# STUDENT BULLETIN

16/ 11 / 26

*Proud to be **GOOD** in all areas*

***Investing in each other to be the very best we can be***

## HAPPENING THIS WEEK

**Anti-Bullying Week**

**Monday**
Odd Socks Day
Year 11 Practice Exams

**Tuesday**
WildHearts Global Youth Summit
Year 11 Practice Exams

**Wednesday**
PSHCEe Period 2
Teen Boys Conference (Year 9)
Senior Maths Challenge
Year 11 Practice Exams

**Thursday**
Sports Awards Evening
Year 11 Practice Exams

**Friday**
Year 11 Practice Exams

## Message from the Assistant Headteacher

We would like to extend our heartfelt thanks to everyone who supported our Children in Need fundraising efforts. Your generosity and kindness help make a real difference to the lives of young people facing challenges across the UK. We are incredibly proud of the compassion shown by our school community and will announce the final fundraising total in next week's bulletin.

This week is National Anti-Bullying Week. The theme, Break the Silence, encourages us all to speak up, listen, and take action against bullying. As mentioned in last week's assembly, each tutor group needs to nominate two Anti-Bullying Ambassadors. If you are interested in supporting fellow students and promoting a positive school environment, please let your tutor know.

Happy, healthy, prosperous Diwali to all our students, teachers, colleagues who celebrated last week. Diwali reminds us that even the smallest lamp can brighten the darkest room - just as your unique talents, ideas, and efforts make our school community a better place.

Well done to our Year 10 students for engaging so positively in their mock interviews with visiting professionals, and to Year 13 for completing their practice examinations. Good luck to Year 11 students who begin their practice exams this week. Remember, preparation, perseverance and a positive mindset are key. Believe in your abilities, stay focused, and give every exam your very best effort. You've got this!

As we look ahead to our Celebration Assemblies, we are excited to recognise and celebrate the many achievements, talents and positive contributions that make our students so special. Keep striving to be the very best version of yourself every day. Every act of kindness, every effort in the classroom, and every step towards your goals matters. Continue to represent our school with pride, support one another, and embrace every opportunity to learn and grow. Your hard work and commitment do not go unnoticed, and we look forward to celebrating all that you have accomplished.

**Ms Perren**

## WORD OF THE WEEK

**Tenacious** | adjective

Determined and persistent

| GREEN PARK | HYDE PARK | REGENT'S PARK | ST JAMES'S PARK |
|---|---|---|---|
| 7,027 | 8,398 | 8,309 | 8,241 |

# ACHIEVEMENTS

## Top Year 9 Students Celebrated by Mr Darby

The top 15 students in Year 9 had a special meeting with our Headteacher, Mr Darby. He congratulated them not only on their academic achievements but also on being impressive role models to the rest of the school.

He challenged them to still be the top of their year at the next progress check!








Most House Points

REGENT'S PARK

Most Character points

9KA

Best Attendance

7AH

Best Punctuality

12JC, 8TM

## ACE LOTTERY WINNERS

Oscar 11HW

Daria 11SC

Languagenut

CURRENT SCHOOL WORLD RANKING 253

PARK HIGH TOP STUDENTS

1. Atal A
2. Henil P
3. Salome B

# MESSAGES FROM HEADS OF YEAR

## Year 7

A big congratulations to the tutor groups listed! They are the best three tutor groups for behaviour, engagement and home learning from your recent Progress Check. Keep up the good work!

| | Tutor Group | Behaviour Avg |
|---|---|---|
| 1st | 7YA/i | 3.61 |
| 2nd | 7MK/e | 3.43 |
| 3rd | 7AK/a<br>7AG/c | 3.42<br>3.42 |

| | Tutor Group | Engagement Avg |
|---|---|---|
| 1st | 7YA/i | 3.33 |
| 2nd | 7KM/f | 3.31 |
| 3rd | 7MK/e | 3.28 |

| | Tutor Group | Home Learning Avg |
|---|---|---|
| 1st | 7KM/f | 3.27 |
| 2nd | 7AK/a | 3.24 |
| 3rd | 7MK/e7AG/c | 3.183.18 |

