Deya Kerai - "I enjoyed spending time with my friends, it was really fun to spend time with all of them outside of school. I also enjoyed going to the coast and seeing a part of the UK I haven't seen before. I enjoyed the physical geography more because it allowed me to explore what certain areas were like without the effect of humans, it was interesting to understand how things happen naturally and how certain landforms are formed."





Park High School Poetry Competition

Topic: 'Silly School Stuff'

Michael Rosen Day
12th November 2026



Your Challenge

Write a silly poem about school. Imagine silly lessons, impossible rules, or a lunchtime gone completely wrong. Make us laugh!

100 words maximum.

Submit your poem to Mrs Kadiri either by email or in the English Office, before Friday 16th October.

Your poem could be read by Michael Rosen!



Careers & Employability

POST-16 OPEN EVENTS 2026



Local Sixth Forms, Colleges & Strong Options for Year 11

Start exploring now so you can compare courses, entry requirements, travel and campus atmosphere.



CONFIRMED OPEN EVENTS

Date	Provider	Time / Details
Thu 8 Oct	John Lyon Sixth Form	5:00–7:30pm
Wed 7 Oct	Elstree Screen Arts Academy	5:00–8:00pm
Wed 4 Nov	Stanmore College	Open Event (check website for time)
Thu 12 Nov	Pinner High School Sixth Form	5:00–7:00pm
Thu 12 Nov	Harrow High School Sixth Form	check website for time
Thu 12 Nov	Bentley Wood Sixth Form	5:30–7:30pm
Sat 14 Nov	City of Westminster College	10:00am–1:00pm
Wed 18 Nov	College of North West London (Willesden Campus)	5:00–7:00pm



OTHER LOCAL SIXTH FORMS TO CHECK

Some providers may not yet have published their latest open event details on the pages checked — visit their website directly for the most up-to-date information.

- Woodhouse College
- St Dominic's Sixth Form College
- Park High School Sixth Form
- Rooks Heath Sixth Form
- Whitmore High School Sixth Form

- Nower Hill High School Sixth Form
- Hatch End High School Sixth Form
- Canons Sixth Form
- Salvatorian College Sixth Form
- St Gregory's Catholic Science College Sixth Form



Highly regarded options

- Woodhouse College
- St Dominic's Sixth Form College
- John Lyon Sixth Form



Top tip: Book early where needed and always check the provider website before attending, as dates and times can change.

Need help deciding? Speak to the Careers Team.



AUTUMN TERM 1 CLUBS

Please see below the clubs and activities we offer, these are subject to change.

Parents can enrol their child in clubs via [Arbor](#).

Monday

Activity	Time	Location
Basketball	Before School	Sports Hall
Basketball	Break	Sports Hall
6 th Form Volleyball	Lunchtime	Sports Hall
Girls Volleyball	Lunchtime	Sports Hall
Year 10 & 11 Basketball	After school	Sports Hall

Wednesday

Activity	Time	Location
Volleyball	Before School	Sports Hall
Basketball	Break	Sports Hall
Girls Netball	Lunchtime	Sports Hall
Mixed Ensemble Club	Lunchtime	P1
GCSE & A Level Table Tennis	After School	Main Hall
Year 7, 8 & 9 Basketball	After School	Sports Hall
Musical Rehearsals	After School	Main Hall
Afterschool Art Club	After School	P6

Friday

Activity	Time	Location
Badminton	Before School	Sports Hall
Basketball	Break	Sports Hall
Volleyball	After School	Sports Hall

Tuesday

Activity	Time	Location
Badminton	Before School	Sports Hall
Basketball	Break	Sports Hall
Year 7 & 8 Girls Netball	Lunchtime	Sports Hall
Dance Club	Lunchtime	Dance Studio
Musical Rehearsals	After School	Main Hall
Chess Club	After School	DS2
Badminton	After School	Sports Hall
Football	After School	Sports Hall
Afterschool Art Club	After School	P6
GCSE Strange Film Festival	After School	P6

Thursday

Activity	Time	Location
Basketball	Before School	Sports Hall
Table Tennis	Before School	Main Hall
Basketball	Break	Sports Hall
Girls Badminton	Lunchtime	Sports Hall
Sketchbook Club	Lunchtime	P6
Girls Netball	After School	Sports Hall
Table Tennis	After School	Main Hall
Afterschool Art Club	After School	P6



Resilience . Integrity . Curiosity . Teamwork . Compassion

THIS WEEK

5/9/26 - Sixth Form vs Year 11 Basketball
6/9/26 - U13 Basketball group stages
7/9/26 - U16 Girls Football vs Whitmore
8/9/26 - U14 Girls Netball Harrow borough tournament
- U14 Football vs Whitmore
- Year 10 & 11 Netball vs Sacret Heart
9/9/26 - Sixth Form Sport

FIXTURES



NEXT WEEK

12/10/26

Year 11 History
Battlefields Trip leaves

15/10/26

Review Day

13/10/26

Year 11 History Battlefields
Trip

16/10/26

PSHCEe Period 2
GCSE Dance Exam

14/10/26

Year 11 History
Battlefields Trip Returns



FREE THINGS TO DO

St James's Park

This is the most royal of London's Royal Parks and one of our Houses.

Shaped by generations of monarchs and bordered by three royal palaces, St. James's Park is the home of ceremonial events in the capital. From royal weddings and jubilees to military parades and state celebrations – this is the park where history is made. Come and explore it for yourself... [St. James's Park](#) | [The Royal Parks](#)