Last week, I introduced the virtue of compassion: the ability to show care and concern for others. On Friday, we heard in assembly about the Oakwood Project. The name 'Oakwood' promotes the idea of strength, growth, and sustainability. It is Park's anti-bullying initiative to help all in our community feel safe and supported. You all play a part in this. In how you treat and how you speak to each other. We are a year group who is kind and encouraging. This week you will be picking an Oakwood Ambassador to represent your form group. This is a chance to develop your leadership skills, so get nominating.

But being a year group of compassion involves each and every one of you. I have asked the Form Captains to be compassion monitors. They will be recording each time one of you demonstrates compassion. They will be reporting the names to me, and you will be receiving Character Points for this. There will be a reward at the end of this half term for the tutor group who have shown the most compassion. The reward for this tutor group will be a Movie Evening at school, with popcorn and drinks.

So aim to be supportive, encouraging and compassionate!

**Mr Fowler**

## Year 8

UK Parliament Week (16–22 November): A national event that encourages young people to learn about democracy, debate and how decisions are made in the UK. It's a chance to think about how your voice can make a difference in your school and community.

World Children's Day (20 November): This day celebrates children's rights and promotes the importance of ensuring every child has the opportunity to learn, feel safe, and achieve their potential. It links closely to our values of compassion and respect.

**Year 8 Focus for the Week**

**Ready to Learn**

- Bring the correct equipment every day.
- Arrive punctually to lessons.
- Be prepared to contribute positively in class.

Character Challenge: This week, focus on Integrity:

- Do the right thing, even when no one is watching.
- Be honest in your interactions with others.
- Take responsibility for your actions.

Attendance Matters Every lesson counts. Excellent attendance helps you keep up with learning, build friendships, and make the most of opportunities available to you.

**Thought for the Week**

*"Integrity is doing the right thing, even when no one is watching."*
C.S. Lewis

Let's make this week one where we show maturity, responsibility and pride in being part of Year 8. Have a fantastic week!

**Mrs Capp**

# MESSAGES FROM HEADS OF YEAR

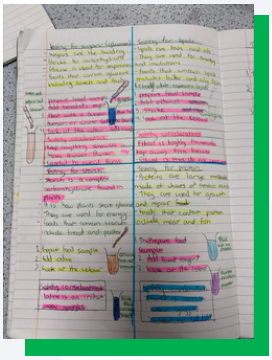
## Year 9

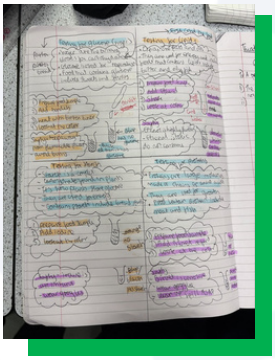
It was great to go into Science lessons and see your wonderful notes on the digestive system and the process to test for glucose and starch. It is really good seeing so many of you taking pride in your presentation. Shout out to Aryan, Melek and Stefan in 9MO/g for their superb class work!

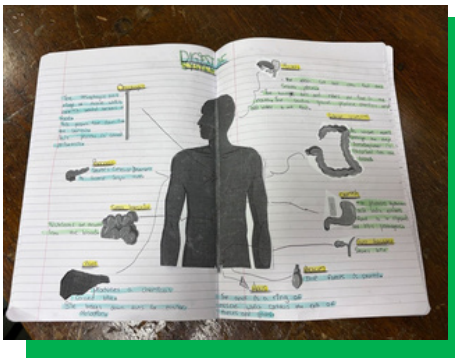
I also want to commend how the vast majority of you conducted yourselves during the two-minute silence in form rooms last week. It was respectful and silent throughout and lots of you began to reflect on the sacrifices older generations made for us to have the life we live today.

This week is anti-bullying week. I am sure all of us have been on the receiving end of an unkind comment and have felt sad as a result. I am sure that we have also said unkind comments to others. Anti-bullying week is raising awareness of the impact unkind comments can have and challenging us all to be kinder to one another and to have the courage to confront unkind behaviour. My challenge for you all this week is to make a conscious effort to say something kind to someone in your class you normally do not speak to and to speak up when you see something happen which you know is not right. By speaking up together, we can all make a positive difference and make our school community the best it can possibly be.

**Mr Hargreaves**







## Year 10

Well done to everyone who took part in their mock interviews last week. The employees who conducted the interviews were very impressed with the professionalism, confidence, and positive attitudes that were shown. This was an excellent opportunity to practise important interview skills and gain valuable experience for future employment and work experience.

For those of you who are still waiting for your interview, make sure you speak to your peers and ask for advice about how the interviews went. They can share useful information about the types of questions asked, what to expect, and helpful tips for presenting yourself confidently.

This week is also Anti-Bullying Week, and the theme is "Break the Silence." If you witness bullying or experience it yourself, it is important to speak up and seek support. Do not be a bystander who remains silent. By reporting bullying and supporting others, we can help create a safe, respectful, and inclusive environment for everyone. Together, we can make a positive difference.

**Miss Acheampong**

# MESSAGES FROM HEADS OF YEAR

## Year 11

**Good luck with your mocks, Year 11!**

As you begin your mock examinations over the next two weeks, remember how hard you have worked and how much effort you have already put in. I am incredibly proud of you all, so stay focused, remain resilient and persevere, always giving your very best. Take each exam seriously and remember that the Year 11 team is here to support you every step of the way.

Believe in yourselves, keep focused and know that your hard work will pay off.

Wishing you all the very best of luck!

Happiest sweet 16 this week to: Maryam, Amir, Deep, Alesha, Aditya, Salome and Vinnojan!

**Mrs Manandhar**

## Sixth Form

**Year 12:**

**DVS Foundation Partnership Continues for a Second Year**
We are delighted to be continuing our partnership with the DVS Foundation for a second year, giving our Year 12 students access to a range of exciting opportunities for personal development, recognition and career exploration.

The DVS Awards Programme celebrates the skills, values and character traits that help young people succeed in education, employment and life. Students can be recognised across ten categories: Kindness, Resilience, Ambition, Leadership, Community Impact, Integrity & Respect, Environmental Stewardship, Teamwork & Collaboration, Innovative Thinking, and Personal Growth.

Year 12 students have already been introduced to this year's programme and will continue to receive regular reminders and opportunities to demonstrate these qualities throughout the year. At the end of the academic year, one winner will be selected in each category, receiving a £100 gift voucher and an invitation to the prestigious DVS Awards Ceremony, where students can network with professionals from a wide range of industries.

In addition, the DVS Foundation's partnerships with leading organisations across London will provide opportunities for students to attend inspiring Career Discovery Events, helping them explore future pathways and gain valuable insight into the world of work.

Last year's programme was a fantastic success, and we are excited to see our current Year 12 students make the most of these opportunities. Parents and students can find out more about the DVS Awards Programme at https://www.dvsawards.com/.

We look forward to celebrating the achievements of our students throughout the year as they embrace the opportunities provided through this valuable partnership.

**Year 13:**

Well done on completing your mock exams. Take time to reflect on your performance and identify the areas to focus on as we move towards the summer examinations.

From next week, UCAS appointments will begin for the wider year group. Congratulations to our nine early applicants, several of whom have already received offers, including Mathematics at Glasgow and Human, Social and Political Sciences at Warwick. A fantastic start to the application season!

**Mr Clarke**

# SPORTS NEWS

**Our Sports teams picked up where they left off before half term and there is already plenty to shout about.**

Our U16 **Netball** team beat the reigning champions in their age group, Nower Hill, 24-22 in a thrilling encounter.

Our Year 7 **football** team cruised through to the semifinals, brushing Whitmore aside 11-4.

The **badminton** season got underway with the first of the U16 group events where closely contested matches saw us finish 3rd and we now focus on winning our next fixtures to be sure to qualify for the finals.

The U16 **Girls Football** team put in a resilient performance, but didn't quite have enough to get past a strong Sacred Heart team in their semifinal.

The last word must go to the **basketball** teams who are unbeaten in borough fixtures since half term. The U13s booked their place in the semifinals with an 18-10 victory over Nower Hill thanks to some sublime shooting from Nicolas and the U15 team (pictured) saw off Hatch End 57-39 in their season opener, where the hard work in training really paid off.



**Please come and join us at a sports club if you'd like to get involved.**



# Year 10 Mock Interviews

The Library was buzzing with conversation as our Year 10 students took part in a series of mock interviews!

Organised by the Careers Department, the event gave students the opportunity to experience one-to-one interviews with professionals from a wide range of industries, all of whom kindly volunteered their time to support our students.

During the interviews, students talked through their CVs, shared their experiences both in and outside the classroom, and practised articulating their strengths, skills and interests.

Each student was matched with an industry professional whose field aligned with their career ambitions. Areas represented included healthcare, law, the Civil Service, finance, the Armed Forces, journalism, horticulture and many more.

A huge thank you to all the volunteers who joined us at Park High and gave their time, knowledge and expertise to provide our students with such a valuable and insightful experience. Your support makes a real difference in helping our students prepare for their future careers!









# Remembrance Day

Our students and staff came together last week to honour the sacrifices of all those who have given their lives in service to our country and in the defence of our freedom.

The whole school paused for a two-minute silence during lessons, followed by a moving rendition of the Last Post, played by Enoh, one of our Sixth Form students, over the school tannoy.

Our Head Girl and Head Boy then led the prefects in a Remembrance Ceremony, laying crosses and a wreath at our cherry tree. Planted in 1945 by students who had lost parents serving in the armed forces, the tree holds a special place in our school's history.

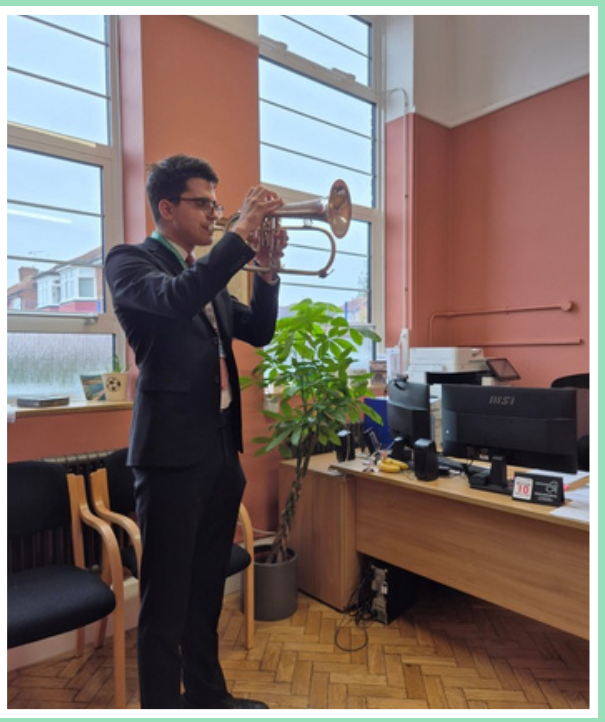
We were also incredibly proud to hear Year 9 student Saisha read her poem, 'Price of Peace'. Saisha won the Mayor of Harrow's Remembrance Day poetry competition and recited her winning poem at the Mayor's memorial service on Sunday. Year 10 student Jamaiya was also recognised, receiving a Highly Commended award for her poem. We shared both poems in last week's Student Bulletin.

We are so proud of both students and their thoughtful contributions to this important day.









# Sixth Form Information Evening

A huge thank you to all the Sixth Form students who helped make our Sixth Form Information Evening for Year 11 students such a success. The evening was a fantastic celebration of everything that makes Park High Sixth Form so special.

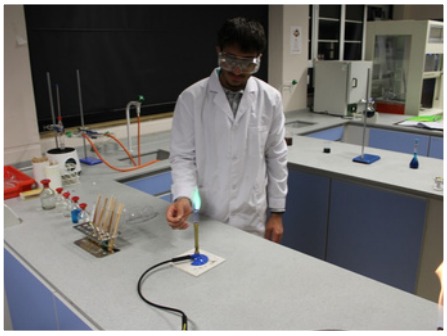
Year 12 and 13 students did a brilliant job of representing their subjects, sharing their knowledge and enthusiasm, and giving Year 11 students and their families a real insight into the opportunities and experiences available at Park High Sixth Form.

A special well done to our Year 12 students, Aden and Mahi, who delivered inspiring speeches to students and their parents/carers. They shared their experiences of Sixth Form life, explained why they chose to stay at Park High after completing their GCSEs, and offered some words of encouragement and advice to Year 11 students as they prepare for their upcoming exams.

Thank you once again to everyone who helped make the evening such a memorable and successful event!









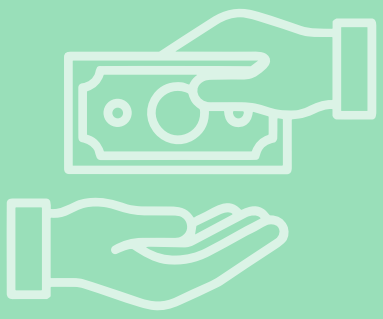









# Talk Money Week



As part of Talk Money Week (2–6 November), students throughout the school took part in lessons and discussions all focused on money matters, saving and sensible spending.

During Form Time, Years 7, 8 and 9 had activities and a Student Voice survey about Character Education and Finance.

In PSHCEe, students in Years 8 and 9 explored financial topics designed to develop their understanding of money and the importance of financial literacy. Both year groups took part in lessons provided by the Financial Literacy and Inclusion Campaign, supported by the Financial Times. Year 8 students learned about opening and managing a bank account, while Year 9 students considered the risks associated with online gaming and the techniques used by app and game developers to encourage in-game spending. These lessons helped students become more critically aware of the ways some companies seek to generate profit through consumer behaviour.

Meanwhile, as part of Philosophy Friday, students in Years 12 and 13 engaged with a range of religious and ethical questions surrounding wealth and money. Discussions explored both the positive and negative impacts of the pursuit of wealth, whether money should be shared more equally, and whether financial success necessarily leads to happiness or is the sole measure of what it means to be wealthy.

# Fearless, by Sami Azim 12JC

49,151 knife-related offences recorded in England and Wales in 2025 alone. How many times have you seen something suspicious, but chose not to act because you were afraid of being involved? This staggering number needs change, and we are the ones to make that change, but how can we as a community help?

Crimestoppersuk is a platform which offers the opportunity for people to give information about crime 100% anonymously. It runs a free, 24/7 telephone and online service which allows reporting of any crime – not just knife crime – without revealing the informant's identity.

In addition, Crimestoppers operates Fearless, a youth-oriented service, exclusively for young people, allowing them to better understand crime and its consequences. If we can firstly address the issue, it will help young people to actively make informed decisions. You can give information to them using their online form or by calling Crimestoppers on 0800 555 111.

There is a negative social perception associated with reporting criminal activity particularly among young people, but we must remember that not only is this website completely anonymous, but your contribution could save a life, so what do you lose by potentially benefiting someone else?

Ultimately, creating safer communities requires collective responsibility; silence only allows these problems to go without retribution, while speaking up is something you can never regret.

Together we can reduce this upsetting issue and make the world a safer place.

## Children in Need

We want to say a massive thank you to everyone that helped organise events for Children in Need, or who generously donated. The charity makes such a big difference in the lives of children around the country, and we are proud to be able to add our contribution.

We will reveal the grand total, along with the winners of the 'Guess the number of sweets in the jar' competition next week!



## Year 7 MFL Family Trees

Well done to our Year 7 MFL students, who have created brilliant family tree diagrams to demonstrate how much they have been learning!






# Year 7 Poetry Party!

On Thursday 12th November, a group of Year 7s were invited to the **Michael Rosen Poetry Party!** It was an event organised by ReadforGood to celebrate the 80th birthday of a British icon, Michael Rosen, who many of you will know for his hilariously engaging poems, such as 'Chocolate Cake' and 'No Breathing!'. The event was also aimed to encourage young people to read for pleasure and write poetry for fun.

We had the chance to engage with Michael Rosen himself live, listened to him perform some of his own poems and poems written by children up and down the country. There were amazing poems, written by children as young as 5, performed by Rosen. . In total, over half a million children across the country participated so it was a pleasure and a privilege that our students were also able to get involved.

The students from Park High School who attended the party had previously participated in a fun workshop where we worked together to write funny, silly poems about all the things that make us laugh about school life. An example of one of theses poems, written by Mahi Pabari 7KM, can be found below. There are many more like this – We clearly have a school bursting with poetic talent!

If you are interested in getting involved in future poetry events, such as the wonderful Park High School Poetry Slam, please speak to Mrs Kadiri for further information. The competition this year is going to be FIERCE.





**<u>The Clockwise Chaos of a School Day by Mahi Pabari 7MK</u>**

*The 7am alarm clock shrieked a warning*
*And kicked off a very strange morning.*
*I sat down in my form room,*
*Where my teacher looked at me with gloom.*

*By 9am it was assembly time,*
*But my headteacher spoken in a backwards rhyme.*
*I stood up to sing a lovely song,*
*But the piano played it totally wrong.*

*Next was English where stories come to life,*
*About a fisherman and his wife.*
*Then maths arrived like a terrifying beast*
*Where Pythagoras wanted my brains for a feast.*

*At break time, I ran to the grab and go,*
*To fuel my energetic flow.*
*Then science began with a dance of flames*
*Introducing me to a world of pain.*

*At lunchtime, my pasta grew teeth and a grin,*
*And chased all the sausages into a bin.*
*Then history followed, all about this fellow Julius Caesar,*
*Who turned out not to be very mellow.*

*At 3:10pm sharp the school bell rang,*
*Lockers flew open and the classrooms sang,*
*I packed up my bag and ran out of the door*
*Until tomorrow I'll have to repeat this all again!*

# Motzartists Workshop

We were very lucky to welcome back the Motzartists. The trio of musicians who worked with Year 9 students to create music and song.





# Dance Auditions for the Year 11 GCSE Choreography Project

Dance auditions have been taking place for students wishing to be involved in the Year 11 GCSE Choreography Project. Successful students will work with our Year 11 GCSE Dance students until 24th March, when they will perform a dance choreographed by the GCSE dancers as part of the choreography component, which contributes 30% of the GCSE Dance grade.

The final audition will take place on 19th November. Good luck to everyone taking part, and well done to all the students who have already completed their audition. You have been fantastic and we have been incredibly impressed by your enthusiasm, commitment, and talent! 🎭💃🕺









# SPORTS AWARDS EVENING

## Thursday 19th November 2026
## 5:00 - 6:00pm



## Special Guest Speaker

### Julius Joseph MBE

Gold Medal Winning
England Basketball Coach



## Award Nominations

### Female Sports Performer of the Year

Keturah Williamson
Daria Loghin
Maria Ungurianu

### Male Sports Performer of the Year

Enakai Buena
Hamza Mohamed
Nicolas Salgau

### Team of the Year

U13 Basketball
Year 7 Netball
U13 Boys Football

Those who have been invited, please come and celebrate the success of Park High School Sport.

**Winners announced on the night.**



# CHESS

## Tournament

4 ROUNDS
2 ROUNDS GROUP STAGE
2 ROUNDS KNOCKOUTS
1 OVERALL CHAMPION

**After School in DS2 starting on the 24th November and ends on the 15th of December**

**Prizes for 1st, 2nd and 3rd Place**

To Sign Up Email Mr.Roy or Come to M6 on Tuesday after school at 3.15pm in DS2

# AUTUMN TERM 2 CLUBS

**Please see below the clubs and activities we offer, these are subject to change.**
**Parents can enrol their child in clubs via Arbor.**

| Monday | | |
|---|---|---|
| **Activity** | **Time** | **Location** |
| Basketball | Before School | Sports Hall |
| Basketball | Break | Sports Hall |
| 6th Form Volleyball | Lunchtime | Sports Hall |
| Girls Volleyball | Lunchtime | Sports Hall |
| Year 10 & 11 Basketball | After school | Sports Hall |

| Wednesday | | |
|---|---|---|
| **Activity** | **Time** | **Location** |
| Volleyball | Before School | Sports Hall |
| Basketball | Break | Sports Hall |
| Girls Netball | Lunchtime | Sports Hall |
| Mixed Ensemble Club | Lunchtime | P1 |
| GCSE & A Level Table Tennis | After School | Main Hall |
| Year 7, 8 & 9 Basketball | After School | Sports Hall |
| Musical Rehearsals | After School | Main Hall |
| Afterschool Art Club | After School | P6 |
| Breathe, Reset & Create | After School | DS1 |

| Friday | | |
|---|---|---|
| **Activity** | **Time** | **Location** |
| Badminton | Before School | Sports Hall |
| Basketball | Break | Sports Hall |
| Volleyball | After School | Sports Hall |

| Tuesday | | |
|---|---|---|
| **Activity** | **Time** | **Location** |
| Badminton | Before School | Sports Hall |
| Basketball | Break | Sports Hall |
| Year 7 & 8 Girls Netball | Lunchtime | Sports Hall |
| Dance Club | Lunchtime | Dance Studio |
| Musical Rehearsals | After School | Main Hall |
| Chess Club | After School | DS2 |
| Badminton | After School | Sports Hall |
| Football | After School | Sports Hall |
| Afterschool Art Club | After School | P6 |

| Thursday | | |
|---|---|---|
| **Activity** | **Time** | **Location** |
| Basketball | Before School | Sports Hall |
| Table Tennis | Before School | Main Hall |
| Basketball | Break | Sports Hall |
| Girls Badminton | Lunchtime | Sports Hall |
| Sketchbook Club | Lunchtime | P6 |
| Girls Netball | After School | Sports Hall |
| Table Tennis | After School | Main Hall |
| Afterschool Art Club | After School | P6 |









# FIXTURES

## THIS WEEK

17/11/26 - U16 Table Tennis group stages

18/11/26 - U16 Basketball vs Nower Hill

19/11/26 - U14 Girls Badminton group stage



## NEXT WEEK

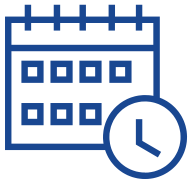
**23/11/26**
Year 11 Practice Exams

**24/11/26**
Year 10 Speak Out
Year 11 Practice Exams

**25/11/26**
School ends at 2.00pm
Year 7 Parents Evening
Year 11 Practice Exams

**26/11/26**
PSHCEe Period 3
Year 11 Practice Exams

**27/11/26**
Staff Conference*
*(Students are not in on this day)*



## FREE THINGS TO DO

**£2 Cinema Tickets**

Then £2 Family are the perfect place to start enjoying films.

The discounted screenings bring you a selection of family films for £2 per ticket – for kids and adults alike! (Adults must be accompanied by children).

Treat yourself to an exciting big screen adventure.

**£2 Family Films — Cineworld**

